



Go The Distance For Crime Victims 5K
 April 5, 2025
 Thomas Park
 Marion, Iowa

41 degrees
 Cloudy & 14 mph Wind



#	First Name	Last Name	Gender	Age	City	State	Final Result	Pace
Overall Male								
1	Nathan	Hopp	M	42	Cedar Rapids	IA	00:17:06.68	05:30 /mi
2	Jordan	Schier	M	42	Cedar Rapids	IA	00:23:01.04	07:24 /mi
3	Jake	McDonald	M	31	Cedar Rapids	IA	00:23:08.17	07:27 /mi
4	Chris	Nims	M	48	Marion	IA	00:24:16.41	07:48 /mi
5	Chris	Shanahan	M	45	Cedar Rapids	IA	00:24:23.66	07:51 /mi
6	Jameson	DeSotel	M	12	Marion	IA	00:24:26.26	07:52 /mi
7	Ryan	Hollenbeck	M	44	Cedar Rapids	IA	00:24:29.20	07:52 /mi
8	Benjamin	Davis	M	32	Cedar Rapids	IA	00:24:43.07	07:57 /mi
9	Anthony	Schinstock	M	37	Mount Vernon	IA	00:24:45.40	07:58 /mi
10	Christopher	Johnson	M	47	Marion	IA	00:25:13.74	08:07 /mi
11	Joel	Fopma	M	59	Marion	IA	00:26:02.93	08:22 /mi
12	Liam	DeSotel	M	12	Marion	IA	00:28:00.38	09:00 /mi
13	Zach	Anaya	M	38	Cedar Rapids	IA	00:28:03.50	09:01 /mi
14	Matt	Miner	M	40	Marion	IA	00:29:01.47	09:20 /mi
15	Tom	Mcdonald	M	60	Marion	IA	00:29:34.54	09:31 /mi
16	Logan	Ruiz	M	14	Cedar Rapids	IA	00:29:44.03	09:34 /mi
17	Andrew	Powers	M	34	Cedar Rapids	IA	00:30:03.20	09:40 /mi
18	Jerry	Vander Sanden	M	68	Cedar Rapids	IA	00:30:25.89	09:47 /mi
19	Jade	Riley	M	30	Cedar Rapids	IA	00:34:06.80	10:58 /mi
20	Tim	Waddilove	M	68	Cedar Rapids	IA	00:35:14.14	11:20 /mi
21	Milo	Miles Jr.	M	7	Cedar Rapids	IA	00:37:06.95	11:57 /mi
22	Nick	Maybanks	M	49	Cedar Rapids	IA	00:37:35.88	12:06 /mi
23	Corien	Hughes	M	28	Marion	IA	00:38:28.67	12:22 /mi
24	Louis	Powers	M	6	Cedar Rapids	IA	00:49:49.28	16:02 /mi
25	Geoffrey	VanDeusen	M	26	Cedar Rapids	IA	00:53:37.61	17:15 /mi
