

2023 VINTON-SHELLSBURG INVITATIONAL

Vinton, IA
 School Campus
 Weather: Cloudy, ESE 10-20mph, 60% & 75
 Host: Vinton
 Tuesday, September 19, 2023

MEET OFFICIALS

Meet Director:
 Jim Struve
Meet Referee:
 Bob Murphy
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

printed: 9/19/2023 6:38 PM

Race #1
MS Girls 2-Mile

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Benton Community	27	4-6-8-9(10)(27)	1:01:02	15:16	0:27.9
2 West Delaware	32	2-3-13-14(22)(26)	1:01:54	15:29	1:03.8
3 Vinton-Shellsburg	43	5-7-15-16(24)(25)	1:03:15	15:49	1:17.9
4 Clear Creek Amana	60	11-12-17-20(21)(30)	1:06:19	16:35	1:47.1
5 Alburnett	69	1-18-19-31	1:08:13	17:04	4:58.9
6 Hudson	112	23-28-29-32(33)(34)	1:15:02	18:46	2:20.2

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 MCGRAW, Josie	8	Alburnett	1	14:31.3	7:15.6	4:30.6
2 BARDGETT, Jeanne	8	West Delaware	2	14:57.0	7:28.5	4:38.5
3 LYNCH, Berkley	7	West Delaware	3	14:58.0	7:29.0	4:38.9
4 STEARNS, Lydia	8	Benton Community	4	14:58.1	7:29.0	4:38.9
5 VAN WECHEL, Brooklyn	7	Vinton-Shellsburg	5	15:10.5	7:35.2	4:42.7
6 FISHER, June	8	Benton Community	6	15:12.8	7:36.4	4:43.5
7 GRIMM, Chloe	8	Vinton-Shellsburg	7	15:14.0	7:37.0	4:43.8
8 KING, Emma	8	Benton Community	8	15:25.2	7:42.6	4:47.3
9 LENNIE, Kenna	8	Benton Community	9	15:26.0	7:43.0	4:47.5
10 CRETIN, Anna	7	Benton Community	(10)	15:43.5	7:51.7	4:53.0
11 SEIDL, Ali	7	Clear Creek Amana	11	15:55.8	7:57.9	4:56.8
12 BERNARDY, Sydney	8	Clear Creek Amana	12	15:57.0	7:58.5	4:57.2
13 KASS, Lily	8	West Delaware	13	15:58.3	7:59.1	4:57.6
14 MORMANN, Adrian	7	West Delaware	14	16:00.7	8:00.4	4:58.4
15 DRUSCHEL, Mazy	7	Vinton-Shellsburg	15	16:22.3	8:11.2	5:05.1
16 SCHIRM, Ava	7	Vinton-Shellsburg	16	16:28.4	8:14.2	5:06.9
17 SMITH, Emma	8	Clear Creek Amana	17	16:42.6	8:21.3	5:11.3
18 DEBROWER, Sydnee	8	Alburnett	18	17:03.0	8:31.5	5:17.7
19 HAUGH, Abi	8	Alburnett	19	17:08.0	8:34.0	5:19.2
20 PREUSS, Libby	8	Independence	-	17:20.6	8:40.3	5:23.1
21 VANCE, Josie	7	Clear Creek Amana	20	17:42.9	8:51.4	5:30.1
22 EVANS, Zella	7	Clear Creek Amana	(21)	17:43.1	8:51.5	5:30.1
23 RETH, Kaci	8	West Delaware	(22)	17:50.9	8:55.4	5:32.5
24 ROSE, Maci	7	Hudson	23	18:02.3	9:01.1	5:36.1
25 BODEKER, June	7	Vinton-Shellsburg	(24)	18:08.4	9:04.2	5:38.0
26 BUNTEN, Maddie	8	Vinton-Shellsburg	(25)	18:11.2	9:05.6	5:38.9
27 DOLAN, Ruby	8	West Delaware	(26)	18:12.2	9:06.1	5:39.2
28 ZITTERGRUEN, Kinley	7	Benton Community	(27)	18:13.5	9:06.7	5:39.6
29 STROUTH, Addi	7	Hudson	28	18:17.6	9:08.8	5:40.9
30 SCHLAFER, Abi	7	Hudson	29	18:19.6	9:09.8	5:41.5
31 BRECKENFELDER, Emma	7	West Delaware	-	18:21.2	9:10.6	5:42.0
32 MILLENKAMP, Emma	8	West Delaware	-	18:30.8	9:15.4	5:44.9
33 OLSON, Ava	8	Benton Community	-	18:44.1	9:22.0	5:49.1
34 WELCHER, Kinley	8	West Delaware	-	18:51.9	9:25.9	5:51.5
35 MALIN, Elise	7	Clear Creek Amana	(30)	18:53.0	9:26.5	5:51.9
36 CONDRY, Libby	8	Vinton-Shellsburg	-	18:53.3	9:26.6	5:52.0

