

# Rustic Run 4 Mile

## Lost Nation, IA

### July 17, 2021

Sunny 70°, NE 2 MPH, Humidity 88%  
Results by B & W Racing Services

CLASS	PLACE	FINISHER	TIME	PACE
<b>Open Men</b>				
M30	1	Luke Anderson, 33, Rock Island, IL	25:05	6:16
M40	2	Luke Webinger, 45, Lost Nation, IA	29:43	7:26
M40	3	Brent Ihns, 47, Lost Nation, IA	32:21	8:05
M30	4	Matt Clevenger, 32, Rapids City, IL	34:30	8:37
M30	5	Aaron Healy, 38, De Witt, IA	34:39	8:40
JrM	6	Rylan Paulsen, 6, Lost Nation, IA	34:43	8:41
M40	7	Josh Spicer, 45, De Witt, IA	34:48	8:42
JrM	8	Emmett Gilroy, 6, , IA	34:50	8:42
M50	9	Kevin Rice, 59, , IA	36:22	9:05
M40	10	Aidan Yaddof, 13, Calamus, IA	36:51	9:13
M20	11	Ryne Gruenwald, 20, , IA	36:54	9:13
M30	12	Michael Armbruster, 39, Maquoketa, IA	38:13	9:33
JrM	13	Mason Mohr, 13, Wheatland, IA	39:00	9:45
M30	14	Joe Fecht, 36, Central City, IA	39:02	9:45
M70	15	Russ Hart, 73, Blue Grass, IA	39:20	9:50
M70	16	Tim Titus, 61, Parchment, MI	41:23	10:21
JrM	17	George Hu, 12, Marion, IA	41:50	10:27
M50	18	Tim Cahill, 54, Lisbon, IA	44:46	11:11
M70	19	Don Fish, 71, Davenport, IA	44:57	11:14
M70	20	Richard Spinler, 68, Eldridge, IA	57:25	14:21
M20	21	Will Horstmann, 26, Sevierville, TN	57:55	14:29
M70	22	James Cleary, 64, Delhi, IA	58:00	14:30
M70	23	Charles Potter, 72, Muscatine, IA	1:01:46	15:26
<b>Open Women</b>				
JrW	1	Noelle Steines, 14, Calamus, IA	26:47	6:42
W40	2	Jessica Steines, 40, Calamus, IA	26:47	6:42
JrW	3	Izzy Hardin, 13, Delmar, IA	30:06	7:31
W40	4	Jenny Mohr, 47, Wheatland, IA	32:34	8:08
JrW	5	Miranda Rickels, 15, Lost Nation, IA	32:51	8:13
W30	6	Chelsi Snead, 37, Anamosa, IA	32:56	8:14
W30	7	Julie Anderson, 39, Rock Island, IL	34:01	8:30
JrW	8	Kennington Telsrow, Sr, Tipton, IA	34:14	8:33
W40	9	Theresa Wood, 40, Davenport, IA	34:46	8:41
W30	10	Teryn Crist, 37, Lost Nation, IA	35:29	8:52
W30	11	Karleen Looney, 35, Lost Nation, IA	36:17	9:04
W20	12	Madison Cousins, 26, Grand Mound, IA	36:32	9:08
W16	13	Alexandria Mamros, 18, Le Claire, IA	37:39	9:25
W70	14	Lois Cahill, 61, Lisbon, IA	39:37	9:54
W30	15	Rachel Skoff, 35, De Witt, IA	41:18	10:19
JrW	16	Rachel Spicer, 15, De Witt, IA	42:13	10:33
W16	17	Kyleen Irwin, 19, DeWitt, IA	42:48	10:42
W30	18	Mary Burmeister, 32, Clinton, IA	42:52	10:43
W20	19	Katie Irwin, 25, DeWitt, IA	42:56	10:44
W40	20	Jodi Bright, 43, Jim Falls, WI	43:59	11:00
W30	21	Jenica Minor, 30, Cedar Rapids, IA	44:23	11:06
W40	22	Melissa Riedesel, 42, Wheatland, IA	45:06	11:16
W30	23	Jenna Spain, 34, Delmar, IA	47:22	11:50
W20	24	Kavla Minor, 28, Lost Nation, IA	50:45	12:41
W30	25	Michelle Braswell, 31, Charlotte, IA	52:24	13:06
W20	26	Stephany Richardson, 28, De Witt, IA	1:03:29	15:52

