

PCM CROSS COUNTRY INVITATIONAL

HS Girls 5K Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	DSM Roosevelt	1	5	6	7	9	11	12	= 28	1:44:36	20:55	1:44
2	Davis County	13	15	16	20	27	29	30	= 91	1:53:39	22:44	1:32
3	Panorama	4	17	18	21	31	47	48	= 91	1:53:10	22:38	3:20
4	Chariton	10	19	25	33	34	36	51	= 121	1:57:07	23:25	2:33
5	PCM	8	22	28	32	50	53	55	= 140	1:58:43	23:45	4:47
6	Twin Cedars	3	23	24	46	61			= 157	2:01:08	24:14	7:37
7	Knoxville High School	2	37	38	39	49	52	59	= 165	2:01:53	24:23	5:57
8	Des Moines Christian	35	43	44	45	54	64		= 221	2:08:28	25:42	1:59
9	BGM	26	40	41	57	65			= 229	2:18:25	27:41	12:37
10	Colfax-Mingo	14	42	56	58	60	62	63	= 230	2:10:00	26:00	5:31

Incomplete Teams: Ankeny Christian Academy, Hoover High School, Pella Christian High School

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Arianna Jackson	FR	DSM Roosevelt	19:52	6:24
2	2	Norah Pearson	FR	Knoxville High School	20:10	6:29
3	3	Rylee Dunkin	FR	Twin Cedars	20:23	6:34
4	4	Ella Waddle	JR	Panorama	20:40	6:39
5	5	Abi Hahn	FR	DSM Roosevelt	20:42	6:40
6	6	Sarah Fleming	SO	DSM Roosevelt	21:07	6:48
7	7	Anna Gilbreath	SR	DSM Roosevelt	21:19	6:52
8	8	Paige Steenhoek	FR	PCM	21:24	6:53
9	9	Elle Green	SO	DSM Roosevelt	21:36	6:57
10	10	Anderson Haddon	FR	Chariton	21:55	7:03
11	11	Clara Colvig	SR	DSM Roosevelt	21:58	7:04
12	12	Adrienne Buettner-Cable	FR	DSM Roosevelt	22:02	7:05
13	13	Makayla Bachman	FR	Davis County	22:09	7:08
14	14	Abbey McConeghey	SR	Colfax-Mingo	22:14	7:09
15	15	Tatum Turner	JR	Davis County	22:17	7:10
16	16	Sophie Spargur	SR	Davis County	22:30	7:15
17	17	Payton Beckman	SO	Panorama	22:39	7:17
18		Annaliese Admiraal	JR	Pella Christian High School	22:40	7:18
19		Sydney Hooyer	JR	Pella Christian High School	22:45	7:19
20	18	Gwen Steffen	JR	Panorama	22:47	7:20
21	19	Primakov Milanna	FR	Chariton	22:49	7:21
22		Livi Ovrom	JR	DSM Roosevelt	23:00	7:24
23	20	MacY Hill	SO	Davis County	23:02	7:25
24	21	Olivia Steffen	JR	Panorama	23:04	7:26
25	22	Margo Chipps	JR	PCM	23:15	7:29
26	23	Kisha Reed	FR	Twin Cedars	23:25	7:32
27	24	Cheyenne Bruns	FR	Twin Cedars	23:26	7:32
28	25	Sailor Anderson	JR	Chariton	23:34	7:35
29	26	Hannah Gus	JR	BGM	23:40	7:37
30	27	Addison Stuchel	FR	Davis County	23:41	7:37
31	28	Klaire Jungling	SR	PCM	23:46	7:39
32	29	Madison Matheney	JR	Davis County	23:47	7:39
33	30	Morgan Klaus	JR	Davis County	23:50	7:40
34		Gabi Hoard	JR	DSM Roosevelt	23:54	7:41
35		Erin Martin	SR	DSM Roosevelt	23:56	7:42
36	31	Lydia Lindstrom	SR	Panorama	23:59	7:43
37	32	Riley Devore	FR	PCM	24:07	7:46
38	33	Lubove Vahnenko	SR	Chariton	24:21	7:50
39		Ellen McDonough	SO	DSM Roosevelt	24:25	7:52
40	34	Nadiia Miroshnik	SO	Chariton	24:28	7:53
41		Sadie Spargur	FR	Davis County	24:33	7:54
42	35	Kate Muller	JR	Des Moines Christian	24:35	7:55
43	36	Ruth Vahnenko	JR	Chariton	24:51	8:00
44		Mia Prosperi	FR	DSM Roosevelt	25:08	8:05
45	37	Jade Six	SR	Knoxville High School	25:08	8:06
46	38	Abbey Jackson	SR	Knoxville High School	25:13	8:07
47		Kiki Levy	SR	DSM Roosevelt	25:13	8:07
48	39	Charlie Vermeer	SR	Knoxville High School	25:15	8:07
49		Abby Crozier	FR	DSM Roosevelt	25:15	8:08
50		Annika Terpstra	JR	Pella Christian High School	25:19	8:09
51	40	Paige Cottrell	SO	BGM	25:26	8:11
52		Maya Lint	FR	DSM Roosevelt	25:28	8:12
53	41	Hailey Heishman	SO	BGM	25:33	8:14
54	42	Carly Underwood	FR	Colfax-Mingo	25:38	8:15
55	43	Courtney Smith	FR	Des Moines Christian	25:42	8:16
56	44	Sophia Stineman	SO	Des Moines Christian	25:47	8:18
57		Evie Sly	SR	DSM Roosevelt	25:47	8:18
58	45	Ali Pieper	SO	Des Moines Christian	25:51	8:19
59	46	Grace Bailey	SO	Twin Cedars	25:55	8:20
60		Jada Will	FR	Davis County	25:55	8:20
61	47	Leah Fett	SO	Panorama	25:56	8:21
62		Angelia McCoy	JR	Davis County	25:56	8:21
63	48	Abby Cobb	JR	Panorama	25:58	8:21
64		Ivy McFetridge	FR	DSM Roosevelt	26:04	8:24

