

## IOWA STATE QUALIFIER 1A - CENTRAL

Pioneer Town &amp; Country Club

10/19/2023

Meet Director:

Meet Referee:

Timing:

Wayzata Results, LLC


**Race #1**  
**Girls 5000M**

## FINAL RESULTS

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread	Division
1 South Winneshiek	39	3-5-9-10-12(15)(16)	1:45:53	21:11	2:05.9	
2 Grundy Center	78	8-11-14-22-23(24)(36)	1:51:42	22:21	2:35.2	
3 North Iowa Buffalo Center	90	2-7-17-27-37(41)	1:51:14	22:15	4:16.4	
4 Newman Catholic Mason City	101	6-13-18-31-33(39)(40)	1:53:48	22:46	3:53.4	
5 Central Springs	124	4-21-25-28-46(48)(57)	1:55:14	23:03	4:40.3	
6 Nashua-Plainfield	137	1-19-26-38-53(54)(59)	1:56:47	23:22	6:38.5	
7 West Hancock Britt	179	20-30-32-47-50(52)	2:01:44	24:21	2:34.8	
8 Lake Mills	185	29-34-35-43-44(49)(51)	2:01:43	24:21	1:09.3	
9 Clarksville	256	42-45-55-56-58	2:13:06	26:38	3:40.6	

## INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 Kadence Huck I	JR	7482	Nashua-Plainfield	1	19:38.1	---	6:18.8
2 Claire Zweibohmer I	SO	7521	Riceville	--	20:00.1	22.0	6:25.9
3 Lauren Hillesland I	SO	7509	North Iowa Buffalo Center	2	20:06.1	28.0	6:27.8
4 Annie Hageman I	FR	7540	South Winneshiek	3	20:10.5	32.4	6:29.2
5 Claire Rye I	JR	7424	Central Springs	4	20:12.7	34.6	6:29.9
6 Ava Franzen I	FR	7539	South Winneshiek	5	20:19.5	41.4	6:32.1
7 Tess Weiner I	FR	7500	Newman Catholic Mason City	6	20:20.3	42.2	6:32.4
8 Lila Powers I	SO	7531	Saint Ansgar	--	20:22.4	44.3	6:33.0
9 Becca Hofmann I	SR	7510	North Iowa Buffalo Center	7	20:29.3	51.2	6:35.2

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10 Grace Storjohann I	SO	7446	Grundy Center	8	20:39.3	1:01.2	6:38.5
11 Bella Stika	FR	7552	Turkey Valley Jackson Junction	--	21:04.6	1:26.5	6:46.6
12 Maddi Jansen T	SO	7541	South Winneshiek	9	21:18.2	1:40.1	6:51.0
13 Evelyn Hitzhusen	FR	7562	West Fork Sheffield	--	21:29.0	1:49.9	6:54.5
14 Josie Tieskoetter T	SR	7544	South Winneshiek	10	21:48.5	2:10.4	7:00.7
15 Tarah Ruckdashel	JR	7563	West Fork Sheffield	--	21:56.6	2:18.5	7:03.3
16 Laney Dole T	SR	7440	Grundy Center	11	22:11.0	2:31.9	7:08.0
17 Izzy Kuboushek T	JR	7542	South Winneshiek	12	22:16.3	2:38.2	7:09.7
18 Kenna Hemann	SR	7495	Newman Catholic Mason City	13	22:20.6	2:42.5	7:11.0
19 Makenna Steinmeyer T	FR	7445	Grundy Center	14	22:24.8	2:46.7	7:12.4
20 Karissa Wenthold T	JR	7545	South Winneshiek	15	22:33.3	2:55.2	7:15.1
21 Lauren Ondrashek T	FR	7543	South Winneshiek	16	22:42.1	3:04.0	7:18.0
22 Ava Meinders	SO	7511	North Iowa Buffalo Center	17	22:47.1	3:09.0	7:19.6
23 Ella Petree	SR	7499	Newman Catholic Mason City	18	22:53.5	3:15.4	7:21.6
24 Macy Thorson	JR	7517	Northwood-Kensett	--	22:55.8	3:17.7	7:22.4
25 Ellie Eick	SR	7480	Nashua-Plainfield	19	23:02.1	3:24.0	7:24.4
26 Lanie Hanna	SO	7529	Saint Ansgar	--	23:03.2	3:25.1	7:24.7
27 Tara Marchand	SO	7575	West Hancock Britt	20	23:05.4	3:27.3	7:25.5
28 McKenna Kelley	FR	7422	Central Springs	21	23:10.1	3:32.0	7:27.0
29 Kate Hayes T	JR	7442	Grundy Center	22	23:12.0	3:32.9	7:27.6
30 Lila Swenson	SO	7411	Belmond-Klemme	--	23:13.1	3:35.0	7:27.9
31 Karlee Lynch T	SO	7444	Grundy Center	23	23:14.5	3:36.4	7:28.4
32 Evelyn Geerdes T	FR	7441	Grundy Center	24	23:16.5	3:38.4	7:29.0
33 Addyson Main	SO	7423	Central Springs	25	23:20.1	3:42.0	7:30.2
34 Merrin Hanson	SO	7515	Northwood-Kensett	--	23:22.1	3:44.0	7:30.8
35 Hazel Nieman	FR	7551	Turkey Valley Jackson Junction	--	23:25.6	3:47.5	7:31.9
36 Jalissa White	SO	7486	Nashua-Plainfield	26	23:26.3	3:48.2	7:32.2
37 Miriam Beenken	SR	7506	North Iowa Buffalo Center	27	23:29.0	3:49.9	7:33.0
38 Ellie Harms	FR	7560	West Fork Sheffield	--	23:33.3	3:55.2	7:34.4
39 Dayton Berman	FR	7419	Central Springs	28	23:37.6	3:59.5	7:35.8