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Race #1
MS Girls 2-Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
37 OLSON, Bella	8	Benton Community	-	18:59.5	9:29.7	5:53.9
38 KRUEGER, Aubrey	7	Benton Community	-	19:16.2	9:38.1	5:59.0
39 MUELLER, Izzy	8	Alburnett	31	19:30.1	9:45.0	6:03.4
40 HOUGH, Gwenyth	8	West Delaware	-	19:48.4	9:54.2	6:09.1
41 HUTTON, Zoey	7	Benton Community	-	19:49.5	9:54.7	6:09.4
42 HARRIS, Jkayla	7	Clear Creek Amana	-	20:04.7	10:02.3	6:14.1
43 PARKER, Amiah	8	Clear Creek Amana	-	20:04.9	10:02.4	6:14.2
44 HELGENS, Audrey	7	Clear Creek Amana	-	20:14.5	10:07.2	6:17.2
45 FARWELL, Adrian	7	Hudson	32	20:22.4	10:11.2	6:19.6
46 LEWIS, Avery	7	Hudson	(33)	20:55.1	10:27.5	6:29.8
47 RICHARD, Reagan	7	Hudson	(34)	21:18.9	10:39.4	6:37.2
48 KRUEGER, Kaylee	7	Benton Community	-	21:43.3	10:51.6	6:44.7
49 ETTIELSON, Lyla	7	Hudson	-	22:46.9	11:23.4	7:04.5
50 ROBINSON, Kassie	7	Clear Creek Amana	-	22:48.8	11:24.4	7:05.1

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Race #2
MS Boys 2-Mile

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Clear Creek Amana	13	1-3-4-5(8)(9)	50:48	12:42	0:29.2
2 Independence	58	6-11-19-22(24)(29)	55:14	13:49	1:22.4
3 Vinton-Shellsburg	59	7-12-13-27(30)(32)	55:38	13:55	1:41.4
4 Springville	63	14-15-16-18(23)(28)	55:22	13:51	0:07.9
5 Alburnett	83	10-17-21-35(38)(39)	57:43	14:26	2:26.1
6 Benton Community	92	2-25-31-34(36)(41)	58:31	14:38	3:13.6
7 West Delaware	116	20-26-33-37(40)(42)	1:01:08	15:17	2:14.8

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 JOHNSON, Micah	8	Clear Creek Amana	1	12:22.3	6:11.1	3:50.5
2 MEHLERT, Jaxson	8	Benton Community	2	12:39.8	6:19.9	3:55.9
3 MESKIMEN, Carson	8	Clear Creek Amana	3	12:43.0	6:21.5	3:57.0
4 BARKER, Drew	7	Clear Creek Amana	4	12:51.3	6:25.6	3:59.5
5 VOGEL, Kyle	8	Clear Creek Amana	5	12:51.4	6:25.7	3:59.6
6 SENNE, Niles	8	Independence	6	13:06.6	6:33.3	4:04.3
7 PRIMROSE, Will	8	Vinton-Shellsburg	7	13:12.4	6:36.2	4:06.1
8 TIMMERMEN, Jack	8	Clear Creek Amana	(8)	13:13.0	6:36.5	4:06.2
9 JENSEN, Quade	8	Clear Creek Amana	(9)	13:23.1	6:41.5	4:09.4
10 GUSTAFSON, Eli	7	Alburnett	10	13:31.4	6:45.7	4:12.0
11 HALLIGAN, Landon	8	Independence	11	13:31.8	6:45.9	4:12.1
12 IBURG, Wyatt	8	Clear Creek Amana	-	13:39.8	6:49.9	4:14.6
13 GRIMM, Kashton	8	Vinton-Shellsburg	12	13:44.5	6:52.2	4:16.0
14 KAUT, Wyatt	8	Vinton-Shellsburg	13	13:46.7	6:53.3	4:16.7
15 HERNANDEZ, Rio	7	Springville	14	13:47.9	6:53.9	4:17.1
16 HOWARD, Yosi	7	Springville	15	13:48.0	6:54.0	4:17.1
17 SWEET, Noah	8	Springville	16	13:49.5	6:54.7	4:17.6
18 BOHL, Henry	8	Alburnett	17	13:53.2	6:56.6	4:18.7
19 SWEET, Conor	8	Springville	18	13:55.7	6:57.8	4:19.5
20 PRICE, Hunter	8	Independence	19	14:06.4	7:03.2	4:22.9
21 LEWIS, Eugene	8	West Delaware	20	14:14.5	7:07.2	4:25.4
22 ARMENT, Calan	7	Alburnett	21	14:20.7	7:10.3	4:27.3
23 KNUDTSON, Miles	7	Independence	22	14:28.9	7:14.4	4:29.8
24 LYNCH, Scottie	8	Springville	(23)	14:34.3	7:17.2	4:31.5
25 PUFFETT, Jacob	8	Independence	(24)	14:35.5	7:17.7	4:31.9
26 FORD, Joe	8	Clear Creek Amana	-	14:35.7	7:17.8	4:31.9
27 STEENHOEK, Charles	8	Clear Creek Amana	-	14:37.3	7:18.6	4:32.4
28 CHOON, Devon	8	Clear Creek Amana	-	14:37.9	7:18.9	4:32.6
29 SCHANBACHER, Jed	8	Benton Community	25	14:41.3	7:20.6	4:33.7
30 HEMANN, Nolan	7	West Delaware	26	14:46.5	7:23.2	4:35.3
31 PAGE, Carson	8	Vinton-Shellsburg	27	14:53.7	7:26.8	4:37.5
32 SEUFFERLEIN, Elliot	7	Springville	(28)	15:05.6	7:32.8	4:41.2
33 KOTH, Benson	7	Independence	(29)	15:10.3	7:35.1	4:42.7
34 MANGOLD, Reid	8	Vinton-Shellsburg	(30)	15:14.2	7:37.1	4:43.9
35 BUHMEYER, Timothy	7	Clear Creek Amana	-	15:15.8	7:37.9	4:44.4