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Place	Score	Name	Year	School	Time	Pace mpm
65	49	Dani Johnston	SO	Knoxville High School	26:07	8:24
66	50	Jillian Fairbanks	FR	PCM	26:12	8:26
67	51	Deanna Primokov	SR	Chariton	26:17	8:28
68		Isabelle Settles	SO	Davis County	26:17	8:28
69		Haylee Sonius	JR	Chariton	26:30	8:32
70		Peyton Schlueter	SO	DSM Roosevelt	26:31	8:32
71	52	Olivia Maasdam	SO	Knoxville High School	26:31	8:32
72	53	Sophia Steenhoek	FR	PCM	26:33	8:33
73	54	Emma Isenhardt	SO	Des Moines Christian	26:33	8:33
74		Stacy Wetherich	SR	Davis County	26:33	8:33
75		Jensen Jayden	FR	Chariton	26:37	8:34
76	55	Delaney Baird	SO	PCM	26:40	8:35
77		Vivian Bauer	SO	Chariton	26:40	8:35
78	56	Chelsey Atwood	SR	Colfax-Mingo	26:47	8:37
79		Emma Kurth	FR	DSM Roosevelt	26:53	8:39
80		Megan Heilskov	FR	DSM Roosevelt	26:55	8:40
81		Tess Bantsra	SO	DSM Roosevelt	26:58	8:41
82		Belonozhko Vita	FR	Chariton	27:00	8:41
83		Lily Fiihr	SR	DSM Roosevelt	27:04	8:43
84		Hannah McCarthy	SR	PCM	27:09	8:44
85		Clara Hol	FR	DSM Roosevelt	27:14	8:46
86		Kelsey Rook	SO	Davis County	27:21	8:48
87	57	MacKenzie Blankenship	FR	BGM	27:29	8:51
88		Elizabeth Smith	SO	Hoover High School	27:34	8:52
89	58	Caylee Cunningham	FR	Colfax-Mingo	27:37	8:53
90	59	Sophie Murphy	JR	Knoxville High School	27:40	8:54
91		Anika Busick	SO	DSM Roosevelt	27:44	8:55
92		Angel Blagsvedt	JR	Chariton	27:44	8:56
93	60	Daytin Chadwick	JR	Colfax-Mingo	27:45	8:56
94		Elizabeth Hahn	JR	DSM Roosevelt	27:55	8:59
95		Taryn Steenhoek	SO	PCM	27:57	9:00
96	61	Brooke Roby	SO	Twin Cedars	28:00	9:01
97		Teagan Glover	FR	PCM	28:10	9:04
98	62	Joslyn Chadwick	FR	Colfax-Mingo	28:10	9:04
99		Elle Chickering	FR	Davis County	28:11	9:04
100	63	Jodine Woods	SR	Colfax-Mingo	28:30	9:10
101		Emma Hiebert	FR	PCM	28:43	9:14
102		Madeline Fialkov	JR	DSM Roosevelt	28:46	9:15
103		Gogan Milana	SO	Chariton	28:52	9:17
104		Kylie Doty	SO	Colfax-Mingo	29:01	9:20
105		Anna Blobaum	JR	DSM Roosevelt	29:20	9:26
106		Kayelee Johnson	SO	Davis County	29:22	9:27
107		Madelynn Liston	SR	Knoxville High School	29:34	9:31
108		Lindsay Johnson	SO	Ankeny Christian Academy	29:46	9:35
109		Andrews Cheyenne	FR	Chariton	30:01	9:40
110		Alena Rudenko	FR	Chariton	30:03	9:40
111		Jocelyn Brandt	FR	PCM	30:07	9:42
112		Felicity Woods	FR	Colfax-Mingo	30:27	9:48
113		Rippel Alyssa	SO	Chariton	30:40	9:52
114		Elana Cummings	FR	DSM Roosevelt	30:41	9:53
115		Georgia Page	JR	DSM Roosevelt	31:24	10:06
116		Hayda Shadin	JR	Hoover High School	31:39	10:11
117		Olivia Tice	FR	DSM Roosevelt	31:40	10:11
118		Jaden Johnson	JR	Panorama	31:41	10:12
119	64	Madison Shimp	FR	Des Moines Christian	31:56	10:17
120		Ella Mapes	FR	DSM Roosevelt	31:57	10:17
121		Campbell Helton	FR	DSM Roosevelt	32:02	10:19
122		Hanna Townley	SO	PCM	32:55	10:36
123		Davison Dora	FR	Chariton	33:02	10:38
124		Sofia Ream	FR	DSM Roosevelt	33:17	10:43
125		Allana Klein	FR	PCM	33:24	10:45
126		Anna McDonald	SR	Knoxville High School	33:45	10:52
127		Claire Fay	SR	Knoxville High School	33:46	10:52
128		Bahiti Eleson	SR	Hoover High School	33:58	10:56
129	65	Gabrielle Fye	SO	BGM	36:17	11:41
130		Ulyana Kutsel	JR	Chariton	36:29	11:45
131		Rylee Gallaher	FR	PCM	37:24	12:02
132		Miranda McGill	JR	Colfax-Mingo	38:07	12:16
133		Chelsea Corson	JR	Hoover High School	41:11	13:15

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) DSM Roosevelt				Score = 28			
1	Arianna Jackson, FR	19:52	6:24	4) Chariton	Anderson Haddon, FR	21:55	7:03
5	Abi Hahn, FR	20:42	6:40	19	Primakov Milanna, FR	22:49	7:21
6	Sarah Fleming, SO	21:07	6:48	25	Sailor Anderson, JR	23:34	7:35
7	Anna Gilbreath, SR	21:19	6:52	33	Lubove Vahnenko, SR	24:21	7:50
9	Elle Green, SO	21:36	6:57	34	Nadiia Miroshnik, SO	24:28	7:53
11	Clara Colvig, SR	21:58	7:04	36	Ruth Vahnenko, JR	24:51	8:00
12	Adrienne Buettner-Cable, FR	22:02	7:05	51	Deanna Primokov, SR	26:17	8:28
	Livi Ovrom, JR	23:00	7:24		Haylee Sonius, JR	26:30	8:32
	Gabi Hoard, JR	23:54	7:41		Jensen Jayden, FR	26:37	8:34
	Erin Martin, SR	23:56	7:42		Vivian Bauer, SO	26:40	8:35
	Ellen McDonough, SO	24:25	7:52		Belonozhko Vita, FR	27:00	8:41
	Mia Prosperi, FR	25:08	8:05		Angel Blagsvedt, JR	27:44	8:56
	Kiki Levy, SR	25:13	8:07		Gogan Milana, SO	28:52	9:17
	Abby Crozier, FR	25:15	8:08		Andrews Cheyenne, FR	30:01	9:40
	Maya Lint, FR	25:28	8:12		Alena Rudenko, FR	30:03	9:40
	Evie Sly, SR	25:47	8:18		Rippel Alyssa, SO	30:40	9:52
	Ivy McFetridge, FR	26:04	8:24		Davison Dora, FR	33:02	10:38
	Peyton Schlueter, SO	26:31	8:32		Ulyana Kutsel, JR	36:29	11:45
	Emma Kurth, FR	26:53	8:39				
	Megan Heilskov, FR	26:55	8:40	5) PCM			
	Tess Bantsra, SO	26:58	8:41	8	Paige Steenhoek, FR	21:24	6:53
	Lily Fiihr, SR	27:04	8:43	22	Margo Chipps, JR	23:15	7:29
	Clara Hol, FR	27:14	8:46	28	Klaire Jungling, SR	23:46	7:39
	Anika Busick, SO	27:44	8:55	32	Riley Devore, FR	24:07	7:46
	Elizabeth Hahn, JR	27:55	8:59	50	Jillian Fairbanks, FR	26:12	8:26
	Madeline Fialkov, JR	28:46	9:15	53	Sophia Steenhoek, FR	26:33	8:33
	Anna Blobaum, JR	29:20	9:26	55	Delaney Baird, SO	26:40	8:35
	Elana Cummings, FR	30:41	9:53		Hannah McCarthy, SR	27:09	8:44
	Georgia Page, JR	31:24	10:06		Taryn Steenhoek, SO	27:57	9:00
	Olivia Tice, FR	31:40	10:11		Teagan Glover, FR	28:10	9:04
	Ella Mapes, FR	31:57	10:17		Emma Hiebert, FR	28:43	9:14
	Campbell Helton, FR	32:02	10:19		Jocelyn Brandt, FR	30:07	9:42
	Sofia Ream, FR	33:17	10:43		Hanna Townley, SO	32:55	10:36
					Allana Klein, FR	33:24	10:45
					Rylee Gallaher, FR	37:24	12:02
2) Davis County				Score = 91			
13	Makayla Bachman, FR	22:09	7:08	6) Twin Cedars			
15	Tatum Turner, JR	22:17	7:10	3	Rylee Dunkin, FR	20:23	6:34
16	Sophie Spargur, SR	22:30	7:15	23	Kisha Reed, FR	23:25	7:32
20	Macy Hill, SO	23:02	7:25	24	Cheyenne Bruns, FR	23:26	7:32
27	Addison Stuchel, FR	23:41	7:37	46	Grace Bailey, SO	25:55	8:20
29	Madison Matheney, JR	23:47	7:39	61	Brooke Roby, SO	28:00	9:01
30	Morgan Klaus, JR	23:50	7:40	7) Knoxville High School			
	Sadie Spargur, FR	24:33	7:54	2	Norah Pearson, FR	20:10	6:29
	Jada Will, FR	25:55	8:20	37	Jade Six, SR	25:08	8:06
	Angelia McCoy, JR	25:56	8:21	38	Abbey Jackson, SR	25:13	8:07
	Isabelle Settles, SO	26:17	8:28	39	Charlie Vermeer, SR	25:15	8:07
	Stacy Wetterich, SR	26:33	8:33	49	Dani Johnston, SO	26:07	8:24
	Kelsey Rook, SO	27:21	8:48	52	Olivia Maasdam, SO	26:31	8:32
	Elle Chickering, FR	28:11	9:04	59	Sophie Murphy, JR	27:40	8:54
	Kayelee Johnson, SO	29:22	9:27		Madelynn Liston, SR	29:34	9:31
					Anna McDonald, SR	33:45	10:52
					Claire Fay, SR	33:46	10:52
3) Panorama				Score = 91			
4	Ella Waddle, JR	20:40	6:39	8) Des Moines Christian			
17	Payton Beckman, SO	22:39	7:17	35	Kate Muller, JR	24:35	7:55
18	Gwen Steffen, JR	22:47	7:20	43	Courtney Smith, FR	25:42	8:16
21	Olivia Steffen, JR	23:04	7:26	44	Sophia Stineman, SO	25:47	8:18
31	Lydia Lindstrom, SR	23:59	7:43	45	Ali Pieper, SO	25:51	8:19
47	Leah Fett, SO	25:56	8:21	54	Emma Isenhardt, SO	26:33	8:33
48	Abby Cobb, JR	25:58	8:21	64	Madison Shimp, FR	31:56	10:17
	Jaden Johnson, JR	31:41	10:12	9) BGM			
				26	Hannah Gus, JR	23:40	7:37
				40	Paige Cottrell, SO	25:26	8:11
				41	Hailey Heishman, SO	25:33	8:14
				57	MacKenzie Blankenship, FR	27:29	8:51
				65	Gabrielle Fye, SO	36:17	11:41

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Place	Name	Time	mpm	Place	Name	Time	mpm
10) Colfax-Mingo		Score = 230					
14	Abbey McConeghey, SR	22:14	7:09				
42	Carly Underwood, FR	25:38	8:15				
56	Chelsey Atwood, SR	26:47	8:37				
58	Caylee Cunningham, FR	27:37	8:53				
60	Daytin Chadwick, JR	27:45	8:56				
62	Joslyn Chadwick, FR	28:10	9:04				
63	Jodine Woods, SR	28:30	9:10				
	Kylie Doty, SO	29:01	9:20				
	Felicity Woods, FR	30:27	9:48				
	Miranda McGill, JR	38:07	12:16				

Incomplete Teams:

Ankeny Christian Academy

108 Lindsay Johnson, SO 29:46 9:35

Hoover High School

88 Elizabeth Smith, SO 27:34 8:52
116 Hayda Shadin, JR 31:39 10:11
128 Bahiti Eleson, SR 33:58 10:56
133 Chelsea Corson, JR 41:11 13:15

Pella Christian High School

18 Annaliese Admiraal, JR 22:40 7:18
19 Sydney Hooyer, JR 22:45 7:19
50 Annika Terpstra, JR 25:19 8:09

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PCM HS Boys 5k Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Des Moines Christian	1	2	4	5	6	9	12	= 18	1:30:19	18:04	1:38
2	Davis County	3	8	16	22	23	24	28	= 72	1:36:32	19:18	2:24
3	Knoxville High School	7	13	15	19	21	26	29	= 75	1:38:12	19:38	0:51
4	Pella Christian High School	10	17	31	32	43	69	70	= 133	1:41:17	20:15	2:04
5	PCM	11	25	33	34	36	52	57	= 139	1:41:29	20:18	1:29
6	Colfax-Mingo	18	20	39	42	44	55	64	= 163	1:43:10	20:38	1:43
7	Chariton	35	37	38	45	48	63	66	= 203	1:45:42	21:08	0:54
8	Ankeny Christian Academy	27	41	49	51	54	58	59	= 222	1:46:51	21:22	1:46
9	Hoover High School	14	47	53	56	60	61	62	= 230	1:47:34	21:31	2:57
10	Panorama	30	40	46	50	65	67	68	= 231	1:47:57	21:35	2:33

Incomplete Teams:

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Cody Smith	SR	Des Moines Christian	17:29	5:38
2	2	Carson Houg	SO	Des Moines Christian	17:34	5:39
3	3	Kenny Cronin	JR	Davis County	17:39	5:41
4	4	Noah Fopma	SR	Des Moines Christian	18:00	5:48
5	5	Jacob Fopma	SR	Des Moines Christian	18:09	5:50
6	6	Christian Castile	JR	Des Moines Christian	19:07	6:09
7	7	Jordan Bacon	SR	Knoxville High School	19:10	6:10
8	8	Brody Humphrey	SO	Davis County	19:12	6:11
9	9	Trey Castile	SR	Des Moines Christian	19:14	6:12
10	10	Daniel Mora Demestri	SR	Pella Christian High School	19:16	6:12
11	11	Beau Webb	JR	PCM	19:18	6:13
12	12	Kyle Goranson	SR	Des Moines Christian	19:31	6:17
13	13	Seth Walraven	SO	Knoxville High School	19:34	6:18
14	14	Barry Adoobe	SO	Hoover High School	19:35	6:18
15	15	Kaden McGill	FR	Knoxville High School	19:35	6:18
16	16	Weston Shively	JR	Davis County	19:36	6:19
17	17	Brayton Juffer	JR	Pella Christian High School	19:39	6:19
18	18	Max Vandusseldorp	FR	Colfax-Mingo	19:40	6:20
19		Nate Moser	JR	Des Moines Christian	19:51	6:23
20	19	Trent Walraven	SR	Knoxville High School	19:53	6:24
21	20	Hunter Green	SR	Colfax-Mingo	19:55	6:25
22	21	Jonathan Watson	SO	Knoxville High School	20:01	6:26
23	22	Seth Emmons	SR	Davis County	20:02	6:27
24	23	Mike Amsden	JR	Davis County	20:03	6:27
25		Oliver Dirkx	SO	Des Moines Christian	20:05	6:28
26	24	Taylor Huggins	SO	Davis County	20:07	6:29
27	25	Jason Stafford	SR	PCM	20:09	6:29
28	26	Max Purvis	SO	Knoxville High School	20:09	6:29
29	27	Ben McDermott	SO	Ankeny Christian Academy	20:10	6:29
30	28	Alex Hopkins	JR	Davis County	20:13	6:30
31	29	Joey Hembrook	SO	Knoxville High School	20:14	6:31
32		Emmett Schmidt	SO	Knoxville High School	20:22	6:33
33		Ethan Murra	SR	Knoxville High School	20:25	6:34
34		Miles Menstner	SR	Davis County	20:26	6:35
35	30	Emry Colby	SR	Panorama	20:29	6:36
36	31	Micah Dehaan	SO	Pella Christian High School	20:31	6:36
37	32	Kaden Van Wyngarden	FR	Pella Christian High School	20:31	6:36
38		David Nash	JR	Davis County	20:32	6:37
39	33	Cooper Vandelune	SR	PCM	20:35	6:38
40	34	Ayrton Breckenridge	SR	PCM	20:39	6:39
41		Peter Picard	SO	Knoxville High School	20:42	6:40
42	35	Lance Wallace	SR	Chariton	20:46	6:41
43	36	Cody Courtney	SR	PCM	20:47	6:41
44		Dawson Townshend	SO	Davis County	20:51	6:43
45	37	Trae Hall	SR	Chariton	20:52	6:43
46	38	Blane Wallace	FR	Chariton	20:54	6:44
47	39	Noah Strohmeier	JR	Colfax-Mingo	20:55	6:44
48		Carson Irving	SO	Knoxville High School	20:59	6:45
49		Elijah Hummel	JR	Des Moines Christian	21:02	6:46
50	40	Goodenberger Landon	SO	Panorama	21:03	6:47
51		Drake Hamm	FR	Davis County	21:10	6:49
52	41	Jonathan Walter	FR	Ankeny Christian Academy	21:16	6:51
53	42	Coleman Craig	SO	Colfax-Mingo	21:16	6:51
54	43	David Bernhagen	SR	Pella Christian High School	21:20	6:52
55	44	Carter Gibson	FR	Colfax-Mingo	21:23	6:53
56		Samuel Steensen	SO	Des Moines Christian	21:24	6:53
57	45	Tyler Goben	SR	Chariton	21:29	6:55
58		Gable Garcia	SR	Knoxville High School	21:35	6:57
59	46	Hoffman Brayden	SR	Panorama	21:35	6:57
60	47	Kalonji Musengo	SO	Hoover High School	21:35	6:57
61	48	Logan Demichelis	SR	Chariton	21:40	6:59
62	49	Caleb Parlee	SO	Ankeny Christian Academy	21:41	6:59
63		Ryker Diekevers	FR	Des Moines Christian	21:42	6:59
64		Jack Ball	SR	Davis County	21:45	7:00

PCM CROSS COUNTRY INVITATIONAL

PCM HS Boys 5k Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	Score	Name	Year	School	Time	Pace	mpm
65		Kacey Pierce	JR	Des Moines Christian	21:47		7:01
66	50	Avery Norman	SO	Panorama	21:48		7:01
67	51	Braeden Brough	SO	Ankeny Christian Academy	21:49		7:01
68		Christian Grensteiner	SR	Des Moines Christian	21:51		7:02
69		Ethan Morgan	FR	Knoxville High School	21:51		7:02
70	52	Dalton Moser	JR	PCM	21:54		7:03
71	53	Shauri Lumona	SR	Hoover High School	21:54		7:03
72	54	Malachi Johnson	SO	Ankeny Christian Academy	21:55		7:03
73	55	Aj Gibson	JR	Colfax-Mingo	21:57		7:04
74		Micah Carroll	FR	Davis County	21:57		7:04
75	56	Trevor Jackson	SR	Hoover High School	21:58		7:04
76	57	Garin Padget	JR	PCM	22:04		7:06
77	58	Josiah Davenport	SO	Ankeny Christian Academy	22:09		7:08
78		Ethan Morrissey	JR	Davis County	22:10		7:08
79		Daniel Oliver	FR	Davis County	22:14		7:09
80		Isaac Bailey	SR	Des Moines Christian	22:20		7:11
81		John Buttell	SO	Knoxville High School	22:22		7:12
82		Nash Linsley	SR	Knoxville High School	22:25		7:13
83		Kyle Sanders	SO	PCM	22:26		7:13
84	59	Brett Schroeder	FR	Ankeny Christian Academy	22:29		7:14
85		Marcus Elam	JR	Davis County	22:31		7:15
86	60	Morgan Jackson	SO	Hoover High School	22:32		7:15
87	61	Labresh Kieren	SR	Hoover High School	22:40		7:18
88	62	Eric Amuri	SO	Hoover High School	22:51		7:21
89	63	Max Aulwes	SO	Chariton	22:54		7:22
90	64	Cole Bracewell	SO	Colfax-Mingo	22:59		7:24
91	65	Declan McCarthy	SR	Panorama	23:02		7:25
92		Easton White	SO	Davis County	23:23		7:32
93	66	Tanner Ballard	SR	Chariton	23:25		7:32
94		Jay Froah	JR	Davis County	23:29		7:33
95	67	Alec Mills	SO	Panorama	23:34		7:35
96		Corbin Kleis	FR	Des Moines Christian	23:38		7:36
97	68	Christe Logan	JR	Panorama	24:00		7:43
98		Hunter Jingst	FR	Des Moines Christian	24:02		7:44
99		Eli Miller	SO	Des Moines Christian	24:04		7:45
100		Avery Lees	JR	Colfax-Mingo	24:04		7:45
101		Noah Garcia	FR	Ankeny Christian Academy	24:05		7:45
102		Colton St. Pierre	JR	PCM	24:06		7:45
103		McCarthy Conor	JR	Panorama	24:07		7:46
104	69	Jack Zula	SO	Pella Christian High School	24:07		7:46
105	70	William Spencer	SO	Pella Christian High School	24:10		7:47
106		Ethan Fehrer	SO	Chariton	24:12		7:47
107		Mio Legaspi	JR	Des Moines Christian	24:17		7:49
108		Mason Edwards	FR	Colfax-Mingo	24:26		7:52
109		Justin Bebanga	JR	Hoover High School	24:49		7:59
110		Cale Duffy	FR	Colfax-Mingo	24:52		8:00
111		Drake Marvelli	FR	Knoxville High School	24:55		8:01
112		Bienvenue Munezero	SO	Hoover High School	25:01		8:03
113		Max Vanderpol	SR	Des Moines Christian	25:03		8:04
114		Mason Hatch	FR	Knoxville High School	25:20		8:09
115		Dylan Masterson	JR	PCM	25:35		8:14
116		Nathan Vanderpool	SO	PCM	25:40		8:16
117		Ty True	FR	PCM	25:40		8:16
118		Davis Montgomery	SR	Pella Christian High School	25:42		8:16
119		Jack Lambert	FR	Des Moines Christian	25:45		8:17
120		Noah Pelham	SO	Ankeny Christian Academy	25:47		8:18
121		Ian Hagenberg	FR	Des Moines Christian	25:49		8:19
122		Paul Hansen	JR	Panorama	25:57		8:21
123		Keenan Jacobs	JR	Ankeny Christian Academy	26:09		8:25
124		Alex Courtney	FR	PCM	26:26		8:31
125		Ethan Poling	JR	Chariton	26:31		8:32
126		Max McCoy	FR	Davis County	27:01		8:42
127		Kyle Gao	SO	Pella Christian High School	27:40		8:54
128		Emmanuel Castillo	FR	Hoover High School	27:45		8:56
129		Takjok Kak	SR	Hoover High School	30:21		9:46
130		Carson Porter	FR	PCM	31:18		10:04
131		Allen Porajow	SR	PCM	31:38		10:11

PCM CROSS COUNTRY INVITATIONAL

PCM HS Boys 5k Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Des Moines Christian				5) PCM			
		Score =	18			Score =	139
1	Cody Smith, SR	17:29	5:38	11	Beau Webb, JR	19:18	6:13
2	Carson Houg, SO	17:34	5:39	25	Jason Stafford, SR	20:09	6:29
4	Noah Fopma, SR	18:00	5:48	33	Cooper Vandelune, SR	20:35	6:38
5	Jacob Fopma, SR	18:09	5:50	34	Ayrton Breckenridge, SR	20:39	6:39
6	Christian Castile, JR	19:07	6:09	36	Cody Courtney, SR	20:47	6:41
9	Trey Castile, SR	19:14	6:12	52	Dalton Moser, JR	21:54	7:03
12	Kyle Goranson, SR	19:31	6:17	57	Garin Padget, JR	22:04	7:06
	Nate Moser, JR	19:51	6:23		Kyle Sanders, SO	22:26	7:13
	Oliver Dirkx, SO	20:05	6:28		Colton St. Pierre, JR	24:06	7:45
	Elijah Hummel, JR	21:02	6:46		Dylan Masterson, JR	25:35	8:14
	Samuel Steensen, SO	21:24	6:53		Nathan Vanderpool, SO	25:40	8:16
	Ryker Diekevers, FR	21:42	6:59		Ty True, FR	25:40	8:16
	Kacey Pierce, JR	21:47	7:01		Alex Courtney, FR	26:26	8:31
	Christian Grensteiner, SR	21:51	7:02		Carson Porter, FR	31:18	10:04
	Isaac Bailey, SR	22:20	7:11		Allen Porajow, SR	31:38	10:11
	Corbin Kleis, FR	23:38	7:36				
	Hunter Jingst, FR	24:02	7:44	6) Colfax-Mingo			
	Eli Miller, SO	24:04	7:45			Score =	163
	Mio Legaspi, JR	24:17	7:49	18	Max Vandusseldorp, FR	19:40	6:20
	Max Vanderpol, SR	25:03	8:04	20	Hunter Green, SR	19:55	6:25
	Jack Lambert, FR	25:45	8:17	39	Noah Strohmeier, JR	20:55	6:44
	Ian Hagenberg, FR	25:49	8:19	42	Coleman Craig, SO	21:16	6:51
2) Davis County						44	Carter Gibson, FR
		Score =	72			55	Aj Gibson, JR
3	Kenny Cronin, JR	17:39	5:41			64	Cole Bracewell, SO
8	Brody Humphrey, SO	19:12	6:11				Avery Lees, JR
16	Weston Shively, JR	19:36	6:19				Mason Edwards, FR
22	Seth Emmons, SR	20:02	6:27				Cale Duffy, FR
23	Mike Amsden, JR	20:03	6:27	7) Chariton			
24	Taylor Huggins, SO	20:07	6:29			Score =	203
28	Alex Hopkins, JR	20:13	6:30	35	Lance Wallace, SR	20:46	6:41
	Miles Menstner, SR	20:26	6:35	37	Trae Hall, SR	20:52	6:43
	David Nash, JR	20:32	6:37	38	Blane Wallace, FR	20:54	6:44
	Dawson Townshend, SO	20:51	6:43	45	Tyler Goben, SR	21:29	6:55
	Drake Hamm, FR	21:10	6:49	48	Logan Demichelis, SR	21:40	6:59
	Jack Ball, SR	21:45	7:00	63	Max Aulwes, SO	22:54	7:22
	Micah Carroll, FR	21:57	7:04	66	Tanner Ballard, SR	23:25	7:32
	Ethan Morrissey, JR	22:10	7:08		Ethan Fehrer, SO	24:12	7:47
	Daniel Oliver, FR	22:14	7:09		Ethan Poling, JR	26:31	8:32
	Marcus Elam, JR	22:31	7:15	8) Ankeny Christian Academy			
	Easton White, SO	23:23	7:32			Score =	222
	Jay Froah, JR	23:29	7:33	27	Ben McDermott, SO	20:10	6:29
	Max McCoy, FR	27:01	8:42	41	Jonathan Walter, FR	21:16	6:51
3) Knoxville High School						49	Caleb Parlee, SO
		Score =	75			51	Braeden Brough, SO
7	Jordan Bacon, SR	19:10	6:10			54	Malachi Johnson, SO
13	Seth Walraven, SO	19:34	6:18			58	Josiah Davenport, SO
15	Kaden McGill, FR	19:35	6:18			59	Brett Schroeder, FR
19	Trent Walraven, SR	19:53	6:24				Noah Garcia, FR
21	Jonathan Watson, SO	20:01	6:26				Noah Pelham, SO
26	Max Purvis, SO	20:09	6:29				Keenan Jacobs, JR
29	Joey Hembrook, SO	20:14	6:31	9) Hoover High School			
	Emmett Schmidt, SO	20:22	6:33			Score =	230
	Ethan Murra, SR	20:25	6:34	14	Barry Adoobe, SO	19:35	6:18
	Peter Picard, SO	20:42	6:40	47	Kalonji Musengo, SO	21:35	6:57
	Carson Irving, SO	20:59	6:45	53	Shauri Lumona, SR	21:54	7:03
	Gable Garcia, SR	21:35	6:57	56	Trevor Jackson, SR	21:58	7:04
	Ethan Morgan, FR	21:51	7:02	60	Morgan Jackson, SO	22:32	7:15
	John Buttell, SO	22:22	7:12	61	Labresh Kieren, SR	22:40	7:18
	Nash Linsley, SR	22:25	7:13	62	Eric Amuri, SO	22:51	7:21
	Drake Marvelli, FR	24:55	8:01		Justin Bebanga, JR	24:49	7:59
	Mason Hatch, FR	25:20	8:09		Bienvenue Munezero, SO	25:01	8:03
					Emmanuel Castillo, FR	27:45	8:56
4) Pella Christian High School						30:21	9:46
		Score =	133	10) Panorama			
10	Daniel Mora Demestri, SR	19:16	6:12			Score =	231
17	Brayton Juffer, JR	19:39	6:19	30	Emry Colby, SR	20:29	6:36
31	Micah Dehaan, SO	20:31	6:36	40	Goodenberger Landon, SO	21:03	6:47
32	Kaden Van Wyngarden, FR	20:31	6:36	46	Hoffman Brayden, SR	21:35	6:57
43	David Bernhagen, SR	21:20	6:52	50	Avery Norman, SO	21:48	7:01
69	Jack Zula, SO	24:07	7:46	65	Declan McCarthy, SR	23:02	7:25
70	William Spencer, SO	24:10	7:47	67	Alec Mills, SO	23:34	7:35
	Davis Montgomery, SR	25:42	8:16	68	Christe Logan, JR	24:00	7:43
	Kyle Gao, SO	27:40	8:54		McCarthy Conor, JR	24:07	7:46
					Paul Hansen, JR	25:57	8:21

Incomplete Teams:

PCM CROSS COUNTRY INVITATIONAL

PCM HS Boys 5k Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	Name	Time	mpm	Place	Name	Time	mpm
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PCM CROSS COUNTRY INVITATIONAL

HS JV Girls 5K Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	DSM Roosevelt	1	2	3	4	6	7	8	= 16	2:00:24	24:05	2:08
2	Davis County	5	9	10	11	13	18	22	= 48	2:09:15	25:51	2:00
3	Chariton	12	14	15	16	19	24	25	= 76	2:14:32	26:54	1:14
4	PCM	17	20	21	23	26	27	28	= 107	2:22:05	28:25	2:58

Incomplete Teams: Colfax-Mingo, Knoxville High School, Panorama

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Livi Ovrom	JR	DSM Roosevelt	23:00	7:24
2	2	Gabi Hoard	JR	DSM Roosevelt	23:54	7:41
3	3	Erin Martin	SR	DSM Roosevelt	23:56	7:42
4	4	Ellen McDonough	SO	DSM Roosevelt	24:25	7:52
5	5	Sadie Spargur	FR	Davis County	24:33	7:54
6	6	Mia Prosperi	FR	DSM Roosevelt	25:08	8:05
7	7	Kiki Levy	SR	DSM Roosevelt	25:13	8:07
8	8	Abby Crozier	FR	DSM Roosevelt	25:15	8:08
9	9	Jada Will	FR	Davis County	25:55	8:20
10	10	Angelia McCoy	JR	Davis County	25:56	8:21
11	11	Isabelle Settles	SO	Davis County	26:17	8:28
12	12	Haylee Sonius	JR	Chariton	26:30	8:32
13	13	Stacy Watterich	SR	Davis County	26:33	8:33
14	14	Jensen Jayden	FR	Chariton	26:37	8:34
15	15	Vivian Bauer	SO	Chariton	26:40	8:35
16	16	Belonozhko Vita	FR	Chariton	27:00	8:41
17	17	Hannah McCarthy	SR	PCM	27:09	8:44
18	18	Kelsey Rook	SO	Davis County	27:21	8:48
19	19	Angel Blagsvedt	JR	Chariton	27:44	8:56
20	20	Taryn Steenhoek	SO	PCM	27:57	9:00
21	21	Teagan Glover	FR	PCM	28:10	9:04
22	22	Elle Chickering	FR	Davis County	28:11	9:04
23	23	Emma Hiebert	FR	PCM	28:43	9:14
24	24	Gogan Milana	SO	Chariton	28:52	9:17
25		Kylie Doty	SO	Colfax-Mingo	29:01	9:20
26		Madelynn Liston	SR	Knoxville High School	29:34	9:31
27	25	Andrews Cheyenne	FR	Chariton	30:01	9:40
28	26	Jocelyn Brandt	FR	PCM	30:07	9:42
29		Felicity Woods	FR	Colfax-Mingo	30:27	9:48
30		Jaden Johnson	JR	Panorama	31:41	10:12
31	27	Hanna Townley	SO	PCM	32:55	10:36
32	28	Allana Klein	FR	PCM	33:24	10:45
33		Anna McDonald	SR	Knoxville High School	33:45	10:52
34		Claire Fay	SR	Knoxville High School	33:46	10:52
35		Miranda McGill	JR	Colfax-Mingo	38:07	12:16

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HS JV Girls 5K Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) DSM Roosevelt Score = 16							
1	Livi Ovrrom, JR	23:00	7:24				
2	Gabi Hoard, JR	23:54	7:41				
3	Erin Martin, SR	23:56	7:42				
4	Ellen McDonough, SO	24:25	7:52				
6	Mia Prosperi, FR	25:08	8:05				
7	Kiki Levy, SR	25:13	8:07				
8	Abby Crozier, FR	25:15	8:08				
2) Davis County Score = 48							
5	Sadie Spargur, FR	24:33	7:54				
9	Jada Will, FR	25:55	8:20				
10	Angelia McCoy, JR	25:56	8:21				
11	Isabelle Settles, SO	26:17	8:28				
13	Stacy Wetterich, SR	26:33	8:33				
18	Kelsey Rook, SO	27:21	8:48				
22	Elle Chickering, FR	28:11	9:04				
3) Chariton Score = 76							
12	Haylee Sonius, JR	26:30	8:32				
14	Jensen Jayden, FR	26:37	8:34				
15	Vivian Bauer, SO	26:40	8:35				
16	Belonozhko Vita, FR	27:00	8:41				
19	Angel Blagsvedt, JR	27:44	8:56				
24	Gogan Milana, SO	28:52	9:17				
25	Andrews Cheyenne, FR	30:01	9:40				
4) PCM Score = 107							
17	Hannah McCarthy, SR	27:09	8:44				
20	Taryn Steenhoek, SO	27:57	9:00				
21	Teagan Glover, FR	28:10	9:04				
23	Emma Hiebert, FR	28:43	9:14				
26	Jocelyn Brandt, FR	30:07	9:42				
27	Hanna Townley, SO	32:55	10:36				
28	Allana Klein, FR	33:24	10:45				

Incomplete Teams:

Colfax-Mingo

25	Kylie Doty, SO	29:01	9:20
29	Felicity Woods, FR	30:27	9:48
35	Miranda McGill, JR	38:07	12:16

Knoxville High School

26	Madelynn Liston, SR	29:34	9:31
33	Anna McDonald, SR	33:45	10:52
34	Claire Fay, SR	33:46	10:52

Panorama

30	Jaden Johnson, JR	31:41	10:12
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PCM CROSS COUNTRY INVITATIONAL

PCM JV HS Boys 5k Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Knoxville High School	3	4	7	9	13	18	21	= 36	1:44:03	20:49	1:13
2	Des Moines Christian	1	2	10	12	14	16	17	= 39	1:44:04	20:49	1:50
3	Davis County	5	6	8	11	15	19	20	= 45	1:44:44	20:57	1:19
4	PCM	22	23	24	25	26	27	28	= 120	2:03:26	24:41	3:14

Incomplete Teams: Ankeny Christian Academy, Chariton, Colfax-Mingo, Hoover High School, Panorama, Pella Christian High School

