



# 2023 Johnston Running Club Youth Track Relay Meet Information



## General Information

Date: Thursday, May 25, 2023  
Location: Johnston Middle School 6501 NW 62nd Ave. Johnston, IA 50131  
Registration: \$15.00 athlete participation fee (plus online processing fee) unattached teams, please email to register  
Spectator Fee: None  
Time: 4:30-5:15 p.m. Check-In  
5:30 p.m. Relays begin

Pre-Registration Link: <https://www.athletic.net/TrackAndField/meet/504568/register>

## Order of Events (girls followed by boys in each age group)

Track Events  
4x800m Relay SA, A, B, C, D/E  
4x200m Relay SA, A, B, C, D/E  
800m Sprint Med. SA, A, B, C, D/E  
1600m Distance Med. SA, A, B, C, D/E  
4x100m Relay SA, A, B, C, D/E  
4x400m Relay SA, A, B, C, D/E

## Age Groups

Age Groups  
SA – 2015 or later (8 & under)  
A – 2013-2014 (9-10)  
B – 2011-2012 (11-12)  
C – 2009-2010 (13-14)  
D – 2007-2008 (15-16)  
E – 2005-2006 (17-18)

Age determined as of 12/31/2023

All events will be a timed final.

Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced.

Athletes are allowed to run up an age group if needed to complete a relay team. Limit of 4 relays per athlete.

## Concessions

Concessions will be available on site.

## Contact Info

Britta Wey • Phone: (515) 770-2038 • E-mail: [johnstonrunning@gmail.com](mailto:johnstonrunning@gmail.com)

## Co-Host

The meet will be co-hosted by the Ankeny Track Club, who will also be providing volunteers for the event.