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Race #2
MS Boys 2-Mile

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
36 DAVIS, Sawyer	7	Benton Community	31	15:16.8	7:38.4	4:44.7
37 BERNARD, Gabe	8	Clear Creek Amana	-	15:19.1	7:39.5	4:45.4
38 STECKLY, Gage	7	Clear Creek Amana	-	15:23.5	7:41.7	4:46.8
39 HOLSINGER, Troy	8	Vinton-Shellsburg	(32)	15:25.0	7:42.5	4:47.2
40 LUKASZKA, Aiden	8	Vinton-Shellsburg	-	15:25.4	7:42.7	4:47.4
41 STICKNEY, Calvin	7	West Delaware	33	15:37.6	7:48.8	4:51.2
42 MEYER, Jonah	8	Vinton-Shellsburg	-	15:40.1	7:50.0	4:52.0
43 BARRON, Jonathan	7	Benton Community	34	15:53.3	7:56.7	4:56.1
44 SCOTT, Jackson	7	Alburnett	35	15:57.5	7:58.7	4:57.3
45 WESTON, Bentley	7	Springville	-	16:05.4	8:02.7	4:59.8
46 COLE, Hayden	7	Clear Creek Amana	-	16:16.0	8:08.0	5:03.1
47 DITTMAR, Zavier	7	Benton Community	(36)	16:28.1	8:14.0	5:06.9
48 RICH, James	7	West Delaware	37	16:29.3	8:14.6	5:07.2
49 TURNUS, Zach	8	Vinton-Shellsburg	-	16:31.7	8:15.8	5:08.0
50 BRUNETTI, Ethan	7	Clear Creek Amana	-	16:35.0	8:17.5	5:09.0
51 TANGANG, Tristan	7	Clear Creek Amana	-	16:39.4	8:19.7	5:10.4
52 CRIST, Julius	7	Alburnett	(38)	16:45.3	8:22.6	5:12.2
53 KETCHAM, La'Dontrell	8	Vinton-Shellsburg	-	16:54.5	8:27.2	5:15.0
54 TETEV, Yao	7	Clear Creek Amana	-	17:01.5	8:30.7	5:17.2
55 WARD, Isaiah	7	Alburnett	(39)	17:05.0	8:32.5	5:18.3
56 TUCKER, Declan	7	West Delaware	(40)	17:07.1	8:33.5	5:19.0
57 WOLF, Austin	8	Benton Community	(41)	17:10.4	8:35.2	5:20.0
58 WOODLAND, Levi	7	West Delaware	(42)	18:31.0	9:15.5	5:45.0
59 COLVIN, AJ	7	Clear Creek Amana	-	18:38.8	9:19.4	5:47.4
60 JOHNSON, AJ	7	Clear Creek Amana	-	18:41.6	9:20.8	5:48.3
61 BIGGART, Elliott	7	West Delaware	-	19:00.2	9:30.1	5:54.1
62 PETERSON, Ethan	7	Clear Creek Amana	-	19:34.0	9:47.0	6:04.6
63 WERNER, Kaleb	7	Springville	-	20:31.6	10:15.8	6:22.5
64 PETERSON, Van	8	Clear Creek Amana	-	22:10.2	11:05.1	6:53.1
65 GRINDLE, Cameron	8	Clear Creek Amana	-	22:11.6	11:05.8	6:53.5
66 MATIYABO, Andre	7	Clear Creek Amana	-	23:04.7	11:32.3	7:10.0
67 BABCOCK, Jackson	7	Clear Creek Amana	-	23:44.1	11:52.0	7:22.3

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Race #3
JV Girls 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Hudson	27	1-2-3-9-12(15)(22)	2:05:18	25:04	3:00.2
2 West Delaware Mancheste	30	4-5-6-7-8(10)(11)	2:08:20	25:40	0:56.0
3 Cedar Rapids Jefferson	88	14-16-17-20-21(25)(26)	2:21:44	28:21	2:36.0
4 Benton Community	120	13-19-28-29-31	2:29:04	29:49	5:18.0
5 Beckman Catholic Dyersvil	122	18-23-24-27-30	2:31:13	30:15	3:05.4

