



Reindeer Run 5K
November 25, 2023
Anamosa, Iowa

24 Degrees
Cloudy & Flurries



| # | First Name | Last Name | Gender | Age | City | State | Final Result | Pace |
|-----------------------|------------|-------------|--------|-----|-----------------|-------|--------------|-----------|
| Overall Male | | | | | | | | |
| 1 | Drew | Pate | M | 19 | Anamosa | IA | 00:18:07.45 | 05:49 /mi |
| 2 | Justin | Hajek | M | 42 | Marion | IA | 00:18:20.89 | 05:54 /mi |
| 3 | Nolan | Weers | M | 14 | Center Junction | IA | 00:18:51.73 | 06:04 /mi |
| 4 | Jack | Stecher | M | 17 | Central City | IA | 00:19:00.85 | 06:07 /mi |
| 5 | Braeden | Keister | M | 16 | Anamosa | IA | 00:20:12.79 | 06:30 /mi |
| 6 | Bradyn | Kosikas | M | 17 | Marion | IA | 00:21:02.73 | 06:46 /mi |
| 7 | David | Alexander | M | 35 | Coralville | IA | 00:21:03.43 | 06:46 /mi |
| 8 | Sylis | McGee | M | 14 | Tipton | IA | 00:21:45.55 | 07:00 /mi |
| 9 | Alex | Oswald | M | 18 | Monticello | IA | 00:22:59.76 | 07:24 /mi |
| 10 | River | Smith | M | 16 | Monticello | IA | 00:22:59.99 | 07:24 /mi |
| 11 | Callan | Keister | M | 12 | Anamosa | IA | 00:23:03.52 | 07:25 /mi |
| 12 | Mike | Kosikas | M | 45 | Marion | IA | 00:23:15.29 | 07:28 /mi |
| 13 | Michael | Dierks | M | 48 | Cedar Rapids | IA | 00:23:59.57 | 07:43 /mi |
| 14 | Mace | Schnoor | M | 15 | Monticello | IA | 00:24:01.33 | 07:43 /mi |
| 15 | Royce | Kiburz | M | 17 | Scotch Grove | IA | 00:24:03.31 | 07:44 /mi |
| 16 | Dennis | Holland | M | 48 | Anamosa | IA | 00:24:08.15 | 07:46 /mi |
| 17 | Seth | Wedewer | M | 27 | Anamosa | IA | 00:25:21.23 | 08:09 /mi |
| 18 | Bret | Musser | M | 41 | Tipton | IA | 00:26:05.35 | 08:24 /mi |
| 19 | Maddux | Munson | M | 14 | Anamosa | IA | 00:26:32.36 | 08:32 /mi |
| 20 | Robert | Kelsey | M | 58 | Dubuque | IA | 00:27:08.91 | 08:44 /mi |
| 21 | Dave | DeWitte | M | 67 | Anamosa | IA | 00:27:30.50 | 08:51 /mi |
| 22 | Daniel | Poirier | M | 28 | Anamosa | IA | 00:27:34.82 | 08:52 /mi |
| 23 | Hunter | Travagiakis | M | 12 | Cedar Rapids | IA | 00:27:36.08 | 08:52 /mi |
| 24 | Blaine | Smith | M | 30 | Anamosa | IA | 00:27:56.90 | 09:00 /mi |
| 25 | Karl | Hartmann | M | 16 | Anamosa | IA | 00:27:57.60 | 09:00 /mi |
| 26 | Dennis | Miller | M | 49 | Cedar Rapids | IA | 00:27:59.44 | 09:00 /mi |
| 27 | Dylan | Keltner | M | 10 | Anamosa | IA | 00:28:37.42 | 09:12 /mi |
| 28 | Henry | Reck | M | 12 | Anamosa | IA | 00:29:03.29 | 09:21 /mi |
