

WAMAC CONFERENCE

Marion, IA
 Antioch Christian Church
 Weather: Cloudy, ENE 15-25mph, 97% & 56
 Host: Marion
 Thursday, October 12, 2023

MEET OFFICIALS

Meet Director:
 Kurt Ronfeldt
Meet Referee:
 Bill Neal
Timing:
 Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT
 printed: 10/12/2023 6:06 PM

Race #1
Varsity Girls 5K
Final Results
TEAM SCORING SUMMARY

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|----------------------------|-------|------------------------|---------|-------|--------|
| 1 Mount Vernon-Lisbon | 58 | 2-7-10-17-22(32)(39) | 1:43:29 | 20:42 | 1:12.7 |
| 2 Solon | 69 | 5-9-11-21-23(24)(41) | 1:44:21 | 20:53 | 1:04.7 |
| 3 Marion | 88 | 1-14-18-26-29(35)(53) | 1:45:00 | 21:00 | 2:09.7 |
| 4 Center Point-Urbana | 109 | 3-8-27-34-37(46)(67) | 1:46:25 | 21:17 | 2:01.1 |
| 5 Clear Creek-Amana | 133 | 15-16-28-36-38(40)(57) | 1:47:58 | 21:36 | 1:08.6 |
| 6 Williamsburg | 158 | 12-30-31-42-43(44)(54) | 1:49:28 | 21:54 | 1:41.1 |
| 7 Benton Community | 167 | 6-20-25-52-64(65)(68) | 1:51:37 | 22:20 | 4:33.0 |
| 8 West Delaware Mancheste | 182 | 4-33-45-49-51(55)(61) | 1:51:30 | 22:18 | 3:15.2 |
| 9 Vinton-Shellsburg | 216 | 13-47-48-50-58(59)(66) | 1:54:06 | 22:50 | 3:00.2 |
| 10 Grinnell | 260 | 19-56-60-62-63(69) | 1:57:57 | 23:36 | 3:30.1 |
| DNP Independence | | | | | |
| DNP South Tama County Tama | | | | | |

INDIVIDUAL RESULTS

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|-----------------------|----|--------------------|-------|---------|-----------|---------|
| 1 DABROSKI, Addison | SO | Marion | 1 | 19:34.7 | 6:18.9 | 3:55.4 |
| 2 WHISNER, Eastin | FR | Mount Vernon-Lisb | 2 | 20:05.4 | 6:28.8 | 4:01.5 |
| 3 ESTLING, Grace | FR | Center Point-Urban | 3 | 20:07.2 | 6:29.4 | 4:01.9 |
| 4 KARTMAN, Brynn | FR | West Delaware Ma | 4 | 20:07.6 | 6:29.5 | 4:02.0 |
| 5 DEE, Sydney | JR | Solon | 5 | 20:19.8 | 6:33.5 | 4:04.4 |
| 6 LYONS, Jaida | SR | Benton Community | 6 | 20:23.2 | 6:34.6 | 4:05.1 |
| 7 MOELLER, Evelyn | FR | Mount Vernon-Lisb | 7 | 20:24.0 | 6:34.8 | 4:05.3 |
| 8 WILKERSON, Emma | SR | Center Point-Urban | 8 | 20:24.9 | 6:35.1 | 4:05.5 |
| 9 QUILLIN, Anna | SR | Solon | 9 | 20:31.9 | 6:37.4 | 4:06.9 |
| 10 JOHNSON, Emrie | JR | Mount Vernon-Lisb | 10 | 20:41.2 | 6:40.4 | 4:08.7 |
| 11 SVALSTAD, Falyn | FR | Solon | 11 | 20:48.4 | 6:42.7 | 4:10.2 |
| 12 AXMEAR, Edie | FR | Williamsburg | 12 | 20:52.5 | 6:44.0 | 4:11.0 |
| 13 PRIMROSE, Olivia | JR | Vinton-Shellsburg | 13 | 20:55.0 | 6:44.8 | 4:11.5 |
| 14 OROZCO, Kendall | SR | Marion | 14 | 20:56.0 | 6:45.1 | 4:11.7 |
| 15 BARKER, Kira | JR | Clear Creek-Amana | 15 | 21:00.1 | 6:46.5 | 4:12.5 |
| 16 KINZENBAW, Sara | JR | Clear Creek-Amana | 16 | 21:00.4 | 6:46.6 | 4:12.6 |
| 17 MOSS, Abbie | JR | Mount Vernon-Lisb | 17 | 21:00.7 | 6:46.7 | 4:12.6 |
| 18 MEYER, AudryElla | JR | Marion | 18 | 21:03.9 | 6:47.7 | 4:13.3 |
| 19 ZYLSTRA, Kyilee | FR | Grinnell | 19 | 21:09.2 | 6:49.4 | 4:14.3 |
| 20 JONES, Abbie | JR | Benton Community | 20 | 21:13.3 | 6:50.7 | 4:15.2 |
| 21 SHEELEY, Ella | JR | Solon | 21 | 21:16.2 | 6:51.7 | 4:15.7 |
| 22 SWART, Kiersten | SO | Mount Vernon-Lisb | 22 | 21:18.0 | 6:52.2 | 4:16.1 |
| 23 FEDERSPIEL, Gracie | SR | Solon | 23 | 21:24.5 | 6:54.3 | 4:17.4 |
| 24 ROLWES, Ava | FR | Solon | (24) | 21:26.7 | 6:55.1 | 4:17.9 |
| 25 KAUDER, Kyra | FR | Benton Community | 25 | 21:29.9 | 6:56.1 | 4:18.5 |
| 26 MOORE, Elise | SO | Marion | 26 | 21:40.9 | 6:59.6 | 4:20.7 |
| 27 BOWE, Emily | JR | Center Point-Urban | 27 | 21:43.3 | 7:00.4 | 4:21.2 |
| 28 WHITMER, Kadence | FR | Clear Creek-Amana | 28 | 21:43.6 | 7:00.5 | 4:21.2 |
| 29 CORDES, Kyra | JR | Marion | 29 | 21:44.3 | 7:00.7 | 4:21.4 |

