

2023 SAM IVERSON INVITATIONAL

Grundy Center, IA
 Town & Country Golf Course
 Host: Grundy Center
 Thursday, September 21, 2023

MEET OFFICIALS

Meet Director:
 Matt Lindeman
Meet Referee:
 Randy Thoren
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
 printed: 9/21/2023 6:00 PM

Race #1
Boys Junior High 2 Mile

Final Results**RACE SUMMARY**

Start Time: 4:15 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Grundy Center	24	1-2-4-8-9(10)(18)	1:04:32	12:55	2:02.8
2 MS_Waverly-Shell Rock	55*	5-11-12-13-14(15)(17)	1:08:57	13:48	1:02.6
3 MS_Dike-New Hartford	55*	3-6-7-19-20(23)(24)	1:08:59	13:48	2:04.7
4 MS_Wapsie Valley	114	16-21-22-27-28	1:20:12	16:03	4:11.6
5 MS_East Marshall	141	25-26-29-30-31	1:34:39	18:56	6:50.2
DNP MS_New Hampton					
DNP MS_Gladbrook-Reinbeck					
DNP MS_Waverly-Shell Rock					
DNP MS_Dike-New Hartford					
DNP MS_Aplington - Parkersbur					
DNP MS_Jesup					
DNP MS_St. Patrick Catholic					
DNP MS_North Tama County					
DNP MS_South Hardin					
DNP MS_Hudson					
DNP MS_Clarksville					
DNP MS_Wapsie Valley					

***Tiebreakers**

MS_Waverly-Shell Rock	5	11	12	13	14	15
MS_Dike-New Hartford	3	6	7	19	20	23

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 FRYSLIE, Jayce	8	MS_Grundy Center	1	11:38.18	---	5:49.1	3:36.8
2 BENTON, Hayden	8	MS_Jesup	-	11:49.37	11.19	5:54.7	3:40.3
3 BLOCK, Leo	7	MS_Grundy Center	2	12:44.82	1:06.64	6:22.4	3:57.5
4 OLSON, Isaiah	8	MS_Dike-New Hartf	3	12:52.00	1:13.82	6:26.0	3:59.8
5 LYNCH, Ross	7	MS_Grundy Center	4	12:53.51	1:15.33	6:26.8	4:00.2
6 HOMMOWUN, Matthew	7	MS_Waverly-Shell	5	13:06.41	1:28.23	6:33.2	4:04.2
7 PIFKIN, Caleb	7	MS_Gladbrook-Rei	-	13:09.50	1:31.32	6:34.8	4:05.2
8 O'NEILL, Sully	8	MS_Dike-New Hartf	6	13:10.83	1:32.65	6:35.4	4:05.6
9 LINDAMAN, McKennen	7	MS_Dike-New Hartf	7	13:11.76	1:33.58	6:35.9	4:05.9
10 PRICE, Owen	7	MS_Aplington - Par	-	13:11.92	1:33.74	6:36.0	4:05.9
11 COOPER, Cayd	8	MS_North Tama Co	-	13:17.22	1:39.04	6:38.6	4:07.6
12 CARLTON, Ben	7	MS_New Hampton	-	13:33.09	1:54.91	6:46.5	4:12.5
13 ARONSON, Brant	7	MS_Grundy Center	8	13:34.01	1:55.83	6:47.0	4:12.8
14 SEALMAN, Zach	7	MS_Grundy Center	9	13:40.96	2:02.78	6:50.5	4:15.0
15 SAGER, Lewis	7	MS_Grundy Center	(10)	13:44.36	2:06.18	6:52.2	4:16.0
16 HARMSSEN, Levi	8	MS_North Tama Co	-	13:45.25	2:07.07	6:52.6	4:16.3

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Race #1
Boys Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
17 RENNER, Cooper	8	MS_Jesup	-	13:50.90	2:12.72	6:55.5	4:18.0
18 VAN BROCKLIN, Josh	7	MS_Waverly-Shell	11	13:52.23	2:14.05	6:56.1	4:18.5
19 LORENZEN, Lincoln	8	MS_Waverly-Shell	12	13:52.82	2:14.64	6:56.4	4:18.6
20 WHITNEY, Caden	7	MS_Waverly-Shell	13	13:55.99	2:17.81	6:58.0	4:19.6
21 CHRISTENSEN, Ben	7	MS_Waverly-Shell	14	14:08.95	2:30.77	7:04.5	4:23.6
22 BIEBER, Elliot	8	MS_Aplington - Par	-	14:09.84	2:31.66	7:04.9	4:23.9
23 HAYES, Connor	7	MS_Waverly-Shell	(15)	14:10.80	2:32.62	7:05.4	4:24.2
24 HEASLEY-EIKE, Jace	8	MS_Wapsie Valley	16	14:12.06	2:33.88	7:06.0	4:24.6
25 KRUTSINGER, Max	8	MS_Waverly-Shell	(17)	14:13.84	2:35.66	7:06.9	4:25.2
26 BLYTHE, Evan	7	MS_Grundy Center	(18)	14:18.91	2:40.73	7:09.5	4:26.7
27 TARR, Elijah	7	MS_Aplington - Par	-	14:36.33	2:58.15	7:18.2	4:32.2
28 BUSKOHL, Charlie	8	MS_Hudson	-	14:40.24	3:02.06	7:20.1	4:33.4
29 SHAKESPEARE, Jax	7	MS_Dike-New Hartf	19	14:47.46	3:09.28	7:23.7	4:35.6
30 WELTER, Connor	7	MS_Waverly-Shell	-	14:56.45	3:18.27	7:28.2	4:38.4
31 HARTSOCK, Ty	7	MS_Dike-New Hartf	20	14:56.61	3:18.43	7:28.3	4:38.5
32 MONTGOMERY, Xavier	7	MS_St. Patrick Cat	-	14:58.05	3:19.87	7:29.0	4:38.9
33 TIEDT, Oliver	8	MS_Wapsie Valley	21	14:59.10	3:20.92	7:29.6	4:39.2
34 WILLMS, Matthew	7	MS_Waverly-Shell	-	15:12.75	3:34.57	7:36.4	4:43.5
35 SZURLEY, Bailey	8	MS_Wapsie Valley	22	15:17.56	3:39.38	7:38.8	4:45.0
36 POST, Corbin	7	MS_Waverly-Shell	-	15:20.48	3:42.30	7:40.2	4:45.9
37 GRONOWSKI, Joey	8	MS_Dike-New Hartf	(23)	15:24.60	3:46.42	7:42.3	4:47.1
38 STUPP, Mathias	7	MS_South Hardin	-	15:29.53	3:51.35	7:44.8	4:48.7
39 DEUR, Mason	8	MS_Waverly-Shell	-	15:32.06	3:53.88	7:46.0	4:49.5
40 YOUNGBLUT, Christian	8	MS_St. Patrick Cat	-	15:33.45	3:55.27	7:46.7	4:49.9
41 JONES, Grayson	7	MS_Waverly-Shell	-	15:52.68	4:14.50	7:56.3	4:55.9
42 STANBROUGH, Xander	8	MS_Dike-New Hartf	(24)	15:55.10	4:16.92	7:57.6	4:56.6
43 HERMANN, Tate	7	MS_Dike-New Hartf	-	15:56.45	4:18.27	7:58.2	4:57.0
44 DEGEETER, Ethan	8	MS_Dike-New Hartf	-	16:01.08	4:22.90	8:00.5	4:58.5
45 LORENZ, Tanner	8	MS_Clarksville	-	16:10.92	4:32.74	8:05.5	5:01.5
46 HOOLEY, Cooper	8	MS_East Marshall	25	16:23.15	4:44.97	8:11.6	5:05.3
47 WEHRMAN, Daxton	8	MS_East Marshall	26	16:24.25	4:46.07	8:12.1	5:05.7
48 MCCABE, Jayden	7	MS_Waverly-Shell	-	16:29.56	4:51.38	8:14.8	5:07.3
49 UHLENHOPP, Ty	8	MS_Waverly-Shell	-	16:31.97	4:53.79	8:16.0	5:08.1
50 MOHAN, Aidan	7	MS_Waverly-Shell	-	16:33.56	4:55.38	8:16.8	5:08.6
51 RITTGERS, Gabe	8	MS_Dike-New Hartf	-	16:34.37	4:56.19	8:17.2	5:08.8
52 VANHEIDEN, Joss	7	MS_Grundy Center	-	16:35.53	4:57.35	8:17.8	5:09.2
53 BRUNS, Dominic	8	MS_Waverly-Shell	-	16:35.75	4:57.57	8:17.9	5:09.2
54 MEYERHOFF, Landon	7	MS_New Hampton	-	16:36.38	4:58.20	8:18.2	5:09.4
55 GEERDES, Braydon	7	MS_Grundy Center	-	16:47.92	5:09.74	8:24.0	5:13.0
56 SAGER, Braiden	7	MS_Gladbrook-Rei	-	17:02.03	5:23.85	8:31.0	5:17.4
57 MATTHIAS, Daniel	8	MS_Wapsie Valley	27	17:18.79	5:40.61	8:39.4	5:22.6
58 TROWER, Kamdyn	8	MS_New Hampton	-	17:24.48	5:46.30	8:42.2	5:24.4
59 FREESE, Olin	7	MS_Dike-New Hartf	-	17:36.28	5:58.10	8:48.1	5:28.0
60 DEVRIES, Gustav	8	MS_Waverly-Shell	-	17:43.96	6:05.78	8:52.0	5:30.4
61 VIEROW, James	7	MS_Waverly-Shell	-	17:50.67	6:12.49	8:55.3	5:32.5
62 MARTENS, Weston	8	MS_Grundy Center	-	17:53.81	6:15.63	8:56.9	5:33.5

