

ELC XC Meet 2023 - 9/5/2023

Estherville, IA

Rankings

Event 3 Girls 5k Run CC High School

Name	Year	School	Finals	Points
1 #978 Schupbach, Tyra	10	West Bend-Mallard	18:58.95	
2 #822 Cummins, Alexis	09	North Union	20:00.00	1
3 #982 Davis, Mara	09	Algona	20:50.69	2
4 #792 Malo, Brynn	10	Humboldt	20:59.03	3
5 #995 Welbig, Jacey	11	North Union	21:43.15	4
6 #742 Anderson, Jaselyne	12	Estherville-LC	21:56.32	5
7 #866 Bloom, Linnea	11	Sioux Centra	22:06.57	6
8 #668 Davis, Malyn	11	Algona	22:06.99	7
9 #745 Dunlavy, Tatum	12	Estherville-LC	22:18.36	8
10 #872 Madsen, Marley	10	Sioux Centra	22:44.60	9
11 #791 Malo, Alana	12	Humboldt	23:02.20	10
12 #983 Kuhlmann, Hayden	09	Algona	23:03.07	11
13 #877 Wilkinson, Quinn	10	Sioux Centra	23:09.12	12
14 #945 Pritchard, Charlot	12	Spirit Lake	23:12.10	13
15 #867 Christian, Nora	10	Sioux Centra	23:18.57	14
16 #798 Zweibohmer, Meg	11	Humboldt	23:21.55	15
17 #728 Ringlaben, Danica	10	Emmetsburg	23:31.12	16
18 #670 Fehr, Sienna	09	Algona	23:53.38	17
19 #849 Point, Natalie	11	Pocahontas Area	23:56.01	
20 #706 Capesius, Abbie	12	Bishop Garri	23:56.41	
21 #784 Elsie, Stattelmann	10	Humboldt	23:59.49	18
22 #868 Ehlers, Allison	12	Sioux Centra	24:24.93	19
23 #999 Frostestad, Bethan	09	Spirit Lake	24:26.09	20
24 #793 Metli, Bella	11	Humboldt	24:32.62	21
25 #825 Welbig, Alyssia	09	North Union	24:36.28	22
26 #731 Stearns, Anika	12	Emmetsburg	24:39.66	23
27 #796 Payton, Elman	10	Humboldt	24:41.08	24
28 #795 Orr, Joslyn	12	Humboldt	24:42.40	25
29 #1000 Hartzell, Anna	12	Spirit Lake	24:42.88	26
30 #855 Wolter, Sami	11	Pocahontas Area	24:43.87	
31 #751 Yager, Rylee	11	Estherville-LC	24:53.87	27
32 #820 Carranza, Jennifer	11	North Union	24:55.21	28
33 #981 Burns, Kaitlyn	11	Algona	24:58.38	29
34 #715 Berkland, Nadia	12	Emmetsburg	25:02.22	30
35 #720 Frields, Jenna	11	Emmetsburg	25:23.28	31
36 #939 Bennett, Mackenzie	10	Spirit Lake	25:35.09	32
37 #871 Karina, Bloom	09	Sioux Centra	25:52.99	33
38 #400 Slater, Abi	12	Spirit Lake	26:22.99	34
39 #725 Krause, Emma	11	Emmetsburg	26:31.50	35
40 #717 Brown, Saige	12	Emmetsburg	26:36.93	36
41 #794 Numedahl, Sarah	12	Humboldt	26:50.73	
42 #865 Bloom, Annaliese	12	Sioux Centra	26:50.87	37
43 #789 Kinley, Nilles	10	Humboldt	26:51.10	
44 #788 Kate, Sievers	10	Humboldt	27:19.81	
45 #719 Dooley, Emmy	09	Emmetsburg	27:34.45	38
46 #672 VanReese, McKenna	09	Algona	27:49.71	39
47 #787 Holm, Lillian	12	Humboldt	27:58.71	
48 #782 Claire, Weydert	11	Humboldt	28:06.10	
49 #869 Hoffman, Melia	09	Sioux Centra	28:09.40	
50 #726 Morton, Abby	12	Emmetsburg	28:20.97	
51 #747 Olson, Kylie	10	Estherville-LC	28:24.43	40
52 #786 Harris, Sophia	12	Humboldt	28:29.37	

