

Des Moines Marathon History and Stats

The Drake Relays Marathon celebrated 25 years in 1993, it's last 26.2 miler. The Des Moines Marathon filled the void. A new era of distance running marked the new century - - running to complete the distance. The previous mantra for marathoners was to run for time, like to beat 3 hours. The new generation was sprouting throughout the US, Quad Cities a year earlier had their inaugural marathon. To generate larger crowds and community support expos, music on the course, medals for all and huge post-race celebrations became the norm. Along with the marathon distance the half-marathon and shorter distances like the 5k were added to encompass more runners.

2002

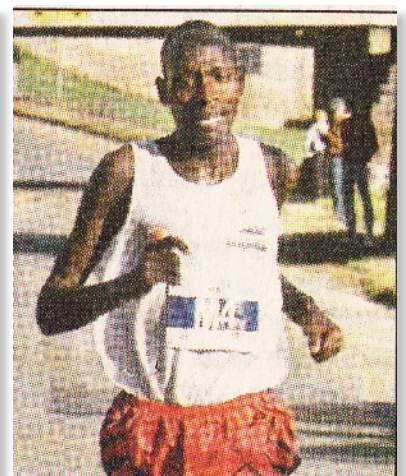
The first year of the Des Moines Marathon was a roaring success. Runners from 47 states and 7 countries toed the start line. \$12,000 in prize money sparked good competition as Simon Sawe (a 3-time winner of Fifth Season 8k) won in 2:22:57 and Wendy Hall 2:50:38 took the women's crown. The winning times would have been ranked 4th best male and 2nd best female at the 25 year Drake Relays Marathon. The race with 1028 marathon finishers (easily topping the best at Drake) and 566 half-marathon finishers was a great start to Iowa's Marathon. The race was marred by disqualifying the 2nd place male due to pacing. The running community was split by the ruling, a first DQ in Iowa history.

2003

The second year of the marathon was catching on as runners ranged from high schooler to the oldest 84 running 6:22:43. Iowa now had a marathon and it was attracting those that hoped to run in all 50 states, evidence of the new marathon breed. Wendy Hall won again in 2:49:46, a few seconds faster than



First year winner Wendy Hall, 4-time winner (2002, 2003, 2005 & 2008)



First year winner Simon Sawe, 2-time winner (2002 & 2009)

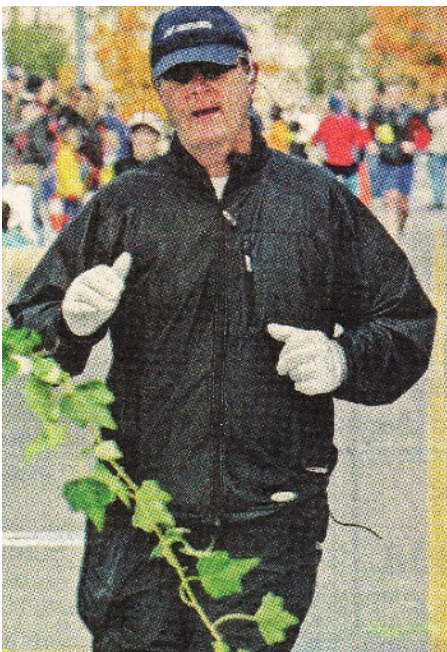
the previous year. For the second year in a row a Kenya won, Wilson Gatiha in 2:26:03 who heard about the race from the previous year winner.

2004

The race continued to grow as the half-marathon with 1392 finishers topped the marathon with 1242 finishers as the biggest race of the day. Russian Sergey Nochevny won in 2:27:34 and Iowan Christy Nielsen was first women in 2:47:01. Governor Tom Vilsack a avid runner finished in 4:57:35. "This is a great opportunity for Des Moines to showcase itself to the country and the world," Vilsack said after crossing the finish line.

The Marathon stumbles . . . winter 2005

Winter weather mimiced the marathon's future - it was frozen. Bills were not being payed and the Race Director quit, suing the Des Moines Register for slander and libel stories describing the lack of business acumen of the director. The marathon was a success on the road but was a shambles financially. In stepped a new owner with a solid sponsor IMT Insurance and new race director, Chris Burch. It was a winning combination as the alliance is in-charge to this date.