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**Race #1
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|---------------------------|----|--------------------|-------|---------|-----------|---------|
| 30 CAPPER, Makenna | FR | Williamsburg | 30 | 21:45.9 | 7:01.2 | 4:21.7 |
| 31 HOFFMAN, Ashlyn | SO | Williamsburg | 31 | 21:51.2 | 7:03.0 | 4:22.8 |
| 32 SMITH, Cora | SO | Mount Vernon-Lisb | (32) | 21:52.5 | 7:03.4 | 4:23.0 |
| 33 HOGAN, Emma | SR | West Delaware Ma | 33 | 21:57.1 | 7:04.9 | 4:23.9 |
| 34 DUNN, Avanti | FR | Center Point-Urban | 34 | 22:00.7 | 7:06.0 | 4:24.7 |
| 35 DIETZ, Alena | JR | Marion | (35) | 22:01.2 | 7:06.2 | 4:24.8 |
| 36 ROGERS, Kiera | SR | Clear Creek-Amana | 36 | 22:05.0 | 7:07.4 | 4:25.5 |
| 37 MILLER, Lily | SO | Center Point-Urban | 37 | 22:08.2 | 7:08.4 | 4:26.2 |
| 38 STITNER, Sienna | FR | Clear Creek-Amana | 38 | 22:08.7 | 7:08.6 | 4:26.3 |
| 39 PISARIK, Rose | FR | Mount Vernon-Lisb | (39) | 22:09.6 | 7:08.9 | 4:26.5 |
| 40 TECKLENBURG, Harper | JR | Clear Creek-Amana | (40) | 22:09.9 | 7:09.0 | 4:26.5 |
| 41 MCATEE, Rose | JR | Solon | (41) | 22:13.0 | 7:10.0 | 4:27.1 |
| 42 ABERNATHY, Lillyona | JR | Williamsburg | 42 | 22:24.7 | 7:13.8 | 4:29.5 |
| 43 RIVERA, Anya | SO | Williamsburg | 43 | 22:33.5 | 7:16.6 | 4:31.2 |
| 44 MCMENOMY, Reagan | SR | Williamsburg | (44) | 22:47.4 | 7:21.1 | 4:34.0 |
| 45 RESSLER, Reaghan | JR | Independence | - | 22:53.0 | 7:22.9 | 4:35.2 |
| 46 LYNCH, Charly | FR | West Delaware Ma | 45 | 22:54.5 | 7:23.4 | 4:35.4 |
| 47 MILLER, Lola | FR | Center Point-Urban | (46) | 22:58.9 | 7:24.8 | 4:36.3 |
| 48 PHIPPEN, Lainey | FR | Vinton-Shellsburg | 47 | 23:00.7 | 7:25.4 | 4:36.7 |
| 49 SWENSON, Bree | SR | Vinton-Shellsburg | 48 | 23:01.5 | 7:25.6 | 4:36.8 |
| 50 SCHULTE, Addison | FR | West Delaware Ma | 49 | 23:08.2 | 7:27.8 | 4:38.2 |
| 51 ROSTER, Kaelynn | FR | Vinton-Shellsburg | 50 | 23:13.4 | 7:29.5 | 4:39.2 |
| 52 HECK, Kayla | SR | South Tama County | - | 23:18.1 | 7:31.0 | 4:40.2 |
| 53 SCHMITZ, Izzy | SR | West Delaware Ma | 51 | 23:22.7 | 7:32.5 | 4:41.1 |
| 54 DEMOSS, Layna | FR | Benton Community | 52 | 23:34.3 | 7:36.2 | 4:43.4 |
| 55 ANDRESEN, Sydney | SR | Marion | (53) | 23:42.3 | 7:38.8 | 4:45.0 |
| 56 ONICHIMOWSKA, Nadia | SR | South Tama County | - | 23:42.8 | 7:39.0 | 4:45.1 |
| 57 PARSONS, Maelyn | JR | Williamsburg | (54) | 23:45.0 | 7:39.7 | 4:45.6 |
| 58 BARDGETT, Noelle | SR | West Delaware Ma | (55) | 23:49.7 | 7:41.2 | 4:46.5 |
| 59 OLSON, Olivia | SR | Grinnell | 56 | 23:50.7 | 7:41.5 | 4:46.7 |
| 60 LEIGHTON-DICK, Eva | JR | Clear Creek-Amana | (57) | 23:55.1 | 7:42.9 | 4:47.6 |
| 61 ROLLINGER, Kara | FR | Vinton-Shellsburg | 58 | 23:55.2 | 7:43.0 | 4:47.6 |
| 62 NOSBISCH, Callie | FR | Vinton-Shellsburg | (59) | 23:56.7 | 7:43.4 | 4:47.9 |
| 63 JACOBSON, Mary | SR | Grinnell | 60 | 23:57.9 | 7:43.8 | 4:48.1 |
| 64 MCMAHON, Josie | JR | West Delaware Ma | (61) | 24:10.9 | 7:48.0 | 4:50.8 |
| 65 LINDBERG, Lucy | FR | Grinnell | 62 | 24:19.8 | 7:50.9 | 4:52.5 |
| 66 PEREZ VALENTIN, Judith | JR | Grinnell | 63 | 24:39.2 | 7:57.2 | 4:56.4 |
| 67 FRESE, Libi | FR | Benton Community | 64 | 24:56.2 | 8:02.6 | 4:59.8 |
| 68 WOLF, Lizzy | SO | Benton Community | (65) | 25:04.8 | 8:05.4 | 5:01.6 |
| 69 LUTZ, Aliyah | FR | Vinton-Shellsburg | (66) | 25:07.2 | 8:06.2 | 5:02.0 |
| 70 MCCORMICK, Sydney | JR | Center Point-Urban | (67) | 25:33.4 | 8:14.6 | 5:07.3 |
| 71 BANGHART, Brooklyn | SO | Independence | - | 25:45.4 | 8:18.5 | 5:09.7 |
| 72 SMITH, Livia | FR | South Tama County | - | 25:49.8 | 8:19.9 | 5:10.6 |
| 73 PADILLA, Andrea | SR | South Tama County | - | 25:52.3 | 8:20.7 | 5:11.1 |
| 74 TOALE, Gabby | SR | Independence | - | 26:22.4 | 8:30.4 | 5:17.1 |
| 75 WELTE, Alex | SO | Benton Community | (68) | 27:28.7 | 8:51.8 | 5:30.4 |

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**Race #1
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|--------------------|-----------|--------------|--------------|-------------|------------------|----------------|
| 76 EXCHANGE, Renee | JR | Independence | - | 27:57.0 | 9:01.0 | 5:36.1 |
| 77 DAYTON, Maggie | SO | Grinnell | (69) | 29:09.4 | 9:24.3 | 5:50.6 |

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**Race #2
 Varsity Boys 5K**
Final Results
TEAM SCORING SUMMARY

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|----------------------------|-------|------------------------|---------|-------|--------|
| 1 Solon | 85 | 3-15-20-21-26(30)(47) | 1:27:10 | 17:26 | 1:16.2 |
| 2 Mount Vernon-Lisbon | 87 | 1-6-19-23-38(48)(55) | 1:26:23 | 17:17 | 1:55.0 |
| 3 Clear Creek-Amana | 98 | 9-14-18-24-33(62) | 1:27:47 | 17:34 | 0:52.0 |
| 4 South Tama County Tama | 100 | 2-4-22-35-37(44) | 1:27:06 | 17:26 | 1:37.8 |
| 5 Vinton-Shellsburg | 140 | 5-7-28-41-59(66)(76) | 1:28:41 | 17:45 | 2:18.3 |
| 6 Center Point-Urbana | 154 | 17-29-32-34-42(45)(52) | 1:29:49 | 17:58 | 0:50.2 |
| 7 Grinnell | 156 | 10-16-31-46-53(68)(72) | 1:29:46 | 17:58 | 1:25.9 |
| 8 Marion | 159 | 8-11-13-63-64(67)(70) | 1:29:57 | 18:00 | 2:11.5 |
| 9 Williamsburg | 196 | 27-36-40-43-50(58)(60) | 1:31:07 | 18:14 | 0:47.9 |
| 10 West Delaware Mancheste | 197 | 12-25-49-54-57(61)(69) | 1:31:24 | 18:17 | 1:39.1 |
| 11 Benton Community | 301 | 39-51-65-71-75(77)(78) | 1:35:46 | 19:10 | 1:50.4 |
| 12 Independence | 362 | 56-73-74-79-80(81)(82) | 1:41:25 | 20:17 | 2:41.9 |

