

2016 MVC Cross Country Super Meet - 10/6/2016**Nielridge Park****Rankings****Event 5 Women 5k Run CC Junior Varsity**

Name	Year School	Finals	Points
1 Morrow, Amelia	JR City High	19:59.15	1
2 Larsen, Madison	JR Cedar Falls	20:13.32	2
3 Welu, Heidi	SR Dubuque Hempstead	20:23.70	3
4 Neese, Alyssa	FR Cedar Falls	20:28.17	4
5 Hansen, Mollie	SR City High	20:28.72	5
6 Simpson, Miranda	SR Cedar Falls	20:31.06	6
7 Griffith, Jenna	FR CR Jefferson	20:36.63	7
8 Smith, Addy	JR City High	20:39.36	8
9 McCormick, Gabriel	JR City High	20:44.48	9
10 Chadwick, Celeste	SR City High	20:48.90	10
11 Simons, Jaclyn	SR Linn-Mar	20:50.84	11
12 Buchheit, Emily	SR Dubuque Hempstead	20:51.88	12
13 Fransen, Brenna	SR Dubuque Hempstead	21:04.18	13
14 Healey, Victoria	SR Dubuque Senior	21:07.32	14
15 Connolly, Elle	JR Dubuque Senior	21:10.88	15
16 Meyer, Alli	SR CR Kennedy	21:26.45	16
17 Strang, Rachel	JR City High	21:42.21	17
18 Zillig, Becca	SR Dubuque Hempstead	21:45.19	18
19 Hansen, Carina	SR Cedar Falls	21:48.41	19
20 Erickson, Morgan	JR CR Prairie	21:51.22	20
21 Denniston, Anna	JR City High	21:52.48	21
22 Donath, Natalie	SR Dubuque Senior	21:53.56	22
23 Kemp, Autumn	SR Dubuque Senior	21:54.04	23
24 Grady, Ashley	SR CR Prairie	21:54.54	24
25 Longmire, Sarah	SR Iowa City West	21:56.41	25
26 Gust, Lily	SO CR Kennedy	21:59.07	26
27 Sigmon, Annie	SR Cedar Rapids Xavier	22:10.92	27
28 Hessman, Liz	SR Cedar Rapids Xavier	22:11.18	28
29 Butschi, Morgan	FR CR Kennedy	22:13.25	29
30 Smith, Sage	JR Dubuque Hempstead	22:18.06	30
31 Schmitt, Emily	JR Dubuque Hempstead	22:18.99	31
32 Schmidt, Alyssa	SR Cedar Falls	22:22.06	32
33 Waid, Nadia	JR Dubuque Senior	22:23.24	33
34 Ratzer, Hannah	JR CR Kennedy	22:23.68	34
35 Kruse, Emily	SR Dubuque Senior	22:24.04	35
36 Wray, Sammy	JR Linn-Mar	22:25.94	36
37 Connolly, Erin	JR Dubuque Hempstead	22:26.37	37
38 Parrott, Lindsey	JR City High	22:28.36	
39 Wilson, Jamie	SR Dubuque Senior	22:36.23	38
40 Willis, Tori	SR Dubuque Senior	22:37.29	
41 Rickert, Kori	JR Dubuque Senior	22:44.41	
42 Jensen, Annika	SR Iowa City West	22:44.74	39
43 Hartel, Mary	SR Dubuque Senior	22:44.91	
44 Averhoff, Ashlynn	SR CR Kennedy	22:46.63	40
45 Coates, Jenna	JR Dubuque Hempstead	22:48.61	
46 Gibson, Kayla	JR Dubuque Senior	22:50.63	
47 Swanson, Anna	SR City High	22:52.14	
48 Trentz, Cassie	SR Dubuque Senior	22:53.31	
49 Hansen, Bailey	SR Dubuque Hempstead	22:54.88	
50 Cadena, Jordan	SR CR Prairie	22:56.84	41
51 Oberfoell, Megan	SR Dubuque Hempstead	23:03.70	
52 Hicks, Ally	SR Linn-Mar	23:06.41	42

