Vinton's Tour delights

Sunday, December 11, 2011

Registration begins - 4:00 p.m. Race begins - 5:00 p.m. location - Fire Station - (2nd Street & 1st Ave)

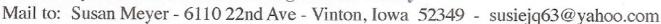
FitnessSports

Name	5K Age Div. 1	Mile Fun Run
	13 & U	13 & U
Address	14 - 19	
City	20 - 29	
	30 - 39	Gender
PhoneAge Dec. 11th	40 - 49	Male
	50 - 59	Female
Email address	60+	
T-shirt size S M L XL XXL (add \$1)		Register Early!
5K Fee: Entries received by November 23rd - \$15		early.
Entries received after 23rd and ALL RACE DAY REGISTRA	TIONS - \$20.	19!
Family Discount - 4 or more in family - each member is \$10.		
Awards: Overall Male and Female Medals to 1st, 2nd, 3rd in	each male/fema	ale age division.
13 & U 14-19 20-29	30-39 40-4	19 50-59 60+

1 Mile Fun Run: for 13 & Under - no charge, or optional t-shirt for \$15. Medals for 1st and 2nd place - boys and girls run together.

Checks Payable to: Vinton-Shellsburg Cross Country





Waiver: I hereby release the city of Vinton, VSCC and all volunteers/sponsors from responsibility for any illness which may be sustained while I am participating in the Tour deLIghts' event. By siging below, I am signifying that I am in proper physical condition to participate in this event. I hereby affirm that I am 18 years of age or older. I have read this document and understand its contents. (Parent or guardian must sign if under 18)

Signature			2