26	Chris	Talcott	M	45	Marion	IA	00:54:47.52	17:38 /mi
Overall Female								
1	Lindsay	Hopp	F	32	Cedar Rapids	IA	00:23:32.69	07:34 /mi
2	Julia	Fopma	F	13	Marion	IA	00:24:12.23	07:47 /mi
3	Rae Lynn	Lamparek	F	53	Swisher	IA	00:25:05.34	08:04 /mi
4	Allison	Hartwig	F	32	Cedar Rapids	IA	00:25:42.84	08:16 /mi
5	Trisha	Ender	F	48	Hiawatha	IA	00:25:51.47	08:19 /mi
6	Tracy	Johnson	F	42	Marion	IA	00:26:19.14	08:28 /mi
7	Skylar	Bean	F	27	Marion	IA	00:27:42.97	08:55 /mi
8	Secalee	Schinstock	F	36	Mount Vernon	IA	00:28:17.65	09:06 /mi
9	Katie	Moon	F	43	Marion	IA	00:29:10.64	09:23 /mi
10	Ella	Cadenhead	F	20	Independence	IA	00:29:16.93	09:25 /mi
11	Grace	Claasen	F	26	Marion	IA	00:29:48.17	09:35 /mi
12	Ivy	Maybanks	F	13	Cedar Rapids	IA	00:30:31.54	09:49 /mi
13	Heidi	Weiland	F	36	Marion	IA	00:30:35.01	09:50 /mi
14	Mariah	Hurley	F	48	Cedar Rapids	IA	00:30:51.79	09:55 /mi
15	Janira	Perez	F	32	Cedar Rapids	IA	00:31:42.81	10:12 /mi
16	Lori	Ruiz	F	42	Cedar Rapids	IA	00:32:06.55	10:19 /mi
17	Deanna	Haddy	F	64	Cedar Rapids	IA	00:32:21.60	10:25 /mi
18	Heather	DeSotel	F	38	Marion	IA	00:35:34.62	11:27 /mi
19	Brenda	Swanson	F	39	Marion	IA	00:36:24.50	11:43 /mi
20	ZiZi	Maybanks	F	15	Cedar Rapids	IA	00:37:35.30	12:06 /mi
21	Alexys	Jaramillo	F	9	Cedar Rapids	IA	00:38:27.87	12:22 /mi
22	Amber	Strepke	F	33	Cedar Rapids	IA	00:38:28.84	12:23 /mi
23	Meghan	Zalewski	F	33	Cedar Rapids	IA	00:39:26.54	12:41 /mi
24	Makenzie	Scranton	F	11	Marion	IA	00:39:30.96	12:43 /mi
25	Danielle	Powell	F	40	Cedar Rapids	IA	00:39:44.98	12:47 /mi
26	Holly	Spreeman	F	43	Cedar Rapids	IA	00:39:47.12	12:48 /mi
27	Shannon	Powers	F	34	Cedar Rapids	IA	00:49:49.37	16:02 /mi