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40 Mya Peterson	SO	7468	Lake Mills	29	23:38.9	4:00.8	7:36.2
41 Elli Christensen	JR	7572	West Hancock Britt	30	23:53.2	4:15.1	7:40.8
42 Emma Hall	SR	7528	Saint Ansgar	--	23:55.8	4:17.7	7:41.7
43 Sydney Andersen	SR	7494	Newman Catholic Mason City	31	23:59.8	4:21.7	7:42.9
44 Vanessa Mendez	SO	7576	West Hancock Britt	32	24:06.1	4:28.0	7:45.0
45 Addison Winters	SO	7458	Kee Lansing	--	24:08.1	4:30.0	7:45.6
46 Kate Knoll	FR	7496	Newman Catholic Mason City	33	24:13.7	4:35.6	7:47.4
47 Kaylie Sylvara	FR	7471	Lake Mills	34	24:14.4	4:36.3	7:47.6
48 Kara Renneker	FR	7469	Lake Mills	35	24:16.0	4:36.9	7:48.2
49 Emerson Lynch T	SO	7443	Grundy Center	36	24:17.7	4:39.6	7:48.7
50 Clementine Sifert	SO	7410	Belmond-Klemme	--	24:19.7	4:41.6	7:49.3
51 Madeline Halberg	FR	7508	North Iowa Buffalo Center	37	24:22.5	4:44.4	7:50.2
52 Amberley Gerholdt	JR	7481	Nashua-Plainfield	38	24:23.6	4:45.5	7:50.6
53 Rachel Olsen	SR	7498	Newman Catholic Mason City	39	24:33.1	4:55.0	7:53.6
54 Jana Harms	JR	7561	West Fork Sheffield	--	24:37.3	4:59.2	7:55.0
55 Maggie McMichael	SO	7497	Newman Catholic Mason City	40	24:39.1	5:01.0	7:55.6
56 Alexis Gray	FR	7507	North Iowa Buffalo Center	41	24:39.4	5:01.3	7:55.7
57 Grace Muller	SR	7523	Rockford	--	24:39.9	5:01.8	7:55.8
58 Mollie Bloker	SR	7427	Clarksville	42	24:42.5	5:04.4	7:56.7
59 Annie Bloedel	FR	7466	Lake Mills	43	24:45.1	5:07.0	7:57.5
60 Kyla Johanson	SR	7467	Lake Mills	44	24:48.2	5:10.1	7:58.5
61 Paige Kampman	SO	7430	Clarksville	45	24:50.8	5:12.7	7:59.3
62 Whitney Davis	SO	7420	Central Springs	46	24:53.0	5:13.9	8:00.0
63 Tori Koenigs	SO	7520	Riceville	--	24:55.2	5:17.1	8:00.8
64 Elisabeth Nicholson	SR	7432	Clear Lake Classical	--	24:56.1	5:18.0	8:01.0
65 Isabelle Aitchison	FR	7570	West Hancock Britt	47	24:59.0	5:19.9	8:02.0
66 Abbey Muller	JR	7530	Saint Ansgar	--	25:19.6	5:41.5	8:08.6
67 Mya Howes	SO	7421	Central Springs	48	25:26.2	5:48.1	8:10.7
68 Kendra Huedepohl	SO	7409	Belmond-Klemme	--	25:31.0	5:51.9	8:12.3
69 Anna Stene	JR	7470	Lake Mills	49	25:37.2	5:59.1	8:14.3

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70 Ava Keiper	FR	7574	West Hancock Britt	50	25:40.1	6:02.0	8:15.2
71 Lillyann Aguilera	JR	7408	Belmond-Klemme	--	25:43.5	6:05.4	8:16.3
72 Lexi Hanson-Brandsoy	SR	7516	Northwood-Kensett	--	25:44.1	6:06.0	8:16.5
73 Emma Taft	JR	7472	Lake Mills	51	25:44.5	6:06.4	8:16.6
74 Sophie Aitchison	FR	7571	West Hancock Britt	52	26:00.5	6:22.4	8:21.8
75 Lexi Weiss	SR	7485	Nashua-Plainfield	53	26:16.6	6:38.5	8:26.9
76 Marleigh Lowe	JR	7483	Nashua-Plainfield	54	26:53.1	7:15.0	8:38.7
77 Addy Johnson	JR	7429	Clarksville	55	27:32.0	7:52.9	8:51.2
78 Hannah Wangsness	SO	7431	Clarksville	56	27:37.7	7:59.6	8:53.0
79 Julia Whipple	SR	7425	Central Springs	57	27:47.9	8:09.8	8:56.3
80 Ceanna Capper	SR	7428	Clarksville	58	28:23.0	8:43.9	9:07.6
81 Hailey Winters	SR	7524	Rockford	--	28:25.8	8:47.7	9:08.5
82 Emma O'Neill	SR	7484	Nashua-Plainfield	59	29:50.3	10:12.2	9:35.6