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53	Klein, Anna	SR CR Kennedy	23:06.68	43
54	Abram, Elisa	SR Iowa City West	23:08.24	44
55	Rygh, Katie	SR Cedar Falls	23:10.48	45
56	Gudenkauf, Grace	SR Dubuque Senior	23:11.23	
57	Pardubsky, Claire	SR CR Kennedy	23:12.38	46
58	Dinicola, Cairo	SR CR Prairie	23:12.62	47
59	Keller, Maddie	JR Dubuque Senior	23:14.94	
60	Barajas-Peterson, Crysta	SR Linn-Mar	23:16.58	48
61	Schmid, Rachel	JR Cedar Falls	23:17.38	49
62	Ries, Lily	SR Dubuque Hempstead	23:23.43	
63	Coulter, Megan	SR CR Prairie	23:25.22	50
64	Wachter, Emma	JR Dubuque Wahlert	23:26.48	51
65	Breslin, Maeve	JR Dubuque Wahlert	23:28.30	52
66	Grady, Kara	SR CR Prairie	23:29.70	53
67	Kisling, Maddie	SR CR Jefferson	23:32.39	54
68	Ferguson, Samantha	SR CR Prairie	23:33.15	55
69	Clanin, Emma	JR Linn-Mar	23:34.85	56
70	Jennings, Michelle	SR City High	23:35.27	
71	Uthoff, Beth	JR CR Prairie	23:36.68	
72	Myers, Andrea	JR CR Prairie	23:37.81	
73	Staab, Peyton	SR CR Prairie	23:40.42	
74	Welch, Valerie	SR Iowa City West	23:43.79	57
75	James, Bihotza	JR City High	23:50.72	
76	Jeffords, Camryn	JR CR Kennedy	23:51.22	
77	Herbst, Valerie	SR Dubuque Wahlert	23:51.72	58
78	Leibfried, Ashley	SR Dubuque Hempstead	23:58.74	
79	Dilparic, Doris	SO Waterloo West	24:00.87	59
80	Bertram, Hannah	SR CR Jefferson	24:02.65	60
81	Chung, Josie	SO CR Jefferson	24:04.71	61
82	Bergman, MiAsia	JR CR Jefferson	24:08.44	62
83	Irani, Asha	SR Iowa City West	24:11.59	63
84	Igo, Caroline	SR Dubuque Wahlert	24:15.20	64
85	Morley, Heather	SR Dubuque Hempstead	24:17.22	
86	Muir, Ellie	SR Dubuque Wahlert	24:18.93	65
87	Elliot, Leah	JR Iowa City West	24:20.16	66
88	Hickman, Emma	FR Waterloo West	24:21.90	67
89	Ritter, Alayna	FR Waterloo West	24:22.10	68
90	McGrath, Erin	JR Dubuque Hempstead	24:24.09	
91	Knox, Jessica	SR Cedar Falls	24:28.51	
92	Hoy, Sara	SR Cedar Falls	24:29.31	
93	Christenson, Natalie	JR Waterloo West	24:30.78	69
94	Felderman, Kayla	SR Dubuque Hempstead	24:32.86	
95	Bouska, Sarah	JR Cedar Rapids Xavier	24:33.99	70
96	Rheingans, Emersen	JR Dubuque Hempstead	24:43.74	
97	Miller, Nicole	SR CR Prairie	24:45.65	
98	Smith, Sophia	SR CR Prairie	24:45.93	
99	Bourgeois, Meredith	JR CR Prairie	24:46.18	
100	Meurice, Nova	SR City High	24:46.55	
101	Tigges, Emily	JR Dubuque Senior	24:47.19	
102	Brosius, Autumn	JR Dubuque Hempstead	24:48.52	
103	Hepker, Corrine	SO CR Jefferson	24:49.03	71
104	Harper, Maddy	SR Linn-Mar	24:56.60	72
105	Fox, Sophie	JR C.R. Washington	24:57.12	73
106	McGehee, Lucy	SR City High	24:59.08	
107	Graves, Haley	JR Waterloo West	25:04.61	74

