

Twin Lakes Conference XC Meet - 10/15/2026**Pocahontas, IA****Results****Event 1 Girls 5k Run CC High School**

Name	Year	School	Finals	Points
Results - Women				
1 Wittrock, Maddie	10	Manson North	19:38.28	1
2 Girres, Addaley	10	Graettinger-	20:43.30	
3 Hildreth, Kathleen	10	Manson North	20:48.05	2
4 Weber, Sage	11	Sioux Centra	20:53.41	3
5 Meyer, Danika	11	Newell-Fonda	21:18.59	4
6 Reedy, Janey-Lynn	09	Emmetsburg	21:21.77	5
7 Sievers, Quinn	10	Newell-Fonda	21:39.21	6
8 Hauptert, Jossa	12	South Centra	21:46.92	7
9 Pugh, Kaylee	09	Manson North	21:54.59	8
10 Sievers, Ellie	11	Newell-Fonda	21:59.76	9
11 Oswald, Hayden	10	Manson North	22:04.95	10
12 Peterson, Payton	11	Manson North	22:07.06	11
13 Hough, Kamryn	11	Graettinger-	22:14.98	
14 Brennan, Tia	12	Manson North	22:20.56	12
15 Kistenmacher, Abigail	10	South Centra	22:21.30	13
16 Wilson, Emily	11	Southeast Valley	22:21.77	14
17 Storms, Sawyer	10	Pocahontas Area	22:37.14	15
18 Bern, Reagan	09	Alta-Aurelia	22:50.01	16
19 Hamilton, Elliot	10	Newell-Fonda	22:55.41	17
20 Thayer, Taylor	11	Emmetsburg	22:58.37	18
21 Oswald, Ella	09	Manson North	23:07.00	19
22 Renze, Aubrey	09	East Sac County	23:10.69	
23 Anderson, Bree	11	Alta-Aurelia	23:12.33	20
24 Ferusca, Ludim	09	Alta-Aurelia	23:17.42	21
25 Bloom, Karina	12	Sioux Centra	23:19.23	22
26 Wernimont, Lia	09	Sioux Centra	23:31.23	23
27 Morton, Mya	11	Emmetsburg	23:36.37	24
28 Hoefer, Aleeyah	09	Southeast Valley	23:44.04	25
29 Smith, Sophia	09	South Centra	23:45.46	26
30 Oberg, Alexa	09	Pocahontas Area	23:46.98	27
31 Langschwager, Addilyn	10	Alta-Aurelia	23:50.49	28
32 French, Sophia	09	Alta-Aurelia	23:59.98	29
33 Erickson, Paige	10	Newell-Fonda	24:12.44	30
34 Copp, Kyia	10	Newell-Fonda	24:27.61	31
35 Coon, Tovah	11	Newell-Fonda	24:45.61	32
36 Zelstra-Reedy, Bella	11	Emmetsburg	24:51.50	33
37 Becker, McKenna	10	Manson North	24:56.14	
38 Dorsey, Charlie	10	Southeast Valley	25:03.17	34
39 Sommerlot, Natalie	12	Pocahontas Area	25:04.51	35
40 Millan, Petra	12	East Sac County	25:05.20	
41 Biddle, Abby	10	Emmetsburg	25:12.67	36
42 Phillips, Sarah	12	Sioux Centra	25:16.28	37
43 Johnson, Mikayla	11	Emmetsburg	25:23.04	38
44 Martens, Alexis	09	Sioux Centra	25:30.47	39
45 Sangwin, Violet	11	Sioux Centra	25:30.77	40
46 Duitscher, Ashlyn	11	Pocahontas Area	25:36.00	41
47 Nora, Nelson	10	Manson North	25:44.40	
48 Bay, Stella	09	Emmetsburg	25:46.71	42
49 Elbert, Rory	12	Emmetsburg	25:47.30	
50 Fors, Adelle	09	Southeast Valley	25:48.64	43
51 Glienke, Tatum	09	Alta-Aurelia	25:52.37	44
52 Wingert, Vienna	11	Newell-Fonda	25:55.39	

