



Waukee Track Club Youth Cross Country Meet

Date: October 26th

Location: The MidAmerican Energy RecPlex, **OUTDOOR SOCCER FIELD #1**

6500 Grand Ave West Des Moines, IA 50266

Course: Flat, with some angled slops, some CONCRETE.

Entry Fee: \$10 per runner – Payment online required.

Registration Link: <https://www.athletic.net/edit/crosscountry/register/3979287/>

Check-In: Open at 7:30am

Race Time: 9:00am (rolling schedule)

8 & Under – 2000 meters

9-10 – 3000 meters

11-12 – 3000 meters

13-14 – 4000 meters

Awards: Medals for places 1-6 in each age division and gender. Awards will be given before the start of the next race.

Age Rules: Age determined as of December 31, 2024.

AGE DIVISIONS BIRTH YEAR

8 & UNDER GIRLS/BOYS 2016 AND AFTER

9-10 GIRLS/BOYS 2014-2015

11-12 GIRLS/BOYS 2012-2013

13-14 GIRLS/BOYS 2010-2011

Meet Director: Matt Smalley, Waukeetc@gmail.com, 515-210-6945