Governor Tom Vilsack 2004 finisher!

2005

A sigh of relief as the race continued after a tettering future just a few months prior to 4th version of the marathon. The numbers suffered slightly as less than 1000 marathon finishers (the only time in race history). Wendy Terris (Hall) won for the 3rd time in 2:55:50 and New York City resident Diego Vanegas took the men's crown in 2:35:57, the slowest in race history.

2006

The best of the day was Robyn Friedman winning in a record time 2:42:19, better than her 2nd the first year of the marathon. She commented, "My big goals was to qualify for the (US Marathon Olympic) Trials and I got that." On the men's side Jared Nyamboki won in 2:23:26. The race added a 5k with 232 finishers and marathon relay with 17 teams finishing.

2007

The 3rd year of new sponsor and race director was paying off big time. 1428 marathon finishers and a huge half-marathon with 2443 finishers made for a top notch race day. The 5k and marathon relay doubled in size. David Chepkwony won in 2:22:57 matching the best time the first year and Melissa Gillette ran 3:00:51 for the women's crown, the slowest in race history. Of note was men's half-marathon winner Blake Bolden in 1:08:07, less than a decade (2016) later he became the Drake Relays director.

2008

Wendy Terris won her 4th DM Marathon in her best time 2:49:37, this was her 8th marathon of the year. She was challenged by 51 year old Connie Prince until mile 18. Connie is one of the all-time best Iowa women scoring a 2:35:25 (1986). On the men's side Geoffrey Kiprotich won in 2:23:55. The half-marathon shined with 3185 finishers with male and female records.



Robyn Friedman 2-time winner (2006 & 2009)

2009

Simon Sawe, won the inaugural race returned with a victory in 2:24:50. Simon won in a 400 meter sprint to the finish after a train delay that allowed the second place male to catch him near the finish line. Robyn Friedman had a come behind victory passing the leader at mile 22 winning in 2:41:28. Two weeks earlier Robyn was 6th at the Twin Cities Marathon in 2:36:42.

The race continued to grow and become more competitive, 8 men broke 1:10 in the half-marathon.



James Kirwa 3-time consecutive winner (2010, 2011 & 2012)

2010

James Kirwa smashed the men's record by over 8 minutes winning in 2:14:20. Alena Vinitskya also set a record, barely breaking the time from the prior year by 5 seconds covering the distance in 2:41:23. The marathon had over 1600 finishers and the half-marathon fell just short of 4000 finishers. The men's half-marathon field saw a sprint to the finish with 5 men within 8 seconds of each other. Moses Waweru a 3:55 miler took the crown in 1:05:10.

2011

10th year celebration was another record year as James Kirwa won his 2nd consecutive crown breaking his time from the previous year running 2:12:54. Atalelech Asfaw was the first women to break 2:40 winning in 2:37:55. It was a fast marathon with 6 men under 2:23 and 4 women under 2:50. The half-marathon men and women also set records. The race finishers level off with the marathon down over a hundred runners.

2012

A couple of 3-time champions highlighted the race. James Kirwa won his 3rd marathon in 2:16:54 and Jenna Boren won her 3rd half-marathon in 1:16:13. Mary Akor was the women's marathon winner in 2:35:01, a race record by almost 3 minutes. Akor a 3-time Grandma's Marathon winner beat the second place women by 48 seconds. Akor said after the race of her competitor, "She was stepping on my toes. She's use to sitting on someone's heels. I was pissed." Race number took a sharp incline including the 5k that broke 3-digits with 1121 finishers.

2013

David Tuwei almost won in 2009 when he was outsprinted after a train delay. This year Tuwei beat the 3-time champ Kirwa winning in 2:17:23. The top 2 women beat the race record with Natalie Sokolova winning in 2:33:33. The story of the day was record numbers. The marathon had 1747 finishers, bettering the previous best by 100. The half-marathon easily outdid the previous year record by almost 1000 with 5170 finishers. Both records stand today.



2013 start of the biggest year in history - 1747 marathon finishers & 5170 half-marathon finishers.