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Race #1
Boys Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
63 JOHNSON, Knox	7	MS_Dike-New Hartf	-	18:00.32	6:22.14	9:00.2	5:35.5
64 BOEHMER, Phoenix	7	MS_New Hampton	-	18:00.94	6:22.76	9:00.5	5:35.7
65 BRODIGAN, Jack	8	MS_Wapsie Valley	28	18:23.59	6:45.41	9:11.8	5:42.7
66 SCHATNER, Noah	7	MS_East Marshall	29	18:30.01	6:51.83	9:15.0	5:44.7
67 WHITE, Joshua	7	MS_Dike-New Hartf	-	18:52.73	7:14.55	9:26.4	5:51.8
68 STEINMEYER, Weston	7	MS_Grundy Center	-	20:04.62	8:26.44	10:02.3	6:14.1
69 NELSON, Jackson	8	MS_East Marshall	30	20:08.06	8:29.88	10:04.0	6:15.2
70 HEIN, Lucas	8	MS_St. Patrick Cat	-	20:10.02	8:31.84	10:05.0	6:15.8
71 CROOKSHANK, Brayton	8	MS_East Marshall	31	23:13.30	11:35.1	11:36.7	7:12.7
-- RADCLIFF, Julian	7	MS_Dike-New Hartf	-			---	---
-- JONES, Grayson	7	MS_Waverly-Shell	-			---	---
-- DEUR, Mason	8	MS_Waverly-Shell	-			---	---
-- HELGEVOLD, Hugo	8	MS_Waverly-Shell	-			---	---
-- LOTT, Jalen	7	MS_Dike-New Hartf	-			---	---
-- SANDER, Carter	8	MS_Wapsie Valley	-			---	---
-- L'HEUREUX, Gus	8	MS_Dike-New Hartf	-			---	---
-- COUGHENOUR, Levi	7	MS_Gladbrook-Rei	-			---	---
-- JENNINGS, Conrad	7	MS_Gladbrook-Rei	-			---	---
-- HANSON, Ty	7	MS_Jesup	-			---	---

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Race #2
Girls Junior High 2 Mile

Final Results

RACE SUMMARY

Start Time: 4:20 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MS_Aplington - Parkersbur	57*	3-8-10-17-19(22)(24)	1:13:23	14:41	1:43.1
2 MS_Dike-New Hartford	57*	4-6-13-14-20(23)(34)	1:13:38	14:44	2:11.0
3 MS_Grundy Center	69	2-7-15-18-27(51)(53)	1:14:27	14:54	2:56.2
4 MS_Jesup	72	5-9-12-21-25(39)	1:15:48	15:10	2:27.5
5 MS_New Hampton	141	11-16-30-37-47(48)(52)	1:26:20	17:16	5:58.5
6 MS_Waverly-Shell Rock	143	1-26-31-40-45(50)	1:25:52	17:11	6:33.9
7 MS_Wapsie Valley	171	28-29-35-38-41(42)(46)	1:28:58	17:48	2:27.0
8 MS_Hudson	188	32-33-36-43-44(49)	1:31:33	18:19	1:58.3
DNP MS_North Tama County					
DNP MS_East Marshall					
DNP MS_Gladbrook-Reinbeck					
DNP MS_GMG					
DNP MS_Clarksville					

***Tiebreakers**

MS_Aplington - Parkersburg	3	8	10	17	19	22
MS_Dike-New Hartford	4	6	13	14	20	23

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 GRITTERS, Aliah	8	MS_Waverly-Shell	1	13:15.21	---	6:37.6	4:07.0
2 HENDERSHOT, Addy	7	MS_Grundy Center	2	13:33.98	18.77	6:47.0	4:12.8
3 BERNARD, Bella	7	MS_Aplington - Par	3	13:41.95	26.74	6:51.0	4:15.3
4 SMITH, Jaelyn	8	MS_Dike-New Hartf	4	13:53.97	38.76	6:57.0	4:19.0
5 COPP, Kennedy	8	MS_Jesup	5	13:58.20	42.99	6:59.1	4:20.3
6 PETULLO, Olivia	7	MS_Dike-New Hartf	6	14:03.57	48.36	7:01.8	4:22.0
7 DAY, Keria	8	MS_Grundy Center	7	14:03.87	48.66	7:01.9	4:22.1
8 ENDELMAN, Charlee	7	MS_Aplington - Par	8	14:20.76	1:05.55	7:10.4	4:27.3
9 DEVORE, Lena	7	MS_Jesup	9	14:30.55	1:15.34	7:15.3	4:30.4
10 BERNARD, Lorna	7	MS_Aplington - Par	10	14:37.46	1:22.25	7:18.7	4:32.5
11 NEVILLE, Addison	8	MS_New Hampton	11	14:39.63	1:24.42	7:19.8	4:33.2
12 GENGLER, Haley	8	MS_Jesup	12	14:46.28	1:31.07	7:23.1	4:35.2
13 MOORE, Lily	8	MS_Dike-New Hartf	13	14:46.58	1:31.37	7:23.3	4:35.3
14 PETERSEN, Bryn	8	MS_Dike-New Hartf	14	14:48.49	1:33.28	7:24.2	4:35.9
15 JORDAN, Eve	8	MS_Clarksville	-	14:54.65	1:39.44	7:27.3	4:37.8
16 MILLER, Avery	8	MS_Grundy Center	15	14:58.75	1:43.54	7:29.4	4:39.1
17 HUMPAL, Harper	8	MS_New Hampton	16	15:13.99	1:58.78	7:37.0	4:43.8
18 WEBER, Aubree	7	MS_Aplington - Par	17	15:17.84	2:02.63	7:38.9	4:45.0
19 JORDAN, Briley	8	MS_Grundy Center	18	15:19.68	2:04.47	7:39.8	4:45.6
20 BREAKENRIDGE, Isla	8	MS_North Tama Co	-	15:21.35	2:06.14	7:40.7	4:46.1
21 STAHL, Bella	7	MS_Aplington - Par	19	15:24.96	2:09.75	7:42.5	4:47.3

