

WCAC CONFERENCE CC MEET

HS GIRLS 5K Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Van Meter	3	4	9	12	18	32	35	= 46	1:47:56	21:35	2:25
2	Adair-Casey/Guthrie Center	1	5	10	21	24	30	31	= 61	1:49:27	21:53	3:50
3	Earlham	6	8	13	15	23	28	33	= 65	1:50:57	22:11	2:24
4	Panorama	2	11	14	20	29	36	43	= 76	1:52:12	22:26	4:06
5	Madrid	7	16	17	19	38	42	50	= 97	1:54:40	22:56	3:23
6	Pleasantville	25	27	34	40	45	52	54	= 171	2:03:09	24:38	1:37
7	Des Moines Christian	22	26	39	44	47	59		= 178	2:03:26	24:41	2:33
8	Woodward Granger	41	48	51	53	55	57	58	= 248	2:12:48	26:34	2:33
9	West Central Valley	37	46	49	56	60			= 248	2:14:36	26:55	4:49

Incomplete Teams: Interstate 35, Ogden, Woodward Academy

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Kate Crawford	SR	Adair-Casey/Guthrie Center	19:50	6:23
2	2	Ella Waddle	JR	Panorama	20:18	6:32
3	3	Clare Kelly	FR	Van Meter	20:29	6:36
4	4	Mary Kelly	FR	Van Meter	20:49	6:42
5	5	Rylee Sloss	JR	Adair-Casey/Guthrie Center	21:02	6:46
6	6	Lily Dixon	FR	Earlham	21:07	6:48
7	7	Jadyn Miller	SR	Madrid	21:36	6:57
8	8	Katie Noah	JR	Earlham	21:37	6:57
9	9	Maya Herman	SO	Van Meter	21:38	6:58
10		Abbi Goering	SO	Interstate 35	21:42	6:59
11	10	Kiersten Knobbe	FR	Adair-Casey/Guthrie Center	21:43	6:59
12	11	Payton Beckman	SO	Panorama	22:04	7:06
13	12	Payton Rice	FR	Van Meter	22:05	7:07
14	13	Alissa Stiles	JR	Earlham	22:17	7:10
15	14	Olivia Steffen	JR	Panorama	22:22	7:12
16	15	Taylor Jensen	FR	Earlham	22:25	7:13
17	16	Paige Ridenour	SO	Madrid	22:26	7:13
18	17	Piper Steburg	FR	Madrid	22:36	7:16
19	18	Clair Lauterbach	SR	Van Meter	22:54	7:22
20	19	Emily White	FR	Madrid	23:02	7:25
21	20	Gwen Steffen	JR	Panorama	23:05	7:26
22	21	Jorja Hoover	JR	Adair-Casey/Guthrie Center	23:12	7:28
23	22	Kate Muller	JR	Des Moines Christian	23:22	7:31
24		Lauren Bussanmas	FR	Interstate 35	23:28	7:33
25	23	Carly Schaffer	SO	Earlham	23:31	7:34
26	24	Alyson Embleton	JR	Adair-Casey/Guthrie Center	23:40	7:37
27	25	Hailee McCormick	JR	Pleasantville	23:44	7:38
28		Amber Braniff	JR	Ogden	23:45	7:39
29	26	Sophia Stineman	SO	Des Moines Christian	23:54	7:41
30	27	Ashlyn McConnell	FR	Pleasantville	24:14	7:48
31	28	Jayne Terwilliger	FR	Earlham	24:17	7:49
32	29	Abby Cobb	JR	Panorama	24:23	7:51
33	30	Mia Ocheltree	SO	Adair-Casey/Guthrie Center	24:27	7:52
34		Kayden Spencer	FR	Ogden	24:27	7:52
35	31	Jenna Stringer	SR	Adair-Casey/Guthrie Center	24:39	7:56
36	32	Claire Newell	FR	Van Meter	24:42	7:57
37		Taylor Lemke	SR	Adair-Casey/Guthrie Center	24:43	7:57
38	33	Haley Tibbs	SO	Earlham	24:45	7:58
39	34	Sophia Mason	FR	Pleasantville	24:47	7:59
40	35	Matti Rebelsky	JR	Van Meter	24:48	7:59
41	36	Lydia Lindstrom	SR	Panorama	24:53	8:00
42	37	Aliyah Dickson	SR	West Central Valley	24:57	8:02
43	38	Oksana Howard	SO	Madrid	25:00	8:03
44	39	Ali Pieper	SO	Des Moines Christian	25:02	8:03
45	40	Taryn Brent	JR	Pleasantville	25:04	8:04
46	41	Natalie Helbling	SR	Woodward Granger	25:08	8:05
47		Jackie Trujillo-Garcia	SR	Adair-Casey/Guthrie Center	25:09	8:06
48	42	Brooke Bogenschutz	SR	Madrid	25:10	8:06
49		Rachel Smith	SR	Earlham	25:10	8:06
50	43	Leah Fett	SO	Panorama	25:11	8:06
51	44	Amelia Samuelson	SO	Des Moines Christian	25:14	8:07
52		Josephine Wearmouth	SO	Interstate 35	25:16	8:08
53	45	Emmie Kenyon	JR	Pleasantville	25:21	8:09
54	46	Kate Dredge	FR	West Central Valley	25:27	8:11
55		Mia Terry	SO	Earlham	25:29	8:12
56		Torrie Wisecup	JR	Ogden	25:31	8:13
57		Olivia Nicholson	SR	Earlham	25:41	8:16
58		Reagan Rumelhart	SR	Adair-Casey/Guthrie Center	25:44	8:17
59		Eva Fisk	SR	Earlham	25:52	8:20
60	47	Emma Isenhardt	SO	Des Moines Christian	25:55	8:21
61	48	Kaitlyn Smith	SO	Woodward Granger	26:06	8:24
62		Lilly Thompson	JR	Van Meter	26:06	8:24
63	49	Shaynn Wahman	SO	West Central Valley	26:14	8:27
64		Ehlana Brown	SR	Earlham	26:17	8:27
65		Morgan Wyllie	SO	Earlham	26:19	8:28