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 WILLAND, Madison	JR	Hudson	1	23:40.8	7:36.8	4:44.2
2 STRAYER, Kate	FR	Hudson	2	23:52.9	7:40.7	4:46.6
3 STEELE, Megan	SO	Hudson	3	24:40.9	7:56.2	4:56.2
4 NOSBISCH, Callie	FR	Vinton-Shellsburg	-	24:49.7	7:59.0	4:57.9
5 BANGHART, Brooklyn	SO	Independence	-	24:52.3	7:59.8	4:58.5
6 MORMANN, Adler	FR	West Delaware Ma	4	25:14.0	8:06.8	5:02.8
7 HANSEN, Lizzie	FR	Springville	-	25:17.5	8:07.9	5:03.5
8 ANTE, Brooklin	SO	West Delaware Ma	5	25:17.5	8:07.9	5:03.5
9 LAROSA, Stephanie	SR	West Delaware Ma	6	25:28.5	8:11.5	5:05.7
10 STEJSKAL, Abi	JR	Springville	-	25:57.3	8:20.7	5:11.5
11 HOEFER, Maryn	FR	West Delaware Ma	7	26:09.9	8:24.8	5:14.0
12 DOMEYER, Taylor	SR	West Delaware Ma	8	26:10.0	8:24.8	5:14.0
13 BIRKER, Isabel	JR	Vinton-Shellsburg	-	26:15.6	8:26.6	5:15.1
14 UBBEN, Ella	SO	Hudson	9	26:21.8	8:28.6	5:16.3
15 KASS, Abby	JR	West Delaware Ma	(10)	26:21.8	8:28.6	5:16.4
16 BARDGETT, Alaina	SO	West Delaware Ma	(11)	26:33.7	8:32.4	5:18.7
17 VIDAL, Rebecca	FR	Hudson	12	26:40.9	8:34.7	5:20.2
18 O'REAR, Abigail	SR	West Delaware Ma	-	26:42.3	8:35.2	5:20.5
19 KARTMAN, Avery	FR	West Delaware Ma	-	26:44.0	8:35.8	5:20.8
20 WELTE, Alex	SO	Benton Community	13	26:45.9	8:36.4	5:21.2
21 BOCKENSTEDT, Ava	SR	West Delaware Ma	-	26:59.5	8:40.7	5:23.9
22 NICKELL, Ryiah	JR	Cedar Rapids Jeffer	14	27:03.0	8:41.8	5:24.6
23 LEWIS, Reagan	FR	Hudson	(15)	27:04.8	8:42.4	5:25.0
24 MCCULLOUGH, Kora	SO	Vinton-Shellsburg	-	27:35.0	8:52.1	5:31.0
25 SANDERS, Curstin	FR	Cedar Rapids Jeffer	16	27:45.1	8:55.4	5:33.0
26 EXCHANGE, Renee	JR	Independence	-	27:48.9	8:56.6	5:33.8
27 MILLENKAMP, Maggie	SR	West Delaware Ma	-	27:56.4	8:59.0	5:35.3
28 JANDA, Mia	FR	Cedar Rapids Jeffer	17	27:59.4	9:00.0	5:35.9
29 CARROLL, Avery	FR	West Delaware Ma	-	28:03.7	9:01.4	5:36.7
30 REA, Mallory	SR	Beckman Catholic	18	28:03.9	9:01.4	5:36.8
31 HODSON, Mia	SR	West Delaware Ma	-	28:04.2	9:01.5	5:36.8
32 PHILLIPS, Mary	SR	Benton Community	19	28:07.3	9:02.5	5:37.4
33 WIELAND, Jasmine	JR	Independence	-	28:17.9	9:05.9	5:39.6
34 TOALE, Gabby	SR	Independence	-	28:49.5	9:16.1	5:45.9
35 MORRIS, Noel	JR	Cedar Rapids Jeffer	20	29:17.2	9:25.0	5:51.4
36 BANES, Emma	JR	Alburnett	-	29:18.3	9:25.4	5:51.7
37 PASKER, Gwen	JR	West Delaware Ma	-	29:20.8	9:26.2	5:52.1

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JV Girls 5K

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
38 TROH, Angeline	FR	Cedar Rapids Jeffer	21	29:39.0	9:32.0	5:55.8
39 LOECKE, Emma	FR	West Delaware Ma	-	30:00.7	9:39.0	6:00.1
40 ROLLINGER, Rachel	SR	Vinton-Shellsburg	-	30:03.9	9:40.0	6:00.8
41 SMITH, Luca	SR	West Delaware Ma	-	30:07.2	9:41.1	6:01.4
42 DEPPE, Jaden	JR	Hudson	(22)	30:24.3	9:46.6	6:04.9
43 GREBNER, Marie	JR	Beckman Catholic	23	30:24.6	9:46.7	6:04.9
44 GOERDT, Alyssa	SR	Beckman Catholic	24	30:32.6	9:49.2	6:06.5
45 BODJONA, Mazama	SO	Cedar Rapids Jeffer	(25)	30:41.4	9:52.1	6:08.3
46 BRENNEMAN, Casandra	SR	Alburnett	-	30:42.0	9:52.3	6:08.4
47 ZUERCHER, Caitlin	JR	Cedar Rapids Jeffer	(26)	31:01.4	9:58.5	6:12.3
48 MCGRANE, Catalina	FR	Beckman Catholic	27	31:02.3	9:58.8	6:12.5
49 DEMOSS, Jessa	SR	Benton Community	28	31:03.2	9:59.1	6:12.6
50 KRAMER, McKenna	SR	Benton Community	29	31:03.2	9:59.1	6:12.6
51 CALDERON, Abigail	JR	Cedar Rapids Jeffer	-	31:05.0	9:59.7	6:13.0
52 GOEDKEN, Chloe	JR	Beckman Catholic	30	31:09.3	10:01.0	6:13.8
53 GRAUBARD, Isabelle	SR	Alburnett	-	31:31.5	10:08.2	6:18.3
54 WOLOTOH, Thierrina	JR	Cedar Rapids Jeffer	-	31:45.6	10:12.7	6:21.1
55 RICHTER, Ellie	SO	Hudson	-	31:46.6	10:13.0	6:21.3
56 GLAWE, Ana	JR	Benton Community	31	32:03.9	10:18.6	6:24.8
57 MCKINNEY, Jasha	JR	Cedar Rapids Jeffer	-	32:07.9	10:19.9	6:25.6
58 KRACHT, Alexia	JR	Cedar Rapids Jeffer	-	32:28.2	10:26.4	6:29.6
59 HILDEBRAND, Maddie	SR	West Delaware Ma	-	32:31.6	10:27.5	6:30.3
60 JOLLEY, Audrey	SR	West Delaware Ma	-	33:24.5	10:44.5	6:40.9
61 GONPUE, Theresa	JR	Cedar Rapids Jeffer	-	33:34.2	10:47.6	6:42.8
62 BUDEDERI, Josephine	SO	Cedar Rapids Jeffer	-	33:34.4	10:47.7	6:42.9
63 SEELEY, Makayla	FR	West Delaware Ma	-	33:36.8	10:48.5	6:43.4