2014

It was a record year at the front. Phillip Lagat won by 20 seconds in 2:12:19, beating the previous best by 35 seconds. On the women's side Abnet Simegn had an easier race beating last year's winner by over a minute in 2:32:28. This was the 4th year the women's marathon record has been broken. Both winners were award \$11,000 paycheck, their race records stand today. The finishers slipped a little from the record last year but had a record 1417 finishers in the 5k and over 100 teams in the marathon relay.

2015

Phillip Lagat repeated as the men's winner in 2:21:02, almost 8 minutes slower than his record setting the previous year. Lagat lackluster time he explained after the race, "Nobody wanted to push the pace." The women's winner Birukitayit Degefa ran 2:33:00 just 32 seconds off the record. Degefa earlier in the year ran 2:23:51 related, "I would have broken the record but I didn't have a competitor with me." Regardless they both got \$10,000 for the win.

2016

Boaz Kipyego won his first marathon outlasting his competition in 2:16:36. He started his push to victory at 20 miles prior to the 22 mile uphill near the State Capitol. Olga Kimayio easily took the women's crown, by over 8 minutes, running 2:34:10. Kevin Lewis and Yelena Nanaziahvilli won the half-marathon, a first that Des Moines area runners both won in the same year. The race boosted its weekend of races adding a 5 mile on Saturday with 534 finishers.

2017

Three Kenyan training partner worked together for 24 miles before the competitive juices kick in as Luke Kibet won in 2:21:32 with the other two 2 and 23 seconds behind. The women's race was a breeze as Joan Massah won by over 23 minutes in 2:42:43, her personal best. She comes from a family of 10 sisters and 9 brothers and the only runner in the family. As the first place prize money decrease to \$2500 so have the winning times. While the finishers were sagging from a high 4 years earlier the marathon relay hit a high with 120 teams finishing.

2018

Like the previous year a threesome ran together with Knock Birir winning in 2:23:39 beating his competitors comfortably. Joan Massah repeated her victory from previous year in 2:46:48, her time beating her second place women by 7 minutes. The race was down from 2013 records. The marathon was off almost 500 and the half-marathon 1500.

2019

It was a battle between training partners and runner-ups the previously two years. At mile 24 William Mutai made his move winning in 2:23:01. "I was so excited to win," Mutai said, "This is my first marathon win." Hirut Guangui won the women's crown in 2:39:50, she won the Quad Cities Marathon just a few weeks earlier. The declining finishers the past few years stabilized with over 6000 finishing in all four races of the weekend.

2020

It was that kind of year! August 4 the race was cancelled due to Covid-19.

2021

The race recovered from the pandemic in flying colors although the combined marathon and half-marathon finishers numbers were the lowest since 2007. But speed dominated the day as David Too won in 2:16:19, 8th best in race history and 2019 winner Hirut Guangul won in 2:36:05. Hirut was 16 seconds slower than her 2012 when she finished 2nd. In the Half-Marathon Mason Frank won in 1:04:05 4th best time in race history and Samantha Wingert was the women's winner in 1:16:36 6th best in race history.

2022

"This means a lot to me. I feel like I won a home race," exclaimed Sammy Rotich former West Des Moines resident after his 2:19:28 victory. He won Dam to Dam in 2014 and 2018. Damaris Areba took the women's crown in 2:32:33. The half-marathon was a local affair with Des Moines training partners running together before Blake Whalen pulled away winning in 1:04:43. Cody Baele was 15 seconds back. The men had 9 runners breaking 1:10, harkening back to the fast years 2010 and 2011 when 10 runners beat the 1:10 standard. On the women's side Emma Huston set the race record in 1:13:48. "It really means a lot to have my name in the record books like that. I couldn't be happier!"

2023

A new era began as long time race director Chris Burch (2005-2022) stepped down. The race didn't miss a beat as 4800 runners crossed the finish line in the 3 featured races, the record is 8078 a decade earlier. 45 year old Abraham Kipkemei won in 2:25:24 and Leah Rotich took the women's crown in 2:42:41. Both commented, "It was very windy, very cold." The half-marathon was won by hometown runners - Cody Bale 1:06:20 and Emma Huston 1:15:00. Emma, last year's winner won easily. Cody won by 7 seconds after a 2nd last year and 3rd two years ago. Cody summed up the day, "This is one weekend I truly love about Des Moines."