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Rankings

Event 4 Boys 5k Run CC High School

Name	Year	School	Finals	Points
1 #959 Hughes, Brandon	11	Spirit Lake	16:16.48	1
2 #757 Duitsman, Parker	12	Estherville-LC	17:09.13	2
3 #956 Dirks, Dietrich	11	Spirit Lake	17:20.19	3
4 #960 Hungerford, Jace	09	Spirit Lake	17:23.75	4
5 #890 Sippel, Leighton	11	Sioux Centra	17:34.58	5
6 #688 Wilson, Isaac	11	Algona	17:40.30	6
7 #894 Wernimont, Lucos	09	Sioux Centra	17:48.61	7
8 #833 Morphew, Gavyn	12	North Union	17:49.74	8
9 #883 Hoffman, Joshua	11	Sioux Centra	18:06.72	9
10 #680 Mortensen, Jace	12	Algona	18:15.24	10
11 #968 Sorenson, Riley	12	Spirit Lake	18:28.51	11
12 #971 Trautman, Carter	10	Spirit Lake	18:32.06	12
13 #678 Lucas, Brenden	12	Algona	18:58.08	13
14 #682 Ricklefs, Joesph	12	Algona	19:12.96	14
15 #817 Thumma, Gabe	10	Humboldt	19:17.92	15
16 #673 Borchardt, Breckin	10	Algona	19:22.67	16
17 #509 Fechter, Eric	12	Spirit Lake	19:23.00	17
18 #986 Morgan, Barrett	10	Algona	19:23.34	18
19 #683 Riggert, Ryley	11	Algona	19:31.75	19
20 #763 Matheson, Conner	10	Estherville-LC	19:39.90	20
21 #686 Tiili, Sam	12	Algona	19:50.72	
22 #972 Vandehoef, Keegan	09	Spirit Lake	19:51.93	21
23 #970 Thompson, Oliver	09	Spirit Lake	20:03.39	
24 #806 Hansen, Hayden	12	Humboldt	20:25.21	22
25 #979 Bindel, Silas	11	West Bend-Mallard	20:33.20	
26 #800 Ash, Justin	11	Humboldt	20:37.83	23
27 #893 Wernimont, Ethan	12	Sioux Centra	20:40.73	24
28 #819 Van Pelt, Peyton	12	Humboldt	20:42.37	25
29 #807 Himrod, Jaden	11	Humboldt	20:46.95	26
30 #714 Thomas, Amaury	10	Bishop Garri	20:51.15	27
31 #779 Borchers, Zach	12	Graettinger-	21:04.85	
32 #805 Chambers, Carson	10	Humboldt	21:05.30	28
33 #676 Duckert, Zach	12	Algona	21:08.04	
34 #896 Wood, Kurtis	12	Sioux Centra	21:11.75	29
35 #958 Hawkins, Cooper	10	Spirit Lake	21:12.01	
36 #684 Sampson, Brenden	09	Algona	21:12.53	
37 #985 Harrison, Isaiah	11	Algona	21:14.72	
38 #987 Olmstead, Carson	12	Algona	21:16.20	
39 #762 Martin, Wyatt	09	Estherville-LC	21:22.22	30
40 #810 Little, Austin	12	Humboldt	21:28.31	31
41 #993 Sterling, Scranton	11	Humboldt	21:28.70	
42 #863 Shearer, Justin	09	Pocahontas Area	21:33.80	
43 #828 Arndorfer, Nichola	12	North Union	21:48.54	32
44 #689 Wolf, Rylee	11	Algona	22:06.64	
45 #975 Winkel, Cooper	11	Spirit Lake	22:11.34	
46 #801 Bakken, Graham	10	Humboldt	22:12.13	
47 #802 Bormann, Henry	12	Humboldt	22:14.65	
48 #755 Chitic-Aguilar, Gu	09	Estherville-LC	22:19.40	33
49 #829 Bauer, Aiden	10	North Union	22:22.06	34
50 #711 Kuper, Ethan	12	Bishop Garri	22:23.34	35
51 #969 Strouth, Gavin	12	Spirit Lake	22:23.76	
52 #980 Forsythe, Grayden	11	West Bend-Mallard	22:38.77	