Results

1	Manson Northwest Webster	32	1	2	8	10	11	12	19
	Total Time: 1:46:32.93								
	Average: 21:18.59								
2	Newell-Fonda	66	4	6	9	17	30	31	32
	Total Time: 1:52:05.41								
	Average: 22:25.09								
3	Alta-Aurelia	114	16	20	21	28	29	44	48
	Total Time: 1:57:10.23								
	Average: 23:26.05								
4	Emmetsburg	116	5	18	24	33	36	38	42
	Total Time: 1:58:00.68								
	Average: 23:36.14								
5	Sioux Central-Sioux Rapid	124	3	22	23	37	39	40	45
	Total Time: 1:58:30.62								
	Average: 23:42.13								
6	South Central Calhoun	144	7	13	26	46	52	53	54
	Total Time: 2:02:46.44								
	Average: 24:33.29								
7	Southeast Valley	165	14	25	34	43	49	50	
	Total Time: 2:04:24.89								
	Average: 24:52.98								

Results

Average: 24:46.89

Twin Lakes Conference XC Meet - 10/15/2026**Pocahontas, IA****Results****Event 2 Boys 5k Run CC High School**

Name	Year	School	Finals	Points
Results - Men				
1 Wernimont, Lucos	12	Sioux Centra	16:28.42	1
2 Cox, Ben	10	Emmetsburg	17:15.97	2
3 Ollinger, Levi	09	Manson North	17:16.15	3
4 Spencer, Declan	10	South Centra	17:33.11	4
5 Widlund, Kyle	11	Manson North	17:33.13	5
6 Nuss, Owen	12	Southeast Valley	17:41.75	6
7 Aragon, Lucas	09	East Sac County	17:48.16	7
8 Zinnel, Easton	09	West Bend-Mallard	17:58.51	
9 Driver, Landon	12	Sioux Centra	18:04.52	8
10 Akins, August	10	Southeast Valley	18:11.01	9
11 Barber, Austin	11	Newell-Fonda	18:14.72	10
12 Christians, Colin	12	Sioux Centra	18:17.07	11
13 Vote, Griffin	09	Southeast Valley	18:22.25	12
14 Loeffler, Kasen	10	Southeast Valley	18:25.10	13
15 DeMuth, Ledger	12	Alta-Aurelia	18:26.34	14
16 Vote, Landon	11	Southeast Valley	18:31.22	15
17 Olsen, Jack	11	Newell-Fonda	18:33.79	16
18 Cox, Elijah	12	Emmetsburg	18:50.49	17
19 Meyer, Logan	11	Manson North	18:55.39	18
20 Olsen, Sawyer	09	Newell-Fonda	19:11.66	19
21 White, Brock	11	Newell-Fonda	19:13.04	20
22 Langschwager, Laeton	11	Alta-Aurelia	19:22.80	21
23 Peterson, Grant	09	Southeast Valley	19:26.83	22
24 Smith, Weston	10	Sioux Centra	19:34.22	23
25 Nelson, David	11	Manson North	19:39.46	24
26 Blair, Wyatt	11	Southeast Valley	19:42.87	25
27 Lundberg, Thomas	11	Manson North	19:47.84	26
28 Poutre, Rowan	11	Manson North	19:54.55	27
29 Rose, Carter	10	Sioux Centra	20:02.56	28
30 Pedersen, Parker	09	Alta-Aurelia	20:04.83	29
31 Lockrem, Gus	11	Newell-Fonda	20:06.10	30
32 Sandstrom, Henry	9	Southeast Valley	20:08.27	
33 Bintz, Jackson	10	Southeast Valley	20:10.67	
34 Glienke, Korbin	11	Alta-Aurelia	20:16.30	31
35 Ordonez, Costly	09	Pocahontas Area	20:19.07	
36 Halbur, Max	09	South Centra	20:24.30	32
37 Rouse, Miles	08	Emmetsburg	20:28.58	33
38 Helmkamp, Jack	10	Newell-Fonda	20:40.81	34
39 Shearer, Justin	12	Pocahontas Area	20:46.90	
40 Moon, Taran	10	Sioux Centra	20:50.39	35
41 Page, Jaxson	12	Alta-Aurelia	20:54.83	36
42 Kampen, Bryson	11	West Bend-Mallard	20:57.09	
43 Wolf, Cody	10	Newell-Fonda	21:02.40	37
44 Hogrefe, Keaton	10	Sioux Centra	21:03.46	38
45 Kolar, Caden	11	Alta-Aurelia	21:09.07	39
46 Landgraf, Will	10	Newell-Fonda	21:12.86	
47 Ackerman, Kenton	12	East Sac County	21:15.05	40
48 Peck, Hunter	09	Sioux Centra	21:19.44	
49 Thielen, Brent	10	South Centra	21:19.52	41
50 Rude, Eli	10	Southeast Valley	21:21.16	
51 Hemer, Emmett	11	East Sac County	21:26.51	42
52 Gonzalez, Zander	09	Alta-Aurelia	21:28.96	43