INDIVIDUAL RESULTS

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|-----------------------|----|--------------------|-------|---------|-----------|---------|
| 1 OLBERDING, Grady | JR | Mount Vernon-Lisb | 1 | 16:13.0 | 5:13.8 | 3:15.0 |
| 2 TYYNISMAA, Tommy | SR | South Tama County | 2 | 16:29.8 | 5:19.3 | 3:18.3 |
| 3 KABELA, Brick | SR | Solon | 3 | 16:31.7 | 5:19.9 | 3:18.7 |
| 4 BRANT, James | SR | South Tama County | 4 | 16:38.4 | 5:22.1 | 3:20.1 |
| 5 TORRES, Alex | SO | Vinton-Shellsburg | 5 | 16:38.6 | 5:22.1 | 3:20.1 |
| 6 SCHEIL, Dawson | SO | Mount Vernon-Lisb | 6 | 16:44.4 | 5:24.0 | 3:21.3 |
| 7 PAGE, Eli | SR | Vinton-Shellsburg | 7 | 16:51.7 | 5:26.3 | 3:22.7 |
| 8 COOK, Cooper | SR | Marion | 8 | 16:59.6 | 5:28.9 | 3:24.3 |
| 9 HILSMAN, Brock | JR | Clear Creek-Amana | 9 | 17:07.4 | 5:31.4 | 3:25.9 |
| 10 CRITES, Liam | SO | Grinnell | 10 | 17:14.4 | 5:33.7 | 3:27.3 |
| 11 FISCHER, Jordan | SR | Marion | 11 | 17:16.0 | 5:34.2 | 3:27.6 |
| 12 WENGER, Zach | SR | West Delaware Ma | 12 | 17:16.8 | 5:34.4 | 3:27.8 |
| 13 KAUTZ, Bennett | SO | Marion | 13 | 17:20.7 | 5:35.7 | 3:28.6 |
| 14 SORENSEN, Isaac | JR | Clear Creek-Amana | 14 | 17:24.9 | 5:37.1 | 3:29.4 |
| 15 MICHELS, Spencer | SO | Solon | 15 | 17:29.2 | 5:38.4 | 3:30.2 |
| 16 CONNER, Cadel | SO | Grinnell | 16 | 17:29.6 | 5:38.5 | 3:30.3 |
| 17 HAVEL, Blayne | SR | Center Point-Urban | 17 | 17:29.7 | 5:38.6 | 3:30.3 |
| 18 SCHIELTZ, Nicholas | SO | Clear Creek-Amana | 18 | 17:29.7 | 5:38.6 | 3:30.4 |
| 19 O'CONNOR, Seamus | JR | Mount Vernon-Lisb | 19 | 17:33.0 | 5:39.7 | 3:31.0 |
| 20 YEOMANS, Michael | SR | Solon | 20 | 17:38.0 | 5:41.3 | 3:32.0 |
| 21 BUMSTED, Collin | SR | Solon | 21 | 17:42.6 | 5:42.8 | 3:32.9 |
| 22 ROSENBERGER, Cade | SR | South Tama County | 22 | 17:43.3 | 5:43.0 | 3:33.1 |
| 23 SADLER, Wesley | JR | Mount Vernon-Lisb | 23 | 17:44.4 | 5:43.3 | 3:33.3 |
| 24 STILTNER, Thomas | SR | Clear Creek-Amana | 24 | 17:45.7 | 5:43.8 | 3:33.6 |
| 25 TURNIS, Jase | JR | West Delaware Ma | 25 | 17:47.0 | 5:44.2 | 3:33.8 |
| 26 BURG, Evan | JR | Solon | 26 | 17:47.8 | 5:44.4 | 3:34.0 |
| 27 BUSCH, Nile | SO | Williamsburg | 27 | 17:47.9 | 5:44.5 | 3:34.0 |
| 28 BLAIS, Jack | SO | Vinton-Shellsburg | 28 | 17:54.8 | 5:46.7 | 3:35.4 |
| 29 BEHRENS, Brody | SR | Center Point-Urban | 29 | 17:54.9 | 5:46.7 | 3:35.4 |

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**Race #2
Varsity Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|---------------------------|----|--------------------|-------|---------|-----------|---------|
| 30 BUMSTED, Grant | SR | Solon | (30) | 17:55.8 | 5:47.0 | 3:35.6 |
| 31 SANDQUIST, Isaac | FR | Grinnell | 31 | 17:56.6 | 5:47.3 | 3:35.7 |
| 32 ESTLING, Cayle | SO | Center Point-Urban | 32 | 17:59.2 | 5:48.1 | 3:36.3 |
| 33 KAFER, Logan | SR | Clear Creek-Amana | 33 | 17:59.3 | 5:48.2 | 3:36.3 |
| 34 KIRTZ, Casey | SR | Center Point-Urban | 34 | 18:05.1 | 5:50.0 | 3:37.5 |
| 35 ROHRS, Braxten | SR | South Tama County | 35 | 18:06.2 | 5:50.4 | 3:37.7 |
| 36 McMULLIN, Tyler | SO | Williamsburg | 36 | 18:07.2 | 5:50.7 | 3:37.9 |
| 37 JESINA, Barrett | SO | South Tama County | 37 | 18:07.6 | 5:50.8 | 3:37.9 |
| 38 FELDMAN, Sawyer | SO | Mount Vernon-Lisb | 38 | 18:07.9 | 5:50.9 | 3:38.0 |
| 39 MORRIS, Isaac | SR | Benton Community | 39 | 18:13.3 | 5:52.7 | 3:39.1 |
| 40 HULSEBERG, Wes | SR | Williamsburg | 40 | 18:16.3 | 5:53.6 | 3:39.7 |
| 41 SWANSON, Aldin | SR | Vinton-Shellsburg | 41 | 18:18.6 | 5:54.4 | 3:40.1 |
| 42 JONES, Bradley | SR | Center Point-Urban | 42 | 18:19.9 | 5:54.8 | 3:40.4 |
| 43 REED, Colin | FR | Williamsburg | 43 | 18:20.1 | 5:54.8 | 3:40.4 |
| 44 SCHIRMER, Holden | SR | South Tama County | (44) | 18:20.1 | 5:54.9 | 3:40.5 |
| 45 EASTON, Carter | JR | Center Point-Urban | (45) | 18:22.7 | 5:55.7 | 3:41.0 |
| 46 LAUG, Harrison | JR | Grinnell | 46 | 18:25.0 | 5:56.4 | 3:41.4 |
| 47 SINNWELL, Lawsin | SR | Solon | (47) | 18:28.6 | 5:57.6 | 3:42.2 |
| 48 CASKEY, Chasen | FR | Mount Vernon-Lisb | (48) | 18:34.4 | 5:59.5 | 3:43.3 |
| 49 WHITE, Brenden | FR | West Delaware Ma | 49 | 18:35.7 | 5:59.9 | 3:43.6 |
| 50 ARWINE, Hayes | SO | Williamsburg | 50 | 18:35.7 | 5:59.9 | 3:43.6 |
| 51 OLSON, Caleb | SO | Benton Community | 51 | 18:37.4 | 6:00.4 | 3:43.9 |
| 52 BATCHELER, Landon | SO | Center Point-Urban | (52) | 18:38.2 | 6:00.7 | 3:44.1 |
| 53 WOLF, Aden | FR | Grinnell | 53 | 18:40.3 | 6:01.4 | 3:44.5 |
| 54 WENGER, Braden | JR | West Delaware Ma | 54 | 18:47.8 | 6:03.8 | 3:46.0 |
| 55 VAVRICEK, Graham | JR | Mount Vernon-Lisb | (55) | 18:48.6 | 6:04.0 | 3:46.2 |
| 56 FISH, Adam | SR | Independence | 56 | 18:54.4 | 6:05.9 | 3:47.3 |
| 57 KARTMAN, Evan | SR | West Delaware Ma | 57 | 18:55.9 | 6:06.4 | 3:47.6 |
| 58 KOONS, Charlie | FR | Williamsburg | (58) | 18:56.2 | 6:06.5 | 3:47.7 |
| 59 DICKENSON, Zachary | SO | Vinton-Shellsburg | 59 | 18:56.8 | 6:06.7 | 3:47.8 |
| 60 BRUMMEL, Finn | SO | Williamsburg | (60) | 19:00.3 | 6:07.8 | 3:48.5 |
| 61 STEFFEN, Alex | SR | West Delaware Ma | (61) | 19:02.6 | 6:08.6 | 3:49.0 |
| 62 VANHORN, Jackson | SO | Clear Creek-Amana | (62) | 19:02.7 | 6:08.6 | 3:49.0 |
| 63 OBERBROECKLING, Brycen | FR | Marion | 63 | 19:09.0 | 6:10.6 | 3:50.3 |
| 64 NORTHWAY, Liam | FR | Marion | 64 | 19:11.0 | 6:11.3 | 3:50.7 |
| 65 LANGE, Luke | JR | Benton Community | 65 | 19:12.2 | 6:11.7 | 3:50.9 |
| 66 KLOPPING, Zach | JR | Vinton-Shellsburg | (66) | 19:16.5 | 6:13.1 | 3:51.8 |
| 67 WEEMS, Asher | JR | Marion | (67) | 19:17.3 | 6:13.3 | 3:51.9 |
| 68 BLANCHARD, Beaux | JR | Grinnell | (68) | 19:25.9 | 6:16.1 | 3:53.6 |
| 69 WOOTEN, Kyler | SO | West Delaware Ma | (69) | 19:28.8 | 6:17.0 | 3:54.2 |
| 70 COATES, Brooks | FR | Marion | (70) | 19:32.0 | 6:18.1 | 3:54.9 |
| 71 PICKART, Noah | SO | Benton Community | 71 | 19:38.8 | 6:20.2 | 3:56.2 |
| 72 SIECK, Jeff | SR | Grinnell | (72) | 19:44.9 | 6:22.2 | 3:57.4 |
| 73 WIELAND, Tyler | JR | Independence | 73 | 20:02.1 | 6:27.7 | 4:00.9 |
| 74 DECKER, Talan | JR | Independence | 74 | 20:02.7 | 6:27.9 | 4:01.0 |
| 75 SCHWAKE, Ethan | FR | Benton Community | 75 | 20:03.6 | 6:28.3 | 4:01.2 |