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Rankings

Event 1 Girls 3200 Meter Run CC Middle School

Name	Year	School	Finals	Points
1 #732 Swift, Julia	08	Emmetsburg	14:41.34	1
2 #749 Smith, Jasmine	07	Estherville-LC	15:28.74	
3 #910 Matthiessen, Minni	07	Spencer Midd	15:33.76	2
4 #943 Petty, Clara	MS	Spirit Lake	15:35.10	3
5 #915 Sears, Halle	8	Spencer Midd	16:13.14	4
6 #873 Sangwin, Violet	08	Sioux Centra	16:20.01	
7 #694 Snider, Olivia	08	Algona Middl	16:20.96	5
8 #823 Jennaya, Bauer	08	North Union	16:22.91	
9 #947 VandeHoef, Cadence	MS	Spirit Lake	17:04.39	6
10 #748 Peta, Brynlee	08	Estherville-LC	17:45.06	
11 #911 McFarland, Aubrey	07	Spencer Midd	18:15.55	7
12 #750 Soper, Ella	07	Estherville-LC	18:19.38	
13 #743 Blair, Kierson	08	Estherville-LC	18:28.09	
14 #944 Pritchard, Anna	MS	Spirit Lake	18:36.68	8
15 #907 Kabrick, Sophie	07	Spencer Midd	18:50.11	9
16 #690 Adams, Olivia	07	Algona Middl	19:00.63	10
17 #914 Reynolds, Brooklyn	07	Spencer Midd	19:02.95	11
18 #902 Griffin, Khia	07	Spencer Midd	19:24.80	12
19 #948 VanGenderen, Finle	MS	Spirit Lake	20:05.64	13
20 #716 Biddle, Abby	07	Emmetsburg	20:10.31	14
21 #912 Moser, Hannah	8	Spencer Midd	20:11.72	15
22 #918 Tucker, Lindsey	8	Spencer Midd	20:13.89	
23 #916 Stevenson, Hallie	07	Spencer Midd	20:15.14	
24 #723 Johnson, Makayla	8	Emmetsburg	20:15.75	16
25 #903 Griffin, Nicole	08	Spencer Midd	20:34.75	
26 #919 Vander Tuig, Alivi	8	Spencer Midd	20:54.13	
27 #729 Rouse, Lauren	8	Emmetsburg	20:57.07	17
28 #942 Henson, Jade	MS	Spirit Lake	21:10.83	18
29 #897 Baccam, Emersyn	07	Spencer Midd	21:29.61	
30 #997 Thomsen, Maia	07	Sioux Centra	21:31.40	
31 #922 Young, Abigail	8	Spencer Midd	21:38.73	
32 #913 Rees, Aubrey	07	Spencer Midd	21:40.09	
33 #899 Doppler, Grayson	8	Spencer Midd	21:44.97	
34 #777 Ellis, Victoria	8	Graettinger-	21:48.39	
35 #908 Kunath, Mckenzie	07	Spencer Midd	22:02.32	
36 #898 Decker, Annabella	07	Spencer Midd	22:06.50	
37 #691 Frideres, Keira	07	Algona Middl	22:12.33	19
38 #693 Ricklefs, Alyssa	07	Algona Middl	22:50.31	20
39 #692 Luitjens, Grace	8	Algona Middl	22:54.71	21
40 #906 Iedema, Anna	07	Spencer Midd	23:50.25	
41 #874 Stoner, Ella	08	Sioux Centra	24:44.14	
42 #901 Geiger, Bethany	8	Spencer Midd	25:12.78	
43 #909 Manning, Mya	07	Spencer Midd	25:19.68	
44 #730 Sikora, Keeley	07	Emmetsburg	25:56.02	22
45 #722 Hurdel, Annie	07	Emmetsburg	25:59.36	23
46 #905 Hintz, Brooklyn	8	Spencer Midd	26:25.22	
47 #824 Steinkuehler, Jeni	08	North Union	26:28.99	
48 #996 Woods, Zephany	07	North Union	26:41.47	
49 #870 Jones, Lexius	07	Sioux Centra	26:47.34	
50 #920 Vogts, Eva	07	Spencer Midd	26:48.01	
51 #917 Teton, Zaniah	07	Spencer Midd	30:01.10	
52 #900 Dotson, Lauren	07	Spencer Midd	30:30.11	

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Rankings

....Event 1 Girls 3200 Meter Run CC Middle School

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Spencer Middle School Total Time: 1:27:55.51 Average: 17:35.11	33	2	4	7	9	11	12	15		
2	Spirit Lake Total Time: 1:32:32.64 Average: 18:30.53	48	3	6	8	13	18				
3	Emmetsburg Total Time: 1:42:00.49 Average: 20:24.10	70	1	14	16	17	22	23			
4	Algona Middle School Total Time: 1:43:18.94 Average: 20:39.79	75	5	10	19	20	21				