2023 VINTON-SHELLSBURG INVITATIONAL

Vinton, IA
 School Campus
 Weather: Cloudy, ESE 10-20mph, 60% & 75
 Host: Vinton
 Tuesday, September 19, 2023

MEET OFFICIALS

Meet Director:
 Jim Struve
Meet Referee:
 Bob Murphy
Timing:
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Race #4
JV Boys 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 West Delaware Mancheste	15	1-2-3-4-5(8)(17)	1:41:50	20:22	0:38.0
2 Benton Community	70	7-10-14-15-24(35)(44)	1:47:09	21:26	1:41.2
3 Vinton-Shellsburg	97	6-18-19-26-28(30)(41)	1:49:34	21:55	2:02.6
4 Cedar Rapids Jefferson	100	9-11-13-33-34	1:50:18	22:04	2:21.8
5 Beckman Catholic Dyersvil	102	12-16-22-23-29(40)(42)	1:50:01	22:01	1:44.0
6 Alburnett	151	20-27-31-36-37(38)(39)	1:57:04	23:25	2:42.7
7 Hudson	166	21-25-32-43-45	2:02:02	24:25	5:09.9

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 STRAUB, Slayton	SR	Springville	-	19:33.6	6:17.3	3:54.7
2 CHRISMAN, Grant	SR	Springville	-	19:38.3	6:18.9	3:55.7
3 NEUHAUS, Owen	SR	West Delaware Ma	1	19:56.5	6:24.7	3:59.3
4 COOK, Adam	JR	West Delaware Ma	2	20:22.0	6:32.9	4:04.4
5 MENARD, Trent	SO	West Delaware Ma	3	20:25.4	6:34.0	4:05.1
6 FANGMAN, Ashton	JR	West Delaware Ma	4	20:31.3	6:35.9	4:06.3
7 GRAWE, Ethan	SR	West Delaware Ma	5	20:34.5	6:36.9	4:06.9
8 JANSSEN, Max	SR	Vinton-Shellsburg	6	20:42.8	6:39.6	4:08.6
9 SADLER, Jonathon	FR	Benton Community	7	20:48.8	6:41.5	4:09.8
10 JOHNSON, Gil	JR	West Delaware Ma	(8)	20:50.7	6:42.1	4:10.1
11 ARMON, Malachi	SO	Cedar Rapids Jeffer	9	21:08.1	6:47.7	4:13.6
12 MITCHELL, Parker	JR	Benton Community	10	21:08.2	6:47.8	4:13.6
13 DEAL, Austin	SR	Cedar Rapids Jeffer	11	21:12.0	6:49.0	4:14.4
14 WILLIAMS, Luke	FR	Beckman Catholic	12	21:12.2	6:49.1	4:14.4
15 EIRP, Ian	FR	Cedar Rapids Jeffer	13	21:14.2	6:49.7	4:14.8
16 SCHWAKE, Ethan	FR	Benton Community	14	21:20.7	6:51.8	4:16.1
17 ARAIZA, Luis	JR	Benton Community	15	21:20.7	6:51.8	4:16.1
18 REITER, Levi	FR	Beckman Catholic	16	21:22.2	6:52.3	4:16.4
19 TUCKER, Hayden	FR	West Delaware Ma	(17)	21:31.2	6:55.2	4:18.2
20 MASTIN, Dominic	SR	West Delaware Ma	-	21:35.2	6:56.4	4:19.0
21 MANGOLD, Hugh	SR	Vinton-Shellsburg	18	21:35.7	6:56.6	4:19.1
22 COLSCH, Emmett	SR	Vinton-Shellsburg	19	21:46.9	7:00.2	4:21.4
23 FORD, Anson	FR	Alburnett	20	21:57.8	7:03.7	4:23.6
24 HAAS, Kaiden	SO	West Delaware Ma	-	22:00.6	7:04.6	4:24.1
25 POPPE, Preston	SR	Hudson	21	22:01.6	7:04.9	4:24.3
26 DUDZIK, Tommy	FR	Beckman Catholic	22	22:15.0	7:09.2	4:27.0
27 WHITE, Riley	SR	Beckman Catholic	23	22:15.2	7:09.3	4:27.0
28 TALAVERA, Mario	SR	Benton Community	24	22:30.0	7:14.1	4:30.0
29 POST, Cael	JR	Independence	-	22:34.6	7:15.5	4:30.9
30 WARNELL, Cohen	FR	Hudson	25	22:42.9	7:18.2	4:32.6
31 VAN WECHER, Lincoln	FR	Vinton-Shellsburg	26	22:43.2	7:18.3	4:32.6
32 SMITH, Ryan	JR	Alburnett	27	22:43.5	7:18.4	4:32.7
33 WEBER, Zander	FR	Vinton-Shellsburg	28	22:45.3	7:19.0	4:33.1
34 DOMEYER, Parker	JR	Beckman Catholic	29	22:56.1	7:22.5	4:35.2
35 QUINT, Phin	FR	West Delaware Ma	-	22:59.4	7:23.5	4:35.9