2024

New course for the full and half marathon plus no race prize money. The times at the front slowed, the number of finishers took an upswing. The marathon was up 20 but the half-marathon took a big jump, almost 400. It was a clean sweep for current or former Iowa Runablaze runners - Kallen Khan 2:22:59, Angela Chaney 2:52:29, Cody Baele 1:05:30 (defending his 2023 title) and Danna Herrick 1:18:06 were the winners. A first that everyone was from Iowa!

2025

A beautiful morning for the race, perfect for fast running. The marathon had a record number of finishers, 1887 topping the previous best 1747 in 2013. Benard Rotich won the men's race in 2:20:54 and Katie Long took the women's crown in 2:43:50. Prize money was awarded to the top 3 men and women in the marathon. The 13.1 mile race was won by Cody Baele, 3-time winner. Madeline Block won the women's race in 1:17:53. The half-marathon was speedy, 6 men broke 1:10 and 5 women broke 1:20

The Des Moines Marathon, Half-Marathon, 5 kilometer and marathon relay ushered in a new era of long distance running in Iowa. Like a marathoner, the first few years it takes time to find the right pace but as the years have passed, the race has earned the reputation as one of the best races in the Midwest. The number of entrants speaks volumes as runners look forward to this fall tradition.

Des Moines Marathon & Half-Marathon Winners (2002 - 2023)

<i>Year</i>	<i>Finishers</i>	<i>Marathon Winner</i>	<i>Time</i>	<i>Finishers</i>	<i>Half-Marathon Winner</i>	<i>Time</i>
2002	1028	Simon Sawe Wendy Hall	2:22:57 2:50:38	566	Todd Houge Cynthia Savino	1:11:38 1:28:12
2003	1005	Wilson Gatiha Wendy Hall	2:26:03 2:49:47	804	Kevin Barnes Ruby Bode	1:16:54 1:29:53
2004	1242	Sergey Nochevny Christy Nielsen	2:27:34 2:47:01	1392	Matt Mosman Valentyna Poitavska	1:09:22 1:20:04
2005	934	Diego Vanegas Wendy Terris	2:35:57 2:55:50	1342	Jacob Kaemmer Heather May	1:13:57 1:19:32
2006	1045	Jared Nyamboki Robyn Friedman	2:23:26 2:42:19	1595	Moses Wawer Lisa Marshall	1:08:20 1:21:19
2007	1428	David Chepkwony Melissa Gillette	2:22:57 3:00:51	2443	Blake Boldon Melinda Courage	1:08:07 1:24:01
2008	1352	Geoffrey Kiprotich Wendy Terris	2:23:55 2:49:37	3185	Jeff Jonaitis Emily Jameson	1:06:51 1:19:03
2009	1358	Simon Sawe Robyn Friedman	2:24:50 2:41:28	3276	Matthew Cheesing Jenna Boren	1:06:57 1:16:38
2010	1634	James Kirwa Alena Vinitskya	2:14:20 2:41:23	3912	Moses Waweru Kristina Vegh	1:05:10 1:18:21
2011	1498	James Kirwa Atalelech Asfaw	2:12:54 2:37:55	3983	Ezkyas Tsegaya Jenna Boren	1:03:45 1:16:03
2012	1581	James Kirwa Mary Akor	2:16:54 2:35:01	4254	Samuel Ndereba Jenna Boren	1:03:18 1:16:13
2013	1747	David Tuwei Natalie Sokolova	2:17:23 2:33:03	5170	Jacob Chemtai Jane Murage	1:04:30 1:14:19
2014	1578	Philip Lagat Abnet Simegn	2:12:19 2:32:28	4948	Justin Garrard Susie Duke	1:07:41 1:18:20
2015	1394	Philip Lagat Birukitayit Degefa	2:21:02 2:33:00	4722	Mason Frank Erin Fiedler	1:07:17 1:19:24
2016	1373	Boaz Kipyego Olga Kimayio	2:16:36 2:34:10	4362	Kevin Lewis Yelena Nanaziahvili	1:08:31 1:19:54
2017	1131	Luke Kibet Joan Massah	2:21:32 2:42:43	3859	Brogan Austin Emma Bates	1:06:20 1:15:10
2018	1270	Knock Birir Joan Massah	2:23:39 2:46:48	3685	Brogan Austin Samantha Wingert	1:05:15 1:16:50
2019	1290	William Mutai Hirut Guanguui	2:23:01 2:39:50	3617	Jay Welp Susie Duke	1:06:31 1:19:54
2021	1031	David Too Hirut Gangue	2:16:19 2:36:05	2295	Mason Frank Samantha Wingert	1:04:05 1:16:36
2022	1106	Sammy Rotich Damaris Arena	2:19:28 2:32:33	2547	Blake Whalen Emma Huston	1:04:43 1:13:48
2023	1449	Abraham Kipkemei Leah Rotich	2:25:24 2:42:41	2664	Cody Baele Emma Huston	1:06:20 1:15:00
2024	1480	Kallin Carolus Khan Angela Chaney	2:22:59 2:52:29	3087	Cody Baele Danna Herrick	1:05:30 1:18:06