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Race #2
Girls Junior High 2 Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
22 AMES, Addi	8	MS_Dike-New Hartf	20	16:04.89	2:49.68	8:02.4	4:59.7
23 O'CONNOR, Serenity	8	MS_Jesup	21	16:06.58	2:51.37	8:03.3	5:00.2
24 SEDA, Brynley	8	MS_North Tama Co	-	16:11.87	2:56.66	8:05.9	5:01.8
25 CASHATT, Ireland	7	MS_Aplington - Par	(22)	16:21.52	3:06.31	8:10.8	5:04.8
26 EPLEY, Lucy	7	MS_Dike-New Hartf	(23)	16:23.60	3:08.39	8:11.8	5:05.5
27 ELMORE, Addison	7	MS_GMG	-	16:24.84	3:09.63	8:12.4	5:05.9
28 BERENDS, Violet	7	MS_Aplington - Par	(24)	16:24.88	3:09.67	8:12.4	5:05.9
29 REHMERT, Corrinne	7	MS_Jesup	25	16:25.67	3:10.46	8:12.8	5:06.1
30 WHITNEY, Eryana	8	MS_Waverly-Shell	26	16:26.48	3:11.27	8:13.2	5:06.4
31 DIRKS, Torrance	7	MS_Grundy Center	27	16:30.12	3:14.91	8:15.1	5:07.5
32 KANE, Adalynn	8	MS_Wapsie Valley	28	16:43.65	3:28.44	8:21.8	5:11.7
33 HENDRICKS, Abigail	7	MS_East Marshall	-	16:43.92	3:28.71	8:22.0	5:11.8
34 BOHEME, Brinley	8	MS_Wapsie Valley	29	16:43.94	3:28.73	8:22.0	5:11.8
35 URIBE, Amelia	7	MS_New Hampton	30	17:10.72	3:55.51	8:35.4	5:20.1
36 OLMSTEAD, Mallory	7	MS_Waverly-Shell	31	17:13.59	3:58.38	8:36.8	5:21.0
37 ROSE, Maci	7	MS_Hudson	32	17:25.58	4:10.37	8:42.8	5:24.7
38 STROUTH, Addi	7	MS_Hudson	33	17:28.15	4:12.94	8:44.1	5:25.5
39 GRIFFITH, Kaitlyn	8	MS_Dike-New Hartf	(34)	17:34.88	4:19.67	8:47.4	5:27.6
40 RULAPAUGH, Martha	8	MS_Wapsie Valley	35	17:41.20	4:25.99	8:50.6	5:29.6
41 SCHLAFER, Abi	7	MS_Hudson	36	17:51.42	4:36.21	8:55.7	5:32.7
42 SYHLMAN, Mila	7	MS_Dike-New Hartf	-	18:11.39	4:56.18	9:05.7	5:38.9
43 CORDES, Lexie	7	MS_New Hampton	37	18:36.62	5:21.41	9:18.3	5:46.8
44 FRANCK, Addison	7	MS_Wapsie Valley	38	18:38.01	5:22.80	9:19.0	5:47.2
45 NESBIT, Maddie	7	MS_Jesup	(39)	18:43.04	5:27.83	9:21.5	5:48.8
46 JOHNSON, Riley	8	MS_Waverly-Shell	40	19:07.12	5:51.91	9:33.6	5:56.2
47 MONAGHAN, Katelyn	8	MS_Gladbrook-Rei	-	19:08.60	5:53.39	9:34.3	5:56.7
48 WEHRMAN, Lucy	8	MS_East Marshall	-	19:09.16	5:53.95	9:34.6	5:56.9
49 BEHNKE, Mira	8	MS_Wapsie Valley	41	19:10.58	5:55.37	9:35.3	5:57.3
50 FRANCK, Arizona	7	MS_Wapsie Valley	(42)	19:11.14	5:55.93	9:35.6	5:57.5
51 HUSMANN, Nessa	7	MS_Gladbrook-Rei	-	19:19.30	6:04.09	9:39.7	6:00.0
52 FARWELL, Adrian	7	MS_Hudson	43	19:23.27	6:08.06	9:41.6	6:01.3
53 RICHARD, Reagan	7	MS_Hudson	44	19:23.88	6:08.67	9:41.9	6:01.5
54 MCWILLIAMS, Kianna	7	MS_Dike-New Hartf	-	19:28.48	6:13.27	9:44.2	6:02.9
55 SHARP, Sydney	7	MS_Aplington - Par	-	19:34.31	6:19.10	9:47.2	6:04.7
56 BORGLUM, Emilia	8	MS_Waverly-Shell	45	19:49.08	6:33.87	9:54.5	6:09.3
57 SZURLEY, Reagan	7	MS_Wapsie Valley	(46)	19:53.57	6:38.36	9:56.8	6:10.7
58 DINGMAN, Kayla	7	MS_GMG	-	20:20.51	7:05.30	10:10.3	6:19.0
59 WALKER, Stella	7	MS_Aplington - Par	-	20:20.54	7:05.33	10:10.3	6:19.0
60 WICKMAN, Karley	8	MS_New Hampton	47	20:38.05	7:22.84	10:19.0	6:24.5
61 LABREE, Karissa	7	MS_Aplington - Par	-	20:41.93	7:26.72	10:21.0	6:25.7
62 STUMME, Paige	7	MS_New Hampton	(48)	20:50.20	7:34.99	10:25.1	6:28.3
63 LEWIS, Avery	7	MS_Hudson	(49)	20:53.17	7:37.96	10:26.6	6:29.2
64 GILSTRAP, Amelia	7	MS_Waverly-Shell	(50)	22:29.47	9:14.26	11:14.7	6:59.1
65 PATRICK, Kathryn	8	MS_Grundy Center	(51)	23:14.72	9:59.51	11:37.4	7:13.1
66 FAUST, Jenta	8	MS_Wapsie Valley	-	23:20.34	10:05.1	11:40.2	7:14.9
67 HERNANDEZ, Roscelly	7	MS_Dike-New Hartf	-	24:10.54	10:55.3	12:05.3	7:30.5

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Girls Junior High 2 Mile

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
68 HOLTHAUS, Lexi	7	MS_New Hampton	(52)	25:35.48	12:20.2	12:47.7	7:56.9
69 WICKMAN, Brooke	7	MS_New Hampton	-	25:56.07	12:40.8	12:58.0	8:03.3
70 MARTENS, Morgan	8	MS_Grundy Center	(53)	26:21.53	13:06.3	13:10.8	8:11.2

2023 SAM IVERSON INVITATIONAL

Grundy Center, IA
 Town & Country Golf Course
 Host: Grundy Center
 Thursday, September 21, 2023

MEET OFFICIALS

Meet Director:
 Matt Lindeman
Meet Referee:
 Randy Thoren
Timing:
 Shannon Event Timings



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Race #3
Boys High School 5K Varsity

Final Results**RACE SUMMARY**

Start Time: 5:45 pm

TEAM SCORING SUMMARY**Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Grundy Center	48	1-2-9-15-21(35)(67)	1:29:28	17:54	2:51.0
2 Charles City	49	4-5-8-13-19(30)(54)	1:30:38	18:08	1:52.6
3 Jesup	87	6-10-14-16-41(55)	1:33:39	18:44	2:35.6
4 East Marshall LeGrand	102	7-11-17-29-38(42)(60)	1:34:48	18:58	2:20.5
5 West Marshall State Center	156	20-22-25-27-62(74)	1:39:18	19:52	2:10.7
6 Hudson	161	24-28-33-36-40(63)(69)	1:39:16	19:52	0:39.7
7 Sumner-Fredericksburg	175	18-31-34-45-47(66)(78)	1:39:39	19:56	1:19.7
8 Union La Porte City	210	12-26-49-50-73(87)	1:42:10	20:26	3:50.9
9 South Hardin	260	32-44-51-57-76(82)	1:44:49	20:58	3:00.6
10 Wapsie Valley Fairbank	273	3-53-65-71-81(86)	1:45:23	21:05	6:19.8
11 Valley Lutheran	280	37-52-58-61-72(75)	1:45:46	21:10	2:24.8
12 Waterloo Christian	286	39-43-56-68-80(83)	1:46:48	21:22	3:09.9
13 New Hampton	289	23-46-64-77-79	1:47:31	21:31	3:47.3
14 Gladbrook Reinbeck	346	48-59-70-84-85	1:52:49	22:34	4:04.5
DNP GMG Garwin					
DNP Aplington-Parkersburg					
DNP BGM Brooklyn					
DNP New Hampton					
DNP North Tama Traer					
DNP Union La Porte City					
DNP Clarksville					
DNP Jesup					
DNP West Marshall State Center					
DNP Wapsie Valley Fairbank					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 LYNCH, Kaden	SR	Grundy Center	1	16:31.74	---	5:19.2	3:18.3
2 VOKES, Emerson	SO	Grundy Center	2	16:37.18	5.44	5:20.9	3:19.4
3 SHANNON, Aidan	SR	Wapsie Valley Fairb	3	17:04.89	33.15	5:29.9	3:25.0
4 WILLIAMS, Nick	JR	Charles City	4	17:19.28	47.54	5:34.5	3:27.9
5 GRAESER, Xander	JR	Charles City	5	17:33.43	1:01.69	5:39.1	3:30.7
6 PINT, Nathan	JR	Jesup	6	17:36.80	1:05.06	5:40.1	3:31.4
7 GRANT, Kaleb	SR	East Marshall LeGr	7	17:46.48	1:14.74	5:43.3	3:33.3
8 THOMPSON, Isaac	SR	Charles City	8	17:47.57	1:15.83	5:43.6	3:33.5
9 VENENGA, Tyler	SR	Grundy Center	9	18:03.32	1:31.58	5:48.7	3:36.7
10 NUEHRING, Karsten	JR	Jesup	10	18:09.49	1:37.75	5:50.7	3:37.9