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|---------------------|----|-------------------|-------|---------|-----------|---------|
| 76 ALLEN, Leif | FR | Vinton-Shellsburg | (76) | 20:10.5 | 6:30.5 | 4:02.6 |
| 77 MITCHELL, Parker | JR | Benton Community | (77) | 20:17.3 | 6:32.7 | 4:03.9 |
| 78 RICKLEFS, Marcus | SR | Benton Community | (78) | 20:18.7 | 6:33.1 | 4:04.2 |
| 79 WILSON, Tanner | JR | Independence | 79 | 20:48.9 | 6:42.8 | 4:10.3 |
| 80 KILER, Chase | SR | Independence | 80 | 21:36.3 | 6:58.2 | 4:19.8 |
| 81 JUSTASON, Kyle | SR | Independence | (81) | 22:21.8 | 7:12.8 | 4:28.9 |
| 82 POST, Cael | JR | Independence | (82) | 22:30.1 | 7:15.5 | 4:30.5 |

WAMAC CONFERENCE

Marion, IA
 Antioch Christian Church
 Weather: Cloudy, ENE 15-25mph, 97% & 56
 Host: Marion
 Thursday, October 12, 2023

MEET OFFICIALS

Meet Director:
 Kurt Ronnfeldt
Meet Referee:
 Bill Neal
Timing:
 Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT
 printed: 10/12/2023 6:06 PM

Race #3
JV Girls 5K

Final Results

TEAM SCORING SUMMARY

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|---------------------------|-------|------------------------|---------|-------|---------|
| 1 Mount Vernon-Lisbon | 24 | 1-2-5-7-9(10)(14) | 1:52:08 | 22:26 | 0:55.6 |
| 2 Solon | 40 | 3-4-8-12-13(21)(23) | 1:54:20 | 22:52 | 1:15.6 |
| 3 Marion | 94 | 6-11-20-24-33(37)(39) | 2:00:38 | 24:08 | 3:11.5 |
| 4 Clear Creek-Amana | 104 | 15-17-18-25-29(34)(41) | 2:01:35 | 24:19 | 1:30.8 |
| 5 West Delaware Mancheste | 116 | 16-19-26-27-28(31)(32) | 2:03:17 | 24:40 | 1:24.8 |
| 6 Williamsburg | 186 | 30-35-36-38-47 | 2:14:41 | 26:57 | 6:11.0 |
| 7 Center Point-Urbana | 202 | 22-40-42-48-50(51) | 2:30:26 | 30:06 | 12:41.8 |
| 8 Benton Community | 227 | 43-44-45-46-49 | 2:33:35 | 30:43 | 2:45.7 |
| DNP Vinton-Shellsburg | | | | | |
| DNP Grinnell | | | | | |

INDIVIDUAL RESULTS

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|-----------------------|----|---------------------|-------|---------|-----------|---------|
| 1 DAWSON, Edith | SO | Mount Vernon-Lisb | 1 | 21:59.8 | 7:05.7 | 4:24.5 |
| 2 SELLNER, Miranda | FR | Mount Vernon-Lisb | 2 | 22:09.3 | 7:08.8 | 4:26.4 |
| 3 DUCKETT, Mia | SR | Solon | 3 | 22:18.6 | 7:11.8 | 4:28.2 |
| 4 JANSEN, Jillian | FR | Solon | 4 | 22:25.7 | 7:14.1 | 4:29.7 |
| 5 TUCKER, Audrey | SR | Mount Vernon-Lisb | 5 | 22:27.5 | 7:14.7 | 4:30.0 |
| 6 FITCH, Laura | JR | Marion | 6 | 22:27.8 | 7:14.8 | 4:30.1 |
| 7 VAVRICEK, Anna | SR | Mount Vernon-Lisb | 7 | 22:35.7 | 7:17.3 | 4:31.7 |
| 8 WILLIAMS, Ashlyn | SR | Solon | 8 | 22:43.1 | 7:19.7 | 4:33.2 |
| 9 KROGMANN, Maeve | SR | Mount Vernon-Lisb | 9 | 22:55.3 | 7:23.6 | 4:35.6 |
| 10 BOCK, Hailey | JR | Mount Vernon-Lisb | (10) | 22:59.9 | 7:25.1 | 4:36.5 |
| 11 CARNES, Jayda | JR | Marion | 11 | 23:11.1 | 7:28.7 | 4:38.8 |
| 12 FORDICE, Mya | FR | Solon | 12 | 23:17.8 | 7:30.9 | 4:40.1 |
| 13 KLEPPE, Keegan | FR | Solon | 13 | 23:34.2 | 7:36.2 | 4:43.4 |
| 14 JOHNSON, Carie | FR | Mount Vernon-Lisb | (14) | 23:37.1 | 7:37.1 | 4:44.0 |
| 15 STILTNER, Summer | FR | Clear Creek-Amana | 15 | 23:40.2 | 7:38.1 | 4:44.6 |
| 16 MENSEN, Erin | SO | West Delaware Ma | 16 | 23:43.2 | 7:39.1 | 4:45.2 |
| 17 PYATT, Kylie | SR | Mount Vernon-Lisb | - | 23:45.6 | 7:39.8 | 4:45.7 |
| 18 CARTIER, Kennedi | FR | Clear Creek-Amana | 17 | 23:52.1 | 7:42.0 | 4:47.0 |
| 19 KARSTEN, Emma | FR | Clear Creek-Amana | 18 | 23:55.3 | 7:43.0 | 4:47.6 |
| 20 NYDEGGER, Clare | JR | Mount Vernon-Lisb | - | 24:17.6 | 7:50.2 | 4:52.1 |
| 21 HOEFER, Maryn | FR | West Delaware Ma | 19 | 24:22.0 | 7:51.6 | 4:53.0 |
| 22 SHINDELAR, Delaney | SO | Marion | 20 | 24:23.9 | 7:52.2 | 4:53.4 |
| 23 SINNWELL, Joli | SO | Solon | (21) | 24:29.8 | 7:54.1 | 4:54.5 |
| 24 WEETS, Ellie | JR | Vinton-Shellsburg | - | 24:35.6 | 7:56.0 | 4:55.7 |
| 25 PERREAULT, Emara | SO | Mount Vernon-Lisb | - | 24:36.3 | 7:56.2 | 4:55.8 |
| 26 SLAYMAKER, Reagan | FR | Mount Vernon-Lisb | - | 24:40.7 | 7:57.6 | 4:56.7 |
| 27 KLETT, Josie | JR | Center Point-Urbani | 22 | 24:44.0 | 7:58.7 | 4:57.4 |
| 28 SCHEELEY, Brynn | FR | Solon | (23) | 24:44.9 | 7:59.0 | 4:57.6 |
| 29 TEAGUE, Allison | SO | Mount Vernon-Lisb | - | 24:47.2 | 7:59.7 | 4:58.0 |
| 30 RUPE, Caroline | FR | Mount Vernon-Lisb | - | 24:48.5 | 8:00.2 | 4:58.3 |
| 31 SNYDER, Sierra | SR | Mount Vernon-Lisb | - | 24:51.4 | 8:01.1 | 4:58.9 |

WAMAC CONFERENCE

Marion, IA

Antioch Christian Church

Weather: Cloudy, ENE 15-25mph, 97% & 56

Host: Marion

Thursday, October 12, 2023

MEET OFFICIALS**Meet Director:**

Kurt Ronfeldt

Meet Referee:

Bill Neal

Timing:

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

printed: 10/12/2023 6:06 PM

**Race #3
JV Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|-----------------------|----|--------------------|-------|---------|-----------|---------|
| 32 ASHBACKER, Marin | SO | Solon | - | 24:54.6 | 8:02.1 | 4:59.5 |
| 33 HANSEN, Greta | JR | Marion | 24 | 24:55.8 | 8:02.5 | 4:59.7 |
| 34 STOPKO, Olivia | JR | Clear Creek-Amana | 25 | 24:56.7 | 8:02.8 | 4:59.9 |
| 35 KARTMAN, Avery | FR | West Delaware Ma | 26 | 24:57.1 | 8:02.9 | 5:00.0 |
| 36 STAHL, Piper | SO | Solon | - | 25:02.6 | 8:04.7 | 5:01.1 |
| 37 DOMEYER, Taylor | SR | West Delaware Ma | 27 | 25:07.0 | 8:06.1 | 5:02.0 |
| 38 ANTE, Brooklin | SO | West Delaware Ma | 28 | 25:07.9 | 8:06.4 | 5:02.2 |
| 39 BONNEMA, Olivia | JR | Solon | - | 25:07.9 | 8:06.4 | 5:02.2 |
| 40 TONELLI, Madi | JR | Clear Creek-Amana | 29 | 25:10.9 | 8:07.4 | 5:02.8 |
| 41 SNOW, Kaitlyn | SR | Williamsburg | 30 | 25:11.6 | 8:07.6 | 5:02.9 |
| 42 MORMANN, Adler | FR | West Delaware Ma | (31) | 25:12.5 | 8:07.9 | 5:03.1 |
| 43 BOGARD, Maddy | FR | Solon | - | 25:23.4 | 8:11.4 | 5:05.3 |
| 44 KASS, Abby | JR | West Delaware Ma | (32) | 25:33.3 | 8:14.6 | 5:07.3 |
| 45 BOTHELL, Josie | FR | Mount Vernon-Lisb | - | 25:37.0 | 8:15.8 | 5:08.0 |
| 46 LOECKE, Trudy | JR | West Delaware Ma | - | 25:38.3 | 8:16.2 | 5:08.3 |
| 47 BEAMAN, Angelynnah | SO | Marion | 33 | 25:39.3 | 8:16.5 | 5:08.5 |
| 48 MILES, Sophia | JR | Solon | - | 25:48.1 | 8:19.4 | 5:10.2 |
| 49 SHOUNICK, Alyssa | FR | Clear Creek-Amana | (34) | 25:54.0 | 8:21.3 | 5:11.4 |
| 50 THOMAS, Molly | JR | Williamsburg | 35 | 25:55.9 | 8:21.9 | 5:11.8 |
| 51 O'REAR, Abigail | SR | West Delaware Ma | - | 25:56.6 | 8:22.1 | 5:11.9 |
| 52 LAROSA, Stephanie | SR | West Delaware Ma | - | 25:58.4 | 8:22.7 | 5:12.3 |
| 53 UHLMANN, Graceyn | FR | Williamsburg | 36 | 26:03.4 | 8:24.3 | 5:13.3 |
| 54 PAULY, Jadyn | FR | Marion | (37) | 26:04.6 | 8:24.7 | 5:13.5 |
| 55 HULSEBERG, Zoe | SO | Williamsburg | 38 | 26:07.1 | 8:25.5 | 5:14.0 |
| 56 BIRKER, Isabel | JR | Vinton-Shellsburg | - | 26:19.4 | 8:29.5 | 5:16.5 |
| 57 BARDGETT, Alaina | SO | West Delaware Ma | - | 26:24.8 | 8:31.2 | 5:17.6 |
| 58 MILLENKAMP, Maggie | SR | West Delaware Ma | - | 26:27.9 | 8:32.2 | 5:18.2 |
| 59 BOCKENSTEDT, Ava | SR | West Delaware Ma | - | 26:36.7 | 8:35.0 | 5:20.0 |
| 60 BARKLEY, Iyanna | JR | Marion | (39) | 26:48.2 | 8:38.8 | 5:22.3 |
| 61 SABIN, Riley | SO | Center Point-Urban | 40 | 26:55.3 | 8:41.0 | 5:23.7 |
| 62 MCCULLOUGH, Kora | SO | Vinton-Shellsburg | - | 27:03.4 | 8:43.7 | 5:25.3 |
| 63 MORF, Ingrid | SO | Mount Vernon-Lisb | - | 27:11.7 | 8:46.3 | 5:27.0 |
| 64 BOCK, Emily | FR | Mount Vernon-Lisb | - | 27:17.7 | 8:48.3 | 5:28.2 |
| 65 STEPHENS, Anna | FR | Mount Vernon-Lisb | - | 27:19.1 | 8:48.7 | 5:28.5 |
| 66 HODSON, Mia | SR | West Delaware Ma | - | 27:30.7 | 8:52.5 | 5:30.8 |
| 67 SMUTZ, Addie | SO | Clear Creek-Amana | (41) | 27:58.8 | 9:01.5 | 5:36.4 |
| 68 EMICK, Mya | FR | Clear Creek-Amana | - | 28:04.4 | 9:03.3 | 5:37.6 |
| 69 OSERA, Talia | SO | Grinnell | - | 28:24.2 | 9:09.7 | 5:41.5 |
| 70 SIMISON, Miranda | FR | Solon | - | 28:25.0 | 9:10.0 | 5:41.7 |
| 71 HEISDORFFER, Reese | JR | Clear Creek-Amana | - | 28:28.6 | 9:11.2 | 5:42.4 |
| 72 ROLLINGER, Rachel | SR | Vinton-Shellsburg | - | 28:35.0 | 9:13.2 | 5:43.7 |
| 73 CARROLL, Avery | FR | West Delaware Ma | - | 28:39.1 | 9:14.5 | 5:44.5 |
| 74 JEDLICKA, Bella | SR | Solon | - | 28:59.9 | 9:21.2 | 5:48.7 |
| 75 LOECKE, Emma | FR | West Delaware Ma | - | 29:00.2 | 9:21.3 | 5:48.7 |
| 76 GOEBEL, Emily | FR | Center Point-Urban | 42 | 29:12.6 | 9:25.4 | 5:51.2 |
| 77 HAMMOND, Abigail | FR | Grinnell | - | 29:44.0 | 9:35.5 | 5:57.5 |

WAMAC CONFERENCE

Marion, IA
 Antioch Christian Church
 Weather: Cloudy, ENE 15-25mph, 97% & 56
 Host: Marion
 Thursday, October 12, 2023

MEET OFFICIALS

Meet Director:
 Kurt Ronfeldt
Meet Referee:
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 Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

printed: 10/12/2023 6:06 PM

Race #3
JV Girls 5K

Final Results**INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|-----------------------|----|--------------------|-------|---------|-----------|---------|
| 78 FLECKSING, Cecelia | SO | Marion | - | 29:53.5 | 9:38.5 | 5:59.4 |
| 79 WRIGHT, Sarah | JR | Benton Community | 43 | 29:59.1 | 9:40.3 | 6:00.5 |
| 80 DEMOSS, Jessa | SR | Benton Community | 44 | 30:16.2 | 9:45.9 | 6:04.0 |
| 81 PHILLIPS, Mary | SR | Benton Community | 45 | 30:16.4 | 9:45.9 | 6:04.0 |
| 82 KRAMER, McKenna | SR | Benton Community | 46 | 30:18.5 | 9:46.6 | 6:04.4 |
| 83 PASKER, Gwen | JR | West Delaware Ma | - | 30:27.9 | 9:49.6 | 6:06.3 |
| 84 SMITH, Luca | SR | West Delaware Ma | - | 30:29.4 | 9:50.1 | 6:06.6 |
| 85 BAHLS, Cambrie | JR | West Delaware Ma | - | 31:02.9 | 10:00.9 | 6:13.3 |
| 86 SEELEY, Makayla | FR | West Delaware Ma | - | 31:06.5 | 10:02.1 | 6:14.0 |
| 87 CAMPBELL, Cady | SR | Williamsburg | 47 | 31:22.5 | 10:07.3 | 6:17.3 |
| 88 MOURLAM, Allison | JR | Center Point-Urban | 48 | 32:08.3 | 10:22.0 | 6:26.4 |
| 89 HILDEBRAND, Maddie | SR | West Delaware Ma | - | 32:14.8 | 10:24.1 | 6:27.7 |
| 90 JOLLEY, Audrey | SR | West Delaware Ma | - | 32:40.9 | 10:32.5 | 6:32.9 |
| 91 GLAWE, Ana | JR | Benton Community | 49 | 32:44.7 | 10:33.8 | 6:33.7 |
| 92 TIBBOTT, Eadie | SR | West Delaware Ma | - | 36:41.6 | 11:50.2 | 7:21.2 |
| 93 MOURLAM, Emily | FR | Center Point-Urban | 50 | 37:25.7 | 12:04.4 | 7:30.0 |
| 94 CORDELL, Lola | FR | Center Point-Urban | (51) | 38:17.5 | 12:21.1 | 7:40.4 |