2025	1887	Benard Rotich	2:20:54	3198	Cody Baele	1:05:04
		Katie Long	2:43:54		Madeline Block	1:17:53



Philip Lagat owns the men's race record, 2:12:19 in 2014.

MEN - Marathon sub 2:30

(* = yearly winners)

* Philip Lagat	2:12:19	2014
Jacob Chemtai	2:12:39	2014
* James Kirwa	2:12:54	2011
Stephen Mburi Jnoroge	2:14:00	2016
* James Kirwa	2:14:20	2010
Macdonald Ondara	2:15:26	2014
Gosa Tefera	2:15:31	2014
* David Too	2:16:19	2021
Eliud Ngetich	2:16:31	2014
* Boaz Kipyego	2:16:36	2016
* James Kirwa	2:16:54	2012
Njoroge Maina	2:17:01	2011
John Njoroge	2:17:23	2010
* David Tuwei	2:17:23	2013
Benjamin Meto	2:17:42	2011
Kipyegon Kirui	2:18:00	2013
Eliud Too	2:18:08	2016
Luke Kibet	2:18:08	2021
Kiplangat Terer	2:18:16	2016
Richard Kessio	2:18:59	2010
* Sammy Rotich	2:19:28	2022
James Kirwa	2:19:29	2013
Abraham Rutto	2:19:40	2013
Stephen Muange	2:20:25	2014
John Itami	2:20:44	2012
Mark Cheeses	2:20:44	2012

* Benard Rotich	2:20:54	2025
Edward Mbuni	2:21:00	2013
* Philip Lagat	2:21:02	2015
Laban Moiben	2:21:14	2016
Name Weldeyohans	2:21:18	2015
Michael Goodenbour	2:21:30	2025
* Luke Kibet	2:21:32	2017
Birhanu Kemai	2:21:34	2015
Sammy Rotich	2:21:34	2017
Hillary Cheruiyot	2:21:54	2011
Michael Cheptoo	2:21:55	2017
Jared Abuya	2:22:04	2011
Andrey Bryzgalov	2:22:05	2010
Luka Thor	2:22:28	2014
Abraham Rutto	2:22:32	2015
Solomon Kandie	2:22:33	2011
* Simon Sawe	2:22:57	2002
* David Chepkwony	2:22:57	2007
* Kallin Carolus Khan	2:22:59	2024
* William Mutai	2:23:01	2019
Sammy Rotich	2:23:26	2019
* Jared Nyamboki	2:23:26	2006
Edward Tabut	2:23:38	2013
* Knock Birir	2:23:39	2018
* Geoffrey Kiprotich	2:23:55	2008
Sammy Nyamongo	2:24:09	2010
Richard Kessio	2:24:13	2012
William Mutai	2:24:34	2018
Marty Dalton	2:24:42	2008
Brett Rosauer	2:24:43	2025
Vincent Toroitich	2:24:44	2022
* Simon Sawe	2:24:50	2009
Paul Rugut	2:24:52	2008
Ryan Rott	2:24:52	2024
David Tuwei	2:24:55	2009
Luke Kibet	2:25:07	2022
Marty Dalton	2:25:08	2002
Randy Bill	2:25:12	2012
Geoffrey Birgen	2:25:16	2009
Luke Kibet	2:25:22	2024
* Abraham Kipkemei	2:25:24	2023
George Nyamboki	2:25:32	2006
Sammy Rotich	2:25:38	2018
Sammy Too	2:25:40	2014
Adam Bohach	2:25:40	2021
* Wilson Gatiha	2:26:03	2003
Ezekiel Ruto	2:26:11	2007
Mason Frank	2:26:19	2014
Stephen Chelimo	2:26:29	2015
Luka Tho	2:26:38	2013
Chase Bulten	2:26:41	2025
Steve Froeschle	2:27:04	2019