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Race #3
Boys High School 5K Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
11 LENZ, Cooper	FR	East Marshall LeGr	11	18:16.27	1:44.53	5:52.8	3:39.3
12 SPENCE, Sawyer	SO	Union La Porte City	12	18:40.54	2:08.80	6:00.7	3:44.1
13 VANCE, Lukas	SR	Charles City	13	18:45.82	2:14.08	6:02.3	3:45.2
14 NESBIT, Will	SO	Jesup	14	18:47.47	2:15.73	6:02.9	3:45.5
15 DIRKS, Sullivan	SR	Grundy Center	15	18:52.66	2:20.92	6:04.6	3:46.5
16 NOLAN, Tyler	SR	Jesup	16	18:52.70	2:20.96	6:04.6	3:46.5
17 CURTIS, Chandler	SO	East Marshall LeGr	17	19:01.34	2:29.60	6:07.3	3:48.3
18 ROCHFORD, Tate	JR	Sumner-Fredericks	18	19:08.71	2:36.97	6:09.7	3:49.7
19 KOWALSKI, Jackson	SO	Charles City	19	19:11.81	2:40.07	6:10.7	3:50.4
20 GIBSON, Brevon	SR	West Marshall State	20	19:15.57	2:43.83	6:11.9	3:51.1
21 DAVIE, Brayden	SO	Grundy Center	21	19:22.72	2:50.98	6:14.2	3:52.5
22 THOMPSON, Dylan	SR	West Marshall State	22	19:27.22	2:55.48	6:15.7	3:53.4
23 STUMME, Connor	FR	New Hampton	23	19:28.08	2:56.34	6:16.0	3:53.6
24 GREIMAN, Casey	FR	Hudson	24	19:30.79	2:59.05	6:16.8	3:54.2
25 DOWNS, Aiden	SR	West Marshall State	25	19:32.81	3:01.07	6:17.5	3:54.6
26 MULLEN, Cameron	SO	Union La Porte City	26	19:34.97	3:03.23	6:18.2	3:55.0
27 EIRIKSON, Jacob	SO	West Marshall State	27	19:35.72	3:03.98	6:18.4	3:55.1
28 HANSEN, Brady	SR	Hudson	28	19:36.38	3:04.64	6:18.6	3:55.3
29 PANSEGRAU, Austin	SO	East Marshall LeGr	29	19:36.57	3:04.83	6:18.7	3:55.3
30 HABERKORN, Carter	JR	Charles City	(30)	19:42.32	3:10.58	6:20.5	3:56.5
31 OSBORN, Westin	JR	Sumner-Fredericks	31	19:42.64	3:10.90	6:20.6	3:56.5
32 DAVIS, Brayton	SO	GMG Garwin	-	19:44.93	3:13.19	6:21.4	3:57.0
33 RUNYON, Gavin	JR	South Hardin	32	19:49.23	3:17.49	6:22.8	3:57.8
34 CULHAM, Jacob	SO	Hudson	33	19:53.84	3:22.10	6:24.2	3:58.8
35 WURZER, Easton	FR	Sumner-Fredericks	34	19:55.27	3:23.53	6:24.7	3:59.1
36 WALLIS, Brayden	JR	Grundy Center	(35)	19:58.09	3:26.35	6:25.6	3:59.6
37 WARNELL, Connor	SR	Hudson	36	20:03.79	3:32.05	6:27.4	4:00.8
38 BLAKEMAN, Adam	SO	Valley Lutheran	37	20:04.69	3:32.95	6:27.7	4:00.9
39 CURPHY, Cael	FR	East Marshall LeGr	38	20:06.94	3:35.20	6:28.5	4:01.4
40 GRADY, Dawson	SO	Waterloo Christian	39	20:09.07	3:37.33	6:29.1	4:01.8
41 BARBER, Drew	SR	Hudson	40	20:10.47	3:38.73	6:29.6	4:02.1
42 O'CONNOR, Vince	FR	Jesup	41	20:12.31	3:40.57	6:30.2	4:02.5
43 HUNGERFORD, Cale	SR	East Marshall LeGr	(42)	20:12.43	3:40.69	6:30.2	4:02.5
44 VANDE HAAR, Gerrit	FR	Waterloo Christian	43	20:16.89	3:45.15	6:31.7	4:03.4
45 BURK, Collin	SO	South Hardin	44	20:20.66	3:48.92	6:32.9	4:04.1
46 BLAKE, Brennen	JR	Sumner-Fredericks	45	20:23.88	3:52.14	6:33.9	4:04.8
47 ZEIEN, Calyb	JR	New Hampton	46	20:27.21	3:55.47	6:35.0	4:05.4
48 CONVERSE, Lane	SR	Sumner-Fredericks	47	20:28.39	3:56.65	6:35.4	4:05.7
49 UTTERBACK, Christopher	JR	Gladbrook Reinbec	48	20:31.48	3:59.74	6:36.4	4:06.3
50 HERMAN, Mason	SR	Union La Porte City	49	20:40.89	4:09.15	6:39.4	4:08.2
51 UCHIYAMA-HANSEN, Keng	JR	Union La Porte City	50	20:41.67	4:09.93	6:39.6	4:08.3
52 STARR, Hayden	JR	South Hardin	51	20:43.80	4:12.06	6:40.3	4:08.8
53 WILSON, Micah	JR	Valley Lutheran	52	20:45.78	4:14.04	6:41.0	4:09.2
54 SCHAEFER, Finn	SO	Wapsie Valley Fairb	53	20:48.38	4:16.64	6:41.8	4:09.7
55 LEMKE, Andy	FR	Charles City	(54)	20:55.38	4:23.64	6:44.0	4:11.1
56 ANDREASEN, Jaxon	FR	Jesup	(55)	21:00.04	4:28.30	6:45.5	4:12.0

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Race #3
Boys High School 5K Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
57 WOOLERY, Markus	FR	Waterloo Christian	56	21:04.63	4:32.89	6:47.0	4:12.9
58 VANDERWILT, Jonah	FR	South Hardin	57	21:04.76	4:33.02	6:47.1	4:13.0
59 WILSON, Keller	SR	Valley Lutheran	58	21:04.87	4:33.13	6:47.1	4:13.0
60 CLARK, Howie	SR	Clarksville	-	21:05.78	4:34.04	6:47.4	4:13.2
61 WRIDER, Devin	JR	Gladbrook Reinbec	59	21:09.18	4:37.44	6:48.5	4:13.8
62 BENNETT, Maddux	FR	East Marshall LeGr	(60)	21:10.71	4:38.97	6:49.0	4:14.1
63 LAUGHRIDGE, Walker	JR	Valley Lutheran	61	21:20.54	4:48.80	6:52.1	4:16.1
64 ROSAS-CANCHOLA, Erick	SO	West Marshall State	62	21:26.19	4:54.45	6:54.0	4:17.2
65 JENSEN, Colton	FR	Hudson	(63)	21:27.66	4:55.92	6:54.4	4:17.5
66 BEENKEN, Andrew	FR	North Tama Traer	-	21:28.41	4:56.67	6:54.7	4:17.7
67 MEYERHOFF, Xander	JR	New Hampton	64	21:29.10	4:57.36	6:54.9	4:17.8
68 SANDER, Evan	SO	Wapsie Valley Fairb	65	21:38.77	5:07.03	6:58.0	4:19.8
69 EIMERS, Michael	FR	Sumner-Fredericks	(66)	21:53.69	5:21.95	7:02.8	4:22.7
70 OLTMAN, Dalton	FR	Grundy Center	(67)	21:57.53	5:25.79	7:04.1	4:23.5
71 FENCL, Connor	JR	Waterloo Christian	68	21:58.45	5:26.71	7:04.3	4:23.7
72 STEPHENSON, Drayson	SO	GMG Garwin	-	22:13.66	5:41.92	7:09.2	4:26.7
73 STEELE, Alex	SR	Hudson	(69)	22:15.57	5:43.83	7:09.9	4:27.1
74 MONAT, Case	SR	North Tama Traer	-	22:23.18	5:51.44	7:12.3	4:28.6
75 BOWSER, Caleb	FR	Gladbrook Reinbec	70	22:24.92	5:53.18	7:12.9	4:29.0
76 HILSENBECK, Hayden	FR	Wapsie Valley Fairb	71	22:25.71	5:53.97	7:13.1	4:29.1
77 SCHMITZ, Zane	SO	Valley Lutheran	72	22:29.43	5:57.69	7:14.3	4:29.9
78 DEWINTER, Maddux	SO	Union La Porte City	73	22:31.41	5:59.67	7:15.0	4:30.3
79 MEESTER, Evan	JR	West Marshall State	(74)	22:31.86	6:00.12	7:15.1	4:30.4
80 BELTZ, DW	SR	Valley Lutheran	(75)	22:43.24	6:11.50	7:18.8	4:32.6
81 NGUYEN, Viet	FR	South Hardin	76	22:49.75	6:18.01	7:20.9	4:34.0
82 ROBINSON, Jarrin	JR	New Hampton	77	22:50.75	6:19.01	7:21.2	4:34.2
83 ANDERSON, Trice	FR	Sumner-Fredericks	(78)	22:54.21	6:22.47	7:22.3	4:34.8
84 KRIEGEL, Beau	FR	BGM Brooklyn	-	22:55.23	6:23.49	7:22.6	4:35.0
85 ORTIZ, Israel	FR	New Hampton	79	23:15.33	6:43.59	7:29.1	4:39.1
86 DIELEMAN, Henry	SO	GMG Garwin	-	23:17.86	6:46.12	7:29.9	4:39.6
87 ELMORE, Corbin	JR	Waterloo Christian	80	23:18.89	6:47.15	7:30.2	4:39.8
88 EIKE, Elijah	SO	Wapsie Valley Fairb	81	23:24.67	6:52.93	7:32.1	4:40.9
89 DEWHURST, Max	SO	South Hardin	(82)	23:47.81	7:16.07	7:39.5	4:45.6
90 FLEMING, Caleb	SR	BGM Brooklyn	-	23:48.98	7:17.24	7:39.9	4:45.8
91 GARDNER, Bennet	SO	Waterloo Christian	(83)	23:57.23	7:25.49	7:42.6	4:47.4
92 KAUFFMAN, Kaden	JR	Gladbrook Reinbec	84	24:06.54	7:34.80	7:45.6	4:49.3
93 ROGERS, Alex	SR	Gladbrook Reinbec	85	24:35.95	8:04.21	7:55.0	4:55.2
94 WEEPIE, Marshall	SO	Wapsie Valley Fairb	(86)	24:57.77	8:26.03	8:02.1	4:59.6
95 GRIMM, Ian	FR	Union La Porte City	(87)	28:24.56	11:52.8	9:08.6	5:40.9
96 DAVIS, Cooper	FR	Union La Porte City	-			---	---
97 MANN, Preston	SR	BGM Brooklyn	-			---	---
98 MONTEITH, Easton	SO	New Hampton	-			---	---
99 NEWBROUGH, Carter	SR	New Hampton	-			---	---
100 GONZALEZ, Ayden	SR	Jesup	-			---	---
101 SWIGART, Joseph	SO	West Marshall State	-			---	---
102 KANE, Madden	SO	Wapsie Valley Fairb	-			---	---

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Race #3
Boys High School 5K Varsity

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
103 DIELEMAN, Grady	JR	GMG Garwin	-			---	---
104 JANSSEN, Sam	FR	Aplington-Parkersb	-			---	---
105 STICKFORT, Aaron	FR	Aplington-Parkersb	-			---	---
106 CARNEY, Jonah	SO	Aplington-Parkersb	-			---	---
107 FOXEN, Isaac	JR	Aplington-Parkersb	-			---	---

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Race #3
Boys High School 5K Junior Varsity