| 29 | Chong | Shao | M | 35 | Anamosa | IA | 00:29:42.46 | 09:33 /mi |
| 30 | Andrew | Carstensen | M | 32 | Anamosa | IA | 00:30:49.41 | 09:55 /mi |
| 31 | Nico | Olsem | M | 8 | Solon | IA | 00:31:33.53 | 10:09 /mi |
| 32 | Wesley | Meyers | M | 17 | Anamosa | IA | 00:31:42.05 | 10:12 /mi |
| 33 | Mike | Plagge | M | 53 | Cedar Rapids | IA | 00:32:21.27 | 10:24 /mi |
| 34 | Nick | Agne | M | 40 | Anamosa | IA | 00:34:12.07 | 11:00 /mi |
| 35 | Chris | Talcott | M | 43 | Marion | IA | 00:34:58.45 | 11:15 /mi |
| 36 | Oliver | Kent | M | 10 | Anamosa | IA | 00:35:37.00 | 11:27 /mi |
| 37 | David | Dierks | M | 51 | Tipton | IA | 00:38:38.20 | 12:26 /mi |
| 38 | Corbyn | Brodersen | M | 13 | Wyoming | IA | 00:39:15.57 | 12:38 /mi |
| 39 | Grant | Olson | M | 50 | Central City | IA | 00:41:10.49 | 13:15 /mi |
| 40 | Brandon | Kent | M | 37 | Anamosa | IA | 00:45:28.80 | 14:38 /mi |
| 41 | Apollo | Betsworth | M | 24 | Ames | IA | 00:48:18.91 | 15:33 /mi |
| 42 | Sean | Williams | M | 50 | Springville | IA | 00:51:08.72 | 16:27 /mi |
| 43 | Talon | Bildstein | M | 12 | Anamosa | IA | 00:56:15.12 | 18:06 /mi |
| 44 | Eric | Hanson | M | 50 | Cedar Rapids | IA | 00:57:07.11 | 18:22 /mi |
| Overall Female | | | | | | | | |
| 1 | Emily | Burmeister | F | 40 | Marion | IA | 00:20:16.37 | 06:31 /mi |
| 2 | Ava | Remley | F | 15 | Anamosa | IA | 00:21:33.13 | 06:56 /mi |
| 3 | Abbey | Vezina | F | 19 | Marion | IA | 00:21:49.15 | 07:01 /mi |
| 4 | Emma | Neiss | F | 12 | Peosta | IA | 00:22:51.28 | 07:21 /mi |
| 5 | Samantha | Croghan | F | 26 | Cedar Rapids | IA | 00:23:20.75 | 07:30 /mi |
| 6 | Michelle | Kepler | F | 41 | Peosta | IA | 00:23:50.14 | 07:40 /mi |

| | | | | | | | | |
|-----------------|-----------|------------|---|----|-----------------|----|-------------|-----------|
| 7 | Ashton | Sulzner | F | 36 | Anamosa | IA | 00:25:24.34 | 08:10 /mi |
| 8 | Emma | Olsem | F | 10 | Solon | IA | 00:25:43.18 | 08:16 /mi |
| 9 | Kellyanne | Smith | F | 40 | Monticello | IA | 00:25:46.52 | 08:18 /mi |
| 10 | Brynlee | Keppler | F | 12 | Peosta | IA | 00:25:53.24 | 08:19 /mi |
| 11 | Amber | Holland | F | 46 | Anamosa | IA | 00:26:11.12 | 08:25 /mi |
| 12 | Audrey | Fort | F | 15 | Center Junction | IA | 00:27:57.63 | 09:00 /mi |
| 13 | Robyn | Eastin | F | 43 | Monticello | IA | 00:28:08.09 | 09:03 /mi |
| 14 | Chelsea | Munson | F | 37 | Sioux Falls | SD | 00:28:18.62 | 09:06 /mi |