Abnet Simegn owns the women's race record, 2:32:28 in 2014.

Simon Ripis	2:27:09	2010
James Wenzel	2:27:15	2025
Skyler Nesheim	2:27:26	2008
* Sergey Nochevny	2:27:34	2004
Hosea Kiptoo	2:28:08	2025
Chad Willin	2:28:20	2008
Benjamin Carlson	2:28:20	2009
Garret Ehlers	2:29:41	2025
Christopher Sabel	2:29:02	2004
Jackson Limo	2:29:02	2022
Silah Misoi	2:29:03	2009
Lamech Mosoti	2:29:14	2018
David Tuwei	2:29:20	2012
Edward Tabut	2:29:22	2012
Julius Rotich	2:29:27	2002
Ethan Mesenbrink	2:29:31	2015
Luke Kibet	2:29:35	2023
Sam Schillinger	2:29:44	2022
Ben Zywicki	2:29:46	2015
Thomas Madut	2:29:57	2011
<u>Kory Cool</u>	<u>2:29:57</u>	<u>2015</u>
* Diego Vanegas	2:35:57	2005

WOMEN - Marathon sub 2:50

(* = winners)

* Abnet Simegn	2:32:28	2014
* Birukitayit Degefa	2:33:00	2015
* Natalie Sokolova	2:33:03	2013
Natalia Sokolova	2:33:41	2014
* Olga Kimayio	2:34:10	2016
* Mary Akor	2:35:01	2012
Serkalem Abrha	2:35:12	2014
Doreen Mitaka	2:35:26	2013
Hirut Guangul	2:35:49	2012
* Hirut Guangul	2:36:05	2021
Natalia Sergeeva	2:37:22	2013
* Atalelech Asfaw	2:37:55	2011
* Hirut Guangui	2:39:50	2019
Irina Aleksandrova	2:39:56	2012

Verena Sarmosova	2:40:24	2012
Frehiwat Goshu	2:40:54	2015
Everlyne Lagat	2:41:14	2013
* Alena Vinitskya	2:41:23	2010
* Robyn Friedman	2:41:28	2009
Pauline Mutwa	2:41:43	2015
Emma Huston	2:41:46	2021
Yejshimedbet Bifa	2:42:00	2014
* Robyn Friedman	2:42:19	2006
Damaris Areba	2:42:31	2019
* Leah Rotich	2:42:41	2023
* Joan Massah	2:42:43	2017
Truphena Tarus	2:43:00	2011
Vira Ovcharuk	2:43:37	2009
* Katie Long	2:43:54	2025
Jane Rotich	2:44:49	2015
Pasca Myers	2:45:28	2023
Ludmile Stepanova	2:45:34	2010
Casey McDermott	2:45:38	2025
Danna Herrick	2:46:24	2012
* Joan Massah	2:46:48	2018
* Christy Nielsen	2:47:01	2004
Svetlana Baygulova	2:47:19	2009
Aurelia Rutto	2:47:54	2016
Byzyayehu Mohamed	2:47:59	2022
Traci Kresser	2:48:30	2012
Harriet Amuron	2:48:44	2023
Danna Herrick	2:49:24	2021
Doreen Mitaka	2:49:32	2011
Tatyana Byelovol	2:49:32	2011
* Wendy Terris	2:49:37	2008
<u>* Wendy Hall</u>	<u>2:49:47</u>	<u>2003</u>
* Wendy Hall	2:50:38	2002
* Angela Chaney	2:52:29	2024
* Wendy Terris	2:55:50	2005
* Melissa Gillette	3:00:51	2007

