

**Cross Country - 9/30/2021****Paullina Golf Course****Results****Event 5 Girls 5k Run CC Varsity**

Name	Year School	Finals	Points
Results - Women			
1 Brouwer, Madison	JR Sibley-Ocheyeydan	19:10.20	1
2 Agnitsch, Krystin	SR Cherokee	20:30.10	2
3 Marco, Madison	JR Sibley-Ocheyeydan	20:53.38	3
4 Lubeck, Riley	JR Cherokee	21:06.03	4
5 Schriever, Mary	FR Glr-Cl	21:10.27	5
6 Courtright, Megan	SO Cherokee	x21:24.24	6
7 Schlumnolm, Afton	FR Glr-Cl	21:30.41	7
8 Wasmund, Bria	JR Sibley-Ocheyeydan	x21:49.78	8
9 Bloom, Linnea	FR Sioux Central	22:06.99	9
10 Lang, Ava	Hinton	22:15.07	
11 Letsche, Julia	JR Cherokee	x22:21.97	10
12 Conley, Takara	JR South O'Brien	22:30.82	11
13 Ehlers, Allison	SO Sioux Central	22:40.39	12
14 Wingate, Alayna	JR Sibley-Ocheyeydan	x22:54.77	13
15 Anderson, Jaselyn	Estherville Linc	23:00.84	
16 Peters, Kyra	Hinton	23:02.48	
17 Peters, Kadence	Hinton	x23:04.76	
18 Hoekstra, Macey	SO Sibley-Ocheyeydan	x23:07.02	14
19 Conley, Taja	JR South O'Brien	23:12.29	15
20 Hensch, Olivia	SO Sibley-Ocheyeydan	x23:12.83	16
21 Letsche, Heidi	JR Cherokee	x23:16.20	17
22 Benson, McKenna	FR Cherokee	x23:33.04	18
23 Snyders, Geena	JR West Lyon	23:38.89	19
24 Landis, Lexi	FR Glr-Cl	x23:48.54	21
24 Sitzmann, Kailey	SR Gehlen Catholic	23:48.54	20
26 Ledesma, Mireya	SR Sioux Central	x23:51.15	22
27 Storms, Emma	SO Sioux Central	x23:52.03	23
28 Loutsch, McKenna	SO Remsen St. Marys	23:55.64	
29 Langenhorst, Shay	SR West Lyon	24:07.87	24
30 Metzger, Annie	FR West Lyon	x24:07.90	25
31 Bloom, Annaliese	SO Sioux Central	x24:09.56	26
32 Russell, Maria	SR Remsen St. Marys	24:24.17	
33 Krull, Brooklyn	FR Glr-Cl	x24:28.40	27
34 Lugar, Pearl	JR Cherokee	x24:36.50	28
35 Muenchrath, Katie	SR Westwood	24:41.42	29
36 Davis, Ashlynn	FR Glr-Cl	x24:41.83	30
37 Scheaffer, Elisa	FR Sheldon Girls	24:44.37	
38 Leuthold, Ella	JR West Lyon	x24:46.34	31
39 Jager, Ella	SO Glr-Cl	x24:54.24	32
40 Childress, Randi	JR West Lyon	x25:06.81	33
41 Arens, Addison	JR Gehlen Catholic	25:14.98	34
42 Bruget, Josalyn	SO Akron Westfield	25:17.12	
43 Rusche, Rachel	SR Sibley-Ocheyeydan	x25:28.37	35
44 Scheaffer, Gracia	JR Sheldon Girls	25:35.75	
45 Salazar, Emily	JR Sioux Central	x25:36.83	36
46 Knobloch, Emma	JR West Lyon	x26:03.98	37
47 Tesch, Harlie	SR Gehlen Catholic	x26:09.12	38
48 McCabe, Brinda	SO Sheldon Girls	x26:18.37	
49 Heynen, Keahna	JR Trinity Christian	26:22.86	
50 Everingham, Michaela	FR Akron Westfield	26:35.02	
51 Nunes, Madison	SO Sheldon Girls	x26:38.54	
52 Wilson, Elodie	SO South O'Brien	x26:52.42	39



