

5K RUN Divisions

10th ANNUAL FAM 5K TURKEY TROT

Raccoon River Park * West Des Moines, IA

Thursday, November 25, 2021

Plc	M\F	Age	Name	City	St	Gun	mpm
Overall Male							
1	1	29	Dan Jensen	Grimes		17:58	5:47
Overall Female							
1	1	20	Lauren Urban	Urbandale		20:58	6:45
M[16 & Under]							
1	5	14	Landen Chen	West Des Moin		20:52	6:43
2	8	13	Charles Crane	West Des Moin		22:44	7:19
3	10	16	Ryan Greteman	West Des Moin		24:08	7:46
4	14	9	Ethan Robus	West Des Moin		24:34	7:55
5	16	16	Zach Robus	West Des Moin		25:23	8:10
6	17	8	Caden Halley	Urbandale		25:37	8:15
7	18	12	Tyler Kohler	Clive		26:44	8:36
8	23	14	Ryne Copple	Norwalk		29:26	9:29
9	24	11	Grant Hanson	West Des Moin		29:29	9:29
10	25	13	Carter Lee	Ankeny		29:34	9:31
11	27	16	Jeff Rose	West Des Moin		29:50	9:36
12	34	9	Peyton Lipovac	Norwalk		36:47	11:50
13	38	11	Kolten Burgner	Scottsbluff		38:25	12:22
14	43	16	Andrew McKinney	West Des Moin		46:58	15:07
15	47	16	Mitch Welge	West Des Moin		48:38	15:39
16	52	11	Matthew Parker	Roland		51:06	16:27
17	59	13	Keegan Copple	Norwalk		52:09	16:47
18	75	8	Bailey Drake	Promise City		1:03:48	20:32
F[16 & Under]							
1	5	13	Maylee Kohler	Clive		28:35	9:12
2	10	9	Sophia Lee	Ankeny		31:57	10:17
3	11	11	Paige Lee	Ankeny		32:15	10:23
4	13	11	Caroline Crane	West Des Moin		34:53	11:14
5	21	10	Ella Halley	Urbandale		38:25	12:22
6	24	13	Kyndal Burgner	Scottsbluff		41:39	13:24
7	26	8	Ashley Mendez	West Des Moin		44:20	14:16
8	28	8	Piper Schultz	Waukee		47:08	15:10
9	29	15	Emily Lowe	West Des Moin		47:08	15:10
10	32	13	Maddox Schultz	Waukee		48:30	15:37
11	33	11	Hadlee Schultz	Waukee		48:30	15:37
12	34	13	Thea Welge	West Des Moin		48:45	15:42
13	37	9	Reese Copple	Norwalk		50:35	16:17
14	38	9	Sadie Rubinoff	West Des Moin		51:21	16:32
15	45	5	Mia Ogg	Ankeny		52:13	16:48
16	48	11	Thea Rubinoff	West Des Moin		52:34	16:55
17	56	14	Callah Cameron	West Des Moin		54:16	17:28
18	66	10	Leighton Chen	West Des Moin		56:30	18:11
19	68	12	Emerson Pope	Naperville		57:20	18:27
20	78	15	Kendyl Daniels	Duncombe		1:01:06	19:40
M[17-25]							
1	3	18	Brooklyn Pierce	Urbandale		19:13	6:11
2	11	19	Will Greteman	West Des Moin		24:08	7:46
3	20	25	Otis Roby	Knoxville		27:24	8:49
4	31	21	Michael Allen	Winterset		34:00	10:57
5	39	21	Garek Hurd	Ames		38:43	12:28
6	41	20	Andrew Lutz	Grand Forks N		44:20	14:16
7	45	17	Bridge Helleson	Sioux Falls		47:35	15:19
8	48	21	Josh Dvorak	West Des Moin		48:57	15:45
9	54	22	Erik Skoog	West Des Moin		51:33	16:36
10	56	23	Carl Skoog	West Des Moin		51:38	16:37
11	58	23	Franz Hurd	Ames		52:04	16:46
12	63	21	Matthew Lowe	West Des Moin		53:24	17:11
13	64	17	Cameron Johnson	West Des Moin		53:26	17:12
14	72	21	Drake Doolittle	Duncombe		59:45	19:14
F[17-25]							
1	4	23	Hallinall Meagan	Wdm		28:32	9:11
2	12	23	Morgan Allen	Winterset		34:21	11:03
3	16	17	Brooke Roby	Knoxville		36:25	11:43
4	18	18	Bailey McKenna	Promise City		36:32	11:46
5	22	24	Madison Dillon	Des Moines		39:40	12:46
6	25	19	Jensen Bedlan	Scottsbluff		42:17	13:37
7	39	23	Anna Griggs	Bixby		51:31	16:35
8	41	25	Rachel Slezak	West Des Moin		51:36	16:36
9	42	19	Ingrid Skoog	West Des Moin		51:36	16:36
10	50	23	Carly Johnson	West Des Moin		53:21	17:10
11	52	22	Katherine Lowe	West Des Moin		53:25	17:12
12	55	24	Rachel Espinosa	West Des Moin		53:53	17:21
13	61	17	Ali McDonnell	Waukee		55:47	17:57
14	65	20	Cadence Helleson	Sioux Falls		55:47	17:57
15	69	21	Ashley Pope	Naperville		57:21	18:28
16	71	24	Olivia McAtee	Waukee		58:22	18:47
17	76	24	Kennedy Daniels	Duncombe		59:44	19:14
18	80	20	Laila Kamhawy	Waukee		1:01:40	19:51