WCAC CONFERENCE CC MEET

HS GIRLS 5K Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	Score	Name	Year	School	Time	Pace mpm
66		Shae Bernhardt	SO	Van Meter	26:26	8:30
67	50	Erin Schieltz	JR	Madrid	26:26	8:31
68	51	Katie Grell	SO	Woodward Granger	26:30	8:32
69	52	Riley Thill	SO	Pleasantville	26:41	8:35
70		Keely Vasey	SR	Adair-Casey/Guthrie Center	27:10	8:45
71	53	Ava Petersen	JR	Woodward Granger	27:23	8:49
72		Josie Cross	JR	Van Meter	27:28	8:51
73	54	Azell Smith	FR	Pleasantville	27:35	8:53
74		Belle Policky	JR	Adair-Casey/Guthrie Center	27:38	8:54
75	55	Madisyn Mann	FR	Woodward Granger	27:41	8:55
76		April McGriff	JR	Ogden	27:44	8:56
77		Emma Jensen	JR	Earlham	28:00	9:01
78		Grace Sweers	SO	Earlham	28:06	9:03
79	56	Emily Escoto	JR	West Central Valley	28:13	9:05
80	57	Makenzie Dresback	SO	Woodward Granger	28:24	9:09
81	58	Sydney Grell	SO	Woodward Granger	28:43	9:15
82		Breanne Bielfelt	JR	Woodward Academy	28:50	9:17
83		Courtney Stanley	JR	Woodward Academy	28:50	9:17
84		Paxton Schneider	SO	Adair-Casey/Guthrie Center	28:56	9:19
85		Kendra Campbell	SR	Adair-Casey/Guthrie Center	29:04	9:21
86	59	Madison Shimp	FR	Des Moines Christian	29:15	9:25
87		Kennedy Young	SR	Adair-Casey/Guthrie Center	29:27	9:29
88		Sammie Pagel	FR	Madrid	29:41	9:33
89	60	Avery Hazen	FR	West Central Valley	29:46	9:35
90		London Wille	JR	Van Meter	29:56	9:38
91		Molly Simmons	SR	Panorama	30:34	9:50
92		Gretchen Banks	JR	Van Meter	30:51	9:56
93		Chloe Schaffer	JR	Earlham	31:10	10:02
94		MacY Blomgren	FR	Van Meter	31:46	10:14
95		Marissa Trees	FR	Woodward Granger	32:04	10:19
96		Jaden Johnson	JR	Panorama	32:33	10:29
97		Devon Core	SO	Pleasantville	32:47	10:33
98		Kennedi Steburg	JR	Madrid	35:17	11:21

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HS BOYS 5K Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Des Moines Christian	3	5	10	11	16	18	25	= 45	1:28:10	17:38	1:07
2	Madrid	2	7	8	15	17	40	42	= 49	1:28:38	17:44	1:15
3	Earlham	4	13	14	19	22	26	41	= 72	1:30:35	18:07	1:30
4	Ogden	6	12	20	32	39	45	46	= 109	1:32:44	18:33	2:10
5	Adair-Casey/Guthrie Center	23	24	27	28	30	31	34	= 132	1:34:59	19:00	0:24
6	Van Meter	9	21	44	48	51	54	60	= 173	1:36:56	19:23	2:53
7	Woodward Granger	29	38	43	47	49	50	57	= 206	1:38:48	19:46	1:04
8	Interstate 35	33	37	62	63	64	69	72	= 259	1:44:14	20:51	2:49
9	West Central Valley	1	53	67	68	73	74	75	= 262	1:48:10	21:38	7:57
10	Panorama	36	55	56	59	61	65	70	= 267	1:44:12	20:50	2:10
11	Pleasantville	35	52	58	66	71			= 282	1:47:14	21:27	4:17