Male 13U								
1	Jameson	DeSotel	M	12	Marion	IA	00:24:26.26	07:52 /mi
2	Liam	DeSotel	M	12	Marion	IA	00:28:00.38	09:00 /mi
3	Milo	Miles Jr.	M	7	Cedar Rapids	IA	00:37:06.95	11:57 /mi
4	Louis	Powers	M	6	Cedar Rapids	IA	00:49:49.28	16:02 /mi
Female 13U								
1	Julia	Fopma	F	13	Marion	IA	00:24:12.23	07:47 /mi
2	Ivy	Maybanks	F	13	Cedar Rapids	IA	00:30:31.54	09:49 /mi
3	Alexys	Jaramillo	F	9	Cedar Rapids	IA	00:38:27.87	12:22 /mi
4	Makenzie	Scranton	F	11	Marion	IA	00:39:30.96	12:43 /mi
Male 14-19								
1	Logan	Ruiz	M	14	Cedar Rapids	IA	00:29:44.03	09:34 /mi
Female 14-19								
1	ZiZi	Maybanks	F	15	Cedar Rapids	IA	00:37:35.30	12:06 /mi
Male 20-29								
1	Corien	Hughes	M	28	Marion	IA	00:38:28.67	12:22 /mi
2	Geoffrey	VanDeusen	M	26	Cedar Rapids	IA	00:53:37.61	17:15 /mi
Female 20-29								
1	Skylar	Bean	F	27	Marion	IA	00:27:42.97	08:55 /mi
2	Ella	Cadenhead	F	20	Independence	IA	00:29:16.93	09:25 /mi
3	Grace	Claasen	F	26	Marion	IA	00:29:48.17	09:35 /mi
Male 30-39								
1	Jake	McDonald	M	31	Cedar Rapids	IA	00:23:08.17	07:27 /mi
2	Benjamin	Davis	M	32	Cedar Rapids	IA	00:24:43.07	07:57 /mi
3	Anthony	Schinstock	M	37	Mount Vernon	IA	00:24:45.40	07:58 /mi
4	Zach	Anaya	M	38	Cedar Rapids	IA	00:28:03.50	09:01 /mi
5	Andrew	Powers	M	34	Cedar Rapids	IA	00:30:03.20	09:40 /mi
6	Jade	Riley	M	30	Cedar Rapids	IA	00:34:06.80	10:58 /mi
Female 30-39								
1	Lindsay	Hopp	F	32	Cedar Rapids	IA	00:23:32.69	07:34 /mi
2	Allison	Hartwig	F	32	Cedar Rapids	IA	00:25:42.84	08:16 /mi
3	Secalee	Schinstock	F	36	Mount Vernon	IA	00:28:17.65	09:06 /mi
4	Heidi	Weiland	F	36	Marion	IA	00:30:35.01	09:50 /mi
5	Janira	Perez	F	32	Cedar Rapids	IA	00:31:42.81	10:12 /mi
6	Heather	DeSotel	F	38	Marion	IA	00:35:34.62	11:27 /mi
7	Brenda	Swanson	F	39	Marion	IA	00:36:24.50	11:43 /mi
8	Amber	Strepke	F	33	Cedar Rapids	IA	00:38:28.84	12:23 /mi
9	Meghan	Zalewski	F	33	Cedar Rapids	IA	00:39:26.54	12:41 /mi
10	Shannon	Powers	F	34	Cedar Rapids	IA	00:49:49.37	16:02 /mi
Male 40-49								
1	Nathan	Hopp	M	42	Cedar Rapids	IA	00:17:06.68	05:30 /mi
2	Jordan	Schier	M	42	Cedar Rapids	IA	00:23:01.04	07:24 /mi
3	Chris	Nims	M	48	Marion	IA	00:24:16.41	07:48 /mi
4	Chris	Shanahan	M	45	Cedar Rapids	IA	00:24:23.66	07:51 /mi
5	Ryan	Hollenbeck	M	44	Cedar Rapids	IA	00:24:29.20	07:52 /mi
6	Christopher	Johnson	M	47	Marion	IA	00:25:13.74	08:07 /mi
7	Matt	Miner	M	40	Marion	IA	00:29:01.47	09:20 /mi
8	Nick	Maybanks	M	49	Cedar Rapids	IA	00:37:35.88	12:06 /mi
9	Chris	Talcott	M	45	Marion	IA	00:54:47.52	17:38 /mi
Female 40-49								
1	Trisha	Ender	F	48	Hiawatha	IA	00:25:51.47	08:19 /mi
2	Tracy	Johnson	F	42	Marion	IA	00:26:19.14	08:28 /mi
3	Katie	Moon	F	43	Marion	IA	00:29:10.64	09:23 /mi
4	Mariah	Hurley	F	48	Cedar Rapids	IA	00:30:51.79	09:55 /mi
5	Lori	Ruiz	F	42	Cedar Rapids	IA	00:32:06.55	10:19 /mi

6	Danielle	Powell	F	40	Cedar Rapids	IA	00:39:44.98	12:47 /mi
7	Holly	Spreeman	F	43	Cedar Rapids	IA	00:39:47.12	12:48 /mi
Male 50-59								
1	Joel	Fopma	M	59	Marion	IA	00:26:02.93	08:22 /mi
Female 50-59								
1	Rae Lynn	Lamparek	F	53	Swisher	IA	00:25:05.34	08:04 /mi
Male 60+								
1	Tom	Mcdonald	M	60	Marion	IA	00:29:34.54	09:31 /mi
2	Jerry	Vander Sanden	M	68	Cedar Rapids	IA	00:30:25.89	09:47 /mi
3	Tim	Waddilove	M	68	Cedar Rapids	IA	00:35:14.14	11:20 /mi
Female 60+								
1	Deanna	Haddy	F	64	Cedar Rapids	IA	00:32:21.60	10:25 /mi