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Plc	M\F	Age	Name	City	St	Gun	mpm
M[26-35]							
1	4	34	Jimmy Becker	Ankeny		20:49	6:42
2	12	34	Lane Moser	Des Moines		24:28	7:53
3	26	33	Zach Ellsbury	Mount Horeb		29:34	9:31
4	28	27	Karthik Paga	Ames		30:15	9:44
5	29	26	Trevor Swartz	Knoxville		31:14	10:03
6	37	31	Colin Hurd	Ames		37:41	12:08
7	42	27	Josh Mosher	Des Moines		46:25	14:56
8	50	27	Alex Dvorak	West Des Moin		49:04	15:48
9	57	28	Evan Hurd	Roland		52:02	16:45
10	60	32	Jesse Ogg	Ankeny		52:14	16:49
F[26-35]							
1	9	29	Kimberly Hurd	Ames		30:14	9:44
2	17	26	Brittney Swartz	Knoxville		36:29	11:45
3	20	32	Amy Arends	West Des Moin		38:04	12:15
4	30	31	Stephanie Ellsbu	Mount Horeb		47:19	15:14
5	31	27	Kristyna Mosher	Des Moines		48:08	15:30
6	43	31	Sarah Hurd	Roland		52:03	16:45
7	51	26	Kayla Cary	West Des Moin		53:23	17:11
8	58	31	Jenny Rupp	Bozeman		55:41	17:55
9	59	31	Andrea Castro	Sioux Falls		55:41	17:55
10	60	27	Abby Richards	Des Moines		55:42	17:56
11	77	26	Kylie Daniels	Ankeny		1:01:05	19:40
M[36-45]							
1	2	38	Travis Jordan	West Des Moin		19:02	6:08
2	7	36	Dietrich Brett	Waukee		22:23	7:12
3	9	44	Jason Halley	Urbandale		23:41	7:37
4	32	45	Ryan Burgner	Scottsbluff		34:36	11:08
5	35	40	Zachary Lipovac	Norwalk		36:50	11:51
6	46	45	Wade Helleson	Sioux Falls		47:35	15:19
7	51	45	Marc Welge	West Des Moin		49:21	15:53
8	61	39	Ian Rubinoff	West Des Moin		52:33	16:55
9	67	42	Kelly Cameron	West Des Moin		54:24	17:31
10	69	44	Michael Chen	West Des Moin		56:30	18:11
11	74	40	Bailey Charles	Promise City		1:03:35	20:28
F[36-45]							
1	2	39	Gretchen Halley	Urbandale		23:24	7:32
2	6	45	Triniti Burgner	Scottsbluff		28:46	9:15
3	7	41	Katie Rose	West Des Moin		29:50	9:36
4	14	44	Rachael Crane	West Des Moin		34:53	11:14
5	46	42	Sarah Copple	Norwalk		52:23	16:52
6	47	40	Beth Allin	West Des Moin		52:33	16:55
7	62	41	Jenny Leonard	Norwalk		55:47	17:57
8	64	45	Charity Helleson	Sioux Falls		55:47	17:57
9	67	44	Julie Chen	West Des Moin		56:31	18:11
10	70	42	Maureen Hughes	Des Moines		58:22	18:47
11	74	43	Amanda Bushman	Urbandale		58:40	18:53
12	82	36	Bailey Tosha	Promise City		1:03:35	20:28
M[46-55]							
1	13	54	John Urban	Urbandale		24:30	7:53
2	15	55	Jim Sandor	West Des Moin		24:47	7:58
3	22	50	Kevin Kohler	Clive		28:35	9:12
4	30	48	Brandon Lee	Ankeny		32:16	10:23
5	33	51	Dan Lagrange	Johnston		34:41	11:10
6	36	53	David Roby	Knoxville		37:36	12:06
7	40	54	Patrick Nath	West Des Moin		40:27	13:01
8	49	55	Gary Dvorak	West Des Moin		48:58	15:46
9	55	54	John Skoog	West Des Moin		51:38	16:37
10	71	49	Matthew McKinney	West Des Moin		58:13	18:44
F[46-55]							
1	3	54	Shelly Urban	Urbandale		26:21	8:29
2	8	52	Jamie Bachman	West Des Moin		30:14	9:44
3	19	48	Jennifer Lagrang	Johnston		36:49	11:51
4	27	50	Mendez Heidi	West Des Moin		44:37	14:22
5	35	53	Amy Dvorak	West Des Moin		49:04	15:48
6	36	46	Kim Welge	West Des Moin		49:21	15:53
7	40	52	Joan Skoog	West Des Moin		51:33	16:35
8	44	51	Ana Paula Parker	Roland		52:03	16:45
9	49	50	Angela Greteman	West Des Moin		53:08	17:06
10	63	49	Cheryl Bolles	Waukee		55:47	17:57
11	72	48	Erin McKinney	West Des Moin		58:23	18:48
12	73	51	Angie Aarhus	Ankeny		58:39	18:53
13	75	51	Heather Palmer	Des Moines		58:40	18:53
14	79	55	Regina Ratzke	Duncombe		1:01:06	19:40
15	81	53	Karol Kamhawy	Waukee		1:01:41	19:51
16	84	51	Kimberly Myers	Lincoln		1:04:58	20:55
M[56 & Over]							
1	6	57	Stephen Fyfe	Pella		22:09	7:08