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Nate Moser	JR	Des Moines Christian	19:51	6:23
2	2	Oliver Dirkx	SO	Des Moines Christian	20:05	6:28
3	3	Emmett Schmidt	SO	Knoxville High School	20:22	6:33
4	4	Ethan Murra	SR	Knoxville High School	20:25	6:34
5	5	Miles Menstner	SR	Davis County	20:26	6:35
6	6	David Nash	JR	Davis County	20:32	6:37
7	7	Peter Picard	SO	Knoxville High School	20:42	6:40
8	8	Dawson Townshend	SO	Davis County	20:51	6:43
9	9	Carson Irving	SO	Knoxville High School	20:59	6:45
10	10	Elijah Hummel	JR	Des Moines Christian	21:02	6:46
11	11	Drake Hamm	FR	Davis County	21:10	6:49
12	12	Samuel Steensen	SO	Des Moines Christian	21:24	6:53
13	13	Gable Garcia	SR	Knoxville High School	21:35	6:57
14	14	Ryker Diekevers	FR	Des Moines Christian	21:42	6:59
15	15	Jack Ball	SR	Davis County	21:45	7:00
16	16	Kacey Pierce	JR	Des Moines Christian	21:47	7:01
17	17	Christian Grensteiner	SR	Des Moines Christian	21:51	7:02
18	18	Ethan Morgan	FR	Knoxville High School	21:51	7:02
19	19	Micah Carroll	FR	Davis County	21:57	7:04
20	20	Ethan Morrissey	JR	Davis County	22:10	7:08
21	21	John Buttell	SO	Knoxville High School	22:22	7:12
22	22	Kyle Sanders	SO	PCM	22:26	7:13
23		Avery Lees	JR	Colfax-Mingo	24:04	7:45
24		Noah Garcia	FR	Ankeny Christian Academy	24:05	7:45
25	23	Colton St. Pierre	JR	PCM	24:06	7:45
26		McCarthy Conor	JR	Panorama	24:07	7:46
27		Ethan Fehrer	SO	Chariton	24:12	7:47
28		Mason Edwards	FR	Colfax-Mingo	24:26	7:52
29		Justin Bebanga	JR	Hoover High School	24:49	7:59
30		Cale Duffy	FR	Colfax-Mingo	24:52	8:00
31		Bienvenue Munezero	SO	Hoover High School	25:01	8:03
32	24	Dylan Masterson	JR	PCM	25:35	8:14
33	25	Nathan Vanderpool	SO	PCM	25:40	8:16
34	26	Ty True	FR	PCM	25:40	8:16
35		Davis Montgomery	SR	Pella Christian High School	25:42	8:16
36		Noah Pelham	SO	Ankeny Christian Academy	25:47	8:18
37		Paul Hansen	JR	Panorama	25:57	8:21
38		Keenan Jacobs	JR	Ankeny Christian Academy	26:09	8:25
39	27	Alex Courtney	FR	PCM	26:26	8:31
40		Ethan Poling	JR	Chariton	26:31	8:32
41		Kyle Gao	SO	Pella Christian High School	27:40	8:54
42		Emmanuel Castillo	FR	Hoover High School	27:45	8:56
43		Takjok Kak	SR	Hoover High School	30:21	9:46
44	28	Carson Porter	FR	PCM	31:18	10:04

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PCM JV HS Boys 5k Gateway Golf Course * Monroe, IA 9/26/2019 Partly Sunny 79°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Knoxville High School Score = 36							
3	Emmett Schmidt, SO	20:22	6:33				
4	Ethan Murra, SR	20:25	6:34				
7	Peter Picard, SO	20:42	6:40				
9	Carson Irving, SO	20:59	6:45				
13	Gable Garcia, SR	21:35	6:57				
18	Ethan Morgan, FR	21:51	7:02				
21	John Buttell, SO	22:22	7:12				
2) Des Moines Christian Score = 39							
1	Nate Moser, JR	19:51	6:23				
2	Oliver Dirckx, SO	20:05	6:28				
10	Elijah Hummel, JR	21:02	6:46				
12	Samuel Steensen, SO	21:24	6:53				
14	Ryker Diekevers, FR	21:42	6:59				
16	Kacey Pierce, JR	21:47	7:01				
17	Christian Grensteiner, SR	21:51	7:02				
3) Davis County Score = 45							
5	Miles Menstner, SR	20:26	6:35				
6	David Nash, JR	20:32	6:37				
8	Dawson Townshend, SO	20:51	6:43				
11	Drake Hamm, FR	21:10	6:49				
15	Jack Ball, SR	21:45	7:00				
19	Micah Carroll, FR	21:57	7:04				
20	Ethan Morrissey, JR	22:10	7:08				
4) PCM Score = 120							
22	Kyle Sanders, SO	22:26	7:13				
23	Colton St. Pierre, JR	24:06	7:45				
24	Dylan Masterson, JR	25:35	8:14				
25	Nathan Vanderpool, SO	25:40	8:16				
26	Ty True, FR	25:40	8:16				
27	Alex Courtney, FR	26:26	8:31				
28	Carson Porter, FR	31:18	10:04				

Incomplete Teams:

Ankeny Christian Academy			
24	Noah Garcia, FR	24:05	7:45
36	Noah Pelham, SO	25:47	8:18
38	Keenan Jacobs, JR	26:09	8:25

Chariton			
27	Ethan Fehrer, SO	24:12	7:47
40	Ethan Poling, JR	26:31	8:32

Colfax-Mingo			
23	Avery Lees, JR	24:04	7:45
28	Mason Edwards, FR	24:26	7:52
30	Cale Duffy, FR	24:52	8:00

Hoover High School			
29	Justin Bebanga, JR	24:49	7:59
31	Bienvenue Munezero, SO	25:01	8:03
42	Emmanuel Castillo, FR	27:45	8:56
43	Takjok Kak, SR	30:21	9:46

Panorama			
26	McCarthy Conor, JR	24:07	7:46
37	Paul Hansen, JR	25:57	8:21

Pella Christian High School			
35	Davis Montgomery, SR	25:42	8:16
41	Kyle Gao, SO	27:40	8:54