**Cross Country - 9/30/2021****Paullina Golf Course****Results****Event 6 Boys 5k Run CC Varsity**

Name	Year School	Finals	Points
Results - Men			
1 Duitsman, Parker	Estherville Linc	17:40.14	1
2 Bernal, Alejandro	JR Sibley-Ocheyeydan	17:49.60	2
3 Galles, Kaden	SO Marcus-Merid	17:53.32	3
4 Samsel, Colton	JR Cherokee	18:15.21	4
5 Henrichs, Lane	Glr-CI	18:21.92	5
6 Ruhland, Carver	SR Gehlen Catholic	18:26.57	6
7 Kueny, Jacob	SR Sioux Central	18:45.64	7
8 Wilson, Isaiah	SR Sioux Central	18:52.16	8
9 Augustine, Ryan	JR Gehlen Catholic	19:10.08	9
10 Staab, Brett	SR Marcus-Merid	19:11.27	10
11 Reusch, Jonathon	JR Cherokee	19:11.69	11
12 Ducommun, Kyler	FR Cherokee	x19:24.22	12
13 Kramber, Brayden	SO Sioux Central	x19:26.13	13
14 Wernimont, Ethan	SO Sioux Central	x19:28.64	14
15 Dirks, Brayden	SR Marcus-Merid	x19:36.73	15
16 Young, Kaleb	Estherville Linc	19:41.63	16
17 Helkenn, Matt	Glr-CI	19:43.51	17
18 Masias, Ulises	JR Glr-CI	x19:45.90	18
19 Byers, Jackson	SR Sibley-Ocheyeydan	19:46.56	19
20 Duin, Chase	Glr-CI	x19:50.52	20
21 Langholdt, Matthew	Glr-CI	x19:52.61	21
22 Sypersma, Zach	Hinton	19:55.95	
23 Love, D'Angelo	SR Sioux Central	x19:58.08	22
24 Van Briesen, Brandon	Glr-CI	x20:07.26	23
25 Hyndman, Xzavier	JR Cherokee	x20:11.59	24
26 Wassenaar, Michael	FR Sheldon Girls	20:14.33	25
27 Hoksbergen, Dustin	SO Trinity Christian	20:21.54	26
28 Hoffman, Joshua	FR Sioux Central	x20:25.03	27
29 Westra, Carter	FR Trinity Christian	20:32.65	28
30 Knobloch, Tayton	FR West Lyon	20:43.99	
31 Hoffmann, Josh	FR Sheldon Girls	20:44.96	29
32 De Zeeuw, Aiden	SO Sibley-Ocheyeydan	x20:48.24	30
33 Weber, Bradan	FR Gehlen Catholic	x20:48.90	31
34 Mayo, Rylie	JR Glr-CI	x20:50.11	32
35 Sippel, Leighton	FR Sioux Central	x20:51.70	33
36 Braun, Lucas	FR Marcus-Merid	x20:56.18	34
37 Woodall, Ben	FR South O'Brien	20:56.48	35
38 Wiersma, David	JR Sheldon Girls	x21:11.88	36
39 Grage, Gunnar	SR Marcus-Merid	x21:15.72	37
40 De Zeeuw, Keegan	JR Sibley-Ocheyeydan	x21:18.42	38
41 Schmit, Brian	SR Gehlen Catholic	x21:23.92	39
42 Patel, Neil	SR Sheldon Girls	x21:40.68	40
43 Strouth, Gavin	SO Sheldon Girls	x21:43.16	41
44 Jennings, Aidan	SO West Lyon	21:45.84	
45 Schmit, Robert	FR Gehlen Catholic	x21:46.32	42
46 Alingh, Nicholas	JR Cherokee	x21:46.78	43
47 Van Engen, Nick	JR Trinity Christian	x21:57.11	44
48 Boie, Noah	FR Akron Westfield	22:05.28	
49 McKinney, Austin	JR South O'Brien	22:06.23	45
50 Jenkins, Carter	SO Westwood	22:15.31	
51 Miller, Riley	JR Cherokee	x22:28.32	46
52 Hansen, Austin	Estherville Linc	x22:29.96	47