Twin Lakes Conference XC Meet - 10/15/2026**Pocahontas, IA****Results****....Event 2 Boys 5k Run CC High School**

3	Manson Northwest Webster	76	3	5	18	24	26	27	48
	Total Time:	1:33:11.97							
	Average:	18:38.40							
4	Newell-Fonda	95	10	16	19	20	30	34	37
	Total Time:	1:35:19.31							
	Average:	19:03.87							
5	Alta-Aurelia	131	14	21	29	31	36	39	43
	Total Time:	1:39:05.11							
	Average:	19:49.02							
6	Emmetsburg	144	2	17	33	45	47	53	54
	Total Time:	1:42:00.25							
	Average:	20:24.05							
7	South Central Calhoun	177	4	32	41	49	51	52	55
	Total Time:	1:47:45.72							
	Average:	21:33.15							
8	East Sac County	179	7	40	42	44	46	50	
	Total Time:	1:45:29.03							
	Average:	21:05.81							

Twin Lakes Conference XC Meet - 10/15/2026**Pocahontas, IA****Results****Event 3 Girls 3200 Meter Run CC Middle School**

Name	Year School	Finals	Points
Results - Women			
1 Langschwager, Kollyns	07 Alta-Aurelia	13:01.30	1
2 Glienke, Alivia	07 Alta-Aurelia	13:06.82	2
3 Hinrichs, Melana	8 East Sac County	13:27.01	3
4 Hogrefe, Emma	07 Sioux Centra	13:31.67	
5 Husman, Macy	07 Alta-Aurelia	13:42.96	4
6 Bowers, Emiya	07 Pocahontas Area	14:12.43	5
7 Lowe, Maizy	8 West Bend-Mallard	14:19.16	
8 Harris, Annabelle	08 Southeast Valley	14:22.96	6
9 Eaton, Ava	07 Southeast Valley	14:23.72	7
10 Potts, Suzi	07 South Centra	14:24.34	8
11 Wood, Stella	07 Manson North	14:24.38	
12 Weathers, Lauren	07 Alta-Aurelia	14:43.24	9
13 Cunigan, Serenity	07 Southeast Valley	14:43.52	10
14 Norine, Kiley	07 Southeast Valley	14:47.43	11
15 Buse, Adalyn	08 South Centra	14:57.35	12
16 Kitchen, Averie	8 Southeast Valley	15:08.85	13
17 Schaefer, Jocelyn	07 Alta-Aurelia	15:09.05	14
18 Swenson, Keely	07 East Sac County	15:18.52	15
19 Liechti, Makena	07 East Sac County	15:37.89	16
20 Maddix, Cora	08 East Sac County	15:44.20	17
21 Franco, Patricia	07 Pocahontas Area	16:09.67	18
22 Dorsey, Taylor	07 Southeast Valley	16:24.19	19
23 Judson, Aleah	8 Southeast Valley	16:25.67	20
24 Davis, Adley	8 Southeast Valley	16:27.54	
25 Meyer, Cambrie	08 Pocahontas Area	16:32.62	21
26 Connolly, Aubrey	07 Alta-Aurelia	16:33.37	22
27 Potts, Stefani	08 South Centra	16:36.92	23
28 Davis, Maggie	07 South Centra	16:43.48	24
29 Akins, Avery	07 Southeast Valley	16:49.26	
30 Studer, Raegan	08 West Bend-Mallard	17:00.24	
31 Poppen, Vivian	07 Pocahontas Area	17:00.99	25
32 Kuchenreuther, Peyton	08 Pocahontas Area	17:04.20	26
33 Vaughan, Tyana	08 Pocahontas Area	17:09.14	27
34 Katchman, Brooklyn	08 Sioux Centra	17:16.20	
35 Carlson, Sophie	08 Alta-Aurelia	17:25.23	28
36 Burdick, Charlotte	08 Emmetsburg	17:28.45	
37 Calmer, Layla	07 Manson North	17:34.33	
38 Jenkins, Ace	08 East Sac County	17:57.64	29
39 Cramer, Reagan	08 Southeast Valley	18:10.73	
40 Otto, Addison	08 Manson North	18:34.73	
41 Davey, Cambrie	07 East Sac County	18:46.32	30
42 Moon, Aliza	08 Sioux Centra	19:01.49	
43 Waugh, Lexi	08 Southeast Valley	19:05.58	
44 Hiler, Eden	8 South Centra	19:18.70	31
45 Nockels, Ruth	07 South Centra	19:40.16	32
46 Cunigan, Heaven	07 Southeast Valley	19:58.07	
47 Renze, Maddisyn	08 East Sac County	20:26.10	33
48 Spencer, Brynna	08 South Centra	20:34.90	34
49 Morey, Taylor	07 West Bend-Mallard	20:35.04	
50 Wilson, Ella	8 South Centra	21:14.14	
51 Wells, Claire	08 Pocahontas Area	22:23.34	35

