

FITNESS **SPORTS**

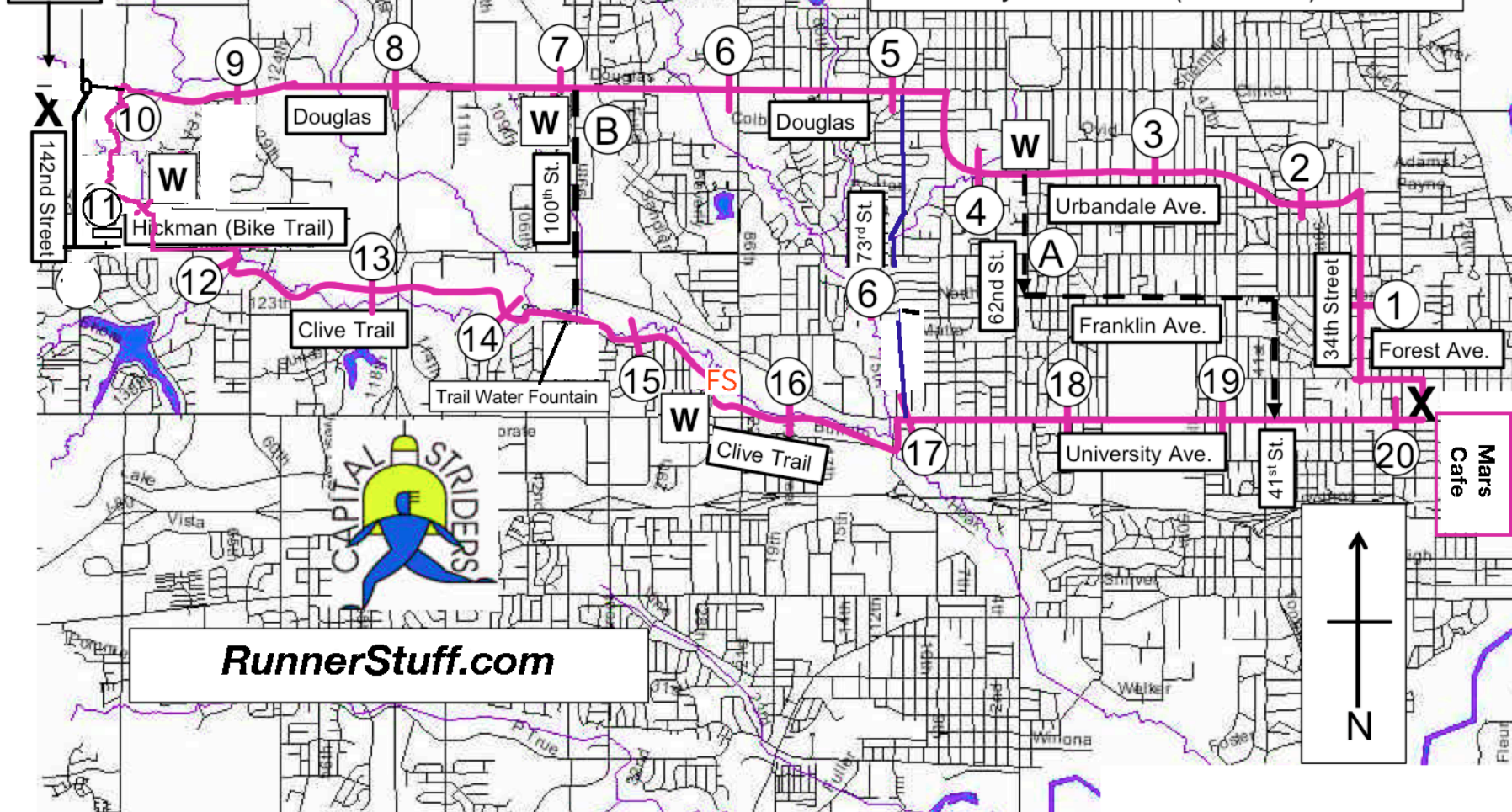
10 Mile- solid line going S at 73rd

Full Route = 20.3 miles

Medium Route = Return from Douglas and 100th St. – 14.0 miles (Route "B" Catch trail just south of 7 Flags)

Short Route = At Urbandale and 62nd, head south and follow map back to University – 7.8 miles (Route "A")

George
Jetson
House



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