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Rankings

Event 2 Boys 3200 Meter Run CC Middle School

Name	Year	School	Finals	Points
1 #701 Morgan, Brooks	8	Algona Middl	12:48.35	1
2 #770 Struve, Jackson	08	Estherville-LC	12:48.76	2
3 #974 Wassenaar, Greyson	MS	Spirit Lake	14:04.80	3
4 #752 Aguilar-Gonzalez,	08	Estherville-LC	14:20.98	4
5 #989 Hood, Axton	07	Algona Middl	14:22.71	5
6 #773 Tzoc, Cesaer	08	Estherville-LC	14:25.29	6
7 #769 Smith, Garrett	08	Estherville-LC	14:37.47	7
8 #951 Chappas, Lukas	MS	Spirit Lake	14:40.53	8
9 #965 Profit, Carson	MS	Spirit Lake	14:41.18	9
10 #760 Kalous, Krayton	08	Estherville-LC	14:47.12	10
11 #892 Smith, Weston	07	Sioux Centra	14:51.76	11
12 #708 Caiden, Buckner	MS	Bishop Garri	14:51.91	
13 #759 Hatland, Aiden	08	Estherville-LC	14:54.42	12
14 #961 Kreykes, Karson	MS	Spirit Lake	14:59.92	13
15 #973 Wahl, Sam	MS	Spirit Lake	15:04.81	14
16 #954 Conway, Wylee	MS	Spirit Lake	15:12.61	15
17 #936 Rustad, Isaiah	8	Spencer Midd	15:16.49	16
18 #753 Ahrens, Blaize	08	Estherville-LC	15:28.76	17
19 #774 Welch, Beckam	08	Estherville-LC	15:41.09	
20 #512 Phillips, Eli	MS	Spirit Lake	15:42.39	18
21 #756 Clabaugh, Colin	07	Estherville-LC	15:43.40	
22 #955 Dirks, Aaron	MS	Spirit Lake	15:49.23	
23 #884 Kruse, Titus	08	Sioux Centra	16:20.97	19
24 #930 Hurst, Graham	8	Spencer Midd	16:31.93	20
25 #704 Orban, Ethan	07	Algona Middl	16:35.59	21
26 #754 Arends, Luke	07	Estherville-LC	16:35.87	
27 #923 Bailey, Jackson	8	Spencer Midd	16:39.02	22
28 #962 Kruse, Max	MS	Spirit Lake	16:53.89	
29 #768 Sheda, Drew	07	Estherville-LC	16:56.19	
30 #928 Edwards, Ezra	07	Spencer Midd	16:56.30	23
31 #953 Coates, Titus	MS	Spirit Lake	16:56.84	
32 #766 Rodriguez, Damian	08	Estherville-LC	17:04.93	
33 #925 Bradenburg, Gunner	07	Spencer Midd	17:11.33	24
34 #878 Baines, Rowan	08	Sioux Centra	17:34.60	25
35 #935 Prickett, Nathan	07	Spencer Midd	17:49.19	26
36 #764 Mittrucker, Samson	08	Estherville-LC	17:55.04	
37 #737 Fox, Jacob	8	Emmetsburg	17:59.57	
38 #887 Nelson, Isaac	07	Sioux Centra	18:03.61	27
39 #931 Keith, Brigham	07	Spencer Midd	18:08.75	28
40 #703 Nelson, Dante	8	Algona Middl	18:09.68	29
41 #697 Harms, Caden	8	Algona Middl	18:27.68	30
42 #700 Lentsch, Jacob	07	Algona Middl	18:39.08	31
43 #880 Block, Brennen	07	Sioux Centra	19:38.50	32
44 #938 Warren, Brayden	8	Spencer Midd	19:41.89	
45 #964 Odendahl, Zach	MS	Spirit Lake	19:59.07	
46 #937 Trieweller, Ethan	07	Spencer Midd	20:12.61	
47 #879 Balder, Michael	07	Sioux Centra	20:32.87	33
48 #933 Koenecke, Jack	8	Spencer Midd	20:55.25	
49 #990 Kelley, Micah	07	Algona Middl	21:29.15	34
50 #988 Adams, Brayden	07	Algona Middl	21:30.07	
51 #967 Samuelson, Levi	MS	Spirit Lake	21:37.19	
52 #741 Reedy, Walter	07	Emmetsburg	21:47.63	