Results

Team Scores

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Twin Lakes Conference XC Meet - 10/15/2026**Pocahontas, IA****Results****Event 4 Boys 3200 Meter Run CC Middle School**

Name	Year School	Finals	Points
Results - Men			
1 Diekman, Brayden	08 Alta-Aurelia	11:20.05	1
2 Hernandez, Jaeden	08 Alta-Aurelia	11:32.85	2
3 Vote, Kyler	07 Southeast Valley	12:10.72	3
4 Nelson, Grady	08 Manson North	12:23.20	4
5 Lamphier, Chase	08 Manson North	12:27.88	5
6 Bowers, Hudson	08 Pocahontas Area	12:37.68	
7 Helmkamp, Lane	08 Newell-Fonda	12:39.95	6
8 Hoffman, Trevor	08 Sioux Centra	12:47.66	
9 Hinkelday, Elijah	08 Alta-Aurelia	12:50.19	7
10 Kestel, Riley	08 Alta-Aurelia	12:52.55	8
11 Weber, Seaver	08 Sioux Centra	12:55.78	
12 Korleski, Keevan	07 South Centra	12:59.66	
13 Drzycimski, Charlie	08 Sioux Centra	13:04.08	
14 Fors, Landon	07 Southeast Valley	13:05.94	9
15 Pace, Roman	8 Southeast Valley	13:06.64	10
16 Brown, Easton	07 Alta-Aurelia	13:11.78	11
17 Poutre, Mylo	08 Manson North	13:13.61	12
18 Rasch, Declan	07 Manson North	13:15.79	13
19 Roland, Derek	East Sac County	13:21.71	
20 Riesberg, Chase	07 South Centra	13:28.40	
21 Copp, Cael	07 Newell-Fonda	13:32.13	14
22 Pedersen, Brock	07 Alta-Aurelia	13:32.28	15
23 Lyons, Nikota	08 Southeast Valley	13:52.77	16
24 Maske, Thomas	08 Pocahontas Area	14:13.90	
25 Ward, Jaden	07 Emmetsburg	14:15.66	
26 Bunjes, Grahm	07 Alta-Aurelia	14:20.52	17
27 Reinders, Carter	07 Emmetsburg	14:38.07	
28 Lucas, Donlan	08 Graettinger-	14:40.44	
29 Kolar, Maddox	07 Alta-Aurelia	14:43.42	
30 Olsen, Josiah	08 Newell-Fonda	14:54.31	18
31 Mutchler, Andy	07 Pocahontas Area	14:54.87	
32 Thomsen, Paxton	07 Sioux Centra	15:03.83	
33 Hutchinson, Anthony	08 Newell-Fonda	15:04.34	19
34 Gardner, Zayden	8 South Centra	15:33.09	
35 Albright, Nick	07 Southeast Valley	15:36.94	20
36 Johnson, Gus	07 Newell-Fonda	15:38.87	21
37 Bird, Eli	8 Southeast Valley	15:52.72	22
38 Norland, Jaxson	07 West Bend-Mallard	16:19.03	
39 Bartz, Samuel	07 Alta-Aurelia	16:19.14	
40 Peterson, Noah	07 Southeast Valley	16:40.48	23
41 Krause, Micah	07 South Centra	17:05.50	
42 Anderson, Jonathan	07 Newell-Fonda	17:06.07	24
43 Kies, Truin	07 Newell-Fonda	17:39.51	25
44 Ahlrich, Michael	08 Pocahontas Area	17:45.88	
45 Foster, Domi	07 Southeast Valley	17:59.36	
46 Charles, Greenwald	07 Graettinger-	19:03.70	
47 Brotherton, Brock	8 East Sac County	19:09.67	
48 Anderson, Barrett	07 Alta-Aurelia	19:17.41	
49 Tague, Blaze	07 Manson North	19:19.69	26
50 McKinney, Cooper	07 Southeast Valley	21:45.20	
51 Skougard, Ruger	07 Southeast Valley	22:15.43	