Final Results**RACE SUMMARY**

Start Time: 5:45 pm

TEAM SCORING SUMMARY**Junior Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Charles City	33	1-2-5-12-13(19)(29)	1:45:06	21:02	2:41.7
2 East Marshall LeGrand	58	3-10-14-15-16(22)(26)	1:49:17	21:52	1:58.2
3 West Marshall State Center	100	7-18-23-25-27(37)(39)	1:54:44	22:57	2:12.9
4 Hudson	108	8-17-20-21-42(43)	1:58:05	23:37	6:26.1
5 Sumner-Fredericksburg	110	4-9-24-32-41(45)(46)	1:58:34	23:43	7:05.0
6 Jesup	139	6-30-31-34-38	2:00:36	24:08	4:35.2
7 Grundy Center	143	11-28-33-35-36(40)(44)	2:00:21	24:05	3:19.4
DNP Wapsie Valley Fairbank					
DNP Valley Lutheran					
DNP Union La Porte City					
DNP Waterloo Christian					
DNP New Hampton					
DNP West Marshall State Center					
DNP Charles City					
DNP Hudson					
DNP Jesup					
DNP East Marshall LeGrand					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 YOUNG, Jordan	SR	Charles City	1	19:32.75	3:01.01	6:17.5	3:54.6
2 MORRIS, Noah	JR	Charles City	2	20:25.34	3:53.60	6:34.4	4:05.1
3 BRUMMEL, Carter	SR	East Marshall LeGr	3	20:27.22	3:55.48	6:35.0	4:05.4
4 SMITH, Trey	JR	Sumner-Fredericks	4	20:54.30	4:22.56	6:43.7	4:10.9
5 WOOLERY, Jonah	SR	Waterloo Christian	-	20:54.42	4:22.68	6:43.7	4:10.9
6 BAUER, Michael	JR	Charles City	5	20:54.52	4:22.78	6:43.8	4:10.9
7 FUELING, Camden	SO	Jesup	6	21:12.36	4:40.62	6:49.5	4:14.5
8 CASE, Kaden	SR	West Marshall State	7	21:31.59	4:59.85	6:55.7	4:18.3
9 POPPE, Preston	SR	Hudson	8	21:35.23	5:03.49	6:56.9	4:19.0
10 ARENS, Lewey	SO	Sumner-Fredericks	9	21:35.75	5:04.01	6:57.0	4:19.2
11 FRYE, Nathan	FR	East Marshall LeGr	10	21:37.72	5:05.98	6:57.7	4:19.5
12 HOMMEL, Daniel	SO	Grundy Center	11	21:44.35	5:12.61	6:59.8	4:20.9
13 DUPPONG, Simon	FR	Waterloo Christian	-	21:46.57	5:14.83	7:00.5	4:21.3
14 IBARRA, Adrian	SR	Charles City	12	21:58.76	5:27.02	7:04.4	4:23.8
15 MILLER, Mason	SR	Charles City	13	22:14.41	5:42.67	7:09.5	4:26.9
16 DARTER, Braylon	FR	East Marshall LeGr	14	22:22.07	5:50.33	7:12.0	4:28.4
17 BLACKBURN, Von	FR	East Marshall LeGr	15	22:24.23	5:52.49	7:12.6	4:28.8
18 SHOEMAN, Landen	FR	East Marshall LeGr	16	22:25.34	5:53.60	7:13.0	4:29.1
19 VIDAL, Rafael	SR	Hudson	17	22:34.56	6:02.82	7:16.0	4:30.9

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Race #3
Boys High School 5K Junior Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM	
20	TOSZEGI, Tristan	JR	West Marshall State	18	22:36.21	6:04.47	7:16.5	4:31.2
21	KIRBY, Kayden	SR	Charles City	(19)	22:47.65	6:15.91	7:20.2	4:33.5
22	FROST, Landon	SO	Wapsie Valley Fairb	-	22:48.60	6:16.86	7:20.5	4:33.7
23	GRIFFIN, Drake	FR	Hudson	20	22:49.77	6:18.03	7:20.9	4:34.0
24	WARNELL, Cohen	FR	Hudson	21	23:04.13	6:32.39	7:25.5	4:36.8
25	FULLER, Joe	JR	East Marshall LeGr	(22)	23:05.26	6:33.52	7:25.9	4:37.1
26	FRIEDRICH, Braden	JR	Waterloo Christian	-	23:16.20	6:44.46	7:29.4	4:39.2
27	TURNER, Tyler	FR	West Marshall State	23	23:21.89	6:50.15	7:31.2	4:40.4
28	PRIEBE, Eli	JR	Sumner-Fredericks	24	23:24.34	6:52.60	7:32.0	4:40.9
29	GREEN, Ethan	FR	Valley Lutheran	-	23:27.25	6:55.51	7:32.9	4:41.5
30	LEE, Robert	JR	Wapsie Valley Fairb	-	23:28.94	6:57.20	7:33.5	4:41.8
31	YOCUM, Josh	SR	West Marshall State	25	23:29.70	6:57.96	7:33.7	4:41.9
32	ANDERSON, Wyatt	FR	East Marshall LeGr	(26)	23:37.45	7:05.71	7:36.2	4:43.5
33	BUNTING, Tyson	SO	West Marshall State	27	23:44.40	7:12.66	7:38.4	4:44.9
34	VANHEIDEN, Keelan	SR	Grundy Center	28	23:51.08	7:19.34	7:40.6	4:46.2
35	SCOTT, Xavier	JR	Charles City	(29)	24:06.55	7:34.81	7:45.6	4:49.3
36	SADLER, David	SO	Jesup	30	24:11.31	7:39.57	7:47.1	4:50.3
37	MARTIN, Austin	SR	Union La Porte City	-	24:12.91	7:41.17	7:47.6	4:50.6
38	ARNOLD, Eddie	JR	New Hampton	-	24:13.35	7:41.61	7:47.8	4:50.7
39	MOODY, Danson	SR	Union La Porte City	-	24:21.25	7:49.51	7:50.3	4:52.3
40	CHURNICK, Ethan	JR	East Marshall LeGr	-	24:27.73	7:55.99	7:52.4	4:53.5
41	MARTIN, Chris	JR	Charles City	-	24:28.12	7:56.38	7:52.5	4:53.6
42	WOODWARD, Parker	JR	Jesup	31	24:39.03	8:07.29	7:56.0	4:55.8
43	KUHLMANN, Kyle	SR	Sumner-Fredericks	32	24:39.80	8:08.06	7:56.3	4:56.0
44	MARTENS, Preston	JR	Grundy Center	33	24:41.01	8:09.27	7:56.7	4:56.2
45	SCHMIDT, Zander	SR	Jesup	34	24:45.00	8:13.26	7:58.0	4:57.0
46	SZURLEY, Cameron	SO	Wapsie Valley Fairb	-	24:45.64	8:13.90	7:58.2	4:57.1
47	PEREZ, Riley	JR	Charles City	-	24:46.43	8:14.69	7:58.4	4:57.3
48	MAY, Jake	SO	Grundy Center	35	25:00.17	8:28.43	8:02.8	5:00.0
49	BARKLEY, Daniel	SO	Grundy Center	36	25:03.70	8:31.96	8:04.0	5:00.7
50	NEIFER, Jason	SO	Valley Lutheran	-	25:15.83	8:44.09	8:07.9	5:03.2
51	GIBSON, Maverick	SO	West Marshall State	(37)	25:28.63	8:56.89	8:12.0	5:05.7
52	KIRBY, Gus	FR	Union La Porte City	-	25:34.59	9:02.85	8:13.9	5:06.9
53	CAMERON, Peyton	SO	Jesup	38	25:47.47	9:15.73	8:18.1	5:09.5
54	WATSON, Ethan	SO	West Marshall State	(39)	26:01.96	9:30.22	8:22.7	5:12.4
55	BRYAN, Eric	SO	Wapsie Valley Fairb	-	26:03.72	9:31.98	8:23.3	5:12.7
56	COULTER, Lawson	JR	West Marshall State	-	26:24.93	9:53.19	8:30.1	5:17.0
57	DOMMER, Lars	FR	East Marshall LeGr	-	26:31.51	9:59.77	8:32.2	5:18.3
58	HANSON, Aidan	JR	Valley Lutheran	-	26:43.77	10:12.0	8:36.2	5:20.8
59	LAMMINEN, Dylan	FR	Charles City	-	27:16.10	10:44.3	8:46.6	5:27.2
60	CHARLTON, Braden	SR	Charles City	-	27:22.47	10:50.7	8:48.6	5:28.5
61	KNUTSEN, Caleb	JR	Grundy Center	(40)	27:28.34	10:56.6	8:50.5	5:29.7
62	BERGMAN, Bryce	SR	Sumner-Fredericks	41	27:59.24	11:27.5	9:00.5	5:35.8
63	SWANSON, Carter	FR	Hudson	42	28:01.27	11:29.5	9:01.1	5:36.3
64	SHATEK, Colin	SO	New Hampton	-	28:41.82	12:10.0	9:14.2	5:44.4
65	WALKER, Jackson	FR	West Marshall State	-	28:46.15	12:14.4	9:15.6	5:45.2

2023 SAM IVERSON INVITATIONAL

Grundy Center, IA
 Town & Country Golf Course
 Host: Grundy Center
 Thursday, September 21, 2023