| 15 | Katelyn | Yauslin | F | 29 | Bellevue | IA | 00:28:23.40 | 09:08 /mi |
| 16 | Heather | Scott | F | 35 | Cascade | IA | 00:28:25.20 | 09:09 /mi |
| 17 | Diana | Croghan | F | 54 | Center Point | IA | 00:28:48.32 | 09:16 /mi |
| 18 | Becky | Lawton | F | 40 | Anamosa | IA | 00:29:01.57 | 09:20 /mi |
| 19 | Sarah | Goldsmith | F | 38 | Dyersville | IA | 00:29:36.03 | 09:31 /mi |
| 20 | Amy | Neiss | F | 40 | Peosta | IA | 00:29:48.20 | 09:35 /mi |
| 21 | Stephanie | Musser | F | 38 | Tipton | IA | 00:30:24.83 | 09:47 /mi |
| 22 | Nichole | Plagge | F | 48 | Cedar Rapids | IA | 00:30:44.77 | 09:54 /mi |
| 23 | Sarah | Olsem | F | 36 | Solon | IA | 00:31:33.90 | 10:09 /mi |
| 24 | Makenna | Fokken | F | 22 | Anamosa | IA | 00:31:35.71 | 10:10 /mi |
| 25 | Danielle | Powell | F | 39 | Cedar Rapids | IA | 00:31:40.85 | 10:12 /mi |
| 26 | Bree | Brophy | F | 16 | Anamosa | IA | 00:31:40.94 | 10:12 /mi |
| 27 | Margaret | Williams | F | 47 | Anamosa | IA | 00:31:44.74 | 10:13 /mi |
| 28 | Brooklyn | Keltner | F | 13 | Anamosa | IA | 00:31:45.12 | 10:13 /mi |
| 29 | Emily | Snedden | F | 40 | Dyersville | IA | 00:32:17.24 | 10:23 /mi |
| 30 | Melissa | Williams | F | 45 | Springville | IA | 00:32:31.76 | 10:28 /mi |
| 31 | Lainey | Keppler | F | 11 | Peosta | IA | 00:33:23.82 | 10:45 /mi |
| 32 | Kristy | Blake | F | 65 | Manchester | IA | 00:33:39.97 | 10:50 /mi |
| 33 | Kristin | Ries | F | 38 | Anamosa | IA | 00:34:28.74 | 11:06 /mi |
| 34 | Holly | Spreeman | F | 41 | Cedar Rapids | IA | 00:34:58.23 | 11:15 /mi |
| 35 | Kimberly | Keister | F | 49 | Anamosa | IA | 00:36:29.27 | 11:44 /mi |
| 36 | Amy | Stecher | F | 48 | Central City | IA | 00:37:05.81 | 11:56 /mi |
| 37 | Beth | Toenjes | F | 42 | Monticello | IA | 00:39:19.88 | 12:39 /mi |
| 38 | Kellsey | Carstensen | F | 29 | Anamosa | IA | 00:39:22.27 | 12:40 /mi |
| 39 | Kelly | Brodersen | F | 42 | Wyoming | IA | 00:39:28.31 | 12:42 /mi |
| 40 | Lea | Olson | F | 48 | Central City | IA | 00:41:09.87 | 13:15 /mi |
| 41 | Megan | Williams | F | 30 | Anamosa | IA | 00:44:14.77 | 14:14 /mi |
| 42 | LeaAnne | Schaaf | F | 42 | Anamosa | IA | 00:44:17.52 | 14:15 /mi |
| 43 | April | Keltner | F | 33 | Cedar Rapids | IA | 00:48:18.16 | 15:33 /mi |
| 44 | Rhonda | Betsworth | F | 55 | Anamosa | IA | 00:48:18.67 | 15:33 /mi |
| 45 | Haylee | Smith | F | 28 | Anamosa | IA | 00:51:08.93 | 16:27 /mi |