Incomplete Teams: Woodward Academy

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Louden Foster	SR	West Central Valley	16:54	5:26
2	2	Jason Renze	JR	Madrid	17:02	5:29
3	3	Cody Smith	SR	Des Moines Christian	17:10	5:31
4	4	Jayden Dickson	SO	Earlham	17:15	5:33
5	5	Carson Houg	SO	Des Moines Christian	17:15	5:33
6	6	Garrett Buxton	SR	Ogden	17:25	5:36
7	7	Clay Pehl	JR	Madrid	17:32	5:39
8	8	Rory McDermott	SR	Madrid	17:36	5:40
9	9	Carson Wille	SR	Van Meter	17:39	5:41
10	10	Noah Fopma	SR	Des Moines Christian	17:42	5:42
11	11	Jacob Fopma	SR	Des Moines Christian	17:46	5:43
12	12	Stephen Flynn	JR	Ogden	17:51	5:45
13	13	Zach Dixon	JR	Earlham	17:57	5:47
14	14	Jake Willem	SR	Earlham	18:07	5:50
15	15	Gabe Soda	JR	Madrid	18:11	5:51
16	16	Christian Castile	JR	Des Moines Christian	18:17	5:53
17	17	Chaz Warson	JR	Madrid	18:17	5:53
18	18	Trey Castile	SR	Des Moines Christian	18:28	5:57
19	19	Andrew Dixon	SR	Earlham	18:31	5:58
20	20	Landon Smith	SR	Ogden	18:35	5:59
21	21	Dustin Barth	SO	Van Meter	18:44	6:02
22	22	T.J. Harkins	JR	Earlham	18:45	6:02
23	23	Justin Reinhart	FR	Adair-Casey/Guthrie Center	18:46	6:03
24	24	Miles Kading	SO	Adair-Casey/Guthrie Center	18:51	6:04
25	25	Kyle Goranson	SR	Des Moines Christian	18:53	6:05
26	26	Riley Harger	JR	Earlham	18:56	6:06
27	27	Ben Young	SR	Adair-Casey/Guthrie Center	19:05	6:08
28	28	Eli Kading	JR	Adair-Casey/Guthrie Center	19:06	6:09
29	29	Dylan Steele	SR	Woodward Granger	19:10	6:10
30	30	Kaden Thompson	SO	Adair-Casey/Guthrie Center	19:11	6:10
31	31	Donnie Swanson	JR	Adair-Casey/Guthrie Center	19:12	6:11
32		Nate Moser	JR	Des Moines Christian	19:15	6:12
33	32	Parker Trusler	FR	Ogden	19:19	6:13
34	33	Mason Maiers	FR	Interstate 35	19:19	6:13
35	34	Austin Wetzel	SO	Adair-Casey/Guthrie Center	19:22	6:14
36	35	Devon Luing	FR	Pleasantville	19:25	6:15
37	36	Emry Colby	SR	Panorama	19:28	6:16
38		Oliver Dirxx	SO	Des Moines Christian	19:28	6:16
39	37	Wyatt Fitzgerald	SR	Interstate 35	19:31	6:17
40	38	Alex Bice	SR	Woodward Granger	19:31	6:17
41	39	Jordan King	FR	Ogden	19:35	6:18
42	40	Matthew White	SR	Madrid	19:39	6:19
43		Joseph McGuire	JR	Woodward Academy	19:39	6:20
44	41	Dominic Braet	SO	Earlham	19:41	6:20
45	42	Cooper Skinner	JR	Madrid	19:46	6:22
46		Sam Doud	JR	Earlham	19:47	6:22
47	43	Xavier Ibarra	JR	Woodward Granger	19:47	6:22
48		Luke Lounsbury	SR	Des Moines Christian	19:49	6:23
49	44	Creighton Netten	JR	Van Meter	19:51	6:23
50	45	Payton Van Sickle	FR	Ogden	19:52	6:24
51		Noah Moore	JR	Madrid	19:56	6:25
52	46	Linden Seeger	SO	Ogden	19:58	6:26
53		Zach Moon	SO	Adair-Casey/Guthrie Center	20:01	6:27
54		Austin Weirick	SR	Adair-Casey/Guthrie Center	20:03	6:27
55		Tanner Saxton	JR	Madrid	20:06	6:28
56	47	Carsten Wright	FR	Woodward Granger	20:06	6:28
57	48	Zach Pleggenkuhle	JR	Van Meter	20:11	6:30
58		Elijah Hummel	JR	Des Moines Christian	20:14	6:31
59	49	Caleb Jones	SR	Woodward Granger	20:14	6:31
60	50	Jack Grell	SR	Woodward Granger	20:21	6:33
61		Owen Michael	SO	Earlham	20:23	6:34
62		Kacey Pierce	JR	Des Moines Christian	20:24	6:34
63		Hunter Phillips	SO	Woodward Academy	20:26	6:35