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Race #3
Boys High School 5K Junior Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
66 DEKUTOSKI, Steven	SO	Hudson	(43)	30:18.86	13:47.1	9:45.4	6:03.8
67 WALTON, Carsten	FR	Grundy Center	(44)	31:15.16	14:43.4	10:03.5	6:15.0
68 HENZE, Adam	SO	West Marshall State	-	31:43.34	15:11.6	10:12.6	6:20.7
69 STEINMEYER, Nate	JR	Grundy Center	-	32:30.52	15:58.7	10:27.8	6:30.1
70 OSBORN, Wylie	FR	Sumner-Fredericks	(45)	32:33.11	16:01.3	10:28.6	6:30.6
71 WEBER, Owen	JR	Valley Lutheran	-	32:57.53	16:25.7	10:36.5	6:35.5
72 BRITT, Mason	JR	Sumner-Fredericks	(46)	33:06.15	16:34.4	10:39.3	6:37.2
73 BUCK, Ben	FR	West Marshall State	-			---	---
74 JONES, Jarell	JR	Charles City	-			---	---
75 BRUSTKERN, Hunter	SO	Union La Porte City	-			---	---
76 BEIER, Brady	JR	Valley Lutheran	-			---	---
77 GRADY, Lucas	SR	Hudson	-			---	---
78 GLEITER, Brady	JR	Jesup	-			---	---
79 BURKE, Brayden	SR	East Marshall LeGr	-			---	---
80 TOLLEFSON, Noah	SO	West Marshall State	-			---	---
81 BURGART, Reyce	FR	Wapsie Valley Fairb	-			---	---
82 BRADY, Aidan	SO	Wapsie Valley Fairb	-			---	---
83 BATES, Dayne	SR	Wapsie Valley Fairb	-			---	---

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Race #4
Girls High School 5K Varsity

Final Results**RACE SUMMARY**

Start Time: 5:20 pm

TEAM SCORING SUMMARY**Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Hudson	43	5-8-9-10-11(25)(34)	1:48:04	21:37	1:25.6
2 Sumner-Fredericksburg	72	1-14-17-19-21(29)	1:48:41	21:45	4:27.5
3 Union La Porte City	83	4-13-16-23-27(37)	1:50:54	22:11	3:01.0
4 Jesup	106	2-3-26-31-44(46)	1:50:50	22:10	5:12.5
5 Grundy Center	110	7-18-20-32-33(35)(52)	1:53:20	22:40	1:57.1
6 New Hampton	138	6-15-38-39-40(47)(54)	1:56:00	23:12	3:30.0
7 Aplington-Parkersburg	197	22-30-42-50-53(58)(63)	2:02:43	24:33	3:23.3
8 Wapsie Valley Fairbank	208	24-36-41-45-62	2:04:17	24:52	5:03.1
9 North Tama Traer	227	28-43-48-49-59(61)	2:06:10	25:14	4:23.8
10 West Marshall State Center	231	12-51-55-56-57(60)	2:09:03	25:49	5:12.6
DNP Waterloo Christian					
DNP South Hardin					
DNP Charles City					
DNP East Marshall LeGrand					
DNP BGM Brooklyn					
DNP Clarksville					
DNP Valley Lutheran					
DNP Jesup					
DNP West Marshall State Center					
DNP Wapsie Valley Fairbank					
DNP Sumner-Fredericksburg					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 TRAINOR, Hillary	SR	Sumner-Fredericks	1	18:29.87	---	5:57.2	3:42.0
2 WRIGHT, Clare	SR	Jesup	2	19:37.61	1:07.74	6:19.0	3:55.5
3 WILSON, Mackenzie	JR	Jesup	3	19:51.30	1:21.43	6:23.4	3:58.3
4 CONDON, Amilia	JR	Union La Porte City	4	20:11.95	1:42.08	6:30.1	4:02.4
5 HANSEN, Mollie	SO	Hudson	5	20:38.54	2:08.67	6:38.6	4:07.7
6 GLASER, Sophie	FR	New Hampton	6	20:50.00	2:20.13	6:42.3	4:10.0
7 STORJOHANN, Grace	SO	Grundy Center	7	21:25.56	2:55.69	6:53.8	4:17.1
8 LANG, Desi	SO	Hudson	8	21:34.07	3:04.20	6:56.5	4:18.8
9 STEELE, Ella	SO	Hudson	9	21:45.78	3:15.91	7:00.3	4:21.2
10 HANSEN, Reese	FR	Hudson	10	22:01.23	3:31.36	7:05.2	4:24.2
11 SCHNEIDER, Savannah	SR	Hudson	11	22:04.13	3:34.26	7:06.2	4:24.8
12 THOMPSON, Addie	SO	West Marshall State	12	22:05.90	3:36.03	7:06.7	4:25.2
13 ANTON, Sydney	SR	Union La Porte City	13	22:07.78	3:37.91	7:07.4	4:25.6
14 PITZ, Ella	JR	Sumner-Fredericks	14	22:11.34	3:41.47	7:08.5	4:26.3

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Race #4
Girls High School 5K Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
15 PICKAR, Megan	SR	New Hampton	15	22:15.92	3:46.05	7:10.0	4:27.2
16 LORENZEN, Lily	JR	Union La Porte City	16	22:20.12	3:50.25	7:11.3	4:28.0
17 BOEHLER, Sophie	SR	Sumner-Fredericks	17	22:24.62	3:54.75	7:12.8	4:28.9
18 DOLE, Laney	SR	Grundy Center	18	22:29.40	3:59.53	7:14.3	4:29.9
19 SNYDER, Jaci	FR	Sumner-Fredericks	19	22:37.53	4:07.66	7:16.9	4:31.5
20 STEINMEYER, Makenna	FR	Grundy Center	20	22:42.30	4:12.43	7:18.5	4:32.5
21 SHONKA, Rylee	JR	Sumner-Fredericks	21	22:57.28	4:27.41	7:23.3	4:35.5
22 SCHIPPER, Ashley	SR	Aplington-Parkersb	22	22:58.26	4:28.39	7:23.6	4:35.7
23 ALBERTSEN, Brynn	SO	Union La Porte City	23	23:00.27	4:30.40	7:24.2	4:36.1
24 MAY, Jaylin	JR	Wapsie Valley Fairb	24	23:05.37	4:35.50	7:25.9	4:37.1
25 BROWN, Sofia	SR	Hudson	(25)	23:07.06	4:37.19	7:26.4	4:37.4
26 ALBERT, Mckenna	SR	Jesup	26	23:11.67	4:41.80	7:27.9	4:38.3
27 PETERSEN, Emily	SR	Union La Porte City	27	23:12.89	4:43.02	7:28.3	4:38.6
28 JACOBS, Jamie	SR	North Tama Traer	28	23:15.30	4:45.43	7:29.1	4:39.1
29 RUCKER, Claire	SR	Sumner-Fredericks	(29)	23:16.40	4:46.53	7:29.4	4:39.3
30 EILERS, Sara	JR	Aplington-Parkersb	30	23:18.02	4:48.15	7:30.0	4:39.6
31 FORSSBERG, Maia	FR	Jesup	31	23:19.22	4:49.35	7:30.3	4:39.8
32 LYNCH, Karlee	SO	Grundy Center	32	23:19.23	4:49.36	7:30.3	4:39.8
33 GEERDES, Evelyn	FR	Grundy Center	33	23:22.61	4:52.74	7:31.4	4:40.5
34 WILABY, Mya	SO	South Hardin	-	23:28.04	4:58.17	7:33.2	4:41.6
35 STAUDT, Lauren	SR	Charles City	-	23:31.27	5:01.40	7:34.2	4:42.3
36 HOLTON, Kate	SO	Hudson	(34)	23:39.19	5:09.32	7:36.8	4:43.8
37 HAYES, Kate	JR	Grundy Center	(35)	23:42.75	5:12.88	7:37.9	4:44.6
38 BARNES, Maya	SO	Wapsie Valley Fairb	36	23:43.69	5:13.82	7:38.2	4:44.7
39 BOSS, Maggie	SR	Charles City	-	23:43.96	5:14.09	7:38.3	4:44.8
40 CARLSON, Kate	JR	Union La Porte City	(37)	23:57.28	5:27.41	7:42.6	4:47.5
41 KNUTSON, Ella	SO	New Hampton	38	24:13.67	5:43.80	7:47.9	4:50.7
42 GEBEL, Kailynn	FR	New Hampton	39	24:19.85	5:49.98	7:49.9	4:52.0
43 NOSBISCH, Natalie	JR	New Hampton	40	24:20.00	5:50.13	7:49.9	4:52.0
44 MEYER, Ava	FR	Wapsie Valley Fairb	41	24:22.79	5:52.92	7:50.8	4:52.6
45 SCHULTZ, Quinnlyn	JR	Aplington-Parkersb	42	24:26.45	5:56.58	7:52.0	4:53.3
46 HENDRICKS, Ava	SO	East Marshall LeGr	-	24:29.79	5:59.92	7:53.1	4:54.0
47 BABCOCK, Megan	FR	Charles City	-	24:30.72	6:00.85	7:53.4	4:54.1
48 SEDA, Gabby	SO	North Tama Traer	43	24:39.66	6:09.79	7:56.2	4:55.9
49 KEARNEY, Lydia	SR	Valley Lutheran	-	24:42.53	6:12.66	7:57.2	4:56.5
50 DEVORE, Ella	FR	Jesup	44	24:50.11	6:20.24	7:59.6	4:58.0
51 SANDER, Melenna	SO	Wapsie Valley Fairb	45	24:56.64	6:26.77	8:01.7	4:59.3
52 AYERS, Makana	FR	South Hardin	-	25:00.57	6:30.70	8:03.0	5:00.1
53 WEHRSPANN, Lydia	SR	Jesup	(46)	25:01.35	6:31.48	8:03.2	5:00.3
54 WICKMAN, Rebecca	SO	New Hampton	(47)	25:12.34	6:42.47	8:06.8	5:02.5
55 TAYLOR, Delanie	FR	North Tama Traer	48	25:17.07	6:47.20	8:08.3	5:03.4
56 BREAKENRIDGE, Ava	JR	North Tama Traer	49	25:18.64	6:48.77	8:08.8	5:03.7
57 ZWEIBOHMER, Mackenzie	SR	Charles City	-	25:27.38	6:57.51	8:11.6	5:05.5
58 PRICE, Ellie	JR	Aplington-Parkersb	50	25:37.97	7:08.10	8:15.0	5:07.6
59 KURTH, Summer	FR	West Marshall State	51	25:41.65	7:11.78	8:16.2	5:08.3
60 FRIEDRICH, Lily	FR	Waterloo Christian	-	25:55.32	7:25.45	8:20.6	5:11.1