| 46 | Olivia | Draper | F | 12 | Marion | IA | 00:52:21.27 | 16:51 /mi |
| 47 | Lily | Draper | F | 10 | Marion | IA | 00:52:23.89 | 16:51 /mi |
| 48 | Kelly | Draper | F | 45 | Marion | IA | 00:52:24.77 | 16:52 /mi |
| 49 | Rachel | Meyer | F | 45 | Central City | IA | 00:52:37.48 | 16:56 /mi |
| 50 | Jaimie | Lightner | F | 34 | Monticello | IA | 00:53:28.02 | 17:12 /mi |
| 51 | Shantel | Bildstein | F | 39 | Anamosa | IA | 00:56:18.63 | 18:07 /mi |
| 52 | Nikki | Rushford | F | 44 | Wyoming | IA | 00:56:47.82 | 18:16 /mi |
| 53 | Kelly | Yousse | F | 44 | Monticello | IA | 00:56:48.95 | 18:17 /mi |
| 54 | Kim | Johnson | F | 39 | Monticello | IA | 00:56:49.15 | 18:17 /mi |
| 55 | Amy | Wickman | F | 44 | Monticello | IA | 00:56:50.43 | 18:17 /mi |
| 56 | Tami | Moore | F | 59 | Anamosa | IA | 00:57:00.60 | 18:21 /mi |
| 57 | Destiny | Hastings | F | 49 | Marion | IA | 00:57:06.34 | 18:22 /mi |
| 58 | Shannon | Hanson | F | 53 | Cedar Rapids | IA | 00:57:12.52 | 18:24 /mi |
| 59 | Lianna | Dierks | F | 52 | Tipton | IA | 00:59:36.89 | 19:11 /mi |
| 60 | Jolene | Dierks | F | 45 | Cedar Rapids | IA | 00:59:36.99 | 19:11 /mi |
| Male 19U | | | | | | | | |
| 1 | Drew | Pate | M | 19 | Anamosa | IA | 00:18:07.45 | 05:49 /mi |
| 2 | Nolan | Weers | M | 14 | Center Junction | IA | 00:18:51.73 | 06:04 /mi |
| 3 | Jack | Stecher | M | 17 | Central City | IA | 00:19:00.85 | 06:07 /mi |

| | | | | | | | | |
|---------------------|-----------|-------------|---|----|-----------------|----|-------------|-----------|
| 4 | Braeden | Keister | M | 16 | Anamosa | IA | 00:20:12.79 | 06:30 /mi |
| 5 | Bradyn | Kosikas | M | 17 | Marion | IA | 00:21:02.73 | 06:46 /mi |
| 6 | Sylis | McGee | M | 14 | Tipton | IA | 00:21:45.55 | 07:00 /mi |
| 7 | Alex | Oswald | M | 18 | Monticello | IA | 00:22:59.76 | 07:24 /mi |
| 8 | River | Smith | M | 16 | Monticello | IA | 00:22:59.99 | 07:24 /mi |
| 9 | Callan | Keister | M | 12 | Anamosa | IA | 00:23:03.52 | 07:25 /mi |
| 10 | Mace | Schnoor | M | 15 | Monticello | IA | 00:24:01.33 | 07:43 /mi |
| 11 | Royce | Kiburz | M | 17 | Scotch Grove | IA | 00:24:03.31 | 07:44 /mi |
| 12 | Maddux | Munson | M | 14 | Anamosa | IA | 00:26:32.36 | 08:32 /mi |
| 13 | Hunter | Travagiakis | M | 12 | Cedar Rapids | IA | 00:27:36.08 | 08:52 /mi |
| 14 | Karl | Hartmann | M | 16 | Anamosa | IA | 00:27:57.60 | 09:00 /mi |
| 15 | Dylan | Keltner | M | 10 | Anamosa | IA | 00:28:37.42 | 09:12 /mi |
