



2	Unity Christian	48	2	3	4	17	22	29	31
	Total Time:	1:44:24.56							
	Average:	20:52.92							
3	MOC-Floyd Valley	59	6	9	10	16	18	19	20
	Total Time:	1:46:09.17							
	Average:	21:13.84							
4	Okoboji	103	7	21	24	25	26	27	28
	Total Time:	1:51:04.99							
	Average:	22:13.00							
5	West Lyon	145	15	30	32	33	35	37	38
	Total Time:	1:55:47.54							
	Average:	23:09.51							
6	Boyden-Hull-RV	154	5	34	36	39	40	41	42
	Total Time:	2:00:06.59							
	Average:	24:01.32							

## 2023 Siouxland Conference XC Championships - 10/10/2023

West Lyon Hosts

Meadow Acres Golf Course (Larchwood, Iowa)

## Event 4 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
1	Mirande, Trevor	11 MOC-Floyd Valley	16:50.09	1
2	Byers, Ben	10 Sibley-Ocheyedan	16:58.14	2
3	Osler, Evan	11 Okoboji	17:10.91	3
4	Wynia, Ethan	11 Unity Christian	17:11.21	4
5	Van Der Werff, Ian	11 MOC-Floyd Valley	17:11.27	5
6	Hummel, Isaac	09 MOC-Floyd Valley	17:13.67	6
7	Huff, Caleb	11 Sheldon	17:13.96	7
8	Mulder, Daylen	12 Unity Christian	17:15.12	8
9	Jostand, Akron	12 Okoboji	17:15.66	9
10	Wassenaar, Michael	11 Sheldon	17:16.17	10
11	Larson, Lane	11 Okoboji	17:17.91	11
12	Schmidt, Micah	11 MOC-Floyd Valley	17:18.63	12
13	Foltz, Logan	12 Sioux Center	17:19.44	13
14	Rozenboom, Tyler	11 Unity Christian	17:21.98	14
15	VandeVegte, Micah	11 Sioux Center	17:23.64	15
16	Schreurs, Stephen	11 Unity Christian	17:29.67	16
17	Doughan, Thatcher	10 MOC-Floyd Valley	17:32.55	17
18	Vonk, Hudson	12 Sioux Center	17:44.08	18
19	Work, Karson	09 Sioux Center	17:44.80	19
20	Scholten, Lane	11 Unity Christian	17:53.04	20
21	Schreurs, Elijah	09 Unity Christian	18:02.23	21
22	Landman, Ezra	12 Unity Christian	18:03.66	22
23	Kooiker, Caden	09 Sioux Center	18:09.98	23
24	Hulstein, Gerrit	11 MOC-Floyd Valley	18:12.21	24
25	Scheaffer, Lewis	09 Sheldon	18:15.23	25
26	Anderson, Nathan	11 MOC-Floyd Valley	18:17.61	26
27	Vermeer, Malakai	09 Sheldon	18:23.46	27
28	Klarenbeek, Evan	12 West Lyon	18:38.83	28
29	Ballis, Ryker	10 Okoboji	18:40.12	29
30	Poppen, David	11 Sibley-Ocheyedan	18:41.81	30
31	Hoffmann, Josh	11 Sheldon	18:42.80	31
32	Reiter, Cale	11 Sibley-Ocheyedan	18:44.25	32
33	Dean, Kellen	12 Sioux Center	18:51.86	33
34	Dahm, Nicholas	12 Sioux Center	18:53.90	34
35	Graves, Eli	10 Okoboji	19:07.82	35
36	De Zeeuw, Aiden	12 Sibley-Ocheyedan	19:11.49	36
37	Dykstra, Cole	11 Sibley-Ocheyedan	19:19.24	37
38	Blum, Ben	12 Boyden-Hull-RV	19:32.51	38
39	Vos, Carter	10 Sibley-Ocheyedan	19:35.25	39
40	Kaiser, Ray	10 Okoboji	19:45.71	40
41	Kock, Alec	10 West Lyon	20:16.80	41
42	Moser, Cole	11 West Lyon	20:31.33	42
43	Thiner, Eli	10 Sheldon	20:33.80	43
44	Feucht, Reed	10 West Lyon	20:51.61	44
45	Vos, Triston	10 Sibley-Ocheyedan	21:16.62	45
46	Siebrecht, Logan	12 Boyden-Hull-RV	21:22.03	46
47	Quevedo, Samuel	09 Boyden-Hull-RV	21:29.63	47
48	Gasca, Angel	11 Boyden-Hull-RV	21:42.80	48
49	King, Luis	10 Boyden-Hull-RV	21:47.62	49
50	Hespe, Amos	11 Boyden-Hull-RV	21:55.04	50
51	Hegenbarth, Jayden	09 Sheldon	22:15.48	51
52	Jennings, Aidan	12 West Lyon	22:40.25	52
53	Rens, Peter	10 West Lyon	23:16.44	53