WAMAC CONFERENCE

Marion, IA
 Antioch Christian Church
 Weather: Cloudy, ENE 15-25mph, 97% & 56
 Host: Marion
 Thursday, October 12, 2023

MEET OFFICIALS

Meet Director:
 Kurt Ronfeldt
Meet Referee:
 Bill Neal
Timing:
 Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT
 printed: 10/12/2023 6:06 PM

Race #4
JV Boys 5K

Final Results

TEAM SCORING SUMMARY

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|---------------------------|-------|------------------------|---------|-------|--------|
| 1 Mount Vernon-Lisbon | 44 | 2-4-5-6-27(37)(39) | 1:35:07 | 19:02 | 1:21.0 |
| 2 Clear Creek-Amana | 69 | 9-12-13-17-18(20)(25) | 1:37:06 | 19:26 | 0:35.4 |
| 3 Solon | 80 | 3-7-19-21-30(33)(42) | 1:37:15 | 19:27 | 1:14.8 |
| 4 Center Point-Urbana | 105 | 1-10-23-28-43(48)(56) | 1:37:58 | 19:36 | 2:03.1 |
| 5 Grinnell | 111 | 11-15-16-31-38(41)(68) | 1:38:49 | 19:46 | 1:12.3 |
| 6 Williamsburg | 132 | 8-14-26-40-44(45)(47) | 1:39:22 | 19:53 | 1:31.1 |
| 7 West Delaware Mancheste | 181 | 24-34-35-36-52(58)(60) | 1:41:29 | 20:18 | 0:56.0 |
| 8 Marion | 190 | 22-29-32-50-57(63)(66) | 1:41:51 | 20:23 | 1:12.4 |
| 9 Benton Community | 290 | 49-51-61-64-65(73)(75) | 1:46:02 | 21:13 | 0:51.5 |
| 10 South Tama County Tama | 298 | 46-53-59-69-71 | 1:47:26 | 21:30 | 2:26.5 |
| 11 Vinton-Shellisburg | 308 | 54-55-62-67-70(72)(74) | 1:48:01 | 21:37 | 1:58.9 |
| DNP Independence | | | | | |

INDIVIDUAL RESULTS

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|----------------------|----|---------------------|-------|---------|-----------|---------|
| 1 LARSON, Isaac | SR | Center Point-Urbana | 1 | 18:29.3 | 5:57.8 | 3:42.3 |
| 2 KROB, Teague | SR | Mount Vernon-Lisb | 2 | 18:34.7 | 5:59.6 | 3:43.4 |
| 3 APPLEGARTH, Wyatt | SR | Solon | 3 | 18:46.1 | 6:03.2 | 3:45.7 |
| 4 ELLYSON, Stratton | FR | Mount Vernon-Lisb | 4 | 18:48.7 | 6:04.1 | 3:46.2 |
| 5 STEPHENS, Luke | SR | Mount Vernon-Lisb | 5 | 18:52.2 | 6:05.2 | 3:46.9 |
| 6 SCHEIL, Cayden | JR | Mount Vernon-Lisb | 6 | 18:55.4 | 6:06.2 | 3:47.5 |
| 7 LYONS, Camden | SO | Solon | 7 | 18:59.3 | 6:07.5 | 3:48.3 |
| 8 BUSCH, Devin | SR | Williamsburg | 8 | 19:01.8 | 6:08.3 | 3:48.8 |
| 9 HANKINS, Odin | SO | Clear Creek-Amana | 9 | 19:03.7 | 6:08.9 | 3:49.2 |
| 10 GRAHAM, Levi | FR | Center Point-Urbana | 10 | 19:06.1 | 6:09.7 | 3:49.7 |
| 11 THOMPSON, Keller | SO | Grinnell | 11 | 19:08.4 | 6:10.4 | 3:50.1 |
| 12 BOESET, Beckett | FR | Clear Creek-Amana | 12 | 19:15.5 | 6:12.7 | 3:51.6 |
| 13 KENNE, Keegan | JR | Clear Creek-Amana | 13 | 19:28.2 | 6:16.8 | 3:54.1 |
| 14 KLINGNER, Crew | SR | Williamsburg | 14 | 19:30.7 | 6:17.6 | 3:54.6 |
| 15 CONNER, Gideon | FR | Grinnell | 15 | 19:38.5 | 6:20.1 | 3:56.2 |
| 16 BLANCHARD, Aaron | FR | Grinnell | 16 | 19:38.8 | 6:20.3 | 3:56.2 |
| 17 CARTIER, Andrew | SR | Clear Creek-Amana | 17 | 19:39.0 | 6:20.3 | 3:56.3 |
| 18 YOUNG, Luke | FR | Clear Creek-Amana | 18 | 19:39.1 | 6:20.3 | 3:56.3 |
| 19 MEZA, Rene | SO | Solon | 19 | 19:39.5 | 6:20.5 | 3:56.4 |
| 20 SCHLOSS, Tate | JR | Clear Creek-Amana | (20) | 19:41.5 | 6:21.1 | 3:56.8 |
| 21 DUCKETT, Ben | SR | Solon | 21 | 19:48.5 | 6:23.4 | 3:58.2 |
| 22 KAPLER, Andrew | SO | Marion | 22 | 19:51.3 | 6:24.3 | 3:58.7 |
| 23 CARDO, Will | SO | Center Point-Urbana | 23 | 19:51.7 | 6:24.4 | 3:58.8 |
| 24 FANGMAN, Ashton | JR | West Delaware Ma | 24 | 19:51.9 | 6:24.5 | 3:58.9 |
| 25 BURKLE, Caden | SO | Clear Creek-Amana | (25) | 19:52.2 | 6:24.6 | 3:58.9 |
| 26 NUNNELLEY, Hudson | SO | Williamsburg | 26 | 19:54.8 | 6:25.4 | 3:59.4 |
| 27 SPEIDEL, Brody | SO | Mount Vernon-Lisb | 27 | 19:55.7 | 6:25.7 | 3:59.6 |
| 28 SHOLES, Ben | SO | Center Point-Urbana | 28 | 19:58.3 | 6:26.5 | 4:00.1 |
| 29 DIETZ, Azaryah | FR | Marion | 29 | 19:59.4 | 6:26.9 | 4:00.4 |

WAMAC CONFERENCE

Marion, IA

Antioch Christian Church

Weather: Cloudy, ENE 15-25mph, 97% & 56

Host: Marion

Thursday, October 12, 2023

MEET OFFICIALS**Meet Director:**

Kurt Ronfeldt

Meet Referee:

Bill Neal

Timing:

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

printed: 10/12/2023 6:06 PM

**Race #4
JV Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|-------------------------|----|--------------------|-------|---------|-----------|---------|
| 30 PAULEY, Mason | SR | Solon | 30 | 20:00.8 | 6:27.3 | 4:00.6 |
| 31 SCHALMO, William | FR | Grinnell | 31 | 20:02.6 | 6:27.9 | 4:01.0 |
| 32 DUNKIN, Kameron | SO | Clear Creek-Amana | - | 20:07.4 | 6:29.5 | 4:01.9 |
| 33 GREGORY, Josiah | JR | Marion | 32 | 20:12.4 | 6:31.1 | 4:03.0 |
| 34 YOUNG, Owen | SR | Solon | (33) | 20:14.5 | 6:31.8 | 4:03.4 |
| 35 COOK, Adam | JR | West Delaware Ma | 34 | 20:14.6 | 6:31.8 | 4:03.4 |
| 36 CHESMORE, Ashton | JR | West Delaware Ma | 35 | 20:17.0 | 6:32.6 | 4:03.9 |
| 37 NEUHAUS, Owen | SR | West Delaware Ma | 36 | 20:17.8 | 6:32.8 | 4:04.0 |
| 38 RINIKER, Xander | FR | Mount Vernon-Lisb | (37) | 20:20.5 | 6:33.7 | 4:04.6 |
| 39 KOESTER, Jase | SO | Grinnell | 38 | 20:20.7 | 6:33.7 | 4:04.6 |
| 40 HAPPEL, Kyler | FR | Mount Vernon-Lisb | (39) | 20:21.9 | 6:34.1 | 4:04.9 |
| 41 KENT, Nolan | SO | Williamsburg | 40 | 20:22.0 | 6:34.2 | 4:04.9 |
| 42 ARMSTRONG, Anthony | FR | Mount Vernon-Lisb | - | 20:22.2 | 6:34.3 | 4:04.9 |
| 43 MCCOMBS, Timothy | SO | Grinnell | (41) | 20:22.7 | 6:34.4 | 4:05.0 |
| 44 BAKER, Braydon | SO | Solon | (42) | 20:30.8 | 6:37.0 | 4:06.6 |
| 45 DAVIS, Zayde | FR | Center Point-Urban | 43 | 20:32.3 | 6:37.5 | 4:06.9 |
| 46 WILDE, Ian | SR | Williamsburg | 44 | 20:32.9 | 6:37.7 | 4:07.1 |
| 47 ZIRKEL, Brevin | FR | Williamsburg | (45) | 20:33.0 | 6:37.7 | 4:07.1 |
| 48 PEREZ, Jovanie | SO | South Tama County | 46 | 20:33.7 | 6:38.0 | 4:07.2 |
| 49 GROBE, Keegan | SO | Williamsburg | (47) | 20:39.5 | 6:39.8 | 4:08.4 |
| 50 MAI, Caden | SO | Solon | - | 20:40.3 | 6:40.1 | 4:08.5 |
| 51 ROELOFS, Michael | SR | Center Point-Urban | (48) | 20:42.1 | 6:40.7 | 4:08.9 |
| 52 ARAIZA, Brian | FR | Benton Community | 49 | 20:44.3 | 6:41.4 | 4:09.3 |
| 53 ROGERS-COLE, Elliott | SR | Marion | 50 | 20:44.4 | 6:41.4 | 4:09.4 |
| 54 REINERS, Colin | SO | Benton Community | 51 | 20:47.3 | 6:42.4 | 4:10.0 |
| 55 JOHNSON, Gil | JR | West Delaware Ma | 52 | 20:47.9 | 6:42.5 | 4:10.1 |
| 56 CHAVEZ, Amare | SR | South Tama County | 53 | 20:50.9 | 6:43.5 | 4:10.7 |
| 57 JANSEN, Max | SR | Vinton-Shellsburg | 54 | 21:00.7 | 6:46.7 | 4:12.6 |
| 58 CHRISTENSON, Cal | SO | Vinton-Shellsburg | 55 | 21:00.7 | 6:46.7 | 4:12.6 |
| 59 RUSSO, Mikey | SR | Center Point-Urban | (56) | 21:02.9 | 6:47.4 | 4:13.1 |
| 60 PROCTOR, Samuel | SO | Marion | 57 | 21:03.6 | 6:47.6 | 4:13.2 |
| 61 MASTIN, Dominic | SR | West Delaware Ma | (58) | 21:04.4 | 6:47.8 | 4:13.4 |
| 62 CARRERA, Alex | SR | South Tama County | 59 | 21:06.2 | 6:48.4 | 4:13.7 |
| 63 GRAWE, Ethan | SR | West Delaware Ma | (60) | 21:08.0 | 6:49.0 | 4:14.1 |
| 64 MENARD, Trent | SO | West Delaware Ma | - | 21:08.3 | 6:49.1 | 4:14.2 |
| 65 ZOLLINGER, Dawson | SR | Williamsburg | - | 21:09.7 | 6:49.6 | 4:14.4 |
| 66 HOVE, Gavin | FR | Mount Vernon-Lisb | - | 21:11.4 | 6:50.1 | 4:14.8 |
| 67 RESSLER, Ethan | SO | Solon | - | 21:14.4 | 6:51.1 | 4:15.4 |
| 68 JAMES, Kyle | JR | Center Point-Urban | - | 21:14.5 | 6:51.1 | 4:15.4 |
| 69 KELLY, Jackson | FR | Center Point-Urban | - | 21:18.1 | 6:52.3 | 4:16.1 |
| 70 ARAIZA, Luis | JR | Benton Community | 61 | 21:19.9 | 6:52.9 | 4:16.5 |
| 71 MESCH, Rhett | SR | Solon | - | 21:20.3 | 6:53.0 | 4:16.6 |
| 72 ROSS, Cooper | FR | Center Point-Urban | - | 21:20.7 | 6:53.1 | 4:16.6 |
| 73 MANGOLD, Hugh | SR | Vinton-Shellsburg | 62 | 21:22.0 | 6:53.5 | 4:16.9 |
| 74 BRAY, Bo | FR | Clear Creek-Amana | - | 21:23.8 | 6:54.1 | 4:17.3 |
| 75 CLARK, Charles | SO | Marion | (63) | 21:24.7 | 6:54.4 | 4:17.4 |

WAMAC CONFERENCE

Marion, IA
 Antioch Christian Church
 Weather: Cloudy, ENE 15-25mph, 97% & 56
 Host: Marion
 Thursday, October 12, 2023

MEET OFFICIALS

Meet Director:
 Kurt Ronfeldt
Meet Referee:
 Bill Neal
Timing:
 Andrew Kauder - Kauder Racing, LLC



