

# RUN. GOBBLE. NAP

## Reshape Turkey Trot 2023

Reshape Fitness Studio invites you to our 4th annual Turkey Trot! Come enjoy a 3-mile run/walk around the all- terrain countryside of Twin Vines in Panora, IA. You will love the scenic view of Guthrie County!

Date & Time: Thanksgiving Day- Thursday, November 23<sup>rd</sup> at 7:30 AM

Race Location: Twin Vines (West of Panora, North side of Hwy 44)

Registration: <http://getmeregistered.com/Reshapeturkeytrot>

Cost: \$35 Early Bird Fee, Prices will increase to \$40 on November 1st. Week of race starting November 20th price increases to \$45. Each registrant will receive Turkey Trot swag if preregistered only. Race week registrations are not guaranteed swag.

Participant Name (print)

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Address

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City

State

Zip

E- mail

Gender (please circle):

Male

Female

Age on Race Day: \_\_\_\_\_

In consideration of the opportunity and privilege of running and/or walking during the Turkey Trot celebration sponsored by Reshape LLC and Twin Vines LLC, I/We agree to indemnify and hold Reshape LLC and Twin Vines LLC, its agents and representatives, organizers, sponsors, supervisors, and participants associated with the event harmless from any claim or cause of action whatsoever arising out of or in any way connected with my/our participation in this event. I also agree not to assert any claim or bring any cause of action on my own behalf for any damage or injury I may suffer because of or in any way connected with my participation in this event. Reshape LLC and Twin Vines LLC along with any event sponsors or volunteers will not be held responsible for loss of personal property.

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Signature of Participant

Date

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Signature of Parent/Guardian if Participant is under 18 yrs of age

Date

**Form downloaded at [www.RunnerStuff.com](http://www.RunnerStuff.com)**