## 2023 Siouxland Conference XC Championships - 10/10/2023

West Lyon Hosts

Meadow Acres Golf Course (Larchwood, Iowa)

## Event 3 Girls 5k Run CC JV

Name	Year	School	Finals	Points
1 Tracy, Teagan	10	Moc-Floyd Valley	21:43.46	1
2 Kraayenbrink, Olivia	12	Sioux Center	22:34.41	2
3 VandeVegte, Rylan	10	Sioux Center	22:43.02	3
4 Truesdell, Anna	10	Sioux Center	22:54.86	4
5 DeJong, Ava	11	Moc-Floyd Valley	23:00.46	5
6 Franken, Brynn	11	Unity Christian	23:22.02	6
7 Bloom, Maria	10	Sioux Center	23:22.33	7
8 Roland, Delanie	10	Sioux Center	23:29.69	8
9 Fernstrum, Kennedy	11	Moc-Floyd Valley	23:35.24	9
10 Hummel, Anna	12	Moc-Floyd Valley	23:37.67	10
11 Jansma, Erica	10	Moc-Floyd Valley	23:38.19	11
12 Vermeer, Emalee	12	Sioux Center	23:39.05	12
13 Bahrke, Payge	12	Moc-Floyd Valley	23:44.36	13
14 Smit, Chloe	11	Unity Christian	23:50.61	14
15 Stanislav, Mady	10	Moc-Floyd Valley	23:56.43	15
16 Bousema, Autumn	11	Unity Christian	24:11.87	16
17 Bajema, Adriel	09	Sioux Center	24:16.28	17
18 Smit, Anna	09	Unity Christian	24:30.75	18
19 DeYoung, Anisa	11	Moc-Floyd Valley	24:34.01	
20 Downing, Lydia	11	Okoboji	24:34.40	19
21 Verschure, Maggie	10	Moc-Floyd Valley	24:38.67	
22 Schuiteman, Grace	10	Sioux Center	24:50.53	
23 Hickey, Kiara	12	Unity Christian	24:53.10	20
24 Bunkers, Avery	10	Moc-Floyd Valley	24:57.68	
25 Heemstra, Madeline	12	Moc-Floyd Valley	25:02.08	
26 Vollink, Mikayla	12	Unity Christian	25:14.36	21
27 Tinklenberg, Daylea	10	Unity Christian	25:19.60	22
28 Gravert, Hailey	10	Okoboji	25:24.02	23
29 Van Zee, Eliana	09	Moc-Floyd Valley	25:28.57	
30 Van Grouw, Kate	10	Unity Christian	25:28.80	
31 VanHorssen, Carly	09	Sioux Center	25:36.93	
32 Vonk, Aubrey	10	Sioux Center	25:37.66	
33 Moeller, Lily	10	Moc-Floyd Valley	25:44.25	
34 Van Schouwen, Kyra	11	Unity Christian	25:52.25	
35 Boote, Johanna	12	West Lyon	25:53.80	
36 Drost, Zoe	10	Okoboji	25:58.82	24
37 Dykstra, Julia	11	Unity Christian	26:00.36	
38 TeKrony, Elena	09	Unity Christian	26:01.73	
39 Visser, Amalia	11	Unity Christian	26:09.05	
40 Goslinga, Annika	12	Unity Christian	26:13.43	
41 Sandbulte, Bella	09	Okoboji	26:21.25	25
42 Graves, Emma	12	Okoboji	26:22.15	26
43 Tea, Tikvah	10	Sioux Center	26:27.89	
44 Schneider, Hailey	10	Okoboji	26:32.83	27
45 Heller, Jocelyn	11	Okoboji	26:40.91	28
46 Godsey, Zoey	11	Moc-Floyd Valley	27:42.84	
47 Zheng, Jessica	09	Moc-Floyd Valley	27:53.16	
48 VanderSchaaf, Izabel	09	Sioux Center	28:04.51	
49 Cunningham, Addison	12	Okoboji	28:07.51	
50 Kooi, Ellie	10	West Lyon	28:28.44	
51 Rensink, Aria	12	Boyden-Hull-RV	28:33.60	
52 Vos, Emily	12	Sibley-Ocheyedan	28:44.47	
53 Pieper, Carly	09	Sioux Center	28:52.54	
54 Chambers, Kendra	09	Sibley-Ocheyedan	29:04.86	
55 Schrock, Emilee	11	Unity Christian	29:24.00	