CLASS	PLACE	FINISHER	TIME	PACE
<b>Men Under 16</b>				
	6	Rylan Paulsen, 6, Lost Nation, IA	34:43	8:41
	8	Emmett Gilroy, 6, , IA	34:50	8:42
	10	Aidan Yaddof, 13, Calamus, IA	36:51	9:13
	13	Mason Mohr, 13, Wheatland, IA	39:00	9:45
	17	George Hu, 12, Marion, IA	41:50	10:27
<b>Men 20 - 29</b>				
	11	Ryne Gruenwald, 20, , IA	36:54	9:13
	21	Will Horstmann, 26, Sevierville, TN	57:55	14:29
<b>Men 30 - 39</b>				
	1	Luke Anderson, 33, Rock Island, IL	25:05	6:16
	4	Matt Clevenger, 32, Rapids City, IL	34:30	8:37
	5	Aaron Healy, 38, De Witt, IA	34:39	8:40
	12	Michael Armbruster, 39, Maquoketa, IA	38:13	9:33
	14	Joe Fecht, 36, Central City, IA	39:02	9:45
<b>Men 40 - 49</b>				
	2	Luke Webinger, 45, Lost Nation, IA	29:43	7:26
	3	Brent Ihns, 47, Lost Nation, IA	32:21	8:05
	7	Josh Spicer, 45, De Witt, IA	34:48	8:42
<b>Men 50 - 59</b>				
	9	Kevin Rice, 59, , IA	36:22	9:05
	18	Tim Cahill, 54, Lisbon, IA	44:46	11:11
<b>Men 60 &amp; Up</b>				
	15	Russ Hart, 73, Blue Grass, IA	39:20	9:50
	16	Tim Titus, 61, Parchment, MI	41:23	10:21
	19	Don Fish, 71, Davenport, IA	44:57	11:14
	20	Richard Spinler, 68, Eldridge, IA	57:25	14:21
	22	James Cleary, 64, Delhi, IA	58:00	14:30
	23	Charles Potter, 72, Muscatine, IA	1:01:46	15:26

CLASS	PLACE	FINISHER	TIME	PACE
<b>Women Under 16</b>				
	1	Noelle Steines, 14, Calamus, IA	26:47	6:42
	3	Izzy Hardin, 13, Delmar, IA	30:06	7:31
	5	Miranda Rickels, 15, Lost Nation, IA	32:51	8:13
	8	Kennington Telsrow, Sr, Tipton, IA	34:14	8:33
	16	Rachel Spicer, 15, De Witt, IA	42:13	10:33
<b>Women 16 - 19</b>				
	13	Alexandria Mamros, 18, Le Claire, IA	37:39	9:25
	17	Kyleen Irwin, 19, DeWitt, IA	42:48	10:42
<b>Women 20 - 29</b>				
	12	Madison Cousins, 26, Grand Mound, IA	36:32	9:08
	19	Katie Irwin, 25, DeWitt, IA	42:56	10:44
	24	Kayla Minor, 28, Lost Nation, IA	50:45	12:41
	26	Stephany Richardson, 28, De Witt, IA	1:03:29	15:52
<b>Women 30 - 39</b>				
	6	Chelsi Snead, 37, Anamosa, IA	32:56	8:14
	7	Julie Anderson, 39, Rock Island, IL	34:01	8:30
	10	Teryn Crist, 37, Lost Nation, IA	35:29	8:52
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	18	Mary Burmeister, 32, Clinton, IA	42:52	10:43
	21	Jenica Minor, 30, Cedar Rapids, IA	44:23	11:06
	23	Jenna Spain, 34, Delmar, IA	47:22	11:50
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	22	Melissa Riedesel, 42, Wheatland, IA	45:06	11:16
<b>Women 60 &amp; Up</b>				
	14	Lois Cahill, 61, Lisbon, IA	39:37	9:54