| 16 | Henry | Reck | M | 12 | Anamosa | IA | 00:29:03.29 | 09:21 /mi |
| 17 | Nico | Olsem | M | 8 | Solon | IA | 00:31:33.53 | 10:09 /mi |
| 18 | Wesley | Meyers | M | 17 | Anamosa | IA | 00:31:42.05 | 10:12 /mi |
| 19 | Oliver | Kent | M | 10 | Anamosa | IA | 00:35:37.00 | 11:27 /mi |
| 20 | Corbyn | Brodersen | M | 13 | Wyoming | IA | 00:39:15.57 | 12:38 /mi |
| 21 | Talon | Bildstein | M | 12 | Anamosa | IA | 00:56:15.12 | 18:06 /mi |
| Female 19U | | | | | | | | |
| 1 | Ava | Remley | F | 15 | Anamosa | IA | 00:21:33.13 | 06:56 /mi |
| 2 | Abbey | Vezina | F | 19 | Marion | IA | 00:21:49.15 | 07:01 /mi |
| 3 | Emma | Neiss | F | 12 | Peosta | IA | 00:22:51.28 | 07:21 /mi |
| 4 | Emma | Olsem | F | 10 | Solon | IA | 00:25:43.18 | 08:16 /mi |
| 5 | Brynlee | Keppler | F | 12 | Peosta | IA | 00:25:53.24 | 08:19 /mi |
| 6 | Audrey | Fort | F | 15 | Center Junction | IA | 00:27:57.63 | 09:00 /mi |
| 7 | Bree | Brophy | F | 16 | Anamosa | IA | 00:31:40.94 | 10:12 /mi |
| 8 | Brooklyn | Keltner | F | 13 | Anamosa | IA | 00:31:45.12 | 10:13 /mi |
| 9 | Lainey | Keppler | F | 11 | Peosta | IA | 00:33:23.82 | 10:45 /mi |
| 10 | Olivia | Draper | F | 12 | Marion | IA | 00:52:21.27 | 16:51 /mi |
| 11 | Lily | Draper | F | 10 | Marion | IA | 00:52:23.89 | 16:51 /mi |
| Male 20-29 | | | | | | | | |
| 1 | Seth | Wedewer | M | 27 | Anamosa | IA | 00:25:21.23 | 08:09 /mi |
| 2 | Daniel | Poirier | M | 28 | Anamosa | IA | 00:27:34.82 | 08:52 /mi |
| 3 | Apollo | Betsworth | M | 24 | Ames | IA | 00:48:18.91 | 15:33 /mi |
| Female 20-29 | | | | | | | | |
| 1 | Samantha | Croghan | F | 26 | Cedar Rapids | IA | 00:23:20.75 | 07:30 /mi |
| 2 | Katelyn | Yauslin | F | 29 | Bellevue | IA | 00:28:23.40 | 09:08 /mi |
| 3 | Makenna | Fokken | F | 22 | Anamosa | IA | 00:31:35.71 | 10:10 /mi |
| 4 | Kellsey | Carstensen | F | 29 | Anamosa | IA | 00:39:22.27 | 12:40 /mi |
| 5 | Haylee | Smith | F | 28 | Anamosa | IA | 00:51:08.93 | 16:27 /mi |
| Male 30-39 | | | | | | | | |
| 1 | David | Alexander | M | 35 | Coralville | IA | 00:21:03.43 | 06:46 /mi |
| 2 | Blaine | Smith | M | 30 | Anamosa | IA | 00:27:56.90 | 09:00 /mi |
| 3 | Chong | Shao | M | 35 | Anamosa | IA | 00:29:42.46 | 09:33 /mi |
| 4 | Andrew | Carstensen | M | 32 | Anamosa | IA | 00:30:49.41 | 09:55 /mi |
| 5 | Brandon | Kent | M | 37 | Anamosa | IA | 00:45:28.80 | 14:38 /mi |
| Female 30-39 | | | | | | | | |
| 1 | Ashton | Sulzner | F | 36 | Anamosa | IA | 00:25:24.34 | 08:10 /mi |
