



**Cedar Rapids Track Club  
Youth XC Meet**

Sunday, September 24, 2023  
Cedar Rapids, Iowa



**Location:** Jones Park; 325 Wilson Avenue Dr SW, Cedar Rapids, IA

**Timer:** Kauder Racing

**Entry Fee:** \$7 per runner; Pay online- No race day entries

**Registration Link:**

<https://www.athletic.net/CrossCountry/meet/228226/register>

Registration deadline Saturday, September 23 at 11:59 a.m.

Check-in Open at 12:30p.m.

**Race Schedule:** 2pm (rolling schedule)

- 8 & Under- 2000 meters
- 9-10- 3000 meters
- 11-12- 3000 meters
- 13-14 4000 meters

**Awards:** T-shirts will be given out for places 1-3 in each age division and gender.  
Awards/Shirts will be given before the start of the next race.

**Age Rules:** Age determined as of December 31, 2023

AGE DIVISIONS	BIRTH YEAR
8 & under girls/boys	2015 and after
9-10 girls/boys	2014-2013
11-12 girls/boys	2012-2011
13-14 girls/boys	2010-2009

**Meet Director:** Jordan Witmer , [cedarrapidstc@gmail.com](mailto:cedarrapidstc@gmail.com), 319-361-3678