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Race #4
JV Boys 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
36 WHALEN, Oliver	FR	Vinton-Shellsburg	(30)	23:00.9	7:24.0	4:36.2
37 MCGRAW, Aidan	SR	Alburnett	31	23:02.0	7:24.4	4:36.4
38 GRIFFIN, Drake	FR	Hudson	32	23:10.7	7:27.1	4:38.1
39 WAECHTER, Charlie	SO	Cedar Rapids Jeffer	33	23:13.7	7:28.1	4:38.7
40 GASS, Brandon	FR	Cedar Rapids Jeffer	34	23:29.9	7:33.3	4:42.0
41 GOLDENSTEIN, Ryan	SR	Independence	-	24:08.0	7:45.6	4:49.6
42 BECKER, Nathan	SO	Benton Community	(35)	24:11.7	7:46.8	4:50.3
43 FINFROCK, Avery	SR	Alburnett	36	24:39.9	7:55.8	4:56.0
44 ZIRBEL, Eli	SO	Alburnett	37	24:40.4	7:56.0	4:56.1
45 CORNWELL, Aiden	JR	Alburnett	(38)	24:41.6	7:56.4	4:56.3
46 MCGRAW, Cam	SO	Alburnett	(39)	24:41.8	7:56.5	4:56.4
47 CONN, Landon	SO	Springville	-	24:43.5	7:57.0	4:56.7
48 SELLARS, Ethan	FR	West Delaware Ma	-	25:29.4	8:11.7	5:05.9
49 MCCARRAHER, Ethan	JR	Beckman Catholic	(40)	25:46.6	8:17.3	5:09.3
50 HENKLE, Hayden	SO	Vinton-Shellsburg	(41)	26:13.0	8:25.8	5:14.6
51 MICK, Rhys	FR	Vinton-Shellsburg	-	26:23.5	8:29.1	5:16.7
52 KIM, San	FR	West Delaware Ma	-	26:34.5	8:32.7	5:18.9
53 HELLE, Zach	JR	Beckman Catholic	(42)	26:35.4	8:33.0	5:19.1
54 GEISTKEMPER, Isaac	FR	Beckman Catholic	-	26:44.9	8:36.0	5:21.0
55 DEKUTOSKI, Steven	SO	Hudson	43	26:55.3	8:39.4	5:23.0
56 HINES, Andrew	SO	Benton Community	(44)	26:59.5	8:40.7	5:23.9
57 SWANSON, Carter	FR	Hudson	45	27:11.4	8:44.5	5:26.3
58 BOOKMEIER, Matthew	SR	Vinton-Shellsburg	-	27:19.3	8:47.1	5:27.8
59 STURTZ, Isaac	SR	Vinton-Shellsburg	-	27:20.6	8:47.5	5:28.1
60 ROBERTS, James	SR	Beckman Catholic	-	27:32.2	8:51.2	5:30.4

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Race #5
Varsity Girls 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Beckman Catholic Dyersvil	39	2-4-5-7-21(22)(44)	1:45:40	21:08	2:44.1
2 Hudson	51	8-9-10-11-13(20)(25)	1:46:42	21:21	0:49.3
3 West Delaware Mancheste	89	3-17-18-24-27(28)(30)	1:52:36	22:32	2:56.0
4 Vinton-Shellsburg	98*	12-15-19-23-29(31)(36)	1:53:52	22:47	2:30.6
5 Benton Community	98*	1-6-14-38-39(42)	1:53:46	22:46	5:18.6
6 Cedar Rapids Jefferson	170	26-32-35-37-40(41)(45)	2:03:58	24:48	2:22.4
7 Alburnett	172	16-33-34-43-46	2:05:37	25:08	4:44.5

***Tiebreakers**

Vinton-Shellsburg	12	15	19	23	29	31
Benton Community	1	6	14	38	39	42

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 LYONS, Jaida	SR	Benton Community	1	20:10.6	6:29.3	4:02.1
2 KRUSE, Maria	SR	Beckman Catholic	2	20:17.9	6:31.6	4:03.6
3 KARTMAN, Brynn	FR	West Delaware Ma	3	20:36.3	6:37.5	4:07.3
4 DUDZIK, Maria	SR	Beckman Catholic	4	20:40.2	6:38.8	4:08.0
5 REITER, Madelyn	JR	Beckman Catholic	5	20:42.7	6:39.6	4:08.5
6 JONES, Abbie	JR	Benton Community	6	20:43.2	6:39.7	4:08.6
7 MERTZ, Julia	SR	Beckman Catholic	7	20:57.1	6:44.2	4:11.4
8 HANSEN, Mollie	SO	Hudson	8	21:04.7	6:46.6	4:12.9
9 HANSEN, Reese	FR	Hudson	9	21:09.8	6:48.3	4:13.9
10 LANG, Desi	SO	Hudson	10	21:12.7	6:49.2	4:14.5
11 STEELE, Ella	SO	Hudson	11	21:20.8	6:51.8	4:16.1
12 PRIMROSE, Olivia	JR	Vinton-Shellsburg	12	21:23.0	6:52.5	4:16.6
13 MERRITT, Addison	FR	Springville	-	21:48.8	7:00.8	4:21.8
14 SCHNEIDER, Savannah	SR	Hudson	13	21:53.9	7:02.5	4:22.8
15 KAUDER, Kyra	FR	Benton Community	14	21:54.3	7:02.6	4:22.8
16 SWENSON, Bree	SR	Vinton-Shellsburg	15	22:23.7	7:12.0	4:28.7
17 MCGRAW, Carly	SO	Alburnett	16	22:30.0	7:14.1	4:30.0
18 LYNCH, Charly	FR	West Delaware Ma	17	22:30.1	7:14.1	4:30.0
19 HOGAN, Emma	SR	West Delaware Ma	18	22:38.8	7:16.9	4:31.7
20 RESSLER, Reaghan	JR	Independence	-	22:55.4	7:22.2	4:35.1
21 PHIPPEN, Lainey	FR	Vinton-Shellsburg	19	22:55.7	7:22.3	4:35.1
22 BROWN, Sofia	SR	Hudson	(20)	22:56.8	7:22.7	4:35.4
23 DOMEYER, Autumn	FR	Beckman Catholic	21	23:01.9	7:24.3	4:36.4
24 RECKER, Kennedy	SR	Beckman Catholic	(22)	23:11.3	7:27.4	4:38.3
25 ROSTER, Kaelynn	FR	Vinton-Shellsburg	23	23:16.2	7:28.9	4:39.2
26 MCMAHON, Josie	JR	West Delaware Ma	24	23:17.9	7:29.5	4:39.6
27 HOLTON, Kate	SO	Hudson	(25)	23:27.6	7:32.6	4:41.5
28 PETERSON, Thursday	JR	Cedar Rapids Jeffer	26	23:31.2	7:33.7	4:42.2
29 SCHMITZ, Izzy	SR	West Delaware Ma	27	23:32.3	7:34.1	4:42.4
30 BARDGETT, Noelle	SR	West Delaware Ma	(28)	23:36.6	7:35.5	4:43.3
31 MARTIN, Eryca	JR	Vinton-Shellsburg	29	23:53.6	7:40.9	4:46.7