| 2 | Chelsea | Munson | F | 37 | Sioux Falls | SD | 00:28:18.62 | 09:06 /mi |
| 3 | Heather | Scott | F | 35 | Cascade | IA | 00:28:25.20 | 09:09 /mi |
| 4 | Sarah | Goldsmith | F | 38 | Dyersville | IA | 00:29:36.03 | 09:31 /mi |
| 5 | Stephanie | Musser | F | 38 | Tipton | IA | 00:30:24.83 | 09:47 /mi |
| 6 | Sarah | Olsem | F | 36 | Solon | IA | 00:31:33.90 | 10:09 /mi |
| 7 | Danielle | Powell | F | 39 | Cedar Rapids | IA | 00:31:40.85 | 10:12 /mi |

| | | | | | | | | |
|---------------------|-----------|------------|---|----|--------------|----|-------------|-----------|
| 8 | Kristin | Ries | F | 38 | Anamosa | IA | 00:34:28.74 | 11:06 /mi |
| 9 | Megan | Williams | F | 30 | Anamosa | IA | 00:44:14.77 | 14:14 /mi |
| 10 | April | Keltner | F | 33 | Cedar Rapids | IA | 00:48:18.16 | 15:33 /mi |
| 11 | Jaimie | Lightner | F | 34 | Monticello | IA | 00:53:28.02 | 17:12 /mi |
| 12 | Shantel | Bildstein | F | 39 | Anamosa | IA | 00:56:18.63 | 18:07 /mi |
| 13 | Kim | Johnson | F | 39 | Monticello | IA | 00:56:49.15 | 18:17 /mi |
| Male 40-49 | | | | | | | | |
| 1 | Justin | Hajek | M | 42 | Marion | IA | 00:18:20.89 | 05:54 /mi |
| 2 | Mike | Kosikas | M | 45 | Marion | IA | 00:23:15.29 | 07:28 /mi |
| 3 | Michael | Dierks | M | 48 | Cedar Rapids | IA | 00:23:59.57 | 07:43 /mi |
| 4 | Dennis | Holland | M | 48 | Anamosa | IA | 00:24:08.15 | 07:46 /mi |
| 5 | Bret | Musser | M | 41 | Tipton | IA | 00:26:05.35 | 08:24 /mi |
| 6 | Dennis | Miller | M | 49 | Cedar Rapids | IA | 00:27:59.44 | 09:00 /mi |
| 7 | Nick | Agne | M | 40 | Anamosa | IA | 00:34:12.07 | 11:00 /mi |
| 8 | Chris | Talcott | M | 43 | Marion | IA | 00:34:58.45 | 11:15 /mi |
| Female 40-49 | | | | | | | | |
| 1 | Emily | Burmeister | F | 40 | Marion | IA | 00:20:16.37 | 06:31 /mi |
| 2 | Michelle | Kepler | F | 41 | Peosta | IA | 00:23:50.14 | 07:40 /mi |
| 3 | Kellyanne | Smith | F | 40 | Monticello | IA | 00:25:46.52 | 08:18 /mi |
| 4 | Amber | Holland | F | 46 | Anamosa | IA | 00:26:11.12 | 08:25 /mi |
| 5 | Robyn | Eastin | F | 43 | Monticello | IA | 00:28:08.09 | 09:03 /mi |
| 6 | Becky | Lawton | F | 40 | Anamosa | IA | 00:29:01.57 | 09:20 /mi |
| 7 | Amy | Neiss | F | 40 | Peosta | IA | 00:29:48.20 | 09:35 /mi |
| 8 | Nichole | Plagge | F | 48 | Cedar Rapids | IA | 00:30:44.77 | 09:54 /mi |
| 9 | Margaret | Williams | F | 47 | Anamosa | IA | 00:31:44.74 | 10:13 /mi |