2023 SAM IVERSON INVITATIONAL

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Race #4
Girls High School 5K Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
61 LAMBI, Aubrey	JR	East Marshall LeGr	-	26:01.54	7:31.67	8:22.6	5:12.3
62 LYNCH, Emerson	SO	Grundy Center	(52)	26:12.26	7:42.39	8:26.0	5:14.5
63 ASWEGEN, Lexi	SR	Aplington-Parkersb	53	26:21.48	7:51.61	8:29.0	5:16.3
64 KELLOGG, Zoey	FR	New Hampton	(54)	26:47.02	8:17.15	8:37.2	5:21.4
65 DALESKE, Elizabeth	SR	South Hardin	-	26:55.79	8:25.92	8:40.0	5:23.2
66 KNIGHT, Lydia	JR	Waterloo Christian	-	26:57.19	8:27.32	8:40.5	5:23.4
67 RANDALL, Olivia	FR	West Marshall State	55	26:57.80	8:27.93	8:40.7	5:23.6
68 CHRISTIANSON, Mia	FR	West Marshall State	56	26:59.08	8:29.21	8:41.1	5:23.8
69 DAVENPORT, Savanna	SO	West Marshall State	57	27:18.46	8:48.59	8:47.3	5:27.7
70 OSTROSKI, Mallory	JR	East Marshall LeGr	-	27:20.42	8:50.55	8:48.0	5:28.1
71 PETERSEN, Olivia	FR	Aplington-Parkersb	(58)	27:21.00	8:51.13	8:48.2	5:28.2
72 MANATT, Clair	SO	BGM Brooklyn	-	27:38.30	9:08.43	8:53.7	5:31.7
73 SEDA, Violet	FR	North Tama Traer	59	27:39.09	9:09.22	8:54.0	5:31.8
74 MEESTER, Millie	FR	West Marshall State	(60)	27:48.54	9:18.67	8:57.0	5:33.7
75 HAHN, Song	SO	Waterloo Christian	-	27:58.30	9:28.43	9:00.2	5:35.7
76 MONAT, Ava	JR	North Tama Traer	(61)	28:07.70	9:37.83	9:03.2	5:37.5
77 LAMPE, Kali	SR	Wapsie Valley Fairb	62	28:08.46	9:38.59	9:03.4	5:37.7
78 BLANKENSHIP, Allie	SO	BGM Brooklyn	-	28:16.58	9:46.71	9:06.1	5:39.3
79 WALKER, Eva	SO	Aplington-Parkersb	(63)	28:17.83	9:47.96	9:06.5	5:39.6
80 HENDRICKS, Isabelle	SR	East Marshall LeGr	-	29:06.13	10:36.2	9:22.0	5:49.2
81 BATES, Calla	JR	Waterloo Christian	-			---	---
82 COSTELLO, Katie	SR	Waterloo Christian	-			---	---
83 BLOKER, Mollie	SR	Clarksville	-			---	---
84 CAPPER, Ceanna	SR	Clarksville	-			---	---
85 BERGMAN, Jordyn	FR	Jesup	-			---	---
86 JONES, Halle	SO	West Marshall State	-			---	---
87 STILLE, Alyssa	SR	South Hardin	-			---	---
88 STILLE, Madison	SR	South Hardin	-			---	---
89 WIERCK, Adelynn	SO	Wapsie Valley Fairb	-			---	---
90 STEEGE, Saela	JR	Sumner-Fredericks	-			---	---

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Race #4
Girls High School 5K Junior Varsity

Final Results**RACE SUMMARY**

Start Time: 5:20 pm

TEAM SCORING SUMMARY**Junior Varsity**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Sumner-Fredericksburg	30	1-2-5-6-16(17)(40)	2:02:36	24:32	3:49.6
2 Hudson	61	3-4-7-20-27(33)(47)	2:09:01	25:49	3:45.1
3 Grundy Center	101	8-10-22-24-37(50)(58)	2:15:08	27:02	3:21.8
4 Aplington-Parkersburg	106	13-18-21-23-31(39)(52)	2:16:29	27:18	2:03.5
5 Jesup	125	14-19-26-32-34(35)(48)	2:18:16	27:40	2:07.4
6 Union La Porte City	129	9-11-29-38-42(43)(57)	2:17:28	27:30	3:27.7
7 Wapsie Valley Fairbank	166	15-25-36-41-49(53)(59)	2:22:34	28:31	3:44.6
8 Charles City	208	12-44-46-51-55(62)(63)	2:27:25	29:29	5:08.0
9 West Marshall State Center	213	28-30-45-54-56(60)(61)	2:28:20	29:40	3:33.8
DNP New Hampton					
DNP Union La Porte City					
DNP Gladbrook Reinbeck					
DNP West Marshall State Center					
DNP Sumner-Fredericksburg					
DNP Charles City					
DNP Waterloo Christian					
DNP Jesup					
DNP Wapsie Valley Fairbank					
DNP Aplington-Parkersburg					
DNP Hudson					
DNP Grundy Center					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MEYER, Jana	SR	Sumner-Fredericks	1	22:55.07	4:25.20	7:22.6	4:35.0
2 ARTHUR, Grace	SO	Sumner-Fredericks	2	23:18.39	4:48.52	7:30.1	4:39.7
3 WILLAND, Madison	JR	Hudson	3	24:02.22	5:32.35	7:44.2	4:48.4
4 STRAYER, Kate	FR	Hudson	4	24:33.62	6:03.75	7:54.3	4:54.7
5 SUCKOW, Kendall	FR	Sumner-Fredericks	5	24:43.93	6:14.06	7:57.6	4:56.8
6 UHLENHOPP, Brylee	FR	Sumner-Fredericks	6	24:53.60	6:23.73	8:00.7	4:58.7
7 STEELE, Megan	SO	Hudson	7	25:20.46	6:50.59	8:09.4	5:04.1
8 DIRKS, Contessa	FR	Grundy Center	8	25:24.37	6:54.50	8:10.6	5:04.9
9 SORENSEN, Reagan	SR	Union La Porte City	9	25:44.35	7:14.48	8:17.1	5:08.9
10 KNUTSEN, Avery	JR	Grundy Center	10	25:51.89	7:22.02	8:19.5	5:10.4
11 JACKSON, Katie	FR	Union La Porte City	11	25:52.67	7:22.80	8:19.7	5:10.5
12 DUPPONG, Eve	JR	Waterloo Christian	-	25:55.93	7:26.06	8:20.8	5:11.2
13 BRUENING, Mayzie	FR	Charles City	12	26:00.49	7:30.62	8:22.2	5:12.1
14 TROYNA, Ciara	SO	Aplington-Parkersb	13	26:21.45	7:51.58	8:29.0	5:16.3