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Race #5
Varsity Girls 5K
Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
32 MENSEN, Erin	SO	West Delaware Ma	(30)	23:54.5	7:41.2	4:46.9
33 ROLLINGER, Kara	FR	Vinton-Shellsburg	(31)	24:13.1	7:47.2	4:50.6
34 THOMPSON-WILLIAMS, Ch	JR	Cedar Rapids Jeffer	32	24:22.3	7:50.2	4:52.4
35 MARTIN, Gralynn	SR	Alburnett	33	24:33.0	7:53.6	4:54.6
36 CRIST, Esme	FR	Alburnett	34	24:51.6	7:59.6	4:58.3
37 KUUNDU, Himidi	JR	Cedar Rapids Jeffer	35	24:57.1	8:01.4	4:59.4
38 LUTZ, Aliyah	FR	Vinton-Shellsburg	(36)	25:12.1	8:06.2	5:02.4
39 LONG, Lydia	JR	Cedar Rapids Jeffer	37	25:13.3	8:06.6	5:02.6
40 DEMOSS, Layna	FR	Benton Community	38	25:28.8	8:11.6	5:05.8
41 WOLF, Lizzy	SO	Benton Community	39	25:29.2	8:11.7	5:05.8
42 KEVITT, Sophia	JR	Cedar Rapids Jeffer	40	25:53.5	8:19.5	5:10.7
43 EGGER, Christina	SR	Cedar Rapids Jeffer	(41)	25:57.8	8:20.9	5:11.6
44 FRESE, Libi	FR	Benton Community	(42)	25:58.0	8:21.0	5:11.6
45 BANES, Haylee	JR	Alburnett	43	26:28.1	8:30.6	5:17.6
46 NABER, Hope	SR	Beckman Catholic	(44)	26:36.1	8:33.2	5:19.2
47 ESQUEDA, Lizeth	JR	Cedar Rapids Jeffer	(45)	26:37.7	8:33.7	5:19.5
48 BENNING, Hope	JR	Alburnett	46	27:14.4	8:45.5	5:26.9

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Race #6
Varsity Boys 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Vinton-Shellsburg	44	1-2-6-13-22(35)(41)	1:28:31	17:43	1:58.3
2 West Delaware Mancheste	66	4-10-15-18-19(21)(32)	1:30:54	18:11	1:28.0
3 Beckman Catholic Dyersvil	90	3-7-20-24-36(47)(48)	1:32:20	18:28	2:32.0
4 Cedar Rapids Jefferson	93	5-11-12-28-37(38)(45)	1:32:18	18:28	2:16.5
5 Benton Community	116	8-9-23-33-43(50)(51)	1:34:23	18:53	2:31.2
6 Alburnett	138	14-16-29-39-40(46)	1:36:08	19:14	1:32.1
7 Hudson	154	25-26-27-34-42(52)(54)	1:37:05	19:25	1:06.7
8 Independence	171	17-30-31-44-49(53)(55)	1:38:25	19:41	2:03.1