## 2023 Siouxland Conference XC Championships - 10/10/2023

West Lyon Hosts

Meadow Acres Golf Course (Larchwood, Iowa)

## Event 6 Boys 5k Run CC JV

Name	Year	School	Finals	Points
1 Vande Griend, Joren	10	Unity Christian	18:41.27	1
2 Heimdahl, Trigg	11	Okobojo	18:42.56	2
3 Katt, Cooper	10	Moc-Floyd Valley	18:43.41	3
4 Reyes, Jaciel	10	Moc-Floyd Valley	18:44.19	4
5 Koelwyn, Dylan	12	Unity Christian	18:52.18	5
6 Wynia, Cade	09	Unity Christian	18:55.02	6
7 Smit, Tegegn	10	Moc-Floyd Valley	18:55.50	7
8 Oostra, Rowan	10	Unity Christian	18:56.51	8
9 Hulst, Brennan	09	Moc-Floyd Valley	19:08.06	9
10 Monroe, Calum	09	Unity Christian	19:29.39	10
11 Huisman, Jesse	12	Unity Christian	19:34.76	11
12 Breems, William	10	Unity Christian	19:44.16	12
13 Obbink, Brennan	10	Unity Christian	19:49.46	
14 Winn, David	12	Unity Christian	19:51.05	
15 Miller, August	11	Okobojo	19:52.55	13
16 Addink, Easton	10	Sioux Center	19:57.30	14
17 Brennan, Cody	11	Moc-Floyd Valley	19:59.58	15
18 Gonnerman, Michael	12	Okobojo	20:04.18	16
19 Barba, Nico	12	Okobojo	20:10.71	17
20 Geleynse, Eli	09	Unity Christian	20:11.20	
21 Brunst, Tyler	09	Unity Christian	20:13.53	
22 De Jong, Aaron	09	Unity Christian	20:16.45	
23 Bonnema, James	11	Moc-Floyd Valley	20:20.07	18
24 Frerichs, Andrew	10	Okobojo	20:30.31	19
25 Christenson, Tyler	11	Okobojo	20:31.13	20
26 Kroese, Easton	12	Sioux Center	20:38.96	21
27 Haugstad, Landon	11	Sioux Center	20:39.68	22
28 Haverdink, Andrew	12	Moc-Floyd Valley	20:41.17	23
29 Van Zee, Alex	09	Moc-Floyd Valley	20:49.30	
30 Miller, Oliver	10	Okobojo	20:49.86	24
31 Van Gelder, Carter	10	Moc-Floyd Valley	20:50.09	
32 Overmohle, Dylan	10	Moc-Floyd Valley	20:52.88	
33 Bousema, Josh	10	Unity Christian	20:53.52	
34 Strantz, Tristan	12	Okobojo	20:54.25	
35 Statema, Josh	10	Unity Christian	21:27.62	
36 Hoggard, Sam	12	Okobojo	21:28.25	
37 Dykstra, Logan	09	Unity Christian	21:33.50	
38 De Jong, Landon	12	Unity Christian	21:34.47	
39 Downing, Trey	09	Okobojo	21:36.32	
40 Kamp, Sam	11	Unity Christian	21:36.57	
41 Ploegstra, Ben	10	Unity Christian	21:40.74	
42 Hoggard, Marc	11	Okobojo	21:44.22	
43 Doughan, Orin	09	Moc-Floyd Valley	21:44.52	
44 Hurst, Evan	10	Sioux Center	21:52.64	25
45 Meyer, Kellan	11	Unity Christian	22:05.50	
46 Moeller, Charlie	12	Moc-Floyd Valley	22:14.29	
47 Huang, Jerry	10	Moc-Floyd Valley	22:22.78	
48 Van Klompenburg, Sam	09	Moc-Floyd Valley	22:23.76	
49 Grossmann, Ian	11	Moc-Floyd Valley	22:29.33	
50 MoralesMorales, Luis	10	Sioux Center	22:30.06	26
51 Perez, Edwin	10	Sioux Center	22:35.19	27
52 Palma, Diego	11	Boyden-Hull-RV	22:52.31	
53 Sholly, Christian	12	Moc-Floyd Valley	22:59.31	
54 Maassen, Seth	11	Moc-Floyd Valley	23:04.66	
55 Murphy, Micah	10	Unity Christian	23:09.59	