OFFICIAL MEET REPORT
 printed: 10/12/2023 6:06 PM

Race #4
JV Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|-------------------------|----|--------------------|-------|---------|-----------|---------|
| 76 HAAS, Kaiden | SO | West Delaware Ma | - | 21:25.3 | 6:54.6 | 4:17.6 |
| 77 PETERSEN, Tate | FR | Mount Vernon-Lisb | - | 21:27.8 | 6:55.4 | 4:18.1 |
| 78 BUTTERIS, Cole | SR | Mount Vernon-Lisb | - | 21:29.8 | 6:56.0 | 4:18.5 |
| 79 HAPPEL, Cade | SO | Mount Vernon-Lisb | - | 21:30.4 | 6:56.2 | 4:18.6 |
| 80 SADLER, Jonathon | FR | Benton Community | 64 | 21:34.1 | 6:57.4 | 4:19.3 |
| 81 MORRILL, Aiden | JR | Mount Vernon-Lisb | - | 21:35.3 | 6:57.8 | 4:19.6 |
| 82 HAWK, Brody | SO | Williamsburg | - | 21:35.4 | 6:57.9 | 4:19.6 |
| 83 TALAVERA, Mario | SR | Benton Community | 65 | 21:35.8 | 6:58.0 | 4:19.7 |
| 84 BUSSEY, Connor | FR | Marion | (66) | 21:36.3 | 6:58.2 | 4:19.8 |
| 85 WEBER, Zander | FR | Vinton-Shellsburg | 67 | 21:38.0 | 6:58.7 | 4:20.1 |
| 86 NICHOLSON, Gabe | SR | Solon | - | 21:40.0 | 6:59.4 | 4:20.5 |
| 87 HIRKO, Luke | SO | Williamsburg | - | 21:40.4 | 6:59.5 | 4:20.6 |
| 88 DESMET, James | SR | Center Point-Urban | - | 21:41.7 | 6:59.9 | 4:20.9 |
| 89 REKERS, Owen | SO | Solon | - | 21:46.5 | 7:01.4 | 4:21.8 |
| 90 VIET, Harbor | FR | Solon | - | 21:47.1 | 7:01.6 | 4:21.9 |
| 91 THOMPSON, Elijah | FR | Clear Creek-Amana | - | 21:48.7 | 7:02.2 | 4:22.3 |
| 92 NORRIS, Dash | FR | Grinnell | (68) | 21:48.9 | 7:02.2 | 4:22.3 |
| 93 HILL, Rayden | SO | South Tama County | 69 | 21:54.9 | 7:04.1 | 4:23.5 |
| 94 MOEHLMAN, Elliott | SO | Mount Vernon-Lisb | - | 21:55.1 | 7:04.2 | 4:23.5 |
| 95 BISHOP, John | FR | Mount Vernon-Lisb | - | 21:59.9 | 7:05.8 | 4:24.5 |
| 96 DREIER, Jacob | JR | Center Point-Urban | - | 22:00.7 | 7:06.0 | 4:24.7 |
| 97 PETTIT, Charlie | SO | Solon | - | 22:03.2 | 7:06.8 | 4:25.2 |
| 98 DAVIDSON, Henry | SO | Clear Creek-Amana | - | 22:04.5 | 7:07.2 | 4:25.4 |
| 99 CAREY, P.J. | SO | Williamsburg | - | 22:05.7 | 7:07.6 | 4:25.7 |
| 100 TUCKER, Hayden | FR | West Delaware Ma | - | 22:07.3 | 7:08.1 | 4:26.0 |
| 101 POST, Zach | SR | Center Point-Urban | - | 22:19.0 | 7:11.9 | 4:28.3 |
| 102 DECKER, Michael | JR | Independence | - | 22:22.5 | 7:13.1 | 4:29.0 |
| 103 DEJARNETT, Andrew | SO | Williamsburg | - | 22:37.5 | 7:17.9 | 4:32.0 |
| 104 RECALDE, Joey | JR | Mount Vernon-Lisb | - | 22:38.5 | 7:18.2 | 4:32.2 |
| 105 MELLOY, Ethan | SR | Solon | - | 22:41.3 | 7:19.1 | 4:32.8 |
| 106 LEWIS, Nathaniel | FR | Mount Vernon-Lisb | - | 22:41.3 | 7:19.1 | 4:32.8 |
| 107 IRELAND, Marquez | JR | Mount Vernon-Lisb | - | 22:41.7 | 7:19.2 | 4:32.9 |
| 108 FETTER, Rodney | SR | Marion | - | 22:42.9 | 7:19.6 | 4:33.1 |
| 109 IBURG, Cole | SR | Clear Creek-Amana | - | 22:43.6 | 7:19.8 | 4:33.2 |
| 110 YEOMANS, Ben | FR | Solon | - | 22:46.7 | 7:20.9 | 4:33.9 |
| 111 PODUSKA, Nate | FR | Mount Vernon-Lisb | - | 22:52.0 | 7:22.6 | 4:34.9 |
| 112 GLEASON, Evan | FR | Solon | - | 22:53.0 | 7:22.9 | 4:35.2 |
| 113 VAN WECHEL, Lincoln | FR | Vinton-Shellsburg | 70 | 22:59.6 | 7:25.0 | 4:36.5 |
| 114 BRANDT, Britten | SO | South Tama County | 71 | 23:00.2 | 7:25.2 | 4:36.6 |
| 115 WHALEN, Oliver | FR | Vinton-Shellsburg | (72) | 23:06.3 | 7:27.2 | 4:37.8 |
| 116 MEZA, Evzen | JR | Solon | - | 23:08.7 | 7:28.0 | 4:38.3 |
| 117 QUINT, Phin | FR | West Delaware Ma | - | 23:12.2 | 7:29.1 | 4:39.0 |
| 118 GREGORY, Tyler | SR | Solon | - | 23:16.0 | 7:30.3 | 4:39.7 |
| 119 GOLDENSTEIN, Ryan | SR | Independence | - | 23:21.1 | 7:32.0 | 4:40.8 |
| 120 MCGONEGLE, Jackson | FR | Center Point-Urban | - | 23:31.8 | 7:35.4 | 4:42.9 |
| 121 QUINT, Gabe | SR | West Delaware Ma | - | 23:46.1 | 7:40.0 | 4:45.8 |

WAMAC CONFERENCE

Marion, IA

Antioch Christian Church

Weather: Cloudy, ENE 15-25mph, 97% & 56

Host: Marion

Thursday, October 12, 2023

MEET OFFICIALS**Meet Director:**

Kurt Ronfeldt

Meet Referee:

Bill Neal

Timing:

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

printed: 10/12/2023 6:06 PM

**Race #4
JV Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

| Athlete | YR | Team | Score | Time | Avg. Mile | Avg. KM |
|------------------------|----|--------------------|-------|---------|-----------|---------|
| 122 MCCOY, Corban | JR | Marion | - | 23:49.6 | 7:41.1 | 4:46.5 |
| 123 JOHNSON, Beckett | FR | Mount Vernon-Lisb | - | 23:53.6 | 7:42.4 | 4:47.3 |
| 124 DOUGLAS, Jaxson | SO | Williamsburg | - | 23:55.3 | 7:43.0 | 4:47.6 |
| 125 FERIN, Max | JR | Solon | - | 23:58.9 | 7:44.2 | 4:48.4 |
| 126 BARKLEY, Zayin | FR | Marion | - | 24:01.1 | 7:44.9 | 4:48.8 |
| 127 MALCOLM, James | FR | Marion | - | 24:20.9 | 7:51.2 | 4:52.8 |
| 128 BROWN, Thomas | SR | Grinnell | - | 24:26.6 | 7:53.1 | 4:53.9 |
| 129 BECKER, Nathan | SO | Benton Community | (73) | 24:28.1 | 7:53.6 | 4:54.2 |
| 130 BOURGET, Noah | FR | Clear Creek-Amana | - | 24:32.0 | 7:54.8 | 4:55.0 |
| 131 BISHOP, YeongHo | FR | Mount Vernon-Lisb | - | 24:47.8 | 7:59.9 | 4:58.1 |
| 132 SELLARS, Ethan | FR | West Delaware Ma | - | 24:55.0 | 8:02.2 | 4:59.6 |
| 133 KLEINMEYER, Luke | SO | Williamsburg | - | 24:58.8 | 8:03.5 | 5:00.4 |
| 134 WEBSTER, Noah | JR | Mount Vernon-Lisb | - | 25:09.8 | 8:07.0 | 5:02.6 |
| 135 KIM, San | FR | West Delaware Ma | - | 25:14.1 | 8:08.4 | 5:03.4 |
| 136 HENKLE, Hayden | SO | Vinton-Shellsburg | (74) | 25:17.2 | 8:09.4 | 5:04.0 |
| 137 MICK, Rhys | FR | Vinton-Shellsburg | - | 25:42.1 | 8:17.4 | 5:09.0 |
| 138 SALOW, Cael | FR | Center Point-Urban | - | 26:05.5 | 8:25.0 | 5:13.7 |
| 139 THOMAS, Eli | SO | Williamsburg | - | 26:06.6 | 8:25.4 | 5:13.9 |
| 140 SCHAEFER, Kayden | FR | Williamsburg | - | 26:15.9 | 8:28.3 | 5:15.8 |
| 141 FETZER, Benjamin | FR | Solon | - | 26:21.2 | 8:30.1 | 5:16.9 |
| 142 COONEY, Clayton | FR | Solon | - | 26:23.0 | 8:30.6 | 5:17.2 |
| 143 POUSH, Wolfgang | FR | Grinnell | - | 26:39.0 | 8:35.8 | 5:20.4 |
| 144 KUBAS, Caleb | SO | Williamsburg | - | 26:39.1 | 8:35.8 | 5:20.4 |
| 145 COLSCH, Emmett | SR | Vinton-Shellsburg | - | 26:48.2 | 8:38.8 | 5:22.3 |
| 146 HINES, Andrew | SO | Benton Community | (75) | 27:03.0 | 8:43.5 | 5:25.2 |
| 147 RAMBO, Reece | FR | Center Point-Urban | - | 27:11.5 | 8:46.3 | 5:26.9 |
| 148 BOOKMEIER, Matthew | SR | Vinton-Shellsburg | - | 27:22.8 | 8:49.9 | 5:29.2 |
| 149 BALL, Porter | FR | Solon | - | 27:36.6 | 8:54.4 | 5:32.0 |