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Thursday, November 25, 2021

Plc	M\F	Age	Name	City	St	Gun	mpm
2	19	57	Hallupll Jim	Wdm		26:47	8:37
3	21	67	Johnny Ytzen	Creston		27:59	9:01
4	44	64	Paul Hutchins	Cambridge		47:18	15:14
5	53	59	Stacy Griggs	Bixby		51:31	16:35
6	62	56	Tim Greteman	West Des Moin		53:09	17:06
7	65	69	Halley Kent	Mithchell Ne		53:40	17:16
8	66	58	Jeffrey Johnson	West Des Moin		53:49	17:19
9	68	76	Chuck Bachman	West Des Moin		55:38	17:54
10	70	67	Conroy Smith	Des Moines		56:31	18:11
11	73	60	Amr Kamhawy	Waukee		1:01:40	19:51
12	76	80	Dave Johnson	West Des Moin		1:04:56	20:54
F[56 & Over]							
1	15	59	Teresa Hutchins	Cambridge		36:03	11:36
2	23	56	Jennifer Griggs	Bixby		40:44	13:07
3	53	67	Halley Pam	Mitchell Ne		53:40	17:16
4	54	57	Joy Johnson	West Des Moin		53:50	17:20
5	57	75	Ginger Bachman	West Des Moin		55:38	17:54
6	83	78	Bonita Johnson	West Des Moin		1:04:56	20:54