## 2023 Siouxland Conference XC Championships - 10/10/2023

West Lyon Hosts

Meadow Acres Golf Course (Larchwood, Iowa)

## Event 2 Boys 2 Mile Run CC Junior High

Name	Year School	Finals	Points
1 Fear, Tyson	8 Okoboji Midd	11:04.46	1
2 Dahm, Matthew	08 Sioux Center	11:30.25	2
3 Cundy, Drew	07 Sioux Center	11:34.58	3
4 Clark, Ryder	08 Okoboji Midd	11:52.02	4
5 Gravert, JD	8 Okoboji Midd	11:55.69	5
6 Landegent, Raymond	08 Sioux Center	11:58.67	6
7 Dokter, Crystian	8 Moc-Fv-Middl	12:00.16	7
8 Lehman, Brock	08 Sioux Center	12:22.58	8
9 Beukelman, Kaiden	08 Sioux Center	12:31.55	9
10 Roetman, Ben	07 Moc-Fv-Middl	12:32.87	10
11 Dykstra, Ben	8 Moc-Fv-Middl	12:39.52	11
12 McCord, Royce	08 Sioux Center	12:40.10	12
13 Hulshof, Ezra	07 Moc-Fv-Middl	12:43.85	13
14 Nitchals, Cruz	07 Okoboji Midd	12:48.56	14
15 Monier, Landon	07 Sibley-Ocheyedan	12:49.63	
16 Packebush, Slade	07 Okoboji Midd	12:52.35	15
17 McCord, Samuel	08 Sioux Center	12:58.78	16
18 Evenson, Wesley	07 Okoboji Midd	13:15.58	17
19 Rozeboom, Mason	08 Sioux Center	13:20.78	
20 Vonk, Peter	07 Sioux Center	13:22.18	
21 Kelderman, Walker	07 Sioux Center	13:22.59	
22 Roos, Caleb	08 Sheldon	13:23.02	18
23 Gebhard, Josh	07 Moc-Fv-Middl	13:24.44	19
24 Brue, Hyatt	8 Moc-Fv-Middl	13:28.24	20
25 De Koster, Carter	07 Moc-Fv-Middl	13:31.74	21
26 Brown, Elijah	8 Moc-Fv-Middl	13:32.50	
27 Simmelink, Griffin	07 Moc-Fv-Middl	13:37.99	
28 Rusche, Roland	08 Sibley-Ocheyedan	13:49.13	
29 Thang, Sovann	08 Sheldon	13:51.90	22
30 Huitink, Devon	07 Sheldon	14:03.21	23
31 Hurlburt, Tyler	08 Sheldon	14:04.41	24
32 Miller, Liam	07 Okoboji Midd	14:04.56	25
33 Dornbierer, Jack	07 Sioux Center	14:05.12	
34 Verschuure, Cole	07 Moc-Fv-Middl	14:06.87	
35 Kock, Gavin	08 West Lyon	14:13.72	
36 Truesdell, Joshua	08 Sioux Center	14:21.13	
37 Thonstad, Zaron	08 Sioux Center	14:28.20	
38 Vermeer, Clayton	08 Sioux Center	14:28.22	
39 Krosschell, Liam	8 Moc-Fv-Middl	14:30.06	
40 Pohlen, Lucas	08 Moc-Fv-Middl	14:35.14	
41 Titterington, Max	08 Okoboji Midd	14:41.62	
42 Wilken, Alex	07 Okoboji Midd	14:45.34	
43 Clark, Zach	07 Moc-Fv-Middl	14:46.05	
44 Bunkers, Abe	07 Moc-Fv-Middl	14:47.27	
45 Roberts, Ethan	8 Moc-Fv-Middl	14:51.68	
46 Ortner, Justin	08 Sioux Center	15:01.91	
47 Stanislav, Drew	07 Moc-Fv-Middl	15:15.95	
48 Bush, Cooper	8 Moc-Fv-Middl	15:16.46	
49 Zeutenhorst, Chase	07 Moc-Fv-Middl	15:21.60	
50 Donovan, Finn	07 Okoboji Midd	15:24.51	
51 Miller, Sam	07 Moc-Fv-Middl	15:24.54	
52 Maassen, Jacob	07 Moc-Fv-Middl	15:37.53	
53 Shaffer, Kyler	08 Sibley-Ocheyedan	15:45.35	
54 Scheaffer, Gideon	07 Sheldon	15:46.24	26
55 Boone, Carson	07 Sioux Center	15:57.02	