MEN - Half-Marathon sub 1:10

(* = winners)

* Samuel Ndereba	1:03:18	2012
Antonio Vega	1:03:41	2012
* Ezkyas Tsegaya	1:03:45	2011
* Mason Frank	1:04:05	2021
* Jacob Chemtai	1:04:30	2013
George Towell	1:04:34	2011
* Blake Whalen	1:04:43	2022
Cody Baele	1:04:58	2022
* Cody Baele	1:05:04	2025
* Moses Waweru	1:05:10	2010
Tibor Vegh	1:05:12	2010
* Brogan Austin	1:05:15	2018
Philip Lagat	1:05:15	2010
Matt Barrett	1:05:18	2010
Sammy Rotich	1:05:18	2010
Mason Frank	1:05:20	2018
Blake Whalen	1:05:27	2021

* Cody Beale	1:05:30	2024	Jack Moran	1:09:08	2024
Geofrey Terer	1:05:33	2012	Sammy Rotich	1:09:09	2012
Phillip Metto	1:05:37	2011	Skyler Nesheim	1:09:10	2009
Cody Baele	1:05:39	2021	Brian Finnell	1:09:12	2012
Aleksey Alexandrov	1:05:40	2012	Eric Graham	1:09:15	2006
Ridge Robinson	1:05:48	2011	Sammy Rotich	1:09:16	2009
Ben Anderson	1:06:11	2021	Alex Ntagawa	1:09:16	2012
* Brogan Austin	1:06:20	2017	Luke Demmel	1:09:19	2011
* Cody Baele	1:06:20	2023	Luka Thor	1:09:21	2015
Nathan Weiland	1:06:21	2010	* Matt Mosman	1:09:22	2004
Ben Olson	1:06:27	2023	Terry Nielsen	1:09:23	2015
Nathan Weiland	1:06:29	2011	Jason Thomas	1:09:23	2022
* Jay Welp	1:06:31	2019	Aaron Davidson	1:09:26	2011
Andrew Carlson	1:06:38	2013	Tommy Ries	1:09:26	2011
Garret Ehlers	1:06:44	2023	William Henry	1:09:30	2019
* Jeff Jonaitis	1:06:51	2008	Tyler Lance	1:09:34	2021
Skyler Nesheim	1:06:54	2010	Henry Kipsang	1:09:35	2009
Tyler Sigi	1:06:56	2011	Christopher Jensen	1:09:36	2006
* Matthew Cheesing	1:06:57	2009	Caleb Christiansen	1:09:37	2024
Kevin Colon	1:07:04	2022	Tyson Wieland	1:09:38	2022
Sammy Rotich	1:07:10	2011	John Rotich	1:09:41	2007
Richard Kandie	1:07:12	2008	Ean Casey	1:09:43	2022
* Mason Frank	1:07:17	2015	Chase Davis	1:09:45	2007
Abebe Yimer	1:07:19	2010	Tyson Wieland	1:09:50	2017
Elly Sang	1:07:21	2013	Eric Graham	1:09:51	2004
Nathan Weiland	1:07:22	2009	Dan Green	1:09:54	2022
Julius Choge	1:07:23	2013	Dan Taylor	1:09:56	2009
Adam Bohach	1:07:25	2019	<u>Marty Dalton</u>	<u>1:09:59</u>	<u>2009</u>
* Justin Garrard	1:07:41	2014	* Todd Houge	1:11:38	2002
Justin Garrard	1:07:41	2014	* Jacob Kaemmer	1:13:57	2005
Blake Whalen	1:07:44	2025	* Kevin Barnes	1:16:54	2003
Sam Pinkowski	1:07:49	2023			
Trevor Albert	1:07:53	2023			
Trevor Albert	1:07:58	2025			
Kallin Khan	1:08:04	2022			
Jake Marotz	1:08:06	2014			
* Blake Boldon	1:08:07	2007			
Tyler Lance	1:08:15	2023			
Johnathon Nowacki	1:08:18	2025			
* Moses Wawer	1:08:20	2006			
Jacob Vander Plaats	1:08:26	2025			
Randy Bill	1:08:29	2010			
* Kevin Lewis	1:08:31	2016			
Austin O'Brien	1:08:33	2017			
Julius Rotich	1:08:35	2010			
Eric Noel	1:08:38	2017			
Matthew Boumeester	1:08:38	2019			
Blake Whalen	1:08:38	2019			
Keith Mulhollon	1:08:45	2009			
Trevor Albert	1:08:05	2024			
Lucas Keifer	1:08:16	2024			
Brad Cheek	1:08:23	2024			
Tyson Wieland	1:08:54	2021			
Jacob Kendagor	1:08:58	2008			
Lance Tyler	1:09:00	2022			
Nick Licari	1:09:05	2025			