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 TORRES, Alex	SO	Vinton-Shellsburg	1	16:49.9	5:24.7	3:22.0
2 PAGE, Eli	SR	Vinton-Shellsburg	2	17:03.8	5:29.2	3:24.7
3 SCHLARMANN, Andrew	SO	Beckman Catholic	3	17:11.5	5:31.6	3:26.3
4 WENGER, Zach	SR	West Delaware Ma	4	17:12.9	5:32.1	3:26.6
5 SANDERS, Curtis	SR	Cedar Rapids Jeffer	5	17:30.5	5:37.8	3:30.1
6 BLAIS, Jack	SO	Vinton-Shellsburg	6	17:35.1	5:39.2	3:31.0
7 SKINNER, Caleb	SR	Springville	-	17:38.3	5:40.3	3:31.6
8 STAMP, Jack	JR	Springville	-	17:40.5	5:41.0	3:32.1
9 SCHLARMANN, Jacob	SR	Beckman Catholic	7	17:47.6	5:43.3	3:33.5
10 MORRIS, Isaac	SR	Benton Community	8	17:48.7	5:43.6	3:33.7
11 OLSON, Caleb	SO	Benton Community	9	17:49.6	5:43.9	3:33.9
12 TURNIS, Jase	JR	West Delaware Ma	10	17:51.9	5:44.6	3:34.4
13 TRAVAGIAKIS, Rexton	FR	Cedar Rapids Jeffer	11	17:52.4	5:44.8	3:34.5
14 DAVIS, Caden	SR	Cedar Rapids Jeffer	12	17:54.1	5:45.3	3:34.8
15 SWANSON, Aldin	SR	Vinton-Shellsburg	13	18:13.9	5:51.7	3:38.8
16 GUSTAFSON, Hayden	SO	Alburnett	14	18:26.5	5:55.8	3:41.3
17 WHITE, Brenden	FR	West Delaware Ma	15	18:30.1	5:56.9	3:42.0
18 OSSMAN, Logan	SO	Alburnett	16	18:30.8	5:57.1	3:42.1
19 FISH, Adam	SR	Independence	17	18:37.0	5:59.2	3:43.4
20 STEFFEN, Alex	SR	West Delaware Ma	18	18:38.3	5:59.6	3:43.6
21 KARTMAN, Evan	SR	West Delaware Ma	19	18:40.9	6:00.4	3:44.2
22 DUDZIK, Danny	SO	Beckman Catholic	20	18:41.0	6:00.4	3:44.2
23 WENGER, Braden	JR	West Delaware Ma	(21)	18:44.3	6:01.5	3:44.8
24 DICKENSON, Zachary	SO	Vinton-Shellsburg	22	18:48.1	6:02.7	3:45.6
25 LANGE, Luke	JR	Benton Community	23	18:49.0	6:03.0	3:45.8
26 GAUL, Adam	SO	Beckman Catholic	24	18:56.5	6:05.4	3:47.3
27 HANSEN, Brady	SR	Hudson	25	19:02.6	6:07.4	3:48.5
28 CULHAM, Jacob	SO	Hudson	26	19:07.1	6:08.8	3:49.4
29 GREIMAN, Casey	FR	Hudson	27	19:08.0	6:09.1	3:49.6
30 KRAMPITZ, Carl	JR	Cedar Rapids Jeffer	28	19:13.5	6:10.9	3:50.7
31 SCHECHINGER, Austin	JR	Alburnett	29	19:18.0	6:12.3	3:51.6
32 WIELAND, Tyler	JR	Independence	30	19:20.3	6:13.1	3:52.0
33 DECKER, Talan	JR	Independence	31	19:23.1	6:14.0	3:52.6
34 WOOTEN, Kyler	SO	West Delaware Ma	(32)	19:23.6	6:14.1	3:52.7

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Race #6
Varsity Boys 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
35 RICKLEFS, Marcus	SR	Benton Community	33	19:35.5	6:18.0	3:55.1
36 BARBER, Drew	SR	Hudson	34	19:38.2	6:18.8	3:55.6
37 KLOPPING, Zach	JR	Vinton-Shellsburg	(35)	19:41.0	6:19.7	3:56.2
38 GOERDT, Steffen	FR	Beckman Catholic	36	19:43.4	6:20.5	3:56.7
39 ASCHENBRENNER, Alec	JR	Cedar Rapids Jeffer	37	19:47.0	6:21.6	3:57.4
40 MITTELSTEADT, Jonathan	SO	Cedar Rapids Jeffer	(38)	19:52.4	6:23.4	3:58.5
41 ABEL, Trenton	JR	Alburnett	39	19:54.0	6:23.9	3:58.8
42 RILEY, Finn	SR	Alburnett	40	19:58.6	6:25.4	3:59.7
43 ALLEN, Leif	FR	Vinton-Shellsburg	(41)	20:01.8	6:26.4	4:00.4
44 WARNELL, Connor	SR	Hudson	42	20:09.2	6:28.8	4:01.8
45 PICKART, Noah	SO	Benton Community	43	20:19.9	6:32.2	4:04.0
46 WILSON, Tanner	JR	Independence	44	20:24.0	6:33.6	4:04.8
47 WRIGHT, Roman	SO	Cedar Rapids Jeffer	(45)	20:24.4	6:33.7	4:04.9
48 SCOTT, Brady	SO	Alburnett	(46)	20:30.7	6:35.7	4:06.1
49 SALRIN, Andrew	SR	Beckman Catholic	(47)	20:33.1	6:36.5	4:06.6
50 LUENSMANN, Cole	SO	Beckman Catholic	(48)	20:33.2	6:36.5	4:06.6
51 GATES, Blake	SR	Independence	49	20:40.0	6:38.7	4:08.0
52 ARAIZA, Brian	FR	Benton Community	(50)	20:51.8	6:42.5	4:10.3
53 REINERS, Colin	SO	Benton Community	(51)	20:56.9	6:44.1	4:11.4
54 STEELE, Alex	SR	Hudson	(52)	21:20.0	6:51.6	4:16.0
55 JUSTASON, Kyle	SR	Independence	(53)	21:27.2	6:53.9	4:17.4
56 JENSEN, Colton	FR	Hudson	(54)	21:41.3	6:58.4	4:20.2
57 DECKER, Michael	JR	Independence	(55)	22:02.7	7:05.3	4:24.5