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Race #4
Girls High School 5K Junior Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
15 DEVORE, Lizzy	FR	Jesup	14	26:30.41	8:00.54	8:31.9	5:18.1
16 RULAPHAUGH, Miriam	SO	Wapsie Valley Fairb	15	26:41.56	8:11.69	8:35.5	5:20.3
17 HARRISON, Jocelyn	SO	Sumner-Fredericks	16	26:44.64	8:14.77	8:36.5	5:20.9
18 LEETE, Payton	SR	Sumner-Fredericks	(17)	26:46.19	8:16.32	8:37.0	5:21.2
19 CARNEY, Lauren	SR	Aplington-Parkersb	18	26:51.37	8:21.50	8:38.6	5:22.3
20 NESBIT, Olivia	JR	Jesup	19	26:53.92	8:24.05	8:39.4	5:22.8
21 VIDAL, Rebecca	FR	Hudson	20	27:17.35	8:47.48	8:47.0	5:27.5
22 JUNKER, Megan	SO	Aplington-Parkersb	21	27:20.04	8:50.17	8:47.9	5:28.0
23 FREED, Jocelyn	SO	Grundy Center	22	27:28.17	8:58.30	8:50.5	5:29.6
24 LUPKES, Jenna	SR	Aplington-Parkersb	23	27:30.62	9:00.75	8:51.3	5:30.1
25 HAWK, Anabeth	SO	Grundy Center	24	27:36.88	9:07.01	8:53.3	5:31.4
26 GRAY, Carly	FR	Wapsie Valley Fairb	25	27:41.30	9:11.43	8:54.7	5:32.3
27 YOUNGBLUT, Peyton	JR	Jesup	26	27:42.88	9:13.01	8:55.2	5:32.6
28 LEWIS, Reagan	FR	Hudson	27	27:47.30	9:17.43	8:56.6	5:33.5
29 BUNTING, Jadyn	SR	West Marshall State	28	27:47.75	9:17.88	8:56.8	5:33.6
30 HINEBAUGH, Lorolei	SO	Union La Porte City	29	27:50.97	9:21.10	8:57.8	5:34.2
31 POPP, Baelah	SO	West Marshall State	30	28:19.51	9:49.64	9:07.0	5:39.9
32 RIHERD, Kendall	SR	Aplington-Parkersb	31	28:24.95	9:55.08	9:08.7	5:41.0
33 DRECKMAN, Zoey	JR	New Hampton	-	28:27.77	9:57.90	9:09.7	5:41.6
34 MENSCHING, Cece	SO	Jesup	32	28:30.90	10:01.0	9:10.7	5:42.2
35 UBBEN, Ella	SO	Hudson	(33)	28:33.79	10:03.9	9:11.6	5:42.8
36 MEYERHOFF, Cassidy	FR	New Hampton	-	28:35.96	10:06.0	9:12.3	5:43.2
37 ZALBA, Amaia	JR	Jesup	34	28:37.77	10:07.9	9:12.9	5:43.6
38 SCHUTTE, Karlie	JR	Jesup	(35)	28:39.76	10:09.8	9:13.5	5:44.0
39 WEDEMEIER, Mae	SO	Wapsie Valley Fairb	36	28:41.37	10:11.5	9:14.0	5:44.3
40 NOBLE, Teresa	SO	Grundy Center	37	28:46.14	10:16.2	9:15.6	5:45.2
41 MILLS, Ava	SR	Union La Porte City	38	28:47.62	10:17.7	9:16.0	5:45.5
42 STAHL, Kaylee	FR	Aplington-Parkersb	(39)	28:48.35	10:18.4	9:16.3	5:45.7
43 DESLOOVER, Anna	SO	Sumner-Fredericks	(40)	28:49.06	10:19.1	9:16.5	5:45.8
44 EAST, Dakota	SR	Wapsie Valley Fairb	41	29:02.88	10:33.0	9:21.0	5:48.6
45 PARSON, Ruby	JR	Union La Porte City	42	29:12.02	10:42.1	9:23.9	5:50.4
46 KEEGAN, Charlie	SR	Union La Porte City	(43)	29:26.68	10:56.8	9:28.6	5:53.3
47 DITTMER, Athena	FR	Charles City	44	29:35.77	11:05.9	9:31.5	5:55.2
48 SINGEWALD, Josi	FR	New Hampton	-	29:43.80	11:13.9	9:34.1	5:56.8
49 BUSCHBOM, Raegan	SO	West Marshall State	45	29:45.25	11:15.3	9:34.6	5:57.1
50 KING, Natalie	JR	Charles City	46	29:46.29	11:16.4	9:34.9	5:57.3
51 DEPPE, Jaden	JR	Hudson	(47)	30:00.08	11:30.2	9:39.4	6:00.0
52 WEHRSPANN, Marta	FR	Jesup	(48)	30:16.49	11:46.6	9:44.6	6:03.3
53 PARKES, Brielle	SR	Wapsie Valley Fairb	49	30:26.08	11:56.2	9:47.7	6:05.2
54 SASSMAN, Josephine	SO	Sumner-Fredericks	-	30:28.73	11:58.8	9:48.6	6:05.7
55 NOSBISCH, Alexis	FR	New Hampton	-	30:30.93	12:01.0	9:49.3	6:06.2
56 PATRICK, Olivia	SR	Grundy Center	(50)	30:33.39	12:03.5	9:50.1	6:06.7
57 BEHN, Sage	JR	Jesup	-	30:41.44	12:11.5	9:52.7	6:08.3
58 PITTMAN, Fiona	SO	Charles City	51	30:53.41	12:23.5	9:56.5	6:10.7
59 SWITZER, Ada	JR	Aplington-Parkersb	(52)	30:56.02	12:26.1	9:57.4	6:11.2
60 STUBER, Lydia	JR	Wapsie Valley Fairb	(53)	30:57.25	12:27.3	9:57.8	6:11.5

2023 SAM IVERSON INVITATIONAL

Grundy Center, IA
 Town & Country Golf Course
 Host: Grundy Center
 Thursday, September 21, 2023

MEET OFFICIALS

Meet Director:
 Matt Lindeman
Meet Referee:
 Randy Thoren
Timing:
 Shannon Event Timings



OFFICIAL MEET REPORT
 printed: 9/21/2023 6:00 PM

Race #4
Girls High School 5K Junior Varsity

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
61 DAVENPORT, Livia	SO	West Marshall State	54	31:05.59	12:35.7	10:00.4	6:13.1
62 FISHER, Izzy	JR	Charles City	55	31:08.40	12:38.5	10:01.4	6:13.7
63 CASHATT, Estelle	SR	Aplington-Parkersb	-	31:14.27	12:44.4	10:03.2	6:14.9
64 LAVENDAR, Annaleigh	FR	West Marshall State	56	31:21.55	12:51.6	10:05.6	6:16.3
65 RICHTER, Ellie	SO	Hudson	-	31:38.86	13:08.9	10:11.2	6:19.8
66 SCHUG, Kaitlyn	SR	Jesup	-	31:56.93	13:27.0	10:17.0	6:23.4
67 KEEGAN, Ellie	SR	Union La Porte City	(57)	32:08.66	13:38.7	10:20.7	6:25.7
68 REISNER, Kate	SO	Sumner-Fredericks	-	32:09.05	13:39.1	10:20.9	6:25.8
69 SCOTT, Kennedy	JR	Grundy Center	(58)	32:11.33	13:41.4	10:21.6	6:26.3
70 RIORDAN, Liza	SR	Wapsie Valley Fairb	(59)	33:22.71	14:52.8	10:44.6	6:40.5
71 CAIN, Callie	SO	Grundy Center	-	33:26.26	14:56.3	10:45.7	6:41.3
72 BARTINE, Elyn	JR	West Marshall State	(60)	34:13.96	15:44.0	11:01.1	6:50.8
73 THOMPSON, Madelyn	JR	West Marshall State	(61)	34:34.00	16:04.1	11:07.5	6:54.8
74 BLICKENDERFER, Ali	JR	Charles City	(62)	34:44.04	16:14.1	11:10.8	6:56.8
75 STOCKS, Natalie	FR	Union La Porte City	-	34:45.81	16:15.9	11:11.3	6:57.2
76 LARSEN, Sandra	FR	Gladbrook Reinbec	-	35:48.00	17:18.1	11:31.3	7:09.6
77 REDING, Skylar	JR	Grundy Center	-	36:17.93	17:48.0	11:41.0	7:15.6
78 KANE, Kelly	SR	Jesup	-	36:22.60	17:52.7	11:42.5	7:16.5
79 BUSHMAN, Brooklyn	JR	Sumner-Fredericks	-	37:59.57	19:29.7	12:13.7	7:35.9
80 MARTINELLI, Mileigh	FR	Gladbrook Reinbec	-	38:20.16	19:50.2	12:20.3	7:40.0
81 LITWILLER, Anna	JR	Waterloo Christian	-	38:34.69	20:04.8	12:25.0	7:42.9
82 ANDERSON, Xandra	SR	Gladbrook Reinbec	-	39:39.56	21:09.6	12:45.9	7:55.9
83 JONES, Mataya	SO	Charles City	(63)	41:57.51	23:27.6	13:30.3	8:23.5
84 HUBBARD, Brooklyn	SR	Union La Porte City	-			---	---
85 CALPITO, Sophia	FR	Charles City	-			---	---
86 PICKAR, Paige	FR	Charles City	-			---	---
87 WOLFF, Willa	FR	Union La Porte City	-			---	---
88 TUDOR, Addie	SO	Union La Porte City	-			---	---
89 WARNKE, Emersen	SR	Sumner-Fredericks	-			---	---
90 TREVEY, Jaylea	FR	Hudson	-			---	---
91 KOHAGEN, Laney	FR	Jesup	-			---	---
92 KOHAGEN, Scout	SR	Jesup	-			---	---
93 WIGNALL, Alexa	SO	West Marshall State	-			---	---
94 SCHELLING, Dessa	JR	West Marshall State	-			---	---
95 PFANTZ, Carli	SR	West Marshall State	-			---	---
96 HEEREN, Ava	FR	Grundy Center	-			---	---
97 FRANCK, Austin	SO	Wapsie Valley Fairb	-			---	---
98 PARKES, Emerie	SO	Wapsie Valley Fairb	-			---	---
99 GROENEVELD, Finley	JR	Aplington-Parkersb	-			---	---
100 STRICKLAND, Elle	SR	Aplington-Parkersb	-			---	---
101 EGAN, Anna	SR	Sumner-Fredericks	-			---	---
102 SCHULT, Ava	SR	Sumner-Fredericks	-			---	---