| 10 | Emily | Snedden | F | 40 | Dyersville | IA | 00:32:17.24 | 10:23 /mi |
| 11 | Melissa | Williams | F | 45 | Springville | IA | 00:32:31.76 | 10:28 /mi |
| 12 | Holly | Spreeman | F | 41 | Cedar Rapids | IA | 00:34:58.23 | 11:15 /mi |
| 13 | Kimberly | Keister | F | 49 | Anamosa | IA | 00:36:29.27 | 11:44 /mi |
| 14 | Amy | Stecher | F | 48 | Central City | IA | 00:37:05.81 | 11:56 /mi |
| 15 | Beth | Toenjes | F | 42 | Monticello | IA | 00:39:19.88 | 12:39 /mi |
| 16 | Kelly | Brodersen | F | 42 | Wyoming | IA | 00:39:28.31 | 12:42 /mi |
| 17 | Lea | Olson | F | 48 | Central City | IA | 00:41:09.87 | 13:15 /mi |
| 18 | LeaAnne | Schaaf | F | 42 | Anamosa | IA | 00:44:17.52 | 14:15 /mi |
| 19 | Kelly | Draper | F | 45 | Marion | IA | 00:52:24.77 | 16:52 /mi |
| 20 | Rachel | Meyer | F | 45 | Central City | IA | 00:52:37.48 | 16:56 /mi |
| 21 | Nikki | Rushford | F | 44 | Wyoming | IA | 00:56:47.82 | 18:16 /mi |
| 22 | Kelly | Yousse | F | 44 | Monticello | IA | 00:56:48.95 | 18:17 /mi |
| 23 | Amy | Wickman | F | 44 | Monticello | IA | 00:56:50.43 | 18:17 /mi |
| 24 | Destiny | Hastings | F | 49 | Marion | IA | 00:57:06.34 | 18:22 /mi |
| 25 | Jolene | Dierks | F | 45 | Cedar Rapids | IA | 00:59:36.99 | 19:11 /mi |
| Male 50+ | | | | | | | | |
| 1 | Robert | Kelsey | M | 58 | Dubuque | IA | 00:27:08.91 | 08:44 /mi |
| 2 | Dave | DeWitte | M | 67 | Anamosa | IA | 00:27:30.50 | 08:51 /mi |
| 3 | Mike | Plagge | M | 53 | Cedar Rapids | IA | 00:32:21.27 | 10:24 /mi |
| 4 | David | Dierks | M | 51 | Tipton | IA | 00:38:38.20 | 12:26 /mi |
| 5 | Grant | Olson | M | 50 | Central City | IA | 00:41:10.49 | 13:15 /mi |
| 6 | Sean | Williams | M | 50 | Springville | IA | 00:51:08.72 | 16:27 /mi |
| 7 | Eric | Hanson | M | 50 | Cedar Rapids | IA | 00:57:07.11 | 18:22 /mi |
| Female 50+ | | | | | | | | |
| 1 | Diana | Croghan | F | 54 | Center Point | IA | 00:28:48.32 | 09:16 /mi |
| 2 | Kristy | Blake | F | 65 | Manchester | IA | 00:33:39.97 | 10:50 /mi |
| 3 | Rhonda | Betsworth | F | 55 | Anamosa | IA | 00:48:18.67 | 15:33 /mi |
| 4 | Tami | Moore | F | 59 | Anamosa | IA | 00:57:00.60 | 18:21 /mi |
| 5 | Shannon | Hanson | F | 53 | Cedar Rapids | IA | 00:57:12.52 | 18:24 /mi |

| | | | | | | | | |
|---|--------|--------|---|----|--------|----|-------------|-----------|
| 6 | Lianna | Dierks | F | 52 | Tipton | IA | 00:59:36.89 | 19:11 /mi |
|---|--------|--------|---|----|--------|----|-------------|-----------|