WOMEN - Half-Marathon sub 1:20

(* = winners)

* Emma Huston	1:13:48	2022
* Jane Murage	1:14:19	2013
Emma Huston	1:15:00	2023
Pasca Cheryuiyot	1:15:02	2013
* Emma Bates	1:15:10	2017
* Jenna Boren	1:16:03	2011
* Jenna Boren	1:16:13	2012
* Samantha Wingert	1:16:34	2021
* Jenna Boren	1:16:38	2009
Dorota Gruca	1:16:41	2012
* Samantha Wingert	1:16:50	2018
Polina Hodnette	1:16:57	2022
* Madeline Block	1:17:53	2025
* Danna Herrick	1:18:06	2024
Pasca Cheruiyot	1:18:10	2025
Alexina Teubel	1:18:23	2025
* Susie Duke	1:18:20	2014
Susie Duke	1:18:20	2014
* Kristina Vegh	1:18:21	2010
Samantha Winger	1:18:24	2022
Ashley Tollakson	1:18:23	2011

Hannah Roeder	1:18:29	2011
Ashlyn Bagge	1:18:34	2018
Ann Marie Chappell	1:18:35	2011
Andie Shine	1:18:35	2022
Amy Shackelford	1:18:46	2023
Yelena Nanaziashvili	1:18:48	2014
Jordan Winke	1:18:50	2023
Audrey Smith	1:18:51	2018
Sara Vergote	1:18:55	2012
Jordan Winke	1:19:02	2025
* Emily Jameson	1:19:03	2008
Casey Owens	1:19:04	2010
Ekaterina Fateeva	1:19:20	2010
Angie Sandy	1:19:20	2012
* Erin Fiedler	1:19:24	2015
Jessica Monson	1:19:24	2009
Zeddy Chepkoech	1:19:26	2008
Ashley Tousley	1:19:29	2009
* Heather May	1:19:32	2005
Lexi Brown	1:19:39	2025
Hannah Roeder	1:19:40	2013
Jen Van Otterloo	1:19:47	2010
* Yelena Nanaziahvili	1:19:54	2016
* <u>Susie Duke</u>	<u>1:19:54</u>	<u>2019</u>
* Valentyna Poitavska	1:20:04	2004
* Lisa Marshall	1:21:19	2006
* Melinda Courage	1:24:01	2007
* Cynthia Savino	1:28:12	2002
* Ruby Bode	1:29:53	2003

STATS - 5k - Relay - 5 mile

<i>Year</i>	<i>5k</i>	<i>Relay</i>	<i>5 mile</i>
2006	232	17	
2007	466	32	
2008	586	48	
2009	610	56	
2010	783	62	
2011	807	52	
2012	1121	64	
2013	1161	66	
2014	1417	104	
2015	1080	86	
2016	830	86	534
2017	781	120	406
2018	714	80	417
2019	738	96	437
2021	400	46	284
2022	646	57	
2023	687	73	
2024	693	63	
2025	600	39	