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108	Lie, Sofie	SR City High	25:08.70	
109	Ball, Anyssa	SO CR Kennedy	25:20.74	
110	Duffy, Grace	JR CR Kennedy	25:23.06	
111	Donahue, Kayla	SR CR Kennedy	25:24.33	
112	Gehrke, Rachel	SO Waterloo West	25:25.75	75
113	Stone, Elizabeth	FR CR Kennedy	25:27.13	
114	Dekoster, Katelyn	JR Waterloo West	25:29.09	76
115	Rajtora, Tayler	JR CR Jefferson	25:31.90	77
116	Hanna, Jordan	JR CR Jefferson	25:35.95	
117	Butler, Taylor	SR Dubuque Hempstead	25:43.22	
118	Halvorson, Natalie	SR CR Prairie	25:44.93	
119	Long, Meghann	SR Dubuque Wahlert	25:46.48	78
120	Wille, Jennifer	SR Cedar Rapids Xavier	25:56.41	79
121	Fettkether, Annie	JR Cedar Rapids Xavier	25:58.27	80
122	Ntihebuwayo, Dancile	SR City High	26:00.75	
123	Pameticky, Taylor	SR CR Jefferson	26:01.17	
124	Nichols, Natasha	SR C.R. Washington	26:03.10	81
125	Peal, Lopou	JR C.R. Washington	26:06.62	82
126	Schroud, Gabby	SR Cedar Rapids Xavier	26:09.43	83
127	Rinke, Alicia	JR CR Prairie	26:11.69	
128	Marquardt, Nina	JR Cedar Rapids Xavier	26:17.04	84
129	Urquhad, Kristen	FR CR Jefferson	26:18.05	
130	Bender, Lilly	SO City High	26:23.97	
131	Manders, Haley	JR Dubuque Hempstead	26:25.66	
132	Zikuda, Hanna	SR Waterloo West	26:27.89	
133	Tursi, Gemma	JR Cedar Rapids Xavier	26:29.50	
134	Kim, Sua	JR Dubuque Wahlert	26:34.36	85
135	Frazier, Bianca	SR Waterloo West	26:34.85	
136	Satern, Faith	SR Cedar Rapids Xavier	26:35.37	
137	Crane, Cheyanne	JR Cedar Rapids Xavier	26:37.12	
138	Lyons-Macatee, Elena	SR City High	26:38.62	
139	Schnoebelen, Joy	SR Cedar Rapids Xavier	26:40.62	
140	Reisinger, Leah	SR Waterloo West	26:45.29	
141	Steil, Audra	JR Dubuque Hempstead	26:51.89	
142	Lauer, Tressa	SR Dubuque Hempstead	26:54.28	
143	Holz, Olivia	SR Dubuque Wahlert	26:56.41	
144	Reed, Lisa	JR CR Prairie	26:57.06	
145	Bunce, Megan	JR Linn-Mar	26:58.91	86
146	Dilparic, Daria	JR Waterloo West	26:59.59	
147	Pisney, Abigail	SR Cedar Rapids Xavier	27:00.38	
148	Reineke, Jameson	JR City High	27:01.21	
149	Kramer, Caitlin	JR Cedar Rapids Xavier	27:07.98	
150	Lampe, Theresa	JR Cedar Rapids Xavier	27:16.05	
151	Grace, Lizzie	SR Dubuque Hempstead	27:19.22	
152	Harnack, Emma	SR Waterloo West	27:24.64	
153	Kaiser, Isabelle	JR Cedar Rapids Xavier	27:47.34	
154	Rodriguez, Adriana	JR Waterloo West	27:55.72	
155	Hogg, Isabel	JR C.R. Washington	28:04.81	87
156	Novak, Jenna	JR CR Prairie	28:17.85	
157	Chen, Yan	JR City High	28:19.59	
158	Cooper, Emma	SO City High	28:26.94	
159	Richter, Nora	JR Cedar Rapids Xavier	28:33.43	
160	Appleby-Sparrow, Madalyn	JR C.R. Washington	28:34.38	88
161	Varley, Anna	SR Dubuque Wahlert	28:36.66	
162	Newcamp, Katarina	SR C.R. Washington	28:52.39	89

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7	Linn-Mar	193	11	36	42	48	56	72	86
	Total Time: 1:53:14.62								
	Average: 22:38.93								
8	Iowa City West	228	25	39	44	57	63	66	90
	Total Time: 1:55:44.77								
	Average: 23:08.96								
9	CR Jefferson	244	7	54	60	61	62	71	77
	Total Time: 1:56:24.82								
	Average: 23:16.97								
10	Cedar Rapids Xavier	284	27	28	70	79	80	83	84
	Total Time: 2:00:50.77								
	Average: 24:10.16								
11	Dubuque Wahlert	290	51	52	58	64	65	78	85
	Total Time: 1:59:20.63								
	Average: 23:52.13								
12	Waterloo West	337	59	67	68	69	74	75	76
	Total Time: 2:02:20.26								
	Average: 24:28.06								
13	C.R. Washington	411	73	81	82	87	88	89	91
	Total Time: 2:13:46.03								
	Average: 26:45.21								