WCAC CONFERENCE CC MEET

HS BOYS 5K Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	Score	Name	Year	School	Time	Pace mpm
64	51	Chris Coffie	SO	Van Meter	20:32	6:36
65		Jacob Samuelson	JR	Ogden	20:35	6:37
66		Samuel Steensen	SO	Des Moines Christian	20:36	6:38
67		Ryker Diekevers	FR	Des Moines Christian	20:38	6:38
68	52	Trenton Major	JR	Pleasantville	20:41	6:39
69		Steven Williams	SR	Woodward Academy	20:44	6:40
70	53	Matt Gerling	SO	West Central Valley	20:47	6:41
71	54	Tico Angel	JR	Van Meter	20:47	6:41
72		Christian Grensteiner	SR	Des Moines Christian	20:50	6:42
73		Jack Flickinger	JR	Earlham	20:50	6:42
74	55	Goodenberger Landon	SO	Panorama	20:51	6:43
75		Zander Kenyon	FR	Adair-Casey/Guthrie Center	20:54	6:43
76		Braydon Hamilton	SO	Earlham	21:02	6:46
77		Aleksander Penkov	JR	Earlham	21:04	6:47
78		Nash Ayers	JR	Adair-Casey/Guthrie Center	21:06	6:47
79	56	Hoffman Brayden	SR	Panorama	21:06	6:48
80	57	Kaya Bowslby	SR	Woodward Granger	21:06	6:48
81	58	Trevor Pulse	SO	Pleasantville	21:06	6:48
82		Josiah Korpi	SR	Ogden	21:07	6:48
83		Matthew Sego	FR	Ogden	21:09	6:48
84	59	Avery Norman	SO	Panorama	21:09	6:48
85		Nick Buch	SR	Woodward Granger	21:34	6:56
86	60	Harry Smith	SR	Van Meter	21:35	6:57
87		Taylor Birks	JR	Van Meter	21:37	6:58
88	61	McCarthy Conor	JR	Panorama	21:38	6:58
89	62	Cody Parish	SR	Interstate 35	21:38	6:58
90	63	Carson Allen	FR	Interstate 35	21:38	6:58
91		Hunter Jingst	FR	Des Moines Christian	21:41	6:59
92		Braydon Doty	FR	Ogden	21:53	7:03
93		Theisen Colton	SR	Madrid	21:59	7:05
94		Tyler Coffie	SR	Van Meter	22:01	7:05
95		Elijah Moore	JR	Madrid	22:01	7:05
96	64	Seth Dickinson	JR	Interstate 35	22:08	7:07
97	65	Declan McCarthy	SR	Panorama	22:18	7:11
98	66	Justin Nickel	SO	Pleasantville	22:20	7:11
99	67	Brett Hazen	JR	West Central Valley	22:20	7:11
100		Ethan Thomas	JR	Madrid	22:20	7:11
101		Lane Sheeder	SO	Adair-Casey/Guthrie Center	22:25	7:13
102		Trey Minnihan	JR	Ogden	22:33	7:15
103		Max Vanderpol	SR	Des Moines Christian	22:42	7:18
104		Isaac Bailey	SR	Des Moines Christian	22:50	7:21
105		Mio Legaspi	JR	Des Moines Christian	22:52	7:22
106		Cole Flickinger	FR	Earlham	22:56	7:23
107		Levi Russo	FR	Ogden	22:59	7:24
108		Corbin Kleis	FR	Des Moines Christian	23:08	7:27
109		Robert Arroyave	FR	Woodward Academy	23:08	7:27
110		Vincent Jacobs	SR	Van Meter	23:17	7:30
111	68	Tate Richter	SO	West Central Valley	23:19	7:30
112		Ian Hagenberg	FR	Des Moines Christian	23:28	7:33
113	69	Colton Vander Werf	SO	Interstate 35	23:28	7:33
114	70	Alec Mills	SO	Panorama	23:29	7:34
115		Ethan Kenoyer	SR	Van Meter	23:29	7:34
116		Christe Logan	JR	Panorama	23:32	7:34
117		Connor Larsen	FR	Adair-Casey/Guthrie Center	23:33	7:35
118	71	Gage Lyon	FR	Pleasantville	23:42	7:38
119		Joshua Woolcott	SR	Earlham	23:44	7:38
120		Corey Burkhart	JR	Madrid	23:44	7:38
121		Brennan Pederson	FR	Adair-Casey/Guthrie Center	23:46	7:39
122	72	Sean Wilson	JR	Interstate 35	23:47	7:39
123		Jack Lambert	FR	Des Moines Christian	23:49	7:40
124		Sam Poage	SR	Madrid	23:54	7:41
125		Healey Hill	FR	Woodward Granger	23:58	7:43
126		Kurt Crouse	JR	Woodward Granger	24:06	7:45
127		Ethan Weatherly	FR	Madrid	24:20	7:50
128		Justin Davis	FR	Adair-Casey/Guthrie Center	24:39	7:56
129		Landon Bogardus	FR	Woodward Granger	24:43	7:57
130	73	Nick Smith	FR	West Central Valley	24:51	8:00
131		Paul Hansen	JR	Panorama	24:59	8:02
132		Kaleb Kenoyer	SO	Van Meter	25:05	8:04
133		Colby Wemer	SR	Van Meter	25:29	8:12
134		Parker Lake	FR	Van Meter	25:33	8:13
135		Nathan Schlueter	SO	Van Meter	25:40	8:16
136		Kainen Fuson	JR	Woodward Granger	26:01	8:22
137		Vlad Dodon	JR	Woodward Granger	26:10	8:25
138	74	Nick Dezeew	FR	West Central Valley	26:22	8:29
139		Tjaden Smeltzer	SO	Woodward Granger	26:34	8:33
140		Joel Harney	SO	Woodward Granger	26:36	8:34
141		Lane Longhorn	FR	Ogden	26:43	8:36

WCAC CONFERENCE CC MEET

HS BOYS 5K Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	Score	Name	Year	School	Time	Pace mpm
142		Colton Kniffen	FR	Madrid	26:50	8:38
143		Conner Saxton	FR	Madrid	26:54	8:40
144		Keith Newton	FR	Madrid	27:10	8:45
145		Lucas Hansen	SO	Woodward Granger	27:21	8:48
146		Aidan Weckman	SO	Interstate 35	27:26	8:50
147		Trendan Peasley	FR	Madrid	28:20	9:07
148		Parker Griffin	SO	Woodward Granger	28:35	9:12
149		Nate Rosen	SR	Woodward Granger	28:44	9:15
150		Mason Dorenkamp	FR	Woodward Granger	28:57	9:19
151		Braeden Albrecht	FR	Madrid	29:04	9:21
152		Tyler Johnson	FR	Earlham	29:30	9:30
153		Will Borseth	SO	Interstate 35	30:39	9:52
154	75	Lasha Totladze	SR	West Central Valley	31:52	10:15
155		Cory Arrants	SO	Madrid	39:05	12:35

WCAC CONFERENCE CC MEET

HS BOYS 5K Panorama, IA 10/17/2019 Sunny, Breezy 60°

Place	Name	Time	mpm	Place	Name	Time	mpm
8) Interstate 35		Score = 259					
33	Mason Maiers, FR	19:19	6:13				
37	Wyatt Fitzgerald, SR	19:31	6:17				
62	Cody Parish, SR	21:38	6:58				
63	Carson Allen, FR	21:38	6:58				
64	Seth Dickinson, JR	22:08	7:07				
69	Colton Vander Werf, SO	23:28	7:33				
72	Sean Wilson, JR	23:47	7:39				
	Aidan Weckman, SO	27:26	8:50				
	Will Borseth, SO	30:39	9:52				
9) West Central Valley		Score = 262					
1	Louden Foster, SR	16:54	5:26				
53	Matt Gerling, SO	20:47	6:41				
67	Brett Hazen, JR	22:20	7:11				
68	Tate Richter, SO	23:19	7:30				
73	Nick Smith, FR	24:51	8:00				
74	Nick Dezeeuw, FR	26:22	8:29				
75	Lasha Totladze, SR	31:52	10:15				
10) Panorama		Score = 267					
36	Emry Colby, SR	19:28	6:16				
55	Goodenberger Landon, SO	20:51	6:43				
56	Hoffman Brayden, SR	21:06	6:48				
59	Avery Norman, SO	21:09	6:48				
61	McCarthy Conor, JR	21:38	6:58				
65	Declan McCarthy, SR	22:18	7:11				
70	Alec Mills, SO	23:29	7:34				
	Christe Logan, JR	23:32	7:34				
	Paul Hansen, JR	24:59	8:02				
11) Pleasantville		Score = 282					
35	Devon Luing, FR	19:25	6:15				
52	Trenton Major, JR	20:41	6:39				
58	Trevor Pulse, SO	21:06	6:48				
66	Justin Nickel, SO	22:20	7:11				
71	Gage Lyon, FR	23:42	7:38				
Incomplete Teams:							
Woodward Academy							
43	Joseph McGuire, JR	19:39	6:20				
63	Hunter Phillips, SO	20:26	6:35				
69	Steven Williams, SR	20:44	6:40				
109	Robert Arroyave, FR	23:08	7:27				

WCAC CONFERENCE CC MEET

MS GIRLS 2 MILE Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Van Meter MS	5	6	9	11	22	37	38	= 53	1:17:13	15:27	1:34
2	Earlham MS	1	3	13	26	34			= 77	1:18:19	15:40	3:35
3	ACGC MS	8	12	16	19	27	28	33	= 82	1:20:02	16:00	1:48
4	Des Moines Christian MS	4	25	30	31	35	42	43	= 125	1:23:22	16:40	2:48
5	Madrid MS	10	14	20	36	48			= 128	1:24:39	16:56	4:15
6	Pleasantville MS	15	18	23	32	47			= 135	1:25:36	17:07	3:39
7	West Central Valley MS	2	21	24	44	45	50		= 136	1:24:29	16:54	4:59
8	Ogden MS	7	29	40	41	51			= 168	1:36:17	19:15	12:41
9	Woodward Granger MS	17	39	46	49	52			= 203	1:44:17	20:51	12:04

Incomplete Teams: Interstate 35 MS, Panorama, Panorama MS

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Rowen Fisk	8th	Earlham MS	13:55	6:57
2	2	Chasey Rowan	8th	West Central Valley MS	13:58	6:59
3	3	Hannah Frank	7th	Earlham MS	14:27	7:14
4	4	Ella Jicinsky	8th	Des Moines Christian MS	14:42	7:21
5		Mia Waddle	8th	Panorama	14:56	7:28
6	5	Kadence Wigant	8th	Van Meter MS	14:58	7:29
7	6	Brooklyn Fryar	8th	Van Meter MS	15:09	7:34
8	7	Dakota Tromblay	8th	Ogden MS	15:09	7:35
9	8	Ava Campbell	7th	ACGC MS	15:11	7:36
10	9	Maddie Waldorf	8th	Van Meter MS	15:13	7:36
11	10	Alex Grimm	8th	Madrid MS	15:17	7:39
12	11	Emma McCoy	7th	Van Meter MS	15:21	7:41
13		Olivia Phillips	7th	Interstate 35 MS	15:23	7:41
14	12	Hayden Coffman	8th	ACGC MS	15:29	7:44
15	13	Olivia Spurling	8th	Earlham MS	15:35	7:47
16		Kaitlin Kent	8th	Panorama MS	15:41	7:50
17	14	Inna Howard	7th	Madrid MS	15:45	7:53
18	15	Ella Clark	7th	Pleasantville MS	15:53	7:57
19	16	Regan Carney	8th	ACGC MS	15:54	7:57
20		Ella Van Dyke	7th	Interstate 35 MS	15:57	7:58
21	17	Libby Grell	8th	Woodward Granger MS	16:13	8:07
22	18	Kyleigh McConnell	7th	Pleasantville MS	16:18	8:09
23	19	Kelsey Carlson	8th	ACGC MS	16:29	8:15
24	20	Mila Grothus	7th	Madrid MS	16:31	8:16
25	21	Zalina Morse	7th	West Central Valley MS	16:32	8:16
26	22	Eve Hyer	8th	Van Meter MS	16:32	8:16
27	23	Lauren Furnal	7th	Pleasantville MS	16:34	8:17
28	24	Taitlin Koch	8th	West Central Valley MS	16:35	8:17
29	25	Gabby Grove	7th	Des Moines Christian MS	16:44	8:22
30	26	Katie Steward	8th	Earlham MS	16:53	8:27
31		Allyce Phillips	8th	Interstate 35 MS	16:55	8:27
32	27	Isabelle Rouse	8th	ACGC MS	16:59	8:30
33	28	Paige Vanmeter	7th	ACGC MS	17:01	8:31
34	29	Addy Trusler	7th	Ogden MS	17:05	8:32
35	30	Jenna Roberts	8th	Des Moines Christian MS	17:11	8:36
36	31	Milana Wells	8th	Des Moines Christian MS	17:15	8:38
37	32	Alli Archer	7th	Pleasantville MS	17:18	8:39
38	33	Jenna Rowley	8th	ACGC MS	17:22	8:41
39		Avery Bahrenfuss	8th	Panorama MS	17:28	8:44
40	34	Lily Conry	8th	Earlham MS	17:29	8:45
41	35	Paige Hilgerson	8th	Des Moines Christian MS	17:30	8:45
42	36	Preslei Pflug	7th	Madrid MS	17:33	8:46
43	37	Tessa Schaffer	8th	Van Meter MS	17:35	8:47
44	38	Emma Bruins	8th	Van Meter MS	17:36	8:48
45	39	Avery Smith	8th	Woodward Granger MS	17:51	8:55
46		Jayla Hoover	7th	ACGC MS	17:57	8:58
47		Jordon Howell	7th	Interstate 35 MS	17:57	8:59
48		Hannah Lake	8th	Van Meter MS	18:06	9:03
49	40	Isabelle McCloud	8th	Ogden MS	18:06	9:03
50	41	Marinza Roosa	8th	Ogden MS	18:07	9:03
51	42	Maddie Miesen	7th	Des Moines Christian MS	18:09	9:05
52		Victoria Morrill	7th	ACGC MS	18:12	9:06
53	43	Jessie Kalber	8th	Des Moines Christian MS	18:18	9:09
54		Molly Champion	8th	Van Meter MS	18:20	9:10
55	44	Emily Partlow	7th	West Central Valley MS	18:27	9:14
56		Meg Muller	7th	Des Moines Christian MS	18:30	9:15
57	45	Alayna Cather	8th	West Central Valley MS	18:57	9:29
58		Madison Lombard	7th	Des Moines Christian MS	19:17	9:38
59	46	Lauren Rodgers	7th	Woodward Granger MS	19:17	9:38
60		Jolynne Roeder	7th	Van Meter MS	19:21	9:41
61	47	Adi Van Ness	7th	Pleasantville MS	19:32	9:46

WCAC CONFERENCE CC MEET

MS GIRLS 2 MILE Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	Score	Name	Year	School	Time	Pace mpm
62	48	Isabel Atkinson	7th	Madrid MS	19:32	9:46
63		Kiersten Steensen	7th	Des Moines Christian MS	19:47	9:54
64	49	Alexis Bogardus	7th	Woodward Granger MS	22:39	11:19
65	50	Ashlynn Foster	8th	West Central Valley MS	27:23	13:42
66	51	Meredith Kruse	7th	Ogden MS	27:50	13:55
67	52	Bronwyn Fridinger	7th	Woodward Granger MS	28:18	14:09

WCAC CONFERENCE CC MEET

MS GIRLS 2 MILE Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Van Meter MS Score = 53				9) Woodward Granger MS Score = 203			
5	Kadence Wigant, 8th	14:58	7:29	17	Libby Grell, 8th	16:13	8:07
6	Brooklyn Fryar, 8th	15:09	7:34	39	Avery Smith, 8th	17:51	8:55
9	Maddie Waldorf, 8th	15:13	7:36	46	Lauren Rodgers, 7th	19:17	9:38
11	Emma McCoy, 7th	15:21	7:41	49	Alexis Bogardus, 7th	22:39	11:19
22	Eve Hyer, 8th	16:32	8:16	52	Bronwyn Fridinger, 7th	28:18	14:09
37	Tessa Schaffer, 8th	17:35	8:47	Incomplete Teams:			
38	Emma Bruins, 8th	17:36	8:48	Interstate 35 MS			
	Hannah Lake, 8th	18:06	9:03	13	Oliva Phillips, 7th	15:23	7:41
	Molly Champion, 8th	18:20	9:10	20	Ella Van Dyke, 7th	15:57	7:58
	Jolynne Roeder, 7th	19:21	9:41	31	Allyce Phillips, 8th	16:55	8:27
2) Earlham MS Score = 77				47	Jordon Howell, 7th	17:57	8:59
1	Rowen Fisk, 8th	13:55	6:57	Panorama			
3	Hannah Frank, 7th	14:27	7:14	5	Mia Waddle, 8th	14:56	7:28
13	Olivia Spurling, 8th	15:35	7:47	Panorama MS			
26	Katie Steward, 8th	16:53	8:27	16	Kaitlin Kent, 8th	15:41	7:50
34	Lily Conry, 8th	17:29	8:45	39	Avery Bahrenfuss, 8th	17:28	8:44
3) ACGC MS Score = 82							
8	Ava Campbell, 7th	15:11	7:36				
12	Hayden Coffman, 8th	15:29	7:44				
16	Regan Carney, 8th	15:54	7:57				
19	Kelsey Carlson, 8th	16:29	8:15				
27	Isabelle Rouse, 8th	16:59	8:30				
28	Paige Vanmeter, 7th	17:01	8:31				
33	Jenna Rowley, 8th	17:22	8:41				
	Jayla Hoover, 7th	17:57	8:58				
	Victoria Morrill, 7th	18:12	9:06				
4) Des Moines Christian MS Score = 125							
4	Ella Jicinsky, 8th	14:42	7:21				
25	Gabby Grove, 7th	16:44	8:22				
30	Jenna Roberts, 8th	17:11	8:36				
31	Milana Wells, 8th	17:15	8:38				
35	Paige Hilgersen, 8th	17:30	8:45				
42	Maddie Miesen, 7th	18:09	9:05				
43	Jessie Kalber, 8th	18:18	9:09				
	Meg Muller, 7th	18:30	9:15				
	Madison Lumbard, 7th	19:17	9:38				
	Kiersten Steensen, 7th	19:47	9:54				
5) Madrid MS Score = 128							
10	Alex Grimm, 8th	15:17	7:39				
14	Inna Howard, 7th	15:45	7:53				
20	Mila Grothus, 7th	16:31	8:16				
36	Preslei Pflug, 7th	17:33	8:46				
48	Isabel Atkinson, 7th	19:32	9:46				
6) Pleasantville MS Score = 135							
15	Ella Clark, 7th	15:53	7:57				
18	Kyleigh McConnell, 7th	16:18	8:09				
23	Lauren Furnal, 7th	16:34	8:17				
32	Alli Archer, 7th	17:18	8:39				
47	Adi Van Ness, 7th	19:32	9:46				
7) West Central Valley MS Score = 136							
2	Chasey Rowan, 8th	13:58	6:59				
21	Zalina Morse, 7th	16:32	8:16				
24	Taitlin Koch, 8th	16:35	8:17				
44	Emily Partlow, 7th	18:27	9:14				
45	Alayna Cather, 8th	18:57	9:29				
50	Ashlynn Foster, 8th	27:23	13:42				
8) Ogden MS Score = 168							
7	Dakota Tromblay, 8th	15:09	7:35				
29	Addy Trusler, 7th	17:05	8:32				
40	Isabelle McCloud, 8th	18:06	9:03				
41	Marinza Roosa, 8th	18:07	9:03				
51	Meredith Kruse, 7th	27:50	13:55				

WCAC CONFERENCE CC MEET

MS BOYS 2 MILE Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	ACGC MS	2	4	6	10	23	32	35	= 45	1:07:33	13:31	1:31
2	Madrid MS	1	3	8	22	26	39	62	= 60	1:07:38	13:32	2:18
3	Earlham MS	7	9	14	24	33	44	52	= 87	1:10:41	14:08	1:34
4	Des Moines Christian MS	11	15	20	21	28	37	40	= 95	1:11:32	14:18	0:44
5	Van Meter MS	12	19	29	30	34	38		= 124	1:13:12	14:38	1:09
6	West Central Valley MS	5	18	27	42	55			= 147	1:14:38	14:56	3:41
7	Ogden MS	16	17	31	46	48	53	54	= 158	1:15:51	15:10	1:56
8	Panorama MS	13	45	50	56	60	63	65	= 224	1:20:30	16:06	3:25
9	Interstate 35 MS	25	36	49	51	64			= 225	1:21:51	16:22	5:16
10	Woodward Granger MS	41	43	47	57	58	59	61	= 246	1:21:48	16:22	1:34

Incomplete Teams: Pleasantville, Pleasantville MS

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Ethan Loutzenheiser	8th	Madrid MS	12:12	6:06
2	2	Gavin Sloss	7th	ACGC MS	12:56	6:28
3	3	Clay Warson	8th	Madrid MS	12:59	6:30
4	4	Bo Arrasmith	8th	ACGC MS	13:04	6:32
5	5	Cael Hazen	8th	West Central Valley MS	13:11	6:35
6	6	Andrew Mahaffey	8th	ACGC MS	13:18	6:39
7	7	Aidan Hulbert	8th	Earlham MS	13:30	6:45
8	8	Toryn Severson	7th	Madrid MS	13:30	6:45
9	9	Owen Hulbert	8th	Earlham MS	13:31	6:45
10	10	Noah Kading	7th	ACGC MS	13:49	6:54
11	11	Collin Houg	8th	Des Moines Christian MS	13:54	6:57
12	12	Luka Hulse	7th	Van Meter MS	13:56	6:58
13	13	Maddox Hammerstrom	8th	Panorama MS	13:57	6:59
14	14	Tanner Morrison	8th	Earlham MS	14:09	7:04
15	15	Carter Mann	7th	Des Moines Christian MS	14:12	7:06
16	16	Sage Seeger	8th	Ogden MS	14:15	7:08
17	17	Annon Wolf	8th	Ogden MS	14:18	7:09
18	18	Adin Huet	8th	West Central Valley MS	14:21	7:11
19	19	Chris Wall	8th	Van Meter MS	14:24	7:12
20	20	Luke Hagenberg	7th	Des Moines Christian MS	14:24	7:12
21	21	Josh Hagenberg	7th	Des Moines Christian MS	14:25	7:13
22	22	Blake Renze	7th	Madrid MS	14:26	7:13
23	23	Lance Bunde	8th	ACGC MS	14:27	7:13
24	24	Nathan Hansen	8th	Earlham MS	14:27	7:13
25	25	Cannon Beck	8th	Interstate 35 MS	14:27	7:14
26	26	Jacob White	7th	Madrid MS	14:30	7:15
27	27	Andrew Carl	7th	West Central Valley MS	14:34	7:17
28	28	Zane Spillman	8th	Des Moines Christian MS	14:38	7:19
29	29	Leo Hayes	8th	Van Meter MS	14:53	7:26
30	30	Tate Jones	7th	Van Meter MS	14:55	7:27
31		Tyler Gibson	8th	Pleasantville	14:56	7:28
32	31	Brady Van Sickle	7th	Ogden MS	15:02	7:31
33	32	Jaxson Nolte	7th	ACGC MS	15:04	7:32
34	33	Blake Tiemeyer	7th	Earlham MS	15:05	7:32
35	34	Reed Chapman	7th	Van Meter MS	15:05	7:33
36	35	Tyler Kintz	8th	ACGC MS	15:08	7:34
37	36	Sam Upp	7th	Interstate 35 MS	15:09	7:34
38	37	Landon Duncan	7th	Des Moines Christian MS	15:09	7:35
39	38	Kaleb Myers	8th	Van Meter MS	15:14	7:37
40	39	Joshua Hau	8th	Madrid MS	15:19	7:40
41		Treyton Schneider	8th	ACGC MS	15:29	7:45
42	40	Colby Rosno	7th	Des Moines Christian MS	15:30	7:45
43		Olson Carstenson	7th	Des Moines Christian MS	15:34	7:47
44	41	Aiden Topalovich	8th	Woodward Granger MS	15:38	7:49
45	42	Caiden Pote	7th	West Central Valley MS	15:40	7:50
46		Bergin Kleis	7th	Des Moines Christian MS	15:42	7:51
47		Evan Fopma	7th	Des Moines Christian MS	15:45	7:52
48	43	Dillon Limoges	8th	Woodward Granger MS	15:48	7:54
49	44	Blake Petersen	7th	Earlham MS	15:50	7:55
50		Charlie Hare	7th	Pleasantville MS	15:50	7:55
51	45	McCarthy Ryan	8th	Panorama MS	15:57	7:58
52		Aiden Buckingham	7th	Des Moines Christian MS	15:58	7:59
53	46	Cael Dozier	7th	Ogden MS	16:05	8:02
54	47	Casey Foster	7th	Woodward Granger MS	16:09	8:05
55	48	Caden Lerdal	7th	Ogden MS	16:11	8:06
56	49	Michael Upp	7th	Interstate 35 MS	16:15	8:07
57	50	Hammerstrom Eli	7th	Panorama MS	16:15	8:07
58	51	Austin Vander Werf	8th	Interstate 35 MS	16:17	8:08
59	52	Kayl Gulling	8th	Earlham MS	16:25	8:13
60	53	Brock Crosman	7th	Ogden MS	16:40	8:20
61	54	Willis Frey	7th	Ogden MS	16:49	8:25
62	55	Jordan Robinson	7th	West Central Valley MS	16:52	8:26
63		Jarrett McClain	8th	ACGC MS	16:52	8:26
64	56	Hammerstrom Zander	7th	Panorama MS	16:59	8:29

WCAC CONFERENCE CC MEET

MS BOYS 2 MILE Panora, IA 10/17/2019 Sunny, Breezy 60°

Place	Score	Name	Year	School	Time	Pace mpm
65	57	Sterling Parkinson	8th	Woodward Granger MS	17:01	8:30
66	58	Grant Polito	7th	Woodward Granger MS	17:13	8:36
67	59	Tyler Anousis	7th	Woodward Granger MS	17:13	8:36
68	60	Christe Laine	7th	Panorama MS	17:22	8:41
69	61	Shaefer Hanson	7th	Woodward Granger MS	17:24	8:42
70		Ryker Kruse	7th	Ogden MS	17:31	8:45
71	62	Carter Lindley	8th	Madrid MS	17:34	8:47
72		Cael Johnson	7th	Pleasantville MS	17:58	8:59
73	63	Kirtley Landon	7th	Panorama MS	17:59	9:00
74		Matai Peasley	7th	Madrid MS	18:13	9:06
75		Nic Soda	8th	Madrid MS	18:46	9:23
76		Ayden Hoveland	7th	Madrid MS	18:51	9:26
77		Owen Burkhart	8th	Madrid MS	18:59	9:30
78		Vandon Roosa	7th	Ogden MS	19:06	9:33
79		August Schroeder	7th	Ogden MS	19:08	9:34
80		Ethan Kratochvil	7th	Des Moines Christian MS	19:18	9:39
81		Jacob Thomsen	7th	Ogden MS	19:20	9:40
82	64	Colby Miller	8th	Interstate 35 MS	19:44	9:52
83		Max Havlik	8th	Madrid MS	19:56	9:58
84		Jack Gummert	8th	Des Moines Christian MS	20:01	10:01
85	65	Knapp Will	7th	Panorama MS	20:30	10:15
86		Carter Timmons	7th	Des Moines Christian MS	20:46	10:23
87		Tate Lawson	7th	Madrid MS	22:16	11:08
88		Zander McGill	7th	Pleasantville MS	25:55	12:58
89		Drew Hammer	7th	